

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event.

Track				
Event No	Time	Event	Age Group	Round
01/h	10:30	400m Hurdles	U18 Men	1
02/h	10:40	400m Hurdles	U18 Women	1
03/h	10:50	100m	Sen / Ambulant Men	1
04/h	11:15	100m	U18 / Ambulant Women	1
05/h	11:35	100m	U18 Men	1
06	11:50	100m	Frame Running Men	Final
07	11:55	100m	Frame Running Wom	Final
08/h	12:00	800m	Sen Men	1
09/h	12:12	800m	Sen Women	1
10/h	12:20	800m	U18 Men	1
11/h	12:32	800m	U18 Women	1
12/h	12:40	400m	Sen / Ambulant Men	1
13/h	12:55	400m	Sen Women	1
14/h	13:05	400m	U18 Men	1
15/h	13:17	400m	U18 Women	1
Lunch				
16	14:00	1500m SC	U18 Men	Final
03/s	14:10	100m	Sen Men	Semi Final
17/h	14:22	100m	Sen Women	1
04/s	14:34	100m	U18 Women	Semi Final
05/s	14:46	100m	U18 Men	Semi Final
02/f	14:55	400m Hurdles	U18 Women	Final
18	15:00	400m Hurdles	Sen Women	Final
01/f	15:06	400m Hurdles	U18 Men	Final
19	15:12	400m Hurdles	Sen Men	Final
08/f	15:18	800m	Sen Men	Final
09/f	15:22	800m	Sen Women	Final
10/f	15:26	800m	U18 Men	Final
11/f	15:30	800m	U18 Women	Final
03/f	15:35	100m	Sen Men	Final
17/f	15:40	100m	Sen Women	Final
04/f	15:45	100m	U18 Women	Final
05/f	15:50	100m	U18 Men	Final
20	15:55	5000m	Sen / U20 Women	Final
21	16:17	400m	Frame Running Men	Final
22	16:22	400m	Wheelchair / Frame Running Wom	Final
12/f	16:28	400m	Sen Men	Final
13/f	16:33	400m	Sen Women	Final
14/f	16:38	400m	U18 Men	Final
15/f	16:43	400m	U18 Women	Final
If Heats are not required FINALS will go at HEAT Time Parallel Success: Ambulant para athletes in the 100m and 400m will be seeded within the open championship. RAZA points will be used to determine male and female medal awards for each event containing multiple classifications.				
Event No	Time	Event	Age Group	Info
23	10:15	Javelin	Sen Women	
24	10:30	Shot Put	U18 Men	
25	11:15	Pole Vault	U18 Men	SH 2m50
			Sen Men	SH 3m75
26	11:30	Javelin	U18 Women	
27	11:45	Triple Jump	U18 Men	9m/11m
			Sen Men	11m/13m
28	11:45	High Jump	Sen Women	SH 1m39
29	12:30	Discus	U18 Men	
30	13:30	Triple Jump	U18 Women	7m/9m
31	13:45	Discus	Sen Men	
32	14:00	High Jump	U18 Women	SH 1m29
33	15:00	Hammer	Sen Women	
34	15:15	Shot Put	Sen Men	
35	15:15	Triple Jump	Sen Women	9m/11m
36	16:00	Hammer	U18 Women	
Minimum 2 Warm Up Attempts PV U18M 2m50/2m70/2m90/3m10/3m25/3m40/3m55/3m65/3m75 then 10cms PV SM 3m75/3m95/4m15/4m25/4m35/4m45 then 10cms HJ bar will raise in 5cm increments until the number of athletes dictates otherwise				

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event.				
Track				
Event No	Time	Event	Age Group	Round
37/h	10:30	200m	U18 Women	1
38/h	10:46	200m	U18 Men	1
39/h	11:02	200m	Sen Women	1
40/h	11:18	200m	Sen Men	1
41/h	11:40	1500m	Sen / Ambulant Men	1
42/h	11:55	1500m	U18 Women	1
43/h	12:10	1500m	U18 Men	1
44	12:25	5000m	Sen / U20 Men	Final
37/s	12:45	200m	U18 Women	Semi Final
38/s	12:53	200m	U18 Men	Semi Final
39/s	13:01	200m	Sen Women	Semi Final
40/s	13:09	200m	Sen Men	Semi Final
Lunch				
45	13:50	1500m SC	U18 Women	Final
46	14:00	3000m SC	Sen Women	Final
47	14:20	110m Hurdles	Sen Men	Final
48/h	14:26	110m Hurdles	U18 Men	1
49/h	14:37	100m Hurdles	Sen Women	1
50/h	14:48	100m Hurdles	U18 Women	1
37/f	15:00	200m	U18 Women	Final
38/f	15:04	200m	U18 Men	Final
39/f	15:08	200m	Sen Women	Final
40/f	15:12	200m	Sen Men	Final
41/f	15:17	1500m	Sen Men	Final
42/f	15:24	1500m	U18 Women	Final
43/f	15:31	1500m	U18 Men	Final
51	15:38	1500m	Sen Women	Final
50/f	15:45	100m Hurdles	U18 Women	Final
49/f	15:51	100m Hurdles	Sen Women	Final
48/f	15:57	110m Hurdles	U18 Men	Final
If Heats not required FINALS will go at HEAT Time Parallel Success: Para Ambulant 1500m: RAZA points will be used to determine male medal awards for each event containing multiple classifications.				
Field				
Event No.	Time	Event	Age Group	Info
52	10:00	Javelin	U18 Men	
53	10:00	Seated Club	Men/Women	
		Seated Discus		
54	10:00	Long Jump	U18 Women	
55	10:15	High Jump	U18 Men	SH 1m43
			Sen Men	SH 1m63
56	11:15	Discus	U18 Women	
57	12:00	Long Jump	Sen Women	
58	12:15	Shot Put	U18 Women	
59	12:45	Discus	Sen Women	
60	13:30	Long Jump	Sen Men	
61	13:45	Pole Vault	U18 Women	SH 2m00
			Sen Women	SH 2m20
62	14:00	Javelin	Sen Men	
63	14:15	Seated Javelin	Men/Women	
		Seated Shot		
64	15:00	Long Jump	U18 Men	
65	15:15	Hammer	U18 Men	
			Sen Men	
66	15:15	Shot Put	Sen Women	
Minimum 2 Warm Up Attempts PV U18W 2m00/2m20/2m40/2m60/2m80/2m95/3m10/3m20 then 10cms PV SW 2m20/2m40/2m60/2m80/2m95/3m10/3m20 then 10cms HJ bar will raise in 5cm increments until the number of athletes dictates otherwise				