

This is a draft timetable for entry purposes only, a FINAL timetable will be published on Friday 21st August 2026				
Track				
Event No	Time	Event	Age Group	Round
	10:00	400m Hurdles	U18 Women	1
	10:15	100m	Sen/Amb Men	1
	10:53	100m	Sen/Amb Women	1
	11:09	100m	U18 Women	1
	11:29	100m	U18 Men	1
	11:45	100m	Wheelchair / Frame Running Men	Final
	11:50	100m	Wheelchair / Frame Running Wom	Final
	12:00	800m	Sen Men	1
	12:12	800m	Sen Women	1
	12:20	800m	U18 Men	1
	12:32	800m	U18 Women	1
	12:51	400m Hurdles	U18 Women	Final
	12:56	400m Hurdles	Sen Women	Final
	13:01	400m Hurdles	U18 Men	Final
	13:06	400m Hurdles	Sen Men	Final
	13:16	100m	Sen Men	Semi Final
	13:28	100m	Sen Women	Semi Final
	13:36	100m	U18 Women	Semi Final
	13:48	100m	U18 Men	Semi Final
Lunch				
	14:30	1500m SC	U18 Men	Final
	14:40	400m	Sen/Amb Men	1
	14:56	400m	Sen/Amb Women	1
	15:12	400m	U18 Men	1
	15:24	400m	U18 Women	1
	15:36	800m	Sen Men	Final
	15:40	800m	Sen Women	Final
	15:44	800m	U18 Men	Final
	15:48	800m	U18 Women	Final
	15:56	3000m SC	Sen Men	Final
	16:14	100m	Sen Men	Final
	16:18	100m	Sen Women	Final
	16:22	100m	U18 Women	Final
	16:26	100m	U18 Men	Final
	16:30	5000m	Sen / U20 Women	Final
	16:55	400m	Wheelchair / Frame Running Men	Final
	17:00	400m	Wheelchair / Frame Running Wom	Final
	17:10	400m	Sen Men	Semi Final
	17:18	400m	Sen Women	Final
	17:22	400m	U18 Men	Final
	17:26	400m	U18 Women	Final
If Heats are not required FINALS will go at HEAT Time				
the open championship. RAZA points will be used to determine male and female medal awards for each event containing multiple classifications.				
Event No	Time	Event	Age Group	Info
	10:00	Javelin	Sen Women	
	10:00	Shot Put	U18 Men	
	10:45	Pole Vault	U18 Men	SH 2m50
			Sen Men	SH 3m75
	11:15	Javelin	U18 Women	
	11:15	Triple Jump	U18 Men	9m/11m
			Sen Men	11m/13m
	11:15	High Jump	Sen Women	SH 1m39
	12:30	Discus	U18 Men	
	13:00	Triple Jump	U18 Women	7m/9m/11m
	13:45	Discus	Sen Men	
	13:30	High Jump	U18 Women	SH 1m29
	15:00	Hammer	Sen Women	
	15:30	Shot Put	Sen Men	
	15:45	Triple Jump	Sen Women	9m/11m
	16:15	Hammer	U18 Women	
Minimum 2 Warm Up Attempts				

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Track				
Event No	Time	Event	Age Group	Round
	10:00	200m	U18 Women	1
	10:20	200m	U18 Men	1
	10:36	200m	Sen Women	1
	10:52	200m	Sen Men	1
	11:16	1500m	Wheelchair	Final
	11:31	1500m	Frame Runner	Final
	11:46	1500m	U18 Women	1
	12:01	1500m	U18 Men	1
	12:16	1500m	Sen/Amb Women	1
	12:31	1500m	Sen/Amb Men	1
	12:46	5000m	Sen Men	Final
	13:01	200m	U18 Women	Semi Final
	13:16	200m	U18 Men	Semi Final
	13:31	200m	Sen Women	Semi Final
	13:46	200m	Sen Men	Semi Final
Lunch				
	14:25	1500m SC	U18 Women	Final
	14:35	3000m SC	Sen Women	Final
	14:53	400m	Sen Men	Final
	14:58	5000m	Sen/U20 Men	Final
	15:23	110m Hurdles	Sen Men	Final
	15:28	110m Hurdles	U18 Men	1
	15:38	100m Hurdles	Sen Women	1
	15:52	100m Hurdles	U18 Women	1
	16:18	200m	U18 Women	Final
	16:23	200m	U18 Men	Final
	16:28	200m	Sen Women	Final
	16:33	200m	Sen Men	Final
	16:38	1500m	U18 Women	Final
	16:46	1500m	U18 Men	Final
	16:54	1500m	Sen Women	Final
	17:02	1500m	Sen Men	Final
	17:12	100m Hurdles	U18 Women	Final
	17:18	100m Hurdles	Sen Women	Final
	17:23	100m Hurdles	U18 Men	Final
If Heats not required FINALS will go at HEAT Time				
Parallel Success: Para Ambulant 1500m: RAZA points will be used to determine male medal awards for each event containing multiple classifications.				
Field				
Event No.	Time	Event	Age Group	Info
	10:00	Javelin	U18 Men	
	10:00	Seated Club	Men/Women	
		Seated Discus		
	10:00	Long Jump	U18 Women	
	10:15	High Jump	U18 Men	SH 1m43
			Sen Men	SH 1m63
	11:15	Discus	U18 Women	
	12:00	Long Jump	Sen Women	
	12:15	Shot Put	U18 Women	
	13:00	Discus	Sen Women	
	13:30	Long Jump	Sen Men	
	14:15	Javelin	Sen Men	
	14:15	Seated Javelin	Men/Women	
		Seated Shot		
	14:15	Pole Vault	U18 Women	SH 2m00
			Sen Women	SH 2m20
	15:00	Long Jump	U18 Men	
	15:30	Shot Put	Sen Women	
	15:30	Hammer	Sen Men	
			U18 Men	

Minimum 2 Warm Up Attempts