

This is a DRAFT timetable for entry purposes only, a final timetable will be published on Friday 20th February				
Track				
Event No	Time	Event	Age Group	Round
	10:00	60m	Sen Men CE	
	10:08	60m	U20 Men CE	
	10:12	60m	U18 Men CE	
	10:20	60m	Mas Men CE	
	11:00	60m Hurdles	U16 Boys CE	
	11:10	60m Hurdles	U14 Boys CE	
	11:35	60m Hurdles	U14 Girls CE	
	12:00	4 x 200m Relay	U18 Women	1
	12:15	4 x 200m Relay	U18 Men	1
	12:30	4 x 200m Relay	Sen Women	1
	12:45	4 x 200m Relay	Sen Men	1
	14:15	4 x 200m Relay	U18 Women	Final
	14:20	4 x 200m Relay	U18 Men	Final
	14:25	4 x 200m Relay	Sen Women	Final
	14:30	4 x 200m Relay	Sen Men	Final
	15:15	800m	U14 Boys CE	
	15:30	800m	U14 Girls CE	
	16:00	800m	U16 Boys CE	
All heat lists will be displayed ONLINE. Please check for report time. If heats are not required FINALS will go at HEAT time.				
Field				
Event No	Time	Event	Age Group	
	10:00	High Jump	U14 Girls CE Pool 1	1m13
			U14 Girls CE Pool 2	1m04
	10:00	Shot Put	U14 Boys CE	
	10:00	Long Jump	U16 Boys CE	In
	11:00	Shot Put	U18/Mas Men CE	
	11:00	Long Jump	Sen/U20 Men CE Pool 2	In
	11:45	Long Jump	Sen/U20 Men CE Pool 1	In
	12:30	Shot Put	Sen/U20 Men CE Pool 2	
	12:30	High Jump	U16 Boys CE	1m19
			U14 Boys CE	1m04
	13:00	Long Jump	U14 Girls CE Pool 1	In
			U14 Girls CE Pool 2	Out
	13:15	Pole Vault	U18/Mas Men CE Pool 2	SH 2m09
			U18/Mas Men CE Pool 1	SH 2m49
	13:15	Shot Put	Sen/U20 Men CE Pool 1	
	14:00	Long Jump	U14 Boys CE Pool 1	In
			U14 Boys CE Pool 2	Out
	14:30	Shot Put	U14 Girls CE	
	14:45	High Jump	Sen/U20 Men CE Pool 2	SH 1m55
			Sen/U20 Men CE Pool 1	SH 1m84
	15:15	Long Jump	U18/Mas Men CE	In
	15:15	Shot Put	U16 Boys CE	
All Shot competitions will be held in corner outside back straight. All Jumps & Shot Put - Minimum 2 Warm Ups 3 Attempts in Competition High Jump - Minimum 2 Heights in Warm Up				

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Straight Track				
Event No	Time	Event	Age Group	Round
	10:00	60m Hurd	Sen / U20 Men CE	
	10:20	60m Hurd	U18 Men CE	
	10:25	60m Hurd	Sen / U20 Women CE	
	10:40	60m Hurd	Masters Men CE	
	11:30	60m Hurd	U18 Women CE	
	11:40	60m Hurd	U16 Girls CE	
Circular Track				
Event No	Time	Event	Age	Round
	13:30	3000m	Masters M35 / M50	
	13:50	3000m	Mas Women	
	14:10	3000m	Masters Men	
	15:15	1000m	U20 Men CE	
	15:25	1000m	Sen Men CE	
	15:40	1000m	Masters Men CE	
	15:50	1000m	U18 Men CE	
	16:00	800m	U18 Women CE	
	16:10	800m	Sen Women CE	
			U20 Women CE	
	16:40	800m	U16 Girls CE	
Straight Track will take precedence over Circular Track All heat lists will be displayed at warm up area. Please check for report time. If heats are not required FINALS will go at HEAT time.				
Field				
Event No	Time	Event	Age Group	Info
	10:00	High Jump	U16 Girls CE Pool 2	SH 1m11
			U16 Girls CE Pool 1	SH 1m17
	10:00	Shot Put	U18 Women CE Pool 1	
			U18 Women CE Pool 2	
	11:15	Pole Vault	Sen / U20 Men CE Pool 1	SH 3m97
			Sen / U20 Men CE Pool 2	SH 2m17
	11:30	High Jump	Sen/U20 Women CE Pool 1	SH 1m33
			Sen/U20 Women CE Pool 2	SH 1m27
	12:30	Long Jump	U18 Women CE Pool 1	In
			U18 Women CE Pool 2	Out
	13:00	High Jump	Masters/U18 Men CE Pool 2	SH 1m12
			Masters/U18 Men CE Pool 1	SH 1m42
	13:15	Long Jump	U16 Girls CE Pool 1	In
			U16 Girls CE Pool 2	Out
	13:15	Shot Put	Sen Wom CE Pool 1	
			U20 Wom CE Pool 2	
	14:15	High Jump	U18 Women CE Pool 1	SH 1m30
			U18 Women CE Pool 2	SH 1m18
	14:15	Long Jump	Sen Women CE Pool 1	Pool 1 in
	14:45	Long Jump	U20 Wom CE Pool 2	Pool 2 out
	15:00	Shot Put	U16 Girls CE Pool 2	
			U16 Girls CE Pool 1	
All Shot competitions will be held in corner outside back straight. Horizontal Jumps & Shot Put - 2 Warm Ups 3 Attempts in Competition High Jump - 2 Heights in Warm Up Only				