

LIVINGSTON JUNIOR GRAND PRIX

WHAT

A Saturday morning multi-events competition. Every athlete does a run, jump, throw and team relay race.

WHO

For all Livingston Club and RJT athletes, from Under 9 to Under 16. All athletes taking part will receive a medal.

WHEN

Saturday 12 April 2025

Saturday 7 June 2025

Saturday 26 July 2025

9.30 am - 1.00 pm

WHERE

Xcite Craigswood Sports Centre,
Livingston

Pre-entry only at:

livingstonac.com/gp



LIVINGSTON JUNIOR GRAND PRIX

12 APR

U9	U11	U13	U15 / U16
60m	80m	100m	100m
60m	150m	200m	200m
Std. Long Jump	Long Jump	Long Jump	Long Jump
Shot Put	Shot Put	Shot Put	Shot Put
4x100m Relay	4x100m Relay	4x100m Relay	4x100m Relay

7 JUNE

U9	U11	U13	U15 / U16
60m	80m	100m	100m
60m	150m	200m	300m
Std. Long Jump	Long Jump	Long Jump	Long Jump
Turbo Javelin	Turbo Javelin	Javelin	Javelin
4x100m Relay	4x100m Relay	4x100m Relay	4x100m Relay

26 JULY

U9	U11	U13	U15 / U16
60m	80m	100m	100m
60m	150m	200m	200m
Std. Long Jump	Long Jump	Long Jump	Long Jump
Shot Put	Shot Put	Shot Put	Shot Put
4x100m Relay	4x100m Relay	4x100m Relay	4x100m Relay

AGE GROUPS

U9: 01/09/2016 - 31/08/2018
 U11: 01/09/2014 - 31/08/2016
 U13: 01/09/2012 - 31/08/2014
 U15: 01/09/2010 - 31/08/2012
 U16: 01/09/2009 - 31/08/2010