

LIVINGSTON OPEN MEETING

Friday 5 September 2025

TIMETABLE

	TRACK		FIELD	
6.30	80m	(U11)	Shot Put	(U15-SEN)
6.40	100m	(U13-SEN)		
6.50			Shot Put	(U11-U13)
7.15	800m	(U11)		
7.20			Long Jump	(U15-SEN)
7.25	400m	(U17-SEN)		
7.45	300m	(U15-U17)		
8.00			Long Jump	(U11-U13)
8.05	1500m	(U13-SEN)		

Track events will be seeded on the night, after declarations close, based on recent performance

Sprint races will be run fastest to slowest, and endurance events will be run slowest to fastest.



