

This is a draft timetable for entry purposes only, a final timetable will be published on Friday 15th August.				
Track				
Event No	Time	Event	Age Group	Round
	10:00	400m Hurdles	Sen Men	1
	10:05	400m Hurdles	Sen Women	1
	10:10	300m Hurdles	U17 Women	1
	10:25	100m	Sen Men	1
	10:49	100m	Sen Women	1
	11:05	100m	U17 Women	1
	11:25	100m	U17 Men	1
	11:45	100m	Wheelchair / Frame Running	Final
	11:50	800m	Sen Men	1
	12:06	800m	Sen Women	1
	12:12	800m	U17 Men	1
	12:28	800m	U17 Women	1
	12:51	400m Hurdles	Senior Men	Final
	12:56	400m Hurdles	Senior Women	Final
	13:01	400m Hurdles	U17 Men	Final
	13:06	300m Hurdles	U17 Women	Final
	13:20	100m	Sen Men	Semi Final
	13:32	100m	Sen Women	Semi Final
	13:40	100m	U17 Women	Semi Final
	13:52	100m	U17 Men	Semi Final
Lunch				
	14:30	1500m SC	U17 Men	Final
	14:40	300m	U17 Women	1
	14:56	400m	Sen Men	1
	15:16	400m	Sen Women	1
	15:24	400m	U17 Men	1
	15:36	800m	Sen Men	Final
	15:40	800m	Sen Women	Final
	15:44	800m	U17 Men	Final
	15:48	800m	U17 Women	Final
	15:56	3000m SC	Sen Men	Final
	16:14	100m	Sen Men	Final
	16:18	100m	Sen Women	Final
	16:22	100m	U17 Women	Final
	16:26	100m	U17 Men	Final
	16:30	5000m	Sen / U20 Women	Final
	16:50	400m	Wheelchair / Frame Running	Final
	16:56	400m	Sen Men	Semi Final
	17:04	400m	Sen Women	Final
	17:08	400m	U17 Men	Final
	17:12	300m	U17 Women	Final
If Heats are not required FINALS will go at HEAT Time Parallel Success: Ambulant para athletes in the 100m and 400m will be seeded within the open championship. RAZA points will be used to determine male and female medal awards for each event containing multiple classifications.				
Field				
Event No	Time	Event	Age Group	Info
	10:00	Javelin	Sen Women	
	10:00	Shot Put	U17 Men	
	10:45	Pole Vault	U17 Men	SH 2m50
	10:45	Javelin	Sen Men	SH 3m75
	10:45	Javelin	U17 Women	
	11:15	Triple Jump	U17 Men	9m/11m
	11:15	Triple Jump	Sen Men	11m/13m
	11:15	High Jump	Sen Women	SH 1m39
	12:15	Discus	U17 Men	
	13:30	Discus	Sen Men	
	13:30	High Jump	U17 Women	SH 1m29
	14:00	Triple Jump	U17 Women	7m/9m/11m
	14:30	Shot Put	Sen Men	
	14:45	Hammer	Sen Women	
	15:45	Triple Jump	Sen Women	9m/11m
	16:00	Hammer	U17 Women	
Minimum 2 Warm Up Attempts PV U17M 2m50/2m70/2m90/3m10/3m25/3m40/3m55/3m65/3m75 then 10cms PV SM 3m75/3m95/4m15/4m25/4m35/4m45 then 10cms				

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Track				
Event No	Time	Event	Age Group	Round
	10:00	200m	U17 Women	1
	10:24	200m	U17 Men	1
	10:40	200m	Sen Women	1
	10:56	200m	Sen Men	1
	11:10	1500m	Wheelchair	Final
	11:15	1500m	Frame Runner	Final
	11:20	1500m	U17 Women	1
	11:34	1500m	U17 Men	1
	11:48	1500m	Sen Women	1
	12:02	1500m	Sen Men	1
	12:20	5000m	U20 / Sen Men	Final
	12:45	200m	U17 Women	Semi Final
	12:57	200m	U17 Men	Semi Final
	13:05	200m	Sen Women	Semi Final
	13:13	200m	Sen Men	Semi Final
	13:25	1500m SC	U17 Women	Final

Lunch				
	14:05	3000m SC	Sen Women	Final
	14:24	400m	Sen Men	Final
	14:35	110m Hurdles	Sen Men	1
	14:45	100m Hurdles	U17 Men	1
	14:55	100m Hurdles	Sen Women	1
	15:05	80m Hurdles	U17 Women	1
	15:25	200m	U17 Women	Final
	15:30	200m	U17 Men	Final
	15:35	200m	Sen Women	Final
	15:40	200m	Sen Men	Final
	15:45	1500m	Para Ambulant	Final
	15:48	1500m	U17 Women	Final
	15:56	1500m	U17 Men	Final
	16:04	1500m	Sen Women	Final
	16:12	1500m	Sen Men	Final
	16:25	110m Hurdles	Sen Men	Final
	16:30	100m Hurdles	U17 Men	Final
	16:35	100m Hurdles	Sen Women	Final
	16:40	80m Hurdles	U17 Women	Final

If Heats not required FINALS will go at HEAT Time

Parallel Success: Para Ambulant 1500m: RAZA points will be used to determine male and female medal awards for each event containing multiple classifications.

Field				
Event No.	Time	Event	Age Group	Info
	10:00	Javelin	U17 Men	
	10:00	Seated Club	Men/Women	
		Seated Discus		
	10:00	Long Jump	U17 Women	
	10:15	High Jump	U17 Men	SH 1m43
	11:15	Discus	U17 Women	
	12:00	Long Jump	Sen Women	
	12:15	Shot Put	U17 Women	
	12:15	Discus	Sen Women	
	13:30	Long Jump	Sen Men	
	13:30	Javelin	Sen Men	
	13:45	Seated Javelin	Men/Women	
		Seated Shot		
	13:45	Pole Vault	U17 Women	SH 2m20
			Sen Women	
	14:30	High Jump	Sen Men	SH 1m63
	15:00	Long Jump	U17 Men	
	15:30	Shot Put	Sen Women	
	15:30	Hammer	Sen Men	
			U17 Men	

Minimum 2 Warm Up Attempts

PV U17W 2m20/2m40/2m60/2m80/2m95/3m10/3m20 then 10cms

PV SW 2m20/2m40/2m60/2m80/2m95/3m10/3m20 then 10cms