

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event				
Track				
Event No	Time	Event	Age Group	Round
1	10:00	100m	U15 Girls	1
2	10:32	100m	U15 Boys	1
3	10:48	1500m	U15 Girls	Timed Finals
4	11:04	1500m	U15 Boys	Timed Finals
5	11:25	300m	U15 Girls	1
6	11:40	300m	U15 Boys	1
7	11:50	100m	U15 Girls	Semi Final
8	12:02	100m	U15 Boys	Semi Final
9	12:10	100m	Frame Running	Invitation
10	12:15	800m	U20 Women	1
11	12:30	800m	U20 Men	1
LUNCH				
12	13:25	400m Hurdles	U20 Men	Final
13	13:30	400m Hurdles	U20 Women	Final
14	13:40	100m	U15 Girls	Final
15	13:44	100m	U15 Boys	Final
16	13:50	300m	U15 Girls	Final
17	13:55	300m	U15 Boys	Final
18	14:05	75m Hurdles	U15 Girls	1
19	14:30	200m	U20 Women	1
20	14:46	200m	U20 Men	1
21	15:02	200m	U15 Girls	1
22	15:25	200m	U15 Boys	1
23	15:37	800m	U15 Girls	Timed Finals
24	15:53	800m	U15 Boys	Timed Finals
25	16:05	80m Hurdles	U15 Boys	1
26	16:15	75m Hurdles	U15 Girls	Semi Final
27	16:30	200m	U20 Women	Semi Final
28	16:39	200m	U20 Men	Semi Final
29	16:48	200m	U15 Girls	Semi Final
30	17:01	200m	U15 Boys	Final
31	17:06	800m	U20 Women	Final
32	17:10	800m	U20 Men	Final
33	17:20	75m Hurdles	U15 Girls	Final
34	17:25	80m Hurdles	U15 Boys	Final
35	17:35	200m	U20 Women	Final
36	17:39	200m	U20 Men	Final
37	17:43	200m	U15 Girls	Final
If Heats are not required Finals will go at HEAT time				

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event				
Field				
Event No.	Time	Event	Age Group	Info
38	10:00	Hammer	U15 Girls	
39a	10:00	Long Jump	U15 Girls	Pool 2
40	10:00	High Jump	U15 Boys	SH 1m27
41	11:00	Javelin	U15 Boys	
39b	11:00	Long Jump	U15 Girls	Pool 1
42	11:30	Pole Vault	U20 Men	SH 3m 01
			U20 Women	SH 2m 26
			U15 Girls	SH 2m11
			U15 Boys	
43	12:00	High Jump	U15 Girls	SH 1m19
44	12:00	Javelin	U15 Girls	
45	13:30	Long Jump	U15 Boys	
46	13:30	Javelin	U20 Women	
			U20 Men	
47	13:30	Shot Put	U15 Girls	
48	13:45	High Jump	U20 Women	SH 1m43
			U20 Men	SH 1m53
49	14:30	Hammer	U15 Boys	
50	14:30	Long Jump	U20 Women	
51	15:30	Shot Put	U15 Boys	
52	15:30	Discus	U15 Girls	
53	16:00	Triple Jump	U15 Girls	7m/9m
			U15 Boys	7m/9m
54	16:45	Discus	U15 Boys	
Minimum 2 Warm Up Attempts				
U15G Long Jump athletes must declare 60 minutes before the start time of the earliest pool, regardless of which pool they will compete in				
Pole Vault Starting Heights and Progressions:				
U20M PV - 3m01/3m21/3m41/3m56/3m71/3m86 then 10cms				
U20W PV - 2m26/2m41/2m56/2m71/2m86/3m01 then 10cms				
U15B/G PV - 2m11/2m26/2m41/2m56/2m71/2m86/3.01 then 10cms				

Sunday 17th August 2025

4J **scottishathletics** U13 and U20 Track and Field Championships
FINAL TIMETABLE

Aberdeen Sports Village
2025 U13 U15 U20 TT FINAL

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event				
Track				
Event No	Time	Event	Age Group	Round
56	10:00	100m	U13 Girls	1
57	10:23	100m	U13 Boys	1
58	10:39	100m	U20 Women	1
59	10:55	100m	U20 Men	1
60	11:14	400m	U20 Women	1
61	11:26	400m	U20 Men	1
62	11:40	100m	U13 Girls	Semi Final
63	11:52	100m	U13 Boys	Semi Final
64	12:00	100m	U20 Women	Semi Final
65	12:08	100m	U20 Men	Semi Final
66	12:15	100m	Frame Running	Invitation
67	12:20	800m	U13 Girls	Timed Final
68	12:32	800m	U13 Boys	Timed Final
69	12:42	100m	U13 Girls	Final
70	12:46	100m	U13 Boys	Final
71	12:50	100m	U20 Women	Final
72	12:54	100m	U20 Men	Final
73	13:00	2000m SC	U20 Men	Final
LUNCH				
74	13:45	1500m SC	U20 Women	Final
75	13:55	200m	U13 Girls	1
76	14:13	200m	U13 Boys	1
77	14:25	1500m	U20 Women	1
78	14:43	1500m	U20 Men	1
79	15:05	110m Hurdles	U20 Men	Final
80	15:11	100m Hurdles	U20 Women	1
81	15:22	75m Hurdles	U13 Boys	Final
82	15:28	70m Hurdles	U13 Girls	1
83	15:48	200m	U13 Girls	Semi Final
84	15:55	200m	U13 Boys	Final
85	16:00	400m	U20 Women	Final
86	16:05	400m	U20 Men	Final
87	16:10	1500m	U13 Girls	Timed Final
88	16:20	1500m	U13 Boys	Timed Final
89	16:30	1500m	U20 Women	Final
90	16:38	1500m	U20 Men	Final
91	16:55	70m Hurdles	U13 Girls	Final
92	17:05	100m Hurdles	U20 Women	Final
93	17:10	200m	U13 Girls	Final
If Heats not required Finals will go at HEAT time				

Sunday 17th August 2025

4J **scottishathletics** U13 and U20 Track and Field Championships
FINAL TIMETABLE

Aberdeen Sports Village
2025 U13 U15 U20 TT FINAL

Athletes must declare their intention to compete at least 60mins before the scheduled start time of their event				
Event No	Time	Event	Age Group	Round
94	10:00	Hammer	U20 Women	
			U20 Men	
95	10:00	High Jump	U13 Girls	SH 1m11
96	10:00	Long Jump	U20 Men	
97	11:15	Shot Put	U13 Boys	
98	11:15	Javelin	U13 Girls	
99a	11:15	Long Jump	U13 Girls	Pool 2
100	12:30	Javelin	U13 Boys	
99b	12:30	Long Jump	U13 Girls	Pool 1
101	12:45	Shot Put	U20 Women	
			U20 Men	
102	13:45	Shot Put	U13 Girls	
103	13:45	Long Jump	U13 Boys	
104	14:45	Discus	U13 Girls	
			U20 Women	
105	15:00	High Jump	U13 Boys	SH 1m11
106	15:00	Triple Jump	U20 Women	9m/11m
107	16:15	Triple Jump	U20 Men	9m/11m
108	16:15	Discus	U13 Boys	
			U20 Men	
Minimum 2 Warm Up Attempts				
U13G Long Jump athletes must declare 60 minutes before the start time of the earliest pool, regardless of which pool they will compete in				