

All teams must be declared at least 60mins before the scheduled start time				
Track				
Event No	Time	Event	Age	Round
01	10:00	3 x 800m Relay	U17 Women	Timed Finals
02	10:10	3 x 800m Relay	U17 Men	Timed Finals
03/1	10:20	4 x 100m Relay	U17 Women	1
04/1	10:30	4 x 100m Relay	U17 Men	1
05/1	10:40	4 x 100m Relay	U15 Boys	1
06/1	10:50	4 x 100m Relay	Senior Women	1
07/1	11:00	4 x 100m Relay	Senior Men	1
08/1	11:10	4 x 100m Relay	U15 Girls	1
09	11:30	Medley (600/200/600/200m)	U13 Girls	Timed Finals
10	11:55	Medley (600/200/600/200m)	U13 Boys	Timed Finals
Lunch				
11	13:00	3 x 800m Relay	Senior Women	Timed Finals
12	13:20	3 x 800m Relay	Senior Men	Timed Finals
03/2	13:40	4 x 100m Relay	U17 Women	Final
04/2	13:45	4 x 100m Relay	U17 Men	Final
05/2	13:50	4 x 100m Relay	U15 Boys	Final
06/2	13:55	4 x 100m Relay	Senior Women	Final
07/2	14:00	4 x 100m Relay	Senior Men	Final
08/2	14:05	4 x 100m Relay	U15 Girls	Final
13	14:10	4 x 300m Relay	U17 Women	Timed Finals
14	14:30	4 x 400m Relay	U17 Men	Timed Finals
15	14:40	4 x 400m Relay	Senior Women	Timed Finals
16	14:50	4 x 400m Relay	Senior Men	Timed Finals
17	15:10	Medley (300/800/200/600m)	U15 Girls	Timed Finals
18	15:30	Medley (300/800/200/600m)	U15 Boys	Timed Finals
If heats are not required Finals will be run at Heat Time				