

This is a provisional timetable for entry purposes only, a final timetable will be published on Friday 13th June				
Track				
Event No	Time	Event	Age	Round
	10.00	3 x 800m Relay	U17 Women	Timed Finals
	10.10	3 x 800m Relay	U17 Men	Timed Finals
	10.20	4 x 100m Relay	U17 Women	1
	10.35	4 x 100m Relay	U17 Men	1
	10.45	4 x 100m Relay	U15 Boys	1
	10.55	4 x 100m Relay	Senior Women	1
	11.05	4 x 100m Relay	Senior Men	1
	11.15	4 x 100m Relay	U15 Girls	1
	11.45	Medley (600/200/600/200m)	U13 Girls	Timed Finals
	12.06	Medley (600/200/600/200m)	U13 Boys	Timed Finals
Lunch				
	13.10	4 x 100m Relay	U15 Girls	Semi Final
	13.20	3 x 800m Relay	Senior Women	Timed Finals
	13.40	3 x 800m Relay	Senior Men	Timed Finals
	14.00	4 x 100m Relay	U17 Women	Final
	14.05	4 x 100m Relay	U17 Men	Final
	14.10	4 x 100m Relay	U15 Boys	Final
	14.15	4 x 100m Relay	Senior Women	Final
	14.20	4 x 100m Relay	Senior Men	Final
	14.25	4 x 100m Relay	U15 Girls	Final
	14.35	4 x 300m Relay	U17 Women	Timed Finals
	14.55	4 x 400m Relay	U17 Men	Timed Finals
	15.15	4 x 400m Relay	Senior Women	Timed Finals
	15.25	4 x 400m Relay	Senior Men	Timed Finals
	15.50	Medley (300/800/200/600m)	U15 Girls	Timed Finals
	16.11	Medley (300/800/200/600m)	U15 Boys	Timed Finals
If heats are not required Finals will be run at Heat Time				