

This is a provisional timetable for entry purposes only, a final timetable will be published on Friday 2nd May.				
Track				
Event No	Time	Event	Age Group	Round
	10:00	100m Hurdles	U17 Men	Final
	10:05	80m Hurdles	U15 Boys	Final
	10:10	80m Hurdles	U17 Women	1
	10:20	75m Hurdles	U15 Girls	1
	10:30	75m Hurdles	U13 Boys	Final
	10:35	70m Hurdles	U13 Girls	1
	10:55	800m	U15 Girls	Timed Finals
	11:10	800m	U15 Boys	Timed Finals
	11:30	800m	U17 Women	1
	11:40	800m	U17 Men	1
	11:55	80m Hurdles	U17 Women	Final
	12:00	75m Hurdles	U15 Girls	Final
	12:05	70m Hurdles	U13 Girls	Final
	12:15	100m	U15 Girls	1
	12:35	100m	U13 Girls	1
	12:55	100m	U17 Women	1
	13:08	100m	U17 Men	1
	13:20	100m	U15 Boys	1
	13:32	100m	U13 Boys	1
LUNCH				
	14:10	100m	U15 Girls	Semi Final
	14:18	100m	U13 Girls	Semi Final
	14:26	800m	U17 Women	Final
	14:30	800m	U17 Men	Final
	14:34	400m	U17 Men	1
	14:42	300m	U17 Women	1
	14:50	300m	U15 Girls	1
	14:58	300m	U15 Boys	Final
	15:08	100m	U17 Women	Final
	15:12	100m	U17 Men	Final
	15:16	100m	U15 Boys	Final
	15:20	100m	U13 Boys	Final
	15:24	100m	U15 Girls	Final
	15:28	100m	U13 Girls	Final
	15:32	800m	U13 Girls	Timed Finals
	15:42	800m	U13 Boys	Timed Finals
	15:54	400m	U17 Men	Final
	15:59	300m	U17 Women	Final
	16:04	300m	U15 Girls	Final
If heats are not required FINALS will go at HEAT time.				

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Field				
Event No	Time	Event	Age Group	Info
	10:00	Discus	U17 Men / U17 Women	
	10:00	Long Jump	U13 Girls	
	10:00	Shot Put	U15 Girls / U13 Girls	
	11:30	Pole Vault	U17 Women	SH 2m02
			U15 Boys / U15 Girls	
	11:30	Long Jump	U13 Boys	
	13:00	High Jump	U17 Men	
	13:00	Long Jump	U17 Women	
	14:00	Pole Vault	U17 Men	
	14:00	Long Jump	U15 Girls	
	14:00	Shot Put	U17 Men / U17 Women	
	14:30	High Jump	U17 Women	
	15:15	Javelin	U17 Men / U17 Women	
	15:15	Shot Put	U13 Boys / U15 Boys	
Minimum 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts				

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Track				
Event No.	Time	Event	Age Group	Round
	10:30	400m Hurdles	U17 Men	Final
	10:40	300m Hurdles	U17 Women	Final
	10:50	1500m	U17 Women	Final
	11:00	1500m	U17 Men	Final
	11:10	200m	U15 Girls	1
	11:22	200m	U13 Girls	1
	11:34	200m	U17 Women	1
	11:48	200m	U17 Men	1
	11:56	200m	U15 Boys	1
	12:04	200m	U13 Boys	1
Lunch				
	13:00	1500m	U13 Girls	Timed Finals
	13:10	1500m	U13 Boys	Timed Finals
	13:20	1500m	U15 Girls	Timed Finals
	13:30	1500m	U15 Boys	Timed Finals
	13:40	200m	U13 Boys	Final
	13:45	200m	U13 Girls	Final
	13:50	200m	U15 Boys	Final
	13:55	200m	U15 Girls	Final
	14:00	200m	U17 Women	Final
	14:10	200m	U17 Men	Final
If heats are not required FINALS will go at HEAT time.				
Field				
Event No.	Time	Event	Age Group	
	10:00	Hammer	U17 Men / U17 Women	
			U15 Boys / U15 Girls	
	10:00	Long Jump	U15 Boys / U17 Men	
	11:15	High Jump	U15 Girls / U15 Boys	SH 1m06
	11:15	Javelin	U13 Boys / U13 Girls	
	12:45	Triple Jump	U15 Boys / U15 Girls	7m/9m/11m
			U17 Men / U17 Women	
	12:45	Javelin	U15 Boys / U15 Girls	
	12:45	High Jump	U13 Boys / U13 Girls	SH 1m06
	13:30	Discus	U13 Boys / U13 Girls	
			U15 Boys / U15 Girls	
Minimum 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts				