

**Event 1 Mixed 60 m H Mas Men**

| Name                | Age | Team                 | Finals |
|---------------------|-----|----------------------|--------|
| Section 1           |     |                      |        |
| 1 Carson Graham     | 45  | M SHETTLESTON        | 9.92   |
| 2 Kevin Byrne       | 50  | M DUNDRUM SOUT       | 10.29  |
| 3 Andrew Webb       | 75  | M NORTH SHIELD       | 13.62  |
| Section 2           |     |                      |        |
| 1 Neil Tunstall     | 60  | M CORNWALL AC        | 9.76   |
| 2 Julie Tuck        | 50  | W ABERDEEN AAC       | 10.25  |
| 3 Ron Todd          | 60  | M CENTRAL AC         | 10.67  |
| 4 Andrew Pringle    | 60  | M REIGATE PRIORY AC  | 11.18  |
| 5 Jerry Musselwhite | 65  | M YATE & DISTRICT AC | 12.94  |

**Event 4 Mixed 60 m Mas Men**

| Name                 | Age | Team                  | Finals |
|----------------------|-----|-----------------------|--------|
| Section 1            |     |                       |        |
| 1 Fraser MacDonald   | 35  | M ROSS COUNTY AC      | 7.76   |
| 2 Matthew Eales      | 35  | M NORTH SHIELD        | 7.87   |
| 3 Paul Easdale       | 35  | M SHETTLESTON         | 7.94   |
| 4 Stephen Callister  | 35  | M SALE HARRIERS       | 8.09   |
| Section 2            |     |                       |        |
| 1 Iskan Barskanmay   | 40  | M TWEED LEADER        | 7.73   |
| 2 Ally Macleod       | 40  | M INVERNESS HA        | 7.89   |
| 3 John Bowden        | 40  | M CHARNWOOD A C       | 7.93   |
| 4 Ian McDonald       | 40  | M CENTRAL AC          | 7.94   |
| 5 Gareth Hill        | 40  | M TEAM EAST LOTHIAN   | 8.00   |
| 6 Neil Burnside      | 40  | M KILBARCHAN AAC      | 8.07   |
| 7 Alistair Craig     | 40  | M KILMARNOCK H&AC     | 8.61   |
| 8 Abhijeeth Bekalkar | 40  | M UNATTACHED          | 8.91   |
| Section 3            |     |                       |        |
| 1 Ian Horsburgh      | 45  | M CENTRAL AC          | 7.45   |
| 2 Colin Brodie       | 45  | M HARMENY AC          | 7.79   |
| 3 John Tindal        | 45  | M PITREAVIE AAC       | 7.81   |
| 4 Gregor Knight      | 45  | M LASSWADE AC         | 7.96   |
| Section 4            |     |                       |        |
| 1 Malcolm Mcphail    | 55  | M AYR SEAFORTH AC     | 8.12   |
| 2 Alistair Radbourne | 55  | M PH RACING CLUB      | 8.57   |
| 3 Douglas Dickson    | 55  | M KILMARNOCK H&AC     | 8.78   |
| 4 Gareth Marchant    | 55  | M STRATHEARN HARRIERS | 8.81   |
| Section 5            |     |                       |        |
| 1 Ronald Hunter      | 60  | M STIRLING UNI        | 8.25   |
| 2 Thomas A Finkle    | 60  | M TWEED LEADER        | 8.44   |
| 3 John Statham       | 60  | M CHARNWOOD A C       | 8.59   |
| 4 Michael Farrell    | 60  | M NORTH AYRSHIRE AAC  | 9.10   |
| Section 6            |     |                       |        |
| 1 Shane Sheridan     | 65  | M DUNDRUM SOUT        | 8.42   |
| 2 Martin Leyland     | 65  | M SHETLAND AAC        | 8.61   |
| 3 Alastair Dooey     | 65  | M LARKHALL YMC        | 8.88   |
| 4 Shane Toolan       | 65  | M TRI CHONAILL AC     | 8.94   |
| 5 William Skinner    | 65  | M ABERDEEN AAC        | 9.50   |
| 6 David Edelman      | 65  | M GIFFNOCK NORTH AC   | 9.53   |
| 7 Grant Wooler       | 65  | M PERTH RR            | 10.37  |
| 8 James Wright       | 65  | M HUNTERS BOG         | 11.42  |

**Event 4 Mixed 60 m Mas Men**

| Name                   | Age Team          | Finals |
|------------------------|-------------------|--------|
| Section 7              |                   |        |
| 1 Ian Broadhurst 70    | M WREXHAM AC      | 9.09   |
| 2 Bob Douglas 70       | M LIVINGSTON AC   | 9.51   |
| 3 David Lowe 75        | M LAGAN VALLEY AC | 9.74   |
| 4 James Smith 80       | M MOTHERWELL AC   | 9.98   |
| 5 James Harris 75      | M LAGAN VALLEY AC | 10.86  |
| 6 Ian Richardson 75    | M NORTH SHIELD    | 11.21  |
| 7 Keith Traill 70      | M FIFE AC         | 11.42  |
| 8 Ronald Sutherland 75 | M UNATTACHED      | 12.17  |

**Event 5 Mixed 60 m Para**

| Name                      | Age Team              | Finals        |
|---------------------------|-----------------------|---------------|
| Section 1                 |                       |               |
| 1 Matthew Power Tf20      | M LIVINGSTON AC       | 7.72 R: 1198  |
| 2 Kieran McGhee T20       | M RED STAR AC         | 8.68 R: 1187  |
| 3 Stuart Gebbie T12       | M RED STAR AC         | 9.02 R: 1180  |
| 4 Cara Murphy T12         | W LAW & DISTRICT AAC  | 9.15 R: 1175  |
| Section 2                 |                       |               |
| 1 Aaron Crowley T38       | M PITREAVIE AAC       | 9.18 R: 1181  |
| 2 Finlay Davidson F41     | M PITREAVIE AAC       | 9.84 R: 1185  |
| 3 Walid Saleh T63         | M LONDON HEATHSIDE AC | 10.41 R: 1166 |
| 4 Lydia Woldeselassie T35 | W SHETTLESTON         | 11.61 R: 1081 |
| 5 Erin Nisbet T36         | W CUMBERNAULD AAC     | 12.43 R: 858  |

**Event 6 Women 60 m Mas Women**

| 2022:                       | 8.32 | 13/02/2022         | Emma Wiltshire 35, Rugby & No |
|-----------------------------|------|--------------------|-------------------------------|
| 2023:                       | 8.16 | 12/02/2023         | Chidinma Agwu 40, Trafford AC |
| Name                        | Age  | Team               | Finals                        |
| Section 1                   |      |                    |                               |
| 1 Jane Ariztegieta Scott 40 |      | CENTRAL AC         | 8.57                          |
| 2 Alex Beckingsale 40       |      | NORTH SHIELD       | 8.69                          |
| 3 Vicky Lyons 40            |      | INVERNESS HA       | 8.85                          |
| 4 Amy MacGregor 40          |      | LASSWADE AC        | 9.52                          |
| 5 Dawn Ridgway 45           |      | NORTH SHIELD       | 9.67                          |
| 6 Rebecca Seaton 40         |      | GIFFNOCK NORTH AC  | 9.69                          |
| 7 Laura Purdy 45            |      | LIVERPOOL P        | 9.77                          |
| Section 2                   |      |                    |                               |
| 1 Adina Gheorghiu 50        |      | DUNDRUM SOUT       | 8.25                          |
| 2 Leanne Wellings 50        |      | LUCAN HARRIERS     | 8.77                          |
| 3 Fiona Davidson 50         |      | ABERDEEN AAC       | 8.91                          |
| 4 Paula Reilly 55           |      | CELBRIDGE AC (IRE) | 9.38                          |
| 5 Amanda Broadhurst 50      |      | WREXHAM AC         | 10.12                         |
| Section 3                   |      |                    |                               |
| 1 Helen Godsell 70          |      | BLACKHEATH &       | 9.29                          |
| 2 Melanie Garland 60        |      | WORCESTER AC       | 9.45                          |
| 3 Sandra Mitusch 60         |      | CENTRAL AC         | 9.74                          |
| 4 Angela Kelly 60           |      | GIFFNOCK NORTH AC  | 9.90                          |
| 5 Dee Walsh 60              |      | DUNDRUM SOUT       | 10.05                         |
| 6 Mary Hanlon 60            |      | CELBRIDGE AC (IRE) | 10.79                         |

**Event 7 Men 50-54 60 m Men 50**

| Name                     | Age Team         | Finals |
|--------------------------|------------------|--------|
| Section 1                |                  |        |
| 1 Trevor Hodgson 50      | MORPETH HARRIERS | 7.71   |
| 2 Cameron Smith 50       | CENTRAL AC       | 7.99   |
| 3 Keith Kong 50          | LASSWADE AC      | 8.04   |
| 4 Denis Pang 50          | NORTH SHIELD     | 8.20   |
| 5 Ruairaidh Macarthur 50 | UNATTACHED       | 8.22   |

**Event 8 Men 55-59 400 m Men 55**

| 2023: 60.45 12/02/2023 Conrad Kennedy 55, Durham Cit |                     |        |  |
|--|---------------------|--------|--|
| Name   | Age Team            | Finals |  |
| 1 Paul Fisher 55                                     | NORTH SHIELD        | 60.31  |  |
| 2 Leeroy Golding 55                                  | NORTHERN MASTERS AC | 62.48  |  |
| 3 Alistair Radbourne 55                              | PH RACING CLUB      | 63.52  |  |

**Event 9 Men 400 m Para + Mas Men**

| 2022: 55.37 13/02/2022 Darren Towart 40, Tynedale Ha |                    |        |         |
|--|--------------------|--------|---------|
| 2023: 55.19 12/02/2023 Darren Towart 45, Tynedale Ha |                    |        |         |
| Name   | Age Team           | Finals |         |
| 1 Gary Smith 35                                      | FALKIRK VICT       | 54.06  |         |
| 2 David Scott 35                                     | CUMBERNAULD AAC    | 54.30  |         |
| 3 Darren Towart 45                                   | TYNEDALE HAR       | 55.92  |         |
| 4 Nigel Gorvett 45                                   | BLYTH RUNNING CLUB | 56.03  |         |
| 5 Jamie Clements 35                                  | EAST KILBRIDE AC   | 61.27  |         |
| Section 2  |                    |        |         |
| 1 Mike Tarnawsky 50                                  | DUNDEE HAWKH       | 56.21  |         |
| 2 Robert Lindsay 50                                  | KILMARNOCK H&AC    | 59.30  |         |
| 3 Steve Dodds 50                                     | NORTH SHIELD       | 63.05  |         |
| 4 Colin Wylie 50                                     | GIFFNOCK NORTH AC  | 66.23  |         |
| 5 Fraser Owen T36                                    | INVERNESS HA       | 73.60  |         |
| Section 3  |                    |        |         |
| 1 Stuart Lynn 60                                     | NORTH SHIELD       | 62.46  |         |
| 2 Gerry Oconnor 60                                   | DROGHEADS &        | 63.01  |         |
| 3 Ian Broadhurst 70                                  | WREXHAM AC         | 64.76  |         |
| 4 Graeme Breslin 60                                  | CORSTORPHINE AAC   | 67.52  |         |
| Section 4  |                    |        |         |
| 1 William Skinner 65                                 | ABERDEEN AAC       | 73.44  |         |
| -- James Wright 65                                   | HUNTERS BOG        | DNF    |         |
| -- David Lowe 75                                     | LAGAN VALLEY AC    | DQ     | TR 17.2 |

**Event 10 Women 400 m Mas Women**

| 2022: 67.69 13/02/2022 Lourdes Bradley 45, North Shi |                   |         |  |
|--|-------------------|---------|--|
| 2023: 67.87 12/02/2023 Jennifer Beattie 40, Kilmarno |                   |         |  |
| Name   | Age Team          | Finals  |  |
| Section 1  |                   |         |  |
| 1 SORCHA DINEEN 35                                   | LUCAN HARRIERS    | 66.39   |  |
| 2 ERGE VIIKLAID 55                                   | ESTONIA           | 67.63   |  |
| 3 LOURDES BRADLEY 50                                 | NORTH SHIELD      | 69.79   |  |
| 4 ILONA KRIAUAZAIT 40                                | METRO ABERDEEN RC | 76.06   |  |
| Section 2  |                   |         |  |
| 1 CAROL KEARNEY 60                                   | LUCAN HARRIERS    | 70.49   |  |
| 2 OLWYN HOCKING 65                                   | NORTH SHIELD      | 1:30.51 |  |
| 3 DANEA HERRON 65                                    | CITY OF DERR      | 1:33.99 |  |
| 4 KATHLEEN STEWART 85                                | NORTH SHIELD      | 1:40.00 |  |

**Event 11 Boys 4x200 m Relay U13 Boys****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

|        |         |            |   |
|--------|---------|------------|---|
| 2022:  | 1:57.24 | 13/02/2022 | Giffnock North AC, Giffnock<br>A Weir, C Mitchell, P Rolfe, A Gear    |
| CBP: C | 1:54.13 | 17/02/2019 | Edinburgh AC<br>P Barnes, H Nussey, A Batchelor, C Gettinby           |
| 2023:  | 1:55.47 | 12/02/2023 | 1120 Springburn Harriers, 1<br>M Murray, L McDonald, A Dawson, W Tong |

Team

Heats

## Heat 1 Heats

|   |                        |                    |
|---|------------------------|--------------------|
| 1 | 1172 VP GLASGOW AC     | 2:02.81Q           |
|   | 1) Stanley Neil        | 2) Sam Brown       |
|   | 3) Charlie McGillivray | 4) Simon Fraser    |
| 2 | 1144 LAW & DISTRICT AC | 2:04.92            |
|   | 1) Jack Hamilton       | 2) James Connor    |
|   | 3) Christopher Traynor | 4) Ross Murphy     |
| 3 | 1136 KILBARCHAN AAC    | 2:06.81            |
|   | 1) Samuel Embuke       | 2) Harry McKee     |
|   | 3) Noah Cree           | 4) Brodie Lang     |
| 4 | 1160 PITREAVIE AAC     | 2:12.78            |
|   | 1) Logan Roberts       | 2) Ellis Bowers    |
|   | 3) Evan Fenner         | 4) Lachlan Barnett |
| 5 | 1148 LIVINGSTON AC     | 2:17.61            |
|   | 1) Miles Monteforte    | 2) Lewis Sharp     |
|   | 3) Austin Purdie       | 4) Elliot Darling  |

## Heat 2 Heats

|   |                       |                       |
|---|-----------------------|-----------------------|
| 1 | 1156 PITREAVIE AAC    | 2:00.71Q              |
|   | 1) Lucas Fenton       | 2) Brodie Pearson     |
|   | 3) Rory Vaughan       | 4) Thomas Croall      |
| 2 | 1124 EDINBURGH AC     | 2:04.82q              |
|   | 1) Darius Hamil       | 2) Testimony Sotannde |
|   | 3) Mark Hendry        | 4) Luca Macauley Orr  |
| 3 | 1120 EAST KILBRIDE AC | 2:06.56               |
|   | 1) Dominic Fahey      | 2) Max Tobin          |
|   | 3) Edward Elliott     | 4) Harrison Brand     |
| 4 | 1168 VP GLASGOW AC    | 2:14.45               |
|   | 1) Leo Boucetta       | 2) Matthew Dempsey    |
|   | 3) Sebastian Innes    | 4) Caleb Baldwin      |
| 5 | 1108 AIRDRIE HARRIERS | 2:20.90               |
|   | 1) Gianluca Cicognani | 2) Adam Hyland        |
|   | 3) Luke Donegan       | 4) Anthony McAninch   |

## Heat 3 Heats

|   |                         |                      |
|---|-------------------------|----------------------|
| 1 | 1132 HARMENY AC         | C 1:52.53Q           |
|   | 1) Luke Brodie          | 2) Blake Burchill    |
|   | 3) Rohan Bullock        | 4) Ben Silver        |
| 2 | 1128 GIFFNOCK NORTH AC  | 1:54.86q             |
|   | 1) Matthew McLachlan    | 2) Noah Paisley      |
|   | 3) Davi Birnie          | 4) Andrew Mitchell   |
| 3 | 1140 KILMARNOCK H AC    | 2:01.81q             |
|   | 1) Callum Cooke         | 2) Harris Evans      |
|   | 3) Neil Parker          | 4) Murray Young      |
| 4 | 1112 CENTRAL AC         | 2:06.70              |
|   | 1) Hugh Thomas          | 2) Sam White         |
|   | 3) Zander Mina          | 4) Finlay Gallacher  |
| 5 | 1152 NORTH AYRSHIRE AAC | 2:13.34              |
|   | 1) Harris McNally       | 2) Harry Kilpatrick  |
|   | 3) Riley Nimmo-Rayne    | 4) Harris MacDougall |
| 6 | 1164 SHETTLESTON H      | 2:13.77              |
|   | 1) Dominic Boyle        | 2) Louis Millican    |
|   | 3) Rio Biddlecombe      | 4) Ruairidh Johnson  |

**Event 12 Girls 4x200 m Relay U13 Girls****6 Advance: Top 1 Each Heat plus Next 2 Best Times**

| 2022:        |       | 1:57.39            | 13/02/2022 | Kilmarnock H&AC, Kilmarnock                  |          |
|--------------|-------|--------------------|------------|--|----------|
|              |       |                    |            | C Monachello, O Mcmillan, E Cooke, L Barrett |          |
| CBP: C       |       | 1:53.66            | 13/02/2016 | Giffnock North AAC                           |          |
| 2023:        |       | 1:58.75            | 12/02/2023 | 1188 Edinburgh AC, 1188 Edi                  |          |
|              |       |                    |            | J Knox, I Muir, L Mapara, R Ajala            |          |
| Team         | Heats |                    |            |  |          |
| Heat 1 Heats |       |                    |            |  |          |
| 1            | 1012  | AYR SEAFORTH AC    |            |  | 2:01.57Q |
|              | 1)    | Murrin Ronney      | 2)         | Eva McColm                                   |          |
|              | 3)    | Abigail Good       | 4)         | Emily Good                                   |          |
| 2            | 1048  | GIFFNOCK NORTH AC  |            |  | 2:04.73  |
|              | 1)    | Violet Drever      | 2)         | Abbie Gallagher                              |          |
|              | 3)    | Martha Ling        | 4)         | Amira Salisu                                 |          |
| 3            | 1100  | VP GLASGOW AC      |            |  | 2:04.75  |
|              | 1)    | Kori Taylor        | 2)         | Caitlin Laing                                |          |
|              | 3)    | Freya Jarvie       | 4)         | Sylvie Johnson                               |          |
| 4            | 1060  | KILMARNOCK H AC    |            |  | 2:09.79  |
|              | 1)    | Libby McKay        | 2)         | Sophie Cowie                                 |          |
|              | 3)    | Lacey Naismith     | 4)         | Libby Brown                                  |          |
| 5            | 1036  | ELGIN AAC          |            |  | 2:10.42  |
|              | 1)    | Abigail Scott      | 2)         | Holly Lightfoot                              |          |
|              | 3)    | Romina Rowe        | 4)         | Erin Rigg                                    |          |
| Heat 2 Heats |       |                    |            |  |          |
| 1            | 1004  | AIRDRIE HARRIERS   |            |  | 2:03.69Q |
|              | 1)    | Evie Henderson     | 2)         | Eva Lane                                     |          |
|              | 3)    | Millie Taylor      | 4)         | Georgia McMahan                              |          |
| 2            | 1024  | DUNFERMLINE TF AC  |            |  | 2:08.50  |
|              | 1)    | Kelseigh Wilson    | 2)         | Rosie Dyson                                  |          |
|              | 3)    | Millie Gordon      | 4)         | Alice Thomas                                 |          |
| 3            | 1064  | KILMARNOCK H AC    |            |  | 2:08.94  |
|              | 1)    | Poppy Stone        | 2)         | Emily Violet Robinson                        |          |
|              | 3)    | Zoe Brown          | 4)         | Jess Brown                                   |          |
| 4            | 1028  | EAST KILBRIDE AC   |            |  | 2:18.93  |
|              | 1)    | Sophie Hendry      | 2)         | Orla Gallagher                               |          |
|              | 3)    | Grace Ballentine   | 4)         | Neve Lindsay                                 |          |
| 5            | 1008  | AIRDRIE HARRIERS   |            |  | 2:19.57  |
|              | 1)    | Dixie Brown        | 2)         | Eva Mason                                    |          |
|              | 3)    | Ava Mai Grehhan    | 4)         | Isabella Russo                               |          |
| Heat 3 Heats |       |                    |            |  |          |
| 1            | 1052  | HARMENY AC         |            |  | 2:02.06Q |
|              | 1)    | Reeva Grant        | 2)         | Zoe Coull                                    |          |
|              | 3)    | Ella Reid          | 4)         | Cadha McCluskey                              |          |
| 2            | 1080  | PERTH STRATHTAY H  |            |  | 2:02.61q |
|              | 1)    | Emily Jones        | 2)         | Sophie Cassie                                |          |
|              | 3)    | Harriet Gibb       | 4)         | Hannah Round                                 |          |
| 3            | 1084  | PITREAVIE AAC      |            |  | 2:03.45q |
|              | 1)    | Isla Mills         | 2)         | Freya Stobie                                 |          |
|              | 3)    | Iona Watson        | 4)         | Berenice Tillier                             |          |
| 4            | 1076  | NORTH AYRSHIRE AAC |            |  | 2:07.19  |
|              | 1)    | Nyah Nowakowski    | 2)         | Kaiti McCue                                  |          |
|              | 3)    | Myla Gemmell       | 4)         | Caleigh Graham                               |          |
| 5            | 1088  | PITREAVIE AAC      |            |  | 2:09.15  |
|              | 1)    | Charlotte Leitch   | 2)         | Nell Rogers                                  |          |
|              | 3)    | Poppy Ewing        | 4)         | Isla Thwaites                                |          |
| 6            | 1040  | FALKIRK VIC H      |            |  | 2:12.89  |
|              | 1)    | Isla Hedges        | 2)         | Erin Donaldson                               |          |
|              | 3)    | Alexa Sibbald      | 4)         | Ariana Bennett                               |          |

**Event 12 Girls 4x200 m Relay U13 Girls****6 Advance: Top 1 Each Heat plus Next 2 Best Times**

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2022: 1:57.39 13/02/2022 Kilmarnock H&AC, Kilmarnock
      C Monachello, O Mcmillan, E Cooke, L Barrett
      CBP: C 1:53.66 13/02/2016 Giffnock North AAC
2023: 1:58.75 12/02/2023 1188 Edinburgh AC, 1188 Edi
      J Knox, I Muir, L Mapara, R Ajala
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| Team | Heats |
|------|-------|
|------|-------|

**Heat 4 Heats**

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1 1044 GIFFNOCK NORTH AC 2:04.82Q
  1) Eve McManus 2) Darcey Waddell
  3) Iona Cornfoot 4) Fern Henderson
2 1068 LAW & DISTRICT AC 2:06.80
  1) Victooria Carr 2) Lily Crawford
  3) Abbie Boyle 4) Grace Frood
3 1104 WHITEMOSS AAC 2:08.32
  1) Sophie Lewandowski 2) Heather Eddie
  3) Ailsa McKenzie 4) Caoimhe Carmichael
4 1016 CENTRAL AC 2:17.79
  1) Summer Johnston 2) Lila Robertson
  3) Kayleigh Clifford 4) Greta Shaw
5 1096 SPRINGBURN H 2:21.58
  1) Iyinoluwa Owolabi 2) Katherine Souter
  3) Emily Fitzsimmons 4) Zahra Ogunjobi
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**Event 14 Men 800 m Para + Mas Men**

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2022: 2:05.56 13/02/2022 Stephen Brown 40, West End
2023: 2:02.65 12/02/2023 Stephen Brown 40, West End
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| Name | Age | Team | Finals |
|------|-----|------|--------|
|------|-----|------|--------|

**Section 1**

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=====
1 David Scott 35 CUMBERNAULD AAC 2:05.34
2 Stephen Brown 40 WEST END RR 2:08.90
3 Peter Graham 40 EDINBURGH AC 2:10.17
4 Andrew Casey 35 ABERDEEN AAC 2:10.68
5 Iain Robertson 45 CLYDESDALE HARRIERS 2:12.90
6 Iain Burns 45 SHETTLESTON 2:13.34
7 Jamie Clements 35 EAST KILBRIDE AC 2:25.59
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**Section 2**

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=====
1 Allan Cameron 50 VP-GLASGOW AC 2:12.32
2 Graeme Laing 45 VP-GLASGOW AC 2:12.51
3 Bruce Carse 45 BELLAHOUSTON RR 2:16.64
4 Richard O'Grady 45 HELENSBURGH AAC 2:21.15
5 Niall Power 50 RAHENY SHAMROCK AC 2:21.42
6 Callum Ballantyne T20 CUMBERNAULD AAC 2:23.89
7 Colin Wylie 50 GIFFNOCK NORTH AC 2:36.00
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**Section 3**

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=====
1 Robert McHarg 60 KILMARNOCK H&AC 2:11.46
2 Graeme Gemmell 60 BELLAHOUSTON 2:19.87
3 Chris Upson 60 CAMBUSLANG HARRIERS 2:25.20
4 Des Dickson 65 CAMBUSLANG HARRIERS 2:46.20
5 Grant Wooler 65 PERTH RR 2:55.66
6 Mike Dales 65 PERTH RR 3:07.42
7 Tony Segall 60 MUSSELBURGH 3:11.96
8 Fraser Owen T36 INVERNESS HA 3:12.35
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**Event 15 Women 800 m Mas Women**

| Name  | Age     | Team                                   | Finals |
|-------|---------|--|--------|
| 2022: | 2:32.86 | 13/02/2022 Ana Richardson 55, West End |        |
| 2023: | 2:36.76 | 12/02/2023 Jennifer Beattie 40, Kilmar |        |

## Section 1

|   |                     |                   |         |
|---|---------------------|-------------------|---------|
| 1 | Laura Haggarty 40   | KILMARNOCK H&AC   | 2:18.86 |
| 2 | Nisha Desai 40      | MORPETH HARRIERS  | 2:23.31 |
| 3 | Jennifer Beattie 40 | KILMARNOCK H&AC   | 2:27.69 |
| 4 | Lisa Gawthorne 40   | VEGAN RUNNERS UK  | 2:37.23 |
| 5 | Ilona Kriauzaite 40 | METRO ABERDEEN RC | 2:48.27 |

## Section 2

|   |                           |                     |         |
|---|---------------------------|---------------------|---------|
| 1 | Katja Blunden 45          | MORAY RR            | 2:22.12 |
| 2 | Hazel Bough 45            | ELSWICK             | 2:27.19 |
| 3 | Jacqueline Etherington 45 | CAMBUSLANG HARRIERS | 2:28.29 |
| 4 | Amanda Woodrow 35         | EDINBURGH AC        | 2:34.54 |
| 5 | Julia Johnstone 50        | GALA HARRIERS       | 2:43.72 |

**Event 16 Boys 4x200 m Relay U15 Boys****6 Advance: Top 2 Each Heat plus Next 2 Best Times**

|        |         |  |       |
|--------|---------|--|-------|
| 2022:  | 1:43.81 | 13/02/2022 Giffnock North AC, Giffnock           |       |
|        |         | R Taylor-Young, L Forrester, A Reid, E Armstrong |       |
| CBP: C | 1:39.21 | 2008 Giffnock North AAC                          |       |
| 2023:  | 1:41.92 | 12/02/2023 1288 Giffnock North AC, 128           |       |
|        |         | A Clark, Z Summerhill, N Booker, A Weir          |       |
| Team   |         |  | Heats |

## Heat 1 Heats

|   |                        |                      |
|---|------------------------|----------------------|
| 1 | 1200 GIFFNOCK NORTH AC | 1:44.52Q             |
|   | 1) Charlie Muirray     | 2) Scot McLachlan    |
|   | 3) Austin Summerhill   | 4) Callan McKay      |
| 2 | 1212 PITREAVIE AAC     | 1:46.62Q             |
|   | 1) Lewis Roberts       | 2) Brodie Simon      |
|   | 3) Michael Massey      | 4) Olly Robson       |
| 3 | 1208 LAW & DISTRICT AC | 1:52.37q             |
|   | 1) Alfie Brown         | 2) Harrison Hamilton |
|   | 3) Ethan Hall          | 4) Stefan Cowan      |
| 4 | 1184 CUMBERNAULD AAC   | 1:57.21q             |
|   | 1) Aidan Smith         | 2) Jamie Evans       |
|   | 3) Leg 3 Lyttle        | 4) Jamie Fairclough  |

## Heat 2 Heats

|   |                       |                         |
|---|-----------------------|-------------------------|
| 1 | 1196 FALKIRK VIC H    | 1:52.08Q                |
|   | 1) Nathan Bodys       | 2) Kieran Higney        |
|   | 3) Hamish Gillies     | 4) Callan Campbell      |
| 2 | 1216 PITREAVIE AAC    | 1:54.63Q                |
|   | 1) Adam McAllister    | 2) Cameron Quoi         |
|   | 3) Jacob McLeod       | 4) Finlay Shield        |
| 3 | 1224 VP GLASGOW AC    | 1:57.34                 |
|   | 1) Finllay Welsh      | 2) Ulysses Salmon Wiand |
|   | 3) Matthew Chappells  | 4) Bryn Papworth        |
| 4 | 1176 AIRDRIE HARRIERS | 1:59.24                 |
|   | 1) MaCauley Olabamiji | 2) Callum Cameron       |
|   | 3) Tommy Higgins      | 4) Declan Slavin        |

**Event 17 Girls 4x200 m Relay U15 Girls****6 Advance: Top 1 Each Heat plus Next 1 Best Times**

|        |         |            |   |
|--------|---------|------------|---|
| 2022:  | 1:47.13 | 13/02/2022 | Edinburgh AC, Edinburgh AC                  |
|        |         |            | K Reid, M Maclean, C Sanderson, J Ajala     |
| CBP: C | 1:46.41 | 17/02/2019 | VP Glasgow AC                               |
|        |         |            | J Hilditch, C Scott, H Kirkwood, E Greig    |
| 2023:  | 1:50.15 | 12/02/2023 | 1348 Pitreavie AAC, 1348 Pi                 |
|        |         |            | F Allan, E Deacon, C Cameron, M Fairweather |

Team

Heats

## Heat 1 Heats

|   |                              |                    |
|---|------------------------------|--------------------|
| 1 | 1276 EDINBURGH AC            | 1:51.25Q           |
|   | 1) Aoiffion McVittie-Brangan | 2) Isla Battistini |
|   | 3) Rinnah Zoe Ajala          | 4) Charlotte Smith |
| 2 | 1332 SHETTLESTON H           | 1:52.51q           |
|   | 1) Molly Brown               | 2) Zoe Roberts     |
|   | 3) Arianna Obiora            | 4) Leia Connelly   |
| 3 | 1284 GIFFNOCK NORTH AC       | 1:52.60            |
|   | 1) Eilidh Brown              | 2) Erika Tait      |
|   | 3) Bethany McNeill           | 4) Amy Plunkett    |
| 4 | 1260 CUMBERNAULD AAC         | 1:57.84            |
|   | 1) Lilly Cutler              | 2) Sandi Keddie    |
|   | 3) Chloe Senior              | 4) Baillie Gordon  |

## Heat 2 Heats

|   |                        |                    |
|---|------------------------|--------------------|
| 1 | 1292 HARMENY AC        | 1:56.51Q           |
|   | 1) Louisa Daubney      | 2) Buchan Maya     |
|   | 3) Tsz Yuet Chan       | 4) Holly Finlayson |
| 2 | 1288 GIFFNOCK NORTH AC | 1:57.03            |
|   | 1) Laura Todesco       | 2) Lauren Bell     |
|   | 3) Lilah MacIntyre     | 4) Katie Heron     |
| 3 | 1280 FALKIRK VIC H     | 1:59.38            |
|   | 1) Megan Blaie         | 2) Remy Carnegie   |
|   | 3) Emmie Main          | 4) Skye Robertson  |
| 4 | 1340 SPRINGBURN H      | 2:01.53            |
|   | 1) Nina Stevenson      | 2) Ruby Stillitoe  |
|   | 3) Saumya Chaturvedi   | 4) Jessica Bell    |

## Heat 3 Heats

|   |                        |                      |
|---|------------------------|----------------------|
| 1 | 1268 DUNFERMLINE TF AC | 1:51.64Q             |
|   | 1) Ana Stobie          | 2) Pippa Rambaut     |
|   | 3) Poppy Warner        | 4) Charlotte Thomas  |
| 2 | 1344 VP GLASGOW AC     | 1:56.74              |
|   | 1) Patronella Mbiba    | 2) Isla Thomson      |
|   | 3) Mairi Sine Fisher   | 4) Olive Buchanan    |
| 3 | 1272 DUNFERMLINE TF AC | 1:57.52              |
|   | 1) Evanne Carson       | 2) Briony Argo       |
|   | 3) Molly Robinson      | 4) Poppy Buchanan    |
| 4 | 1316 LIVINGSTON AC     | 2:00.85              |
|   | 1) Savannah Bethell    | 2) Lily Bustard      |
|   | 3) Holly Robshaw       | 4) Lucy Spinks       |
| 5 | 1256 CENTRAL AC        | 2:06.14              |
|   | 1) Elspeth Callan      | 2) Olivia Denholm    |
|   | 3) Naomi Prince        | 4) Susanna Horsburgh |



**Event 17 Girls 4x200 m Relay U15 Girls****6 Advance: Top 1 Each Heat plus Next 1 Best Times**

|        |         |            |   |
|--------|---------|------------|---|
| 2022:  | 1:47.13 | 13/02/2022 | Edinburgh AC, Edinburgh AC                  |
|        |         |            | K Reid, M Maclean, C Sanderson, J Ajala     |
| CBP: C | 1:46.41 | 17/02/2019 | VP Glasgow AC                               |
|        |         |            | J Hilditch, C Scott, H Kirkwood, E Greig    |
| 2023:  | 1:50.15 | 12/02/2023 | 1348 Pitreavie AAC, 1348 Pi                 |
|        |         |            | F Allan, E Deacon, C Cameron, M Fairweather |

| Team | Heats |
|------|-------|
|------|-------|

**Heat 4 Heats**

|   |                             |                     |
|---|-----------------------------|---------------------|
| 1 | 1320 NORTH AYRSHIRE AAC 'B' | 1:52.85Q            |
| 2 | 1236 ABERDEEN AAC           | 1:58.71             |
|   | 1) Karley Paterson          | 2) Olivia Martin    |
|   | 3) Ayomide Omiyale          | 4) Ayomide Nkemchor |
| 3 | 1328 PITREAVIE AAC          | 2:00.99             |
|   | 1) Agnes Lister             | 2) Rowena Barnett   |
|   | 3) Edie Taylor              | 4) Nella Cameron    |
| 4 | 1244 AYR SEAFORTH AC        | 2:04.22             |
|   | 1) Isla Milligan            | 2) Jessica Needham  |
|   | 3) Alexa Watters            | 4) Nicole Reid      |
| 5 | 1248 AYR SEAFORTH AC        | 2:09.01             |
|   | 1) Lucie Nelson             | 2) Piper Jackson    |
|   | 3) Brooke Findlay           | 4) Willow Challis   |

**Heat 5 Heats**

|   |                        |                    |
|---|------------------------|--------------------|
| 1 | 1300 KILMARNOCK H AC   | 1:52.29Q           |
|   | 1) Etta Bell           | 2) Kacey Watson    |
|   | 3) Beth Gladston       | 4) Madeline Curley |
| 2 | 1312 LIVINGSTON AC     | 1:56.02            |
|   | 1) Honor Ford          | 2) Chloe Zelazny   |
|   | 3) Bella Norman        | 4) Kitan Aremu     |
| 3 | 1308 LAW & DISTRICT AC | 1:58.48            |
|   | 1) Cara Murphy         | 2) Carys Kennedy   |
|   | 3) Rosie Jardine       | 4) Chloe Gardiner  |
| 4 | 1240 AIRDRIE HARRIERS  | 1:58.65            |
|   | 1) Zara Gillespie      | 2) Leah Paterson   |
|   | 3) Sophia Boyle        | 4) Sophia Phillips |
| 5 | 1304 KILMARNOCK H AC   | 1:58.95            |
|   | 1) Bethan MCGarey      | 2) Megan Haggarty  |
|   | 3) Erin O'Connor       | 4) Ellie Alexander |
| 6 | 1252 CENTRAL AC        | 2:00.63            |
|   | 1) Rachel MacLean      | 2) Zara Hector     |
|   | 3) Christina Mphande   | 4) Sophia McMahon  |

**Event 18 Men 60-64 200 m Men 60****6 Advance: Top 2 Each Heat plus Next 2 Best Times**

| 2022: | 26.96 | 13/02/2022 | Stuart Lynn 60, North Shield |
|-------|-------|------------|------------------------------|
| 2023: | 27.04 | 12/02/2023 | Stuart Lynn 60, North Shield |
| Name  | Age   | Team       | Heats                        |

**Heat 1 Heats**

|   |                   |              |        |
|---|-------------------|--------------|--------|
| 1 | Ulo Randaru 60    | ESTONIA      | 26.41Q |
| 2 | Graeme Gemmell 60 | BELLAHOUSTON | 28.43Q |
| 3 | John Statham 60   | CHARWOOD A C | 28.80q |
| 4 | Ron Todd 60       | CENTRAL AC   | 32.13  |

**Heat 2 Heats**

|   |                    |                  |        |
|---|--------------------|------------------|--------|
| 1 | Neil Tunstall 60   | CORNWALL AC      | 27.95Q |
| 2 | Stuart Lynn 60     | NORTH SHIELD     | 28.19Q |
| 3 | Thomas A Finkle 60 | TWEED LEADER     | 28.64q |
| 4 | Graeme Breslin 60  | CORSTORPHINE AAC | 30.13  |

**Event 19 Men 50-54 200 m Men 50****6 Advance: Top 2 Each Heat plus Next 2 Best Times**

| Name                     | Age   | Team                                    | Heats  |
|--------------------------|-------|---|--------|
| =====                    |       |   |        |
| 2022:                    | 23.26 | 13/02/2022 Iain McEwan 35, Whitemoss AA |        |
| Name                     | Age   | Team                                    | Heats  |
| =====                    |       |   |        |
| Heat 1 Heats             |       |   |        |
| 1 Mike Tarnawsky 50      |       | DUNDEE HAWKH                            | 24.96Q |
| 2 Ruairaidh Macarthur 50 |       | UNATTACHED                              | 26.90Q |
| 3 Steve Dodds 50         |       | NORTH SHIELD                            | 27.93q |
| Heat 2 Heats             |       |   |        |
| 1 Cameron Smith 50       |       | CENTRAL AC                              | 26.28Q |
| 2 Stuart Mcgowan 50      |       | GIFFNOCK NORTH AC                       | 26.97Q |
| 3 Robert Lindsay 50      |       | KILMARNOCK H&AC                         | 27.28q |
| 4 Darren Dunn 50         |       | CLYDESDALE HARRIERS                     | 31.36  |

**Event 21 Men 65-69 200 m Men 65****6 Advance: Top 2 Each Heat plus Next 2 Best Times**

| Name                 | Age | Team              | Heats  |
|----------------------|-----|-------------------|--------|
| =====                |     |                   |        |
| Heat 1 Heats         |     |                   |        |
| 1 Shane Sheridan 65  |     | DUNDRUM SOUT      | 28.76Q |
| 2 David Edelman 65   |     | GIFFNOCK NORTH AC | 34.24Q |
| 3 William Skinner 65 |     | ABERDEEN AAC      | 36.34q |
| Heat 2 Heats         |     |                   |        |
| 1 Martin Leyland 65  |     | SHETLAND AAC      | 29.21Q |
| 2 Alastair Dooley 65 |     | LARKHALL YMC      | 31.89Q |
| 3 Shane Toolan 65    |     | TRI CHONAILL AC   | 32.06q |
| 4 James Wright 65    |     | HUNTERS BOG       | 37.90  |

**Event 23 Men 200 m Para and Mas Men**

| Name                    | Age   | Team                                     | Finals |
|-------------------------|-------|--|--------|
| =====                   |       |  |        |
| 2022:                   | 26.78 | 13/02/2022 Callum Ballantyne T20, Red St |        |
| 2023:                   | 24.10 | 12/02/2023 Matthew Power T20 Sen, Living |        |
| Name                    | Age   | Team                                     | Finals |
| =====                   |       |  |        |
| Section 1               |       |  |        |
| 1 Fraser MacDonald 35   |       | ROSS COUNTY AC                           | 24.81  |
| 2 Paul Easdale 35       |       | SHETTLESTON                              | 25.20  |
| 3 Matthew Eales 35      |       | NORTH SHIELD                             | 25.43  |
| 4 Jamie Clements 35     |       | EAST KILBRIDE AC                         | 28.00  |
| -- Stephen Callister 35 |       | SALE HARRIERS                            | DNF    |
| Section 2               |       |  |        |
| 1 Matthew Power Tf20    |       | LIVINGSTON AC                            | 24.42  |
| 2 Kieran McGhee T20     |       | RED STAR AC                              | 27.92  |
| 3 Stuart Gebbie T12     |       | RED STAR AC                              | 29.38  |
| 4 Fraser Owen T36       |       | INVERNESS HA                             | 31.32  |
| Section 3               |       |  |        |
| 1 Iskan Barskanmay 40   |       | TWEED LEADER                             | 24.95  |
| 2 Ally Macleod 40       |       | INVERNESS HA                             | 24.98  |
| 3 John Bowden 40        |       | CHARWOOD A C                             | 25.34  |
| 4 Ian McDonald 40       |       | CENTRAL AC                               | 25.96  |
| 5 Gareth Hill 40        |       | TEAM EAST Lothian                        | 26.29  |
| Section 4               |       |  |        |
| 1 Ian Broadhurst 70     |       | WREXHAM AC                               | 27.49  |
| 2 Bob Douglas 70        |       | LIVINGSTON AC                            | 33.02  |
| 3 David Lowe 75         |       | LAGAN VALLEY AC                          | 34.26  |
| 4 James Harris 75       |       | LAGAN VALLEY AC                          | 36.25  |
| 5 Ian Richardson 75     |       | NORTH SHIELD                             | 38.03  |
| 6 Keith Traill 70       |       | FIFE AC                                  | 38.97  |

**Event 24 Women 200 m Para and Mas Women**

| Name                  | Age   | Team                                     | Finals |
|-----------------------|-------|--|--------|
| 2022:                 | 26.75 | 13/02/2022 Kathryn McDevitt 40, Letterke |        |
| 2023:                 | 26.44 | 12/02/2023 Emma Wiltshire 35, Rugby & No |        |
| =====                 |       |  |        |
| Section 1             |       |  |        |
| 1 Alex Beckingsale 40 |       | NORTH SHIELD                             | 30.16  |
| 2 Rebecca Seaton 40   |       | GIFFNOCK NORTH AC                        | 31.79  |
| 3 Laura Purdy 45      |       | LIVERPOOL P                              | 32.32  |
| 4 Dawn Ridgway 45     |       | NORTH SHIELD                             | 33.21  |
| 5 Ilona Kriauzaite 40 |       | METRO ABERDEEN RC                        | 34.78  |
| Section 2             |       |  |        |
| 1 Adina Gheorghiu 50  |       | DUNDRUM SOUT                             | 26.80  |
| 2 Leanne Wellings 50  |       | LUCAN HARRIERS                           | 29.26  |
| 3 Lourdes Bradley 50  |       | NORTH SHIELD                             | 29.37  |
| 4 Erge Viiklaid 55    |       | ESTONIA                                  | 30.80  |
| 5 Paula Reilly 55     |       | CELBRIDGE AC (IRE)                       | 32.02  |
| Section 3             |       |  |        |
| 1 Carol Kearney 60    |       | LUCAN HARRIERS                           | 31.78  |
| 2 Finola Moore 60     |       | CELBRIDGE AC (IRE)                       | 34.80  |
| 3 Dee Walsh 60        |       | DUNDRUM SOUT                             | 35.42  |
| 4 Mary Hanlon 60      |       | CELBRIDGE AC (IRE)                       | 35.89  |
| Section 4             |       |  |        |
| 1 Helen Godsell 70    |       | BLACKHEATH &                             | 32.08  |
| 2 Olwyn Hocking 65    |       | NORTH SHIELD                             | 37.20  |
| 3 Kathleen Stewart 85 |       | NORTH SHIELD                             | 41.79  |

**Event 25 Boys 4x200 m Relay U13 Boys**

| Team                     | Age     | Team   | Finals   |
|--------------------------|---------|--|----------|
| 2022:                    | 1:57.24 | 13/02/2022 Giffnock North AC, Giffnock<br>A Weir, C Mitchell, P Rolfe, A Gear    |          |
| CBP: C                   | 1:54.13 | 17/02/2019 Edinburgh AC<br>P Barnes, H Nussey, A Batchelor, C Gettinby           |          |
| 2023:                    | 1:55.47 | 12/02/2023 1120 Springburn Harriers, 1<br>M Murray, L McDonald, A Dawson, W Tong |          |
| =====                    |         |  |          |
| Section 1 Finals         |         |  |          |
| 1 1132 HARMENY AC        |         |  | 1:51.24C |
| 1) Luke Brodie           |         | 2) Blake Burchill  |          |
| 3) Rohan Bullock         |         | 4) Ben Silver  |          |
| 2 1128 GIFFNOCK NORTH AC |         |  | 1:52.98C |
| 1) Matthew McLachlan     |         | 2) Noah Paisley  |          |
| 3) Davi Birnie           |         | 4) Andrew Mitchell   |          |
| 3 1156 PITREAVIE AAC     |         |  | 2:00.37  |
| 1) Lucas Fenton          |         | 2) Brodie Pearson  |          |
| 3) Rory Vaughan          |         | 4) Thomas Croall   |          |
| 4 1140 KILMARNOCK H AC   |         |  | 2:01.91  |
| 1) Callum Cooke          |         | 2) Harris Evans  |          |
| 3) Neil Parker           |         | 4) Murray Young  |          |
| 5 1172 VP GLASGOW AC     |         |  | 2:02.15  |
| 1) Stanley Neil          |         | 2) Sam Brown   |          |
| 3) Charlie McGillivray   |         | 4) Simon Fraser  |          |
| 6 1124 EDINBURGH AC      |         |  | 2:02.64  |
| 1) Darius Hamil          |         | 2) Testimony Sotannde  |          |
| 3) Mark Hendry           |         | 4) Luca Macauley Orr   |          |

**Event 26 Girls 4x200 m Relay U13 Girls**

2022: 1:57.39 13/02/2022 Kilmarnock H&AC, Kilmarnock  
C Monachello, O Mcmillan, E Cooke, L Barrett  
CBP: C 1:53.66 13/02/2016 Giffnock North AAC  
2023: 1:58.75 12/02/2023 1188 Edinburgh AC, 1188 Edi  
J Knox, I Muir, L Mapara, R Ajala

Team Finals

|   |                        |                     |
|---|------------------------|---------------------|
| 1 | 1052 HARMENY AC        | 2:00.75             |
|   | 1) Reeva Grant         | 2) Zoe Coull        |
|   | 3) Ella Reid           | 4) Cadha McCluskey  |
| 2 | 1012 AYR SEAFORTH AC   | 2:01.23             |
|   | 1) Murrin Ronney       | 2) Eva McColm       |
|   | 3) Abigail Good        | 4) Emily Good       |
| 3 | 1004 AIRDRIE HARRIERS  | 2:02.44             |
|   | 1) Evie Henderson      | 2) Eva Lane         |
|   | 3) Millie Taylor       | 4) Georgia McMahan  |
| 4 | 1044 GIFFNOCK NORTH AC | 2:02.51             |
|   | 1) Eve McManus         | 2) Darcey Waddell   |
|   | 3) Iona Cornfoot       | 4) Fern Henderson   |
| 5 | 1084 PITREAVIE AAC     | 2:02.71             |
|   | 1) Isla Mills          | 2) Freya Stobie     |
|   | 3) Iona Watson         | 4) Berenice Tillier |
| 6 | 1080 PERTH STRATHTAY H | 2:03.31             |
|   | 1) Emily Jones         | 2) Sophie Cassie    |
|   | 3) Harriet Gibb        | 4) Hannah Round     |

**Event 27 Boys 4x200 m Relay U15 Boys**

2022: 1:43.81 13/02/2022 Giffnock North AC, Giffnock  
R Taylor-Young, L Forrester, A Reid, E Armstrong  
CBP: C 1:39.21 2008 Giffnock North AAC  
2023: 1:41.92 12/02/2023 1288 Giffnock North AC, 128  
A Clark, Z Summerhill, N Booker, A Weir

Team Finals

|   |                        |                      |
|---|------------------------|----------------------|
| 1 | 1200 GIFFNOCK NORTH AC | 1:43.57              |
|   | 1) Charlie Muirray     | 2) Scot McLachlan    |
|   | 3) Austin Summerhill   | 4) Callan McKay      |
| 2 | 1212 PITREAVIE AAC     | 1:46.71              |
|   | 1) Lewis Roberts       | 2) Brodie Simon      |
|   | 3) Michael Massey      | 4) Olly Robson       |
| 3 | 1196 FALKIRK VIC H     | 1:48.80              |
|   | 1) Nathan Bodys        | 2) Kieran Higney     |
|   | 3) Hamish Gillies      | 4) Callan Campbell   |
| 4 | 1208 LAW & DISTRICT AC | 1:48.97              |
|   | 1) Alfie Brown         | 2) Harrison Hamilton |
|   | 3) Ethan Hall          | 4) Stefan Cowan      |
| 5 | 1216 PITREAVIE AAC     | 1:53.83              |
|   | 1) Adam McAllister     | 2) Cameron Quoi      |
|   | 3) Jacob McLeod        | 4) Finlay Shield     |
| 6 | 1184 CUMBERNAULD AAC   | 1:56.26              |
|   | 1) Aidan Smith         | 2) Jamie Evans       |
|   | 3) Leg 3 Lyttle        | 4) Jamie Fairclough  |

**Event 28 Girls 4x200 m Relay U15 Girls**

| Year   | Time                         | Date       | Team   | Finals  |
|--------|------------------------------|------------|--|---------|
| 2022:  | 1:47.13                      | 13/02/2022 | Edinburgh AC, Edinburgh AC<br>K Reid, M Maclean, C Sanderson, J Ajala      |         |
| CBP: C | 1:46.41                      | 17/02/2019 | VP Glasgow AC<br>J Hilditch, C Scott, H Kirkwood, E Greig                  |         |
| 2023:  | 1:50.15                      | 12/02/2023 | 1348 Pitreavie AAC, 1348 Pi<br>F Allan, E Deacon, C Cameron, M Fairweather |         |
| Team   |                              |            |  | Finals  |
| 1      | 1276 EDINBURGH AC            |            |  | 1:50.05 |
|        | 1) Aoiffion McVittie-Brangan |            | 2) Isla Battistini   |         |
|        | 3) Rinnah Zoe Ajala          |            | 4) Charlotte Smith   |         |
| 2      | 1268 DUNFERMLINE TF AC       |            |  | 1:50.20 |
|        | 1) Ana Stobie                |            | 2) Pippa Rambaut   |         |
|        | 3) Poppy Warner              |            | 4) Charlotte Thomas  |         |
| 3      | 1300 KILMARNOCK H AC         |            |  | 1:51.01 |
|        | 1) Etta Bell                 |            | 2) Kacey Watson  |         |
|        | 3) Beth Gladston             |            | 4) Madeline Curley   |         |
| 4      | 1320 NORTH AYRSHIRE AAC      |            |  | 1:52.19 |
|        | 1) Lexi McConnell            |            | 2) Emy Finnigan  |         |
|        | 3) Olivia Fisher             |            | 4) Lola Finnigan   |         |
| 5      | 1332 SHETTLESTON H           |            |  | 1:54.69 |
|        | 1) Molly Brown               |            | 2) Zoe Roberts   |         |
|        | 3) Arianna Obiora            |            | 4) Leia Connelly   |         |
| 6      | 1292 HARMENY AC              |            |  | 1:56.88 |
|        | 1) Louisa Daubney            |            | 2) Buchan Maya   |         |
|        | 3) Tsz Yuet Chan             |            | 4) Holly Finlayson   |         |

**Event 29 Men 1500 m Mas Men**

| Year      | Time             | Date       | Name                | Age | Team      | Finals  |
|-----------|------------------|------------|---------------------|-----|-----------|---------|
| 2022:     | 4:12.49          | 13/02/2022 | Steven Bryce T20,   |     | VP-Glasgo |         |
| 2023:     | 4:05.22          | 12/02/2023 | Grant Baillie 40,   |     | East Kilb |         |
| Section 1 |                  |            |                     |     |           |         |
| 1         | Andrew Brown     | 45         | LASSWADE AC         |     |           | 4:12.46 |
| 2         | Neil Lafferty    | 45         | GREENOCK GLE        |     |           | 4:21.61 |
| 3         | Munro Stewart    | 35         | DUNDEE HAWKH        |     |           | 4:25.25 |
| 4         | Iain Burns       | 45         | SHETTLESTON         |     |           | 4:41.10 |
| 5         | Iain Robertson   | 45         | CLYDESDALE HARRIERS |     |           | 4:46.48 |
| 6         | Richard O'Grady  | 45         | HELENSBURGH AAC     |     |           | 4:50.52 |
| 7         | Mark Alexander   | 45         | KILMARNOCK H&AC     |     |           | 4:51.16 |
| 8         | Jamie Clements   | 35         | EAST KILBRIDE AC    |     |           | 4:58.40 |
| 9         | Adam Chmielowski | 45         | CORSTORPHINE AAC    |     |           | 5:00.85 |
| Section 2 |                  |            |                     |     |           |         |
| 1         | Brent Brodie     | 50         | BELLAHOUSTON        |     |           | 4:24.82 |
| 2         | Gordon Barrie    | 50         | DUNDEE HAWKH        |     |           | 4:26.07 |
| 3         | Colin Whitby     | 40         | GARSCUBE HARRIERS   |     |           | 4:32.27 |
| 4         | Paul Kieran      | 50         | PH RACING CLUB      |     |           | 4:34.20 |
| 5         | Mark Gallacher   | 50         | CAMBUSLANG HARRIERS |     |           | 4:35.91 |
| 6         | Anthony O'Brien  | 50         | NORTHERN MASTERS AC |     |           | 4:37.56 |
| 7         | Roger Clark      | 50         | PH RACING CLUB      |     |           | 4:40.46 |
| 8         | Peter Graham     | 40         | EDINBURGH AC        |     |           | 4:40.99 |
| 9         | Lewis Orr        | 50         | EDINBURGH AC        |     |           | 5:01.38 |
| Section 3 |                  |            |                     |     |           |         |
| 1         | Robert McHarg    | 60         | KILMARNOCK H&AC     |     |           | 4:38.60 |
| 2         | Chris Upson      | 60         | CAMBUSLANG HARRIERS |     |           | 4:46.02 |
| 3         | John Thomson     | 65         | FIFE AC             |     |           | 4:56.62 |
| 4         | Graeme Jack      | 60         | WEST END RR         |     |           | 5:18.02 |
| 5         | Richard Holland  | 65         | METRO ABERDEEN RC   |     |           | 5:32.01 |
| 6         | David Edelman    | 65         | GIFNOCK NORTH AC    |     |           | 6:21.72 |
| 7         | Mike Dales       | 65         | PERTH RR            |     |           | 6:43.49 |

**Event 30 Women 1500 m Mas Women**

| Name  | Age     | Team                                   | Finals |
|-------|---------|--|--------|
| 2022: | 4:51.77 | 13/02/2022 Lesley Bell 45, Garscube Ha |        |
| 2023: | 5:23.73 | 12/02/2023 Yvonne Crilly 60, Lothian R |        |

## Section 1

|    |                           |                     |         |
|----|---------------------------|---------------------|---------|
| 1  | Laura Haggarty 40         | KILMARNOCK H&AC     | 4:46.87 |
| 2  | Katja Blunden 45          | MORAY RR            | 4:47.32 |
| 3  | Jill Cox 45               | GREENOCK GLE        | 5:02.31 |
| 4  | Hazel Bough 45            | ELSWICK             | 5:07.94 |
| 5  | Marie Kane 35             | CAMBUSLANG HARRIERS | 5:09.90 |
| 6  | Lisa Gawthorne 40         | VEGAN RUNNERS UK    | 5:10.02 |
| 7  | Amanda Woodrow 35         | EDINBURGH AC        | 5:10.29 |
| 8  | Jacqueline Etherington 45 | CAMBUSLANG HARRIERS | 5:16.19 |
| 9  | Julia Johnstone 50        | GALA HARRIERS       | 5:22.72 |
| 10 | Karen Patel 50            | WEST END RR         | 5:23.72 |
| 11 | Ilona Kriauzaite 40       | METRO ABERDEEN RC   | 5:42.83 |
| 12 | Susan Ridley 55           | EDINBURGH AC        | 5:48.31 |
| 13 | Catherine Ferry 50        | EDINBURGH AC        | 6:02.52 |

**Event 31 Men 60-64 200 m Men 60**

| Name  | Age   | Team                                    | Finals |
|-------|-------|---|--------|
| 2022: | 26.96 | 13/02/2022 Stuart Lynn 60, North Shield |        |
| 2023: | 27.04 | 12/02/2023 Stuart Lynn 60, North Shield |        |

## Section 1 Finals

|   |                    |              |       |
|---|--------------------|--------------|-------|
| 1 | Ulo Randaru 60     | ESTONIA      | 26.35 |
| 2 | Stuart Lynn 60     | NORTH SHIELD | 27.31 |
| 3 | Neil Tunstall 60   | CORNWALL AC  | 27.48 |
| 4 | Thomas A Finkle 60 | TWEED LEADER | 28.24 |
| 5 | Graeme Gemmell 60  | BELLAHOUSTON | 28.38 |
| 6 | John Statham 60    | CHARWOOD A C | 28.85 |

**Event 32 Men 50-54 200 m Men 50**

| Name  | Age   | Team                                    | Finals |
|-------|-------|---|--------|
| 2022: | 23.26 | 13/02/2022 Iain McEwan 35, Whitemoss AA |        |

|   |                        |                   |       |
|---|------------------------|-------------------|-------|
| 1 | Mike Tarnawsky 50      | DUNDEE HAWKH      | 24.81 |
| 2 | Cameron Smith 50       | CENTRAL AC        | 25.78 |
| 3 | Ruairaidh Macarthur 50 | UNATTACHED        | 26.35 |
| 4 | Stuart Mcgowan 50      | GIFFNOCK NORTH AC | 27.04 |
| 5 | Robert Lindsay 50      | KILMARNOCK H&AC   | 27.56 |
| 6 | Steve Dodds 50         | NORTH SHIELD      | 28.37 |

**Event 33 Men 55-59 200 m Men 55**

| Name  | Age   | Team                                     | Finals |
|-------|-------|--|--------|
| 2023: | 27.74 | 12/02/2023 Leeroy Golding 55, Northern M |        |

## Section 1

|   |                       |                     |       |
|---|-----------------------|---------------------|-------|
| 1 | Malcolm Mcphail 55    | AYR SEAFORTH AC     | 26.07 |
| 2 | Paul Fisher 55        | NORTH SHIELD        | 27.42 |
| 3 | Alistair Radbourne 55 | PH RACING CLUB      | 27.59 |
| 4 | Leeroy Golding 55     | NORTHERN MASTERS AC | 27.59 |
| 5 | Douglas Dickson 55    | KILMARNOCK H&AC     | 29.53 |

**Event 34 Men 65-69 200 m Men 65**

| Name               | Age | Team              | Finals |
|--------------------|-----|-------------------|--------|
| Section 1 Finals   |     |                   |        |
| 1 Shane Sheridan   | 65  | DUNDRUM SOUT      | 27.87  |
| 2 Martin Leyland   | 65  | SHETLAND AAC      | 28.16  |
| 3 Alastair Dooley  | 65  | LARKHALL YMC      | 29.69  |
| 4 David Edelman    | 65  | GIFFNOCK NORTH AC | 30.68  |
| 5 Shane Toolan     | 65  | TRI CHONAILL AC   | 37.79  |
| -- William Skinner | 65  | ABERDEEN AAC      | DNF    |

**Event 35 Men 45-49 200 m Men 45**

| 2022:           | 25.11 | 13/02/2022    | Mike Tarnawsky 45, Dundee Haw |
|-----------------|-------|---------------|-------------------------------|
| 2023:           | 22.66 | 12/02/2023    | Ian Horsburgh 45, Central AC  |
| Name            | Age   | Team          | Finals                        |
| Section 1       |       |               |                               |
| 1 Ian Horsburgh | 45    | CENTRAL AC    | 23.12                         |
| 2 Colin Brodie  | 45    | HARMENY AC    | 24.80                         |
| 3 Gregor Knight | 45    | LASSWADE AC   | 25.44                         |
| 4 John Tindal   | 45    | PITREAVIE AAC | 25.56                         |
| 5 Darren Towart | 45    | TYNEDALE HAR  | 25.92                         |

**Event 36 Men Shot Put M35-60 M70+ Mas Men**

| 2022:                | 11.14m                               | 13/02/2022          | John Scott 80, Shettleston   |
|----------------------|--------------------------------------|---------------------|------------------------------|
| 2023:                | 12.03m                               | 12/02/2023          | Stuart Ryan 60, Gateshead Ha |
| Name                 | Age                                  | Team                | Finals                       |
| Flight 1             |                                      |                     |                              |
| 1 Stuart Ryan        | 60                                   | GATESHEAD HA        | 12.40m 5kg                   |
|                      | 12.16m 12.40m 12.21m 12.14m X 12.14m |                     |                              |
| 2 Brian Doherty      | 40                                   | KILBARCHAN AAC      | 12.19m 7.26kg                |
|                      | 12.14m 11.73m X 11.62m 12.19m X      |                     |                              |
| 3 Graeme Ferguson    | 45                                   | LAW & DISTRICT AAC  | 11.20m 7.26kg                |
|                      | 11.20m 10.94m 10.82m 10.66m X X      |                     |                              |
| 4 Eddie McKenzie     | 55                                   | ABERDEEN AAC        | 10.02m 6kg                   |
|                      | 9.96m 9.54m 10.02m 9.61m X 9.78m     |                     |                              |
| 5 Marcin Marchlewicz | 40                                   | DUNDEE HAWKH        | 9.81m 7.26kg                 |
|                      | 9.60m 9.16m 9.79m 9.72m 9.81m 9.60m  |                     |                              |
| 6 Robert Lindsay     | 50                                   | KILMARNOCK H&AC     | 9.76m 6kg                    |
|                      | - 9.14m 9.52m 9.76m X -              |                     |                              |
| 7 Craig Challis      | 45                                   | AYR SEAFORTH AC     | 9.35m 7.26kg                 |
|                      | 8.26m 9.35m 8.97m 8.81m X 8.86m      |                     |                              |
| 8 Alistair Craig     | 40                                   | KILMARNOCK H&AC     | 8.73m 7.26kg                 |
|                      | 8.73m 8.46m X - 7.69m 8.39m          |                     |                              |
| 9 Bob Douglas        | 70                                   | LIVINGSTON AC       | 8.62m 4kg                    |
|                      | 8.54m 8.62m 8.60m                    |                     |                              |
| 10 John Statham      | 60                                   | CHARNWOOD A C       | 8.36m 5kg                    |
|                      | 8.36m - -                            |                     |                              |
| 11 Leeroy Golding    | 55                                   | NORTHERN MASTERS AC | 8.24m 6kg                    |
|                      | - 7.46m 8.14m 7.44m 8.24m 8.10m      |                     |                              |
| 12 Matthew Eales     | 35                                   | NORTH SHIELD        | 7.76m 7.26kg                 |
|                      | 7.76m 7.04m -                        |                     |                              |
| 13 Paul Allan        | 50                                   | PITREAVIE AAC       | 6.78m 6kg                    |
|                      | 6.78m 6.72m 6.40m                    |                     |                              |
| 14 Hugh Ryan         | 85                                   | NORTH EAST V        | 6.27m 3kg                    |
|                      | 5.69m 6.07m 5.88m X 6.27m 6.24m      |                     |                              |

**Event 37 Women Long Jump Mas Women**

| =====  |                         |       |       |                    |        |       |
|--|-------------------------|-------|-------|--------------------|--------|-------|
| 2023: 4.66m 12/02/2023 Gillian Cooke 40, Edinburgh A |                         |       |       |                    |        |       |
| Name   |                         |       | Age   | Team               | Finals |       |
| =====  |                         |       |       |                    |        |       |
| 1  | Fiona Davidson          | 50    |       | ABERDEEN AAC       | 4.52m  |       |
|  | 4.47m                   | 4.46m | 4.52m | 4.16m              | -      | -     |
| 2  | Julie Tuck              | 50    |       | ABERDEEN AAC       | 4.29m  |       |
|  | 4.29m                   | 4.27m | 4.25m | 4.29m              | 4.26m  | 4.24m |
| 3  | Vicky Lyons             | 40    |       | INVERNESS HA       | 4.27m  |       |
|  | 4.27m                   | 4.27m | X     | 4.24m              | -      | -     |
| 4  | Siobheal Murray         | 55    |       | RATOATH AC         | 4.15m  |       |
|  | 4.15m                   | 3.98m | X     | 3.78m              | 4.06m  | 4.02m |
| 5  | Melanie Garland         | 60    |       | WORCESTER AC       | 4.08m  |       |
|  | X                       | 4.08m | 4.01m | 4.08m              | -      | 4.05m |
| 6  | Ruth Kirk               | 50    |       | AYR SEAFORTH AC    | 3.90m  |       |
|  | 3.90m                   | -     | -     |                    |        |       |
| 7  | Alex Beckingsale        | 40    |       | NORTH SHIELD       | 3.88m  |       |
|  | 3.88m                   | 3.87m | -     |                    |        |       |
| 8  | Amy MacGregor           | 40    |       | LASSWADE AC        | 3.77m  |       |
|  | 3.77m                   | 3.76m | 3.32m |                    |        |       |
| 9  | Finola Moore            | 60    |       | CELBRIDGE AC (IRE) | 3.71m  |       |
|  | 3.64m                   | 3.68m | 3.52m | 3.25m              | 3.57m  | 3.71m |
| 10   | Rebecca Seaton          | 40    |       | GIFFNOCK NORTH AC  | 3.39m  |       |
|  | X                       | X     | 3.39m |                    |        |       |
| 11   | Aleksandra Majewska-Ani | 35    |       | CHARNWOOD A C      | 3.27m  |       |
|  | X                       | 3.27m | 3.23m |                    |        |       |

**Event 38 Women Shot Put Mas Women**

| =====  |                   |       |        |                    |            |       |
|--|-------------------|-------|--------|--------------------|------------|-------|
| 2022: 9.98m 13/02/2022 Lorna Brown 50, Falkirk Vict  |                   |       |        |                    |            |       |
| 2023: 10.05m 12/02/2023 Lorna Brown 50, Falkirk Vict |                   |       |        |                    |            |       |
| Name   |                   |       | Age    | Team               | Finals     |       |
| =====  |                   |       |        |                    |            |       |
| 1  | Lorna Brown       | 50    |        | FALKIRK VICT       | 10.72m 3kg |       |
|  | X                 | 9.87m | 10.72m | 9.69m              | 10.40m     | X     |
| 2  | Julie Tuck        | 50    |        | ABERDEEN AAC       | 9.84m 3kg  |       |
|  | 9.84m             | 9.71m | 9.70m  | X                  | 9.61m      | 9.64m |
| 3  | Amanda Broadhurst | 50    |        | WREXHAM AC         | 9.58m 3kg  |       |
|  | 8.90m             | 9.29m | 9.39m  | 8.33m              | 9.58m      | 9.38m |
| 4  | Elizabeth Elliot  | 45    |        | KILBARCHAN AAC     | 9.20m 4kg  |       |
|  | 9.02m             | 9.20m | 8.81m  | 8.37m              | 8.14m      | 8.11m |
| 5  | Claire Reid       | 45    |        | MORPETH HARRIERS   | 8.96m 4kg  |       |
|  | 8.73m             | 8.96m | 8.96m  | X                  | 8.37m      | 8.96m |
| 6  | Claire Cameron    | 65    |        | VP-GLASGOW AC      | 8.76m 3kg  |       |
|  | 8.27m             | 7.86m | 8.14m  | X                  | 8.76m      | 8.18m |
| 7  | Karen Marshall    | 40    |        | CUMBERNAULD AAC    | 8.39m 4kg  |       |
|  | 8.39m             | 7.00m | 7.07m  | 6.78m              | 6.81m      | 6.84m |
| 8  | Emma Dawson       | 55    |        | ABERDEEN AAC       | 7.43m 3kg  |       |
|  | 7.43m             | 7.18m | 6.80m  | 6.87m              | 6.32m      | 6.94m |
| 9  | Christine Elliott | 65    |        | NORTH EAST V       | 6.71m 3kg  |       |
|  | 6.12m             | 6.71m | 6.18m  | 6.17m              | 6.35m      | 6.54m |
| 10   | Mary Hanlon       | 60    |        | CELBRIDGE AC (IRE) | 4.38m 3kg  |       |
|  | 3.94m             | 4.38m | 3.67m  |                    |            |       |
| 11   | Skye Davidson     | F40   |        | PITREAVIE AAC      | 4.28m 3kg  |       |
|  | 3.91m             | 4.28m | 4.01m  | 3.92m              | X          | X     |



**Event 38 Men Shot Put Para/M65 Mas Men**

| ===== |                    |        |            |                              |       |                    |
|-------|--------------------|--------|------------|------------------------------|-------|--------------------|
| 2022: |                    | 15.30m | 13/02/2022 | Angus McInroy 35, Shaftesbur |       |                    |
| 2023: |                    | 8.88m  | 12/02/2023 | James Sloan 80, Annan and Di |       |                    |
| Name  |                    |        | Age        | Team                         |       | Finals             |
| ===== |                    |        |            |                              |       |                    |
| 1     | Alexander McIntosh | 65     |            | KILMARNOCK H&AC              |       | 8.67m 5kg          |
|       | 7.65m              | 8.17m  | 7.87m      | 8.03m                        | 8.63m | 8.67m              |
| 2     | John Birkett       | 65     |            | ANNAN AND DI                 |       | 7.86m 5kg          |
|       | 7.86m              | 7.63m  | 7.48m      | 7.75m                        | 7.82m | 7.34m              |
| 3     | Matthew Power      | Tf20   |            | LIVINGSTON AC                |       | 6.87m 7.26kg 10pts |
|       | 6.45m              | 6.73m  | 6.47m      | 6.41m                        | 6.69m | 6.87m              |
| 4     | David Edelman      | 65     |            | GIFFNOCK NORTH AC            |       | 6.71m 5kg          |
|       | 6.31m              | 6.71m  | 6.59m      |                              |       |                    |
| 5     | Finlay Davidson    | F41    |            | PITREAVIE AAC                |       | 6.54m 6kg 52pts    |
|       | 5.94m              | 6.40m  | 6.45m      | 5.88m                        | 5.73m | 6.54m              |

**Event 39 Men Long Jump Para and Mas Men**

| ===== |                  |       |            |                               |  |        |
|-------|------------------|-------|------------|-------------------------------|--|--------|
| 2022: |                  | 6.27m | 13/02/2022 | Steven Stone F20, Forth Valle |  |        |
| 2023: |                  | 5.68m | 12/02/2023 | Carson Graham 45, Shettleston |  |        |
| Name  |                  |       | Age        | Team                          |  | Finals |
| ===== |                  |       |            |                               |  |        |
| 1     | Carson Graham    | 45    |            | SHETTLESTON                   |  | 5.78m  |
|       | 5.78m            | 5.63m |            |                               |  |        |
| 2     | Neil Burnside    | 40    |            | KILBARCHAN AAC                |  | 5.06m  |
|       | 4.71m            | 5.06m | X          |                               |  |        |
| 3     | Alistair Craig   | 40    |            | KILMARNOCK H&AC               |  | 4.97m  |
|       | 4.97m            | 4.55m | X          |                               |  |        |
| 4     | Keith Kong       | 50    |            | LASSWADE AC                   |  | 4.92m  |
|       | X                | 4.92m | X          |                               |  |        |
| 5     | Andrew Pringle   | 60    |            | REIGATE PRIORY AC             |  | 4.42m  |
|       | 4.23m            | X     | 4.42m      |                               |  |        |
| 6     | Robert Stevenson | 70    |            | AYR SEAFORTH AC               |  | 4.38m  |
|       | 4.38m            |       |            |                               |  |        |
| 7     | William Skinner  | 65    |            | ABERDEEN AAC                  |  | 3.68m  |
|       | 3.32m            | 3.68m | X          | 3.61m                         |  |        |
| 8     | Graeme Breslin   | 60    |            | CORSTORPHINE AAC              |  | 3.64m  |
|       | 3.41m            | 3.64m | 3.38m      |                               |  |        |

**Event 40 Women Pole Vault Mas Women**

| ===== |               |       |            |                               |  |        |
|-------|---------------|-------|------------|-------------------------------|--|--------|
| 2023: |               | 2.81m | 12/02/2023 | Gillian Cooke 40, Edinburgh A |  |        |
| Name  |               |       | Age        | Team                          |  | Finals |
| ===== |               |       |            |                               |  |        |
| --    | Natalie Ross  | 45    |            | MUSSELBURGH                   |  | NH     |
|       | 2.00          |       |            |                               |  |        |
|       | XXX           |       |            |                               |  |        |
| --    | Gillian Cooke | 40    |            | EDINBURGH AC                  |  | NH     |
|       | 2.60          |       |            |                               |  |        |
|       | XXX           |       |            |                               |  |        |

**Event 40 Men Pole Vault Mas Men**

| =====                  |                          |            |                              |        |
|------------------------|--------------------------|------------|------------------------------|--------|
| 2022:                  | 4.00m                    | 13/02/2022 | Dougie Graham 45, Arbroath & |        |
| 2023:                  | 3.11m                    | 12/02/2023 | Kevin Byrne 50, Dundrum Sout |        |
| Name                   |                          | Age        | Team                         | Finals |
| =====                  |                          |            |                              |        |
| 1 Kevin Byrne 50       |                          |            | DUNDRUM SOUT                 | 3.20m  |
|                        | 3.00 3.10 3.20 3.30 3.35 |            |                              |        |
|                        | 0 - 0 - XXX              |            |                              |        |
| 2 Ron Todd 60          |                          |            | CENTRAL AC                   | 3.20m  |
|                        | 3.00 3.10 3.20 3.30 3.35 |            |                              |        |
|                        | 0 - XXO - XXX            |            |                              |        |
| 3 Jerry Musselwhite 65 |                          |            | YATE & DISTRICT AC           | 2.00m  |
|                        | 2.00 2.10                |            |                              |        |
|                        | 0 XXX                    |            |                              |        |

**Event 41 Women High Jump Mas Women**

| =====                        |                          |            |                            |        |
|------------------------------|--------------------------|------------|----------------------------|--------|
| 2022:                        | 1.31m                    | 13/02/2022 | Ruth Kirk 50, Ayr Seaforth |        |
| 2023:                        | 1.21m                    | 12/02/2023 | Tina Gallagher 60, OMG AC  |        |
| Name                         |                          | Age        | Team                       | Finals |
| =====                        |                          |            |                            |        |
| 1 Siobheal Murray 55         |                          |            | RATOATH AC                 | 1.37m  |
|                              | 1.22 1.27 1.32 1.37 1.40 |            |                            |        |
|                              | 0 0 0 0 XXX              |            |                            |        |
| 2 Aleksandra Majewska-Ani 35 |                          |            | CHARNWOOD A C              | 1.32m  |
|                              | 1.22 1.27 1.32 1.37      |            |                            |        |
|                              | 0 0 XO XXX               |            |                            |        |
| 3 Melanie Garland 60         |                          |            | WORCESTER AC               | 1.27m  |
|                              | 1.17 1.22 1.27 1.32      |            |                            |        |
|                              | 0 0 0 XXX                |            |                            |        |
| 4 Ruth Kirk 50               |                          |            | AYR SEAFORTH AC            | 1.17m  |
|                              | 1.12 1.17 1.22           |            |                            |        |
|                              | 0 0 X                    |            |                            |        |
| 5 Finola Moore 60            |                          |            | CELBRIDGE AC (IRE)         | 1.17m  |
|                              | 1.12 1.17 1.22           |            |                            |        |
|                              | 0 XO XXX                 |            |                            |        |

**Event 41 Men High Jump Mas Men**

| ===== |                   |            |                     |             |       |      |
|-------|-------------------|------------|---------------------|-------------|-------|------|
| 2022: | 1.70m             | 13/02/2022 | David Agnew 40,     | Dunfermline |       |      |
| 2023: | 1.71m             | 12/02/2023 | Clint Nicholls 40,  | Basildon A  |       |      |
| Name  | Age Team          |            |                     | Finals      |       |      |
| ===== |                   |            |                     |             |       |      |
| 1     | Lloyd Powell      | 35         | NORTH SHIELD        |             | 1.80m |      |
|       | 1.67              | 1.72       | 1.76                | 1.80        | 1.84  |      |
|       | 0                 | XO         | XO                  | XO          | XXX   |      |
| 2     | Mark Elliott      | 40         | STRATHAVEN STRIDERS |             | 1.62m |      |
|       | 1.52              | 1.57       | 1.62                | 1.67        |       |      |
|       | 0                 | 0          | 0                   | XXX         |       |      |
| 3     | Peter Fryer       | 40         | CITY OF DERR        |             | 1.62m |      |
|       | 1.47              | 1.52       | 1.57                | 1.62        | 1.67  |      |
|       | 0                 | 0          | XO                  | XXO         | XXX   |      |
| 4     | Carson Graham     | 45         | SHETTLESTON         |             | 1.57m |      |
|       | 1.42              | 1.47       | 1.52                | 1.57        | 1.62  |      |
|       | 0                 | 0          | 0                   | XO          | XXX   |      |
| 5     | Nigel Gorvett     | 45         | BLYTH RUNNING CLUB  |             | 1.57m |      |
|       | 1.42              | 1.47       | 1.52                | 1.57        | 1.62  |      |
|       | 0                 | 0          | 0                   | XXO         | XXX   |      |
| 6     | James Macgregor   | 55         | ABERDEEN AAC        |             | 1.52m |      |
|       | 1.42              | 1.47       | 1.52                | 1.57        |       |      |
|       | 0                 | 0          | 0                   | XXX         |       |      |
| 7     | Andrew Pringle    | 60         | REIGATE PRIORY AC   |             | 1.32m |      |
|       | 1.12              | 1.17       | 1.22                | 1.27        | 1.32  | 1.37 |
|       | 0                 | -          | 0                   | 0           | 0     | XXX  |
| 8     | Jerry Musselwhite | 65         | YATE & DISTRICT AC  |             | 1.27m |      |
|       | 1.12              | 1.17       | 1.22                | 1.27        | 1.32  |      |
|       | 0                 | 0          | XO                  | 0           | XXX   |      |

**Event 42 Women Triple Jump Mas Women**

| ===== |                 |            |                    |            |       |   |
|-------|-----------------|------------|--------------------|------------|-------|---|
| 2023: | 9.79m           | 12/02/2023 | Fiona Davidson 50, | Aberdeen A |       |   |
| Name  | Age Team        |            |                    | Finals     |       |   |
| ===== |                 |            |                    |            |       |   |
| 1     | Fiona Davidson  | 50         | ABERDEEN AAC       |            | 9.62m |   |
|       | 8.78m           | 9.24m      | 9.20m              |            |       |   |
| 2     | Danea Herron    | 65         | CITY OF DERR       |            | 6.73m |   |
|       | X               | 6.73m      | 6.64m              | X          | 0.69m | X |
| --    | Melanie Garland | 60         | WORCESTER AC       |            | FOUL  |   |
|       | X               | X          | X                  |            |       |   |

**Event 42 Men Triple Jump Mas Men**

| ===== |                   |            |                    |           |        |        |
|-------|-------------------|------------|--------------------|-----------|--------|--------|
| 2022: | 14.52m            | 13/02/2022 | Antony Daffurn 35, | Harrow AC |        |        |
| 2023: | 10.79m            | 12/02/2023 | Julien Gittens 60, | Leeds Cit |        |        |
| Name  | Age Team          |            |                    | Finals    |        |        |
| ===== |                   |            |                    |           |        |        |
| 1     | Andrew Pringle    | 60         | REIGATE PRIORY AC  |           | 10.39m |        |
|       | 9.87m             | 10.12m     | 9.97m              | 10.39m    | 10.20m | 10.22m |
| 2     | Denis Pang        | 50         | NORTH SHIELD       |           | 10.36m |        |
|       | 10.32m            | 9.99m      | 10.31m             | 9.96m     | 10.36m | 10.27m |
| 3     | Fraser MacDonald  | 35         | ROSS COUNTY AC     |           | 10.22m |        |
|       | 10.22m            | 10.22m     | -                  |           |        |        |
| 4     | Julien Gittens    | 60         | LEEDS CITY AC      |           | 10.07m |        |
|       | 9.80m             | 9.87m      | 9.92m              | 9.83m     | 10.05m | 10.07m |
| 5     | Robert Stevenson  | 70         | AYR SEAFORTH AC    |           | 9.40m  |        |
|       | 8.27m             | 8.51m      | 8.75m              | 9.40m     | -      |        |
| 6     | Alistair Craig    | 40         | KILMARNOCK H&AC    |           | 9.22m  |        |
|       | 9.15m             | 9.22m      |                    |           |        |        |
| 7     | Jerry Musselwhite | 65         | YATE & DISTRICT AC |           | 8.67m  |        |
|       | X                 | 8.41m      | 8.30m              | 8.25m     | X      | 8.67m  |