

Track			
Event No	Time	Event	Pools
107, 108, 109	10.00	60m	7 8 9
210, 211, 212	10.35	4 x 200m Relay	10 11 12
103, 104, 105	11.00	60m	3 4 5
206, 207, 208	11.35	4 x 200m Relay	6 7 8
115, 116, 101	12.00	60m	15 16 1
202, 203, 204	12.35	4 x 200m Relay	2 3 4
LUNCH			
111, 112, 113	13.30	60m	11 12 13
214, 215, 216	14.05	4 x 200m Relay	14 15 16
110, 102	14.30	60m	10 2
201, 205	14.55	4 x 200m Relay	1 5
114, 106	15.25	60m	14 6
209, 213	15.40	4 x 200m Relay	9 13
	16.30	Presentation of Medals	
Field			
Event No	Time	Event	Pools
404	10.00	Shot Put 1	4
405	10.00	Shot Put 2	5
406	10.00	Shot Put 3	6
301	10.00	Long Jump 1	1
302	10.00	Long Jump 2	2
303	10.00	Long Jump 3	3
416	11.00	Shot Put 1	16
401	11.00	Shot Put 2	1
402	11.00	Shot Put 3	2
313	11.00	Long Jump 1	13
314	11.00	Long Jump 2	14
315	11.00	Long Jump 3	15
412	12.00	Shot Put 1	12
413	12.00	Shot Put 2	13
414	12.00	Shot Put 3	14
309	12.00	Long Jump 1	9
310	12.00	Long Jump 2	10
311	12.00	Long Jump 3	11
LUNCH			
408	13.30	Shot Put 1	8
409	13.30	Shot Put 2	9
410	13.30	Shot Put 3	10
305	13.30	Long Jump 1	5
306	13.30	Long Jump 2	6
307	13.30	Long Jump 3	7
403	14.30	Shot Put 1	3
407	14.30	Shot Put 2	7
304	14.30	Long Jump 1	4
308	14.30	Long Jump 2	8
411	15.25	Shot Put 1	11
415	15.25	Shot Put 2	15
312	15.25	Long Jump 1	12
316	15.25	Long Jump 2	16
Long Jump/Shot Put - 1 Warm Up + 3 Competition			