

COMPETITION INFORMATION SHEET

scottishathletics Inter District Cross Country Championships
 incorporating British Athletics Cross Challenge Series
 Venue: Alexandra Park, Alexandra Parade, Glasgow, G31 2ER
 Registration: Alexandra Park Bike-Hub, Sports Hub Building, Alexandra Park St, Glasgow, G31 3JJ
 Parking: Blochairn Road, Glasgow, G21 2DU
 Date: Saturday 11th January 2025

Race	Age Group	BORN DURING	Declarations Close	Race Starts	Distance (Approx)
Under 13 Girls	U13G	01/09/2011 to 31/08/2013	1030hrs	1100hrs	3000m
Under 13 Boys	U13B	01/09/2011 to 31/08/2013	1045hrs	1115hrs	3000m
Under 15 Girls	U15G	01/09/2009 to 31/08/2011	1100hrs	1130hrs	4000m
Under 15 Boys	U15B	01/09/2009 to 31/08/2011	1120hrs	1150hrs	4000m
Under 17 Women	U17W	01/09/2007 to 31/08/2009	1140hrs	1210hrs	6000m
Under 20 Women (WA)	U20W	18 or 19 on 31/12/25			
Under 17 Men	U17M	01/09/2007 to 31/08/2009	1205hrs	1235hrs	6000m
Under 20 Men (WA)	U20M	18 or 19 on 31/12/25			
Senior / U23 Women	SW	BORN BEFORE 31/08/2004	1230hrs	1300hrs	8000m
U20 Women (UKA)	U20W	01/09/2004 to 31/08/2007			
Senior / U23 Men	SM	BORN BEFORE 31/08/2004	1315hrs	1345hrs	8000m
U20 Men (UKA)	U20M	01/09/2004 to 31/08/2007			

Entry Information **All athletes will be advised of their selection via their district rep or team manager**
British Athletics Cross Challenge entries are accepted through the scottishathletics entry system

Email Enquiries: events@scottishathletics.org.uk

Important Notes

(1) Location map and additional information will be shown on the scottishathletics website -

www.scottishathletics.org.uk

(2) Inter District Team scoring for all Races is 6 to count.

(3) All selected athletes must be members of scottishathletics at the time of the event. Athletes with an out of date membership cannot be added after the selection date.

(4) A selected/entered athlete MUST not be substituted by a non-selected/entered athlete at any time.

Non observance of the above leaves the whole field and the officials uninsured in the event of an accident; leaves the athlete at a health risk in the case of a wrong identification of the athlete; and makes the results invalid as an historic record.

(5) By accepting selection all athletes agree that photographs and/or video footage may be taken and used for PR/Marketing purposes.

(6) Athletes agree that they are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part (and will not run if unfit to do so on the day).

(7) Any athlete with Additional Support Needs should contact scottishathletics for an athlete assistance form.