

Team Managers must declare teams at least 60mins before the scheduled start time.

Track				
Event No	Time	Event	Age	Round
1	10.00	3 x 800m Relay	U17 Women	Timed Finals
2	10.10	3 x 800m Relay	U17 Men	Timed Finals
3	10.20	4 x 100m Relay	U17 Women	1
4	10.35	4 x 100m Relay	U17 Men	1
5	10.45	4 x 100m Relay	U15 Boys	1
6	10.55	4 x 100m Relay	Senior Women	1
7	11.05	4 x 100m Relay	Senior Men	1
8	11.15	4 x 100m Relay	U15 Girls	1
9	11.45	Medley (600/200/600/200m)	U13 Girls	Timed Finals
10	12.06	Medley (600/200/600/200m)	U13 Boys	Timed Finals
Lunch				
11	13.10	4 x 100m Relay	U15 Girls	Semi Final
12	13.20	3 x 800m Relay	Senior Women	Timed Finals
13	13.40	3 x 800m Relay	Senior Men	Timed Finals
14	14.00	4 x 100m Relay	U17 Women	Final
15	14.05	4 x 100m Relay	U17 Men	Final
16	14.10	4 x 100m Relay	U15 Boys	Final
17	14.15	4 x 100m Relay	Senior Women	Final
18	14.20	4 x 100m Relay	Senior Men	Final
19	14.25	4 x 100m Relay	U15 Girls	Final
20	14.35	4 x 300m Relay	U17 Women	Timed Finals
21	14.55	4 x 400m Relay	U17 Men	Timed Finals
22	15.15	4 x 400m Relay	Senior Women	Timed Finals
23	15.25	4 x 400m Relay	Senior Men	Timed Finals
24	15.50	Medley (300/800/200/600m)	U15 Girls	Timed Finals
25	16.11	Medley (300/800/200/600m)	U15 Boys	Timed Finals
If heats are not required Finals will be run at Heat Time				