

**GAA Miler Meet (800m & 3,000m) External Results**Crownpoint  
31 May 24

800 3000

Has your performance not been assigned to your profile yet? Just click the envelope  beside your performance below to notify us and get it on your profile.**800 SX 01**

| Pos | Perf    | Name              | AG     | Coach              | Club   | SB      | PB      |   |
|-----|---------|-------------------|--------|--------------------|--|---------|---------|---|
| 1   | 1:49.61 | Jamie Phillips    | PB U20 | M                  | Kilmarnock                                   | 1:49.61 | 1:49.61 |  |
| 2   | 1:50.34 | Joshua Mungin     | U17    | M John Rodger      | Kilbarchan                                   | 1:49.87 | 1:49.87 |  |
| 3   | 1:51.08 | Jamie MacKinnon   | PB SEN | M Michael Johnston | Cambuslang/Strathclyde Uni                   | 1:51.08 | 1:51.08 |  |
| 4   | 1:52.50 | Andrew McGill     | U23    | M Michael Johnston | Cambuslang/Glasgow University Hares & Hounds | 1:50.08 | 1:49.79 |  |
| 5   | 1:52.74 | Kai Crawford      | U20    | M Nichola Crawford | Aberdeen/Alabama Uni                         | 1:51.93 | 1:51.53 |  |
| 6   | 1:53.07 | Rhys Crawford     | U20    | M Nichola Crawford | Aberdeen                                     | 1:52.99 | 1:52.99 |  |
| 7   | 1:53.38 | Laurence Petty    | U23    | M Nigel Reynolds   | Dundee Hawkhill/Dundee Uni                   | 1:52.71 | 1:52.71 |  |
| 8   | 1:53.64 | Christopher McLew | SB SEN | M Michael Johnston | Cambuslang/Glasgow Caledonian Uni            | 1:53.64 | 1:51.47 |  |
| 9   | 1:53.87 | Alistair Street   | U17    | M John Rodger      | Kilbarchan                                   | 1:51.87 | 1:51.87 |  |

**800 SX 02**

| Pos | Perf    | Name              | AG     | Coach              | Club   | SB      | PB      |   |
|-----|---------|-------------------|--------|--------------------|--|---------|---------|---|
| 1   | 1:51.20 | Adam Brown        | PB U23 | M Nichola Crawford | Aberdeen   | 1:51.20 | 1:51.20 |  |
| 2   | 1:51.86 | Jordan Phillips   | PB U20 | M                  | Kilmarnock/West of Scotland Uni                    | 1:51.86 | 1:51.86 |  |
| 3   | 1:52.50 | Luke Davidson     | PB U23 | M Ross Cairns      | Inverness/Robert Gordon Uni                        | 1:52.50 | 1:52.50 |  |
| 4   | 1:55.18 | Logan Beagley     | SB U20 | M                  | Livingston/Heriot-Watt Uni                         | 1:55.18 | 1:54.30 |  |
| 5   | 1:55.96 | Kieran Fulton     | SB U20 | M                  | Moorfoot   | 1:55.96 | 1:54.35 |  |
| 6   | 1:56.44 | Blayne Wright     | PB U23 | M Michael Wright   | Giffnock North/Edinburgh Uni Hare & Hounds         | 1:56.44 | 1:56.44 |  |
| 7   | 1:56.52 | Josh Scott        | SB U20 | M Norrie Hay       | Airdrie Harriers/Glasgow Sch of Sport              | 1:56.52 | 1:54.61 |  |
| 8   | 1:57.11 | Jonathan Marshall | U23    | M Derek Easton     | Central/Stirling Uni                               | 1:55.56 | 1:54.85 |  |
| 9   | 1:57.53 | Nathan Brown      | SEN    | M Chris McGeorge   | Glasgow Jaguars/Edinburgh AC/Loughborough Students | 1:57.11 | 1:52.62 |  |

**800 SX 03**

| Pos | Perf    | Name              | AG     | Coach            | Club   | SB      | PB      |   |
|-----|---------|-------------------|--------|------------------|--|---------|---------|---|
| 1   | 1:56.30 | Declan Murray     | SB SEN | M                | Macclesfield/Edinburgh Uni/Edinburgh AC            | 1:56.30 | 1:53.74 |   |
| 2   | 1:57.02 | Andrew Baird      | PB U20 | M                | Inverness  | 1:57.02 | 1:57.02 |  |
| 3   | 1:57.32 | Elliot Frame      | PB U23 | M                | Livingston/Glasgow Uni                             | 1:57.32 | 1:57.32 |  |
| 4   | 1:57.84 | Alastair Scott    | PB U23 | M Michael Wright | Central/Stirling Uni                               | 1:57.84 | 1:57.84 |  |
| 5   | 1:57.92 | Matthew Holden    | PB U17 | M Andrew Ross    | Harmeny  | 1:57.92 | 1:57.92 |  |
| 6   | 1:58.79 | Andrew Brown      | SB V45 | M                | Woodford Green Essex Ladies/Lasswade/Scottish Vets | 1:58.79 | 1:48.30 |  |
| 7   | 1:59.02 | Daniel Sutherland | PB U20 | M                | Livingston   | 1:59.02 | 1:59.02 |  |
| 8   | 2:00.12 | Cameron MacMillan | SB U20 | M Michael Wright | Central  | 2:00.12 | 1:57.63 |  |
| 9   | 2:03.63 | Fraser Morris     | U23    | M                | Livingston/West Lothian Tri/Stirling Uni           | 2:00.99 | 1:58.26 |  |

**800 SX 04**

| Pos | Perf    | Name               | AG     | Coach             | Club  | SB      | PB      |   |
|-----|---------|--------------------|--------|-------------------|---|---------|---------|---|
| 1   | 1:57.94 | Pierre-Yves Koenig | PB SEN | M                 | Edinburgh AC/France                         | 1:57.94 | 1:57.94 |  |
| 2   | 1:58.21 | Matthew Monachello | PB U20 | M                 | Kilmarnock                                  | 1:58.21 | 1:58.21 |  |
| 3   | 1:59.27 | Oliver Morrison    | PB U20 | M Steven Chalmers | Dunfermline Track & Field                   | 1:59.27 | 1:59.27 |  |
| 4   | 1:59.65 | Cameron Robertson  | PB U20 | M                 | Nithsdale                                   | 1:59.65 | 1:59.65 |  |
| 5   | 1:59.74 | Francisco Camacho  | SB U23 | M                 | Edinburgh AC/Edinburgh Uni/Hong Kong        | 1:59.74 | 1:59.53 |  |
| 6   | 2:00.57 | Innes Wright       | PB U20 | M                 | Lasswade/Hunters Bog Trotters/Haddington RC | 2:00.57 | 2:00.57 |  |
| 7   | 2:03.85 | Alex Henthorn      | PB U15 | M James Joy       | Aberdeen                                    | 2:03.85 | 2:03.85 |  |

**800 SX 05**

| Pos | Perf    | Name            | AG     | Coach             | Club                     | SB      | PB      |   |
|-----|---------|-----------------|--------|-------------------|--------------------------|---------|---------|---|
| 1   | 1:58.86 | Grant McEachern | PB U20 | M                 | Cumbernauld              | 1:58.86 | 1:58.86 |  |
| 2   | 2:00.00 | Dima Graham     | PB U20 | M                 | Tweed, Leader, Jed Track | 2:00.00 | 2:00.00 |  |
| 3   | 2:04.78 | Louie Muir      | PB U15 | M Angela Carson   | Giffnock North           | 2:04.78 | 2:04.78 |  |
| 4   | 2:05.42 | Kaydan Day      | PB U20 | M                 | Livingston/Scottish Schs | 2:05.42 | 2:05.42 |  |
| 5   | 2:05.72 | Matthew Fox     | SB U17 | M                 | Shettleston              | 2:05.72 | 2:05.14 |  |
| 6   | 2:07.44 | Lewis Thorpe    | SB U20 | M                 | East Kilbride            | 2:07.44 | 2:04.94 |  |
| 7   | 2:08.05 | Frazer Lees     | PB U17 | M Steven Doig     | Pitreavie                | 2:08.05 | 2:08.05 |  |
| 8   | 2:09.45 | Cameron Wallace | PB SEN | M John Montgomery | Strathclyde Uni Harriers | 2:09.45 | 2:09.45 |  |

**800 SX 06**

| Pos | Perf    | Name           | AG     | Coach           | Club                          | SB      | PB      |   |
|-----|---------|----------------|--------|-----------------|-------------------------------|---------|---------|---|
| 1   | 2:05.06 | Rhuairdh Laing | PB U15 | M               | Victoria Park City of Glasgow | 2:05.06 | 2:05.06 |  |
| 2   | 2:06.13 | Max Deery      | PB U15 | M Angela Carson | Giffnock North                | 2:06.13 | 2:06.13 |  |
| 3   | 2:06.93 | Graeme Laing   | PB V45 | M               | Victoria Park City of Glasgow | 2:06.93 | 2:06.93 |  |
| 4   | 2:08.02 | Peter Graham   | PB V35 | M Lewis Orr     | Edinburgh AC                  | 2:08.02 | 2:08.02 |  |
| 5   | 2:08.84 | Rory Charters  | PB U17 | M Niall Walker  | East Kilbride                 | 2:08.84 | 2:08.84 |  |
| 6   | 2:09.06 | Allan Cameron  | SB V50 | M Lesley Ross   | Victoria Park City of Glasgow | 2:09.06 | 2:03.95 |  |
| 7   | 2:17.22 | Hannah Addison | SB SEN | W Joyce Hogg    | Cambuslang                    | 2:17.22 | 2:12.16 |  |

**800 SX 07**

| Pos | Perf | Name | AG | Coach | Club | SB | PB |  |
|-----|------|------|----|-------|------|----|----|--|
|-----|------|------|----|-------|------|----|----|--|

|   |         |                 |        |                    |  |         |         |                          |
|---|---------|-----------------|--------|--------------------|--|---------|---------|--------------------------|
| 1 | 2:05.40 | Hannah Cameron  | SB SEN | W Nichola Crawford | Aberdeen   | 2:05.40 | 2:03.04 | <input type="checkbox"/> |
| 2 | 2:07.37 | Beth Ansell     | SB SEN | W                  | Glasgow Jaguars/Edinburgh AC/Manchester Uni        | 2:07.37 | 2:06.20 | <input type="checkbox"/> |
| 3 | 2:11.06 | Olivia Vareille | SEN    | W                  | Falkirk/Edinburgh Uni                              | 2:09.95 | 2:05.59 | <input type="checkbox"/> |
| 4 | 2:11.27 | Hannah Taylor   | U20    | W Nichola Crawford | Aberdeen/University of Central Florida             | 2:08.58 | 2:08.42 | <input type="checkbox"/> |
| 5 | 2:11.39 | Kirsty Walker   | PB SEN | W Neil Walker      | Reading AC/Edinburgh AC/Edinburgh Uni              | 2:11.39 | 2:11.39 | <input type="checkbox"/> |
| 6 | 2:12.70 | Grace MacDonald | SB U20 | W Nichola Crawford | Aberdeen   | 2:12.70 | 2:11.71 | <input type="checkbox"/> |
| 7 | 2:13.90 | Scarlett Wilson | U17    | W Lynne MacDougall | Giffnock North                                     | 2:11.29 | 2:09.66 | <input type="checkbox"/> |
| 8 | 2:13.96 | Maja Thomson    | SB U20 | W Alister Russell  | Team East Lothian/Edinburgh Uni                    | 2:13.96 | 2:11.39 | <input type="checkbox"/> |
| 9 | 2:14.44 | Caitlin Purcell | SB U23 | W Nichola Crawford | Glasgow Jaguars/Aberdeen/Edinburgh Uni Hare & Houn | 2:14.44 | 2:12.65 | <input type="checkbox"/> |

#### 800 SX 08

| Pos | Perf    | Name               | AG     | Coach         | Club  | SB      | PB      |                          |
|-----|---------|--------------------|--------|---------------|---|---------|---------|--------------------------|
| 1   | 2:10.74 | Harrison MacMillan | PB U15 | M             | Central                                     | 2:10.74 | 2:10.74 | <input type="checkbox"/> |
| 2   | 2:10.76 | Rory MacMillan     | PB U15 | M             | Central                                     | 2:10.76 | 2:10.76 | <input type="checkbox"/> |
| 3   | 2:11.70 | Rory Barclay       | PB U15 | M             | Cambuslang                                  | 2:11.70 | 2:11.70 | <input type="checkbox"/> |
| 4   | 2:11.90 | Kian Dick          | PB U15 | M             | Giffnock North                              | 2:11.90 | 2:11.90 | <input type="checkbox"/> |
| 5   | 2:13.28 | Cerys Wright       | PB U15 | W             | Lasswade/Haddington RC/Hunters Bog Trotters | 2:13.28 | 2:13.28 | <input type="checkbox"/> |
| 6   | 2:14.89 | Nieve Hannell      | PB U17 | W Steven Doig | Pitreavie                                   | 2:14.89 | 2:14.89 | <input type="checkbox"/> |
| 7   | 2:16.99 | Ross Granger       | V40    | M             | Kilmarnock                                  | 2:14.64 | 2:14.64 | <input type="checkbox"/> |
| 8   | 2:17.37 | Eilidh Caldwell    | SB U15 | W             | Giffnock North                              | 2:17.37 | 2:16.66 | <input type="checkbox"/> |

#### 800 SX 09

| Pos | Perf    | Name            | AG     | Coach              | Club                           | SB      | PB      |                          |
|-----|---------|-----------------|--------|--------------------|--------------------------------|---------|---------|--------------------------|
| 1   | 2:15.57 | Scott Kelman    | PB SEN | M                  | Giffnock North                 | 2:15.57 | 2:15.57 | <input type="checkbox"/> |
| 2   | 2:16.16 | Freya Brown     | PB U15 | W                  | Lasswade                       | 2:16.16 | 2:16.16 | <input type="checkbox"/> |
| 3   | 2:16.93 | Abby Farquhar   | PB U20 | W Nichola Crawford | Aberdeen                       | 2:16.93 | 2:16.93 | <input type="checkbox"/> |
| 4   | 2:17.49 | Jessica Needs   | PB U17 | W                  | Aberdeen/Peterhead             | 2:17.49 | 2:17.49 | <input type="checkbox"/> |
| 5   | 2:17.96 | Emma McLennan   | PB U20 | W Lynne MacDougall | Glasgow Jaguars/Giffnock North | 2:17.96 | 2:17.96 | <input type="checkbox"/> |
| 6   | 2:19.85 | Imogen Marshall | PB U20 | W                  | Livingston                     | 2:19.85 | 2:19.85 | <input type="checkbox"/> |

#### 800 SX 10

| Pos | Perf    | Name                 | AG     | Coach              | Club           | SB      | PB      |                          |
|-----|---------|----------------------|--------|--------------------|----------------|---------|---------|--------------------------|
| 1   | 2:17.63 | Amy Gallagher        | PB U17 | W Lynne MacDougall | Giffnock North | 2:17.63 | 2:17.63 | <input type="checkbox"/> |
| 2   | 2:17.95 | Olivia Dinnes        | PB U15 | W                  | Aberdeen       | 2:17.95 | 2:17.95 | <input type="checkbox"/> |
| 3   | 2:17.97 | Millie Ovens         | PB U15 | W Steven Doig      | Pitreavie      | 2:17.97 | 2:17.97 | <input type="checkbox"/> |
| 4   | 2:18.15 | Holly Simpson        | PB U15 | W Andrew Munro     | Giffnock North | 2:18.15 | 2:18.15 | <input type="checkbox"/> |
| 5   | 2:20.49 | Emilie Paul          | PB U17 | W                  | Harmeny        | 2:20.49 | 2:20.49 | <input type="checkbox"/> |
| 6   | 2:25.31 | Tuscany Wright       | PB U20 | W Michael Wright   | Central        | 2:25.31 | 2:25.31 | <input type="checkbox"/> |
| 7   | 2:31.57 | Connor Brown T37/F37 | SB SEN | M Steven Doig      | Fife           | 2:31.57 | 2:24.49 | <input type="checkbox"/> |

#### 800 SX 11

| Pos | Perf    | Name                | AG     | Coach             | Club  | SB      | PB      |                          |
|-----|---------|---------------------|--------|-------------------|---|---------|---------|--------------------------|
| 1   | 2:16.41 | Maisie Watson       | PB SEN | W                 | Inverclyde/Glasgow Uni                            | 2:16.41 | 2:16.41 | <input type="checkbox"/> |
| 2   | 2:22.07 | Emily Taylor        | PB U15 | W                 | Aberdeen  | 2:22.07 | 2:22.07 | <input type="checkbox"/> |
| 3   | 2:23.08 | Jemma Macleod       | PB U17 | W Stephen Wallace | Cumbernauld                                       | 2:23.08 | 2:23.08 | <input type="checkbox"/> |
| 4   | 2:23.75 | Olivia Inglis       | PB U15 | W                 | Law   | 2:23.75 | 2:23.75 | <input type="checkbox"/> |
| 5   | 2:23.77 | Laura Jedrusiak     | PB U23 | W Jim Young       | Kilmarnock/Glasgow Uni/Glasgow University Hares & | 2:23.77 | 2:23.77 | <input type="checkbox"/> |
| 6   | 2:24.13 | Sarah Taylor        | PB U17 | W                 | Aberdeen  | 2:24.13 | 2:24.13 | <input type="checkbox"/> |
| 7   | 2:28.27 | Lucy Tonner         | PB U15 | W                 | Giffnock North                                    | 2:28.27 | 2:28.27 | <input type="checkbox"/> |
| 8   | 2:28.72 | Isabella Wilson     | U15    | W                 | Giffnock North                                    | 2:27.59 | 2:27.59 | <input type="checkbox"/> |
| 9   | 2:31.10 | Jennifer Beattie    | V40    | W Jim Young       | Kilmarnock/Scottish Vets H                        | 2:27.78 | 2:27.78 | <input type="checkbox"/> |
| 10  | 2:39.01 | Madelaine Blanchard | SB U17 | W                 | Strathearn/Scottish Schs                          | 2:39.01 | 2:25.16 | <input type="checkbox"/> |

#### 800 SX 12

| Pos | Perf    | Name             | AG     | Coach               | Club           | SB      | PB      |                          |
|-----|---------|------------------|--------|---------------------|----------------|---------|---------|--------------------------|
| 1   | 2:25.64 | Eva Morrison     | PB U17 | W                   | East Kilbride  | 2:25.64 | 2:25.64 | <input type="checkbox"/> |
| 2   | 2:27.10 | Eve Cameron      | PB U15 | W                   | Giffnock North | 2:27.10 | 2:27.10 | <input type="checkbox"/> |
| 3   | 2:28.23 | Carrie Charters  | PB U17 | W Niall Walker      | East Kilbride  | 2:28.23 | 2:28.23 | <input type="checkbox"/> |
| 4   | 2:29.93 | Adam Tortolano   | PB U15 | M Angela Carson     | Giffnock North | 2:29.93 | 2:29.93 | <input type="checkbox"/> |
| 5   | 2:32.49 | Ollie Macfarlane | PB U15 | M Angela Carson     | Giffnock North | 2:32.49 | 2:32.49 | <input type="checkbox"/> |
| 6   | 2:32.91 | Erin Reilly      | SB U17 | W Andrew Munro      | Giffnock North | 2:32.91 | 2:29.07 | <input type="checkbox"/> |
| 7   | 2:34.03 | Amber Cunningham | PB U15 | W                   | Harmeny        | 2:34.03 | 2:34.03 | <input type="checkbox"/> |
| 8   | 2:47.38 | Megan Jackson    | PB U15 | W Dennese Whiteford | Giffnock North | 2:47.38 | 2:47.38 | <input type="checkbox"/> |

#### 3000 SX 1

| Pos | Perf    | Name                   | AG     | Coach            | Club                                      | SB      | PB      |                          |
|-----|---------|------------------------|--------|------------------|---|---------|---------|--------------------------|
| 1   | 8:06.46 | Oliver Patton          | PB U20 | M Robert Hawkins | Kilbarchan                                | 8:06.46 | 8:06.46 | <input type="checkbox"/> |
| 2   | 8:06.78 | Leo Freeland           | PB U23 | M Julie Freeland | Marshall Milton Keynes/Wingate University | 8:06.78 | 8:06.78 | <input type="checkbox"/> |
| 3   | 8:10.74 | Finlay Ross-Davie      | PB U23 | M Alex Chalmers  | Garscube/Edinburgh Uni                    | 8:10.74 | 8:10.74 | <input type="checkbox"/> |
| 4   | 8:11.80 | Ben Sandilands T20/F20 | PB U23 | M Steven Doig    | Fife                                      | 8:11.80 | 8:11.80 | <input type="checkbox"/> |
| 5   | 8:12.38 | Peter Bradshaw         | U23    | M Norrie Hay     | Inverclyde/Edinburgh Uni                  | 8:10.24 | 8:10.24 | <input type="checkbox"/> |
| 6   | 8:12.56 | Harry Henriksen        | PB U23 | M Kirk Smith     | Lasswade/Edinburgh Uni Hare & Hounds      | 8:12.56 | 8:12.56 | <input type="checkbox"/> |
| 7   | 8:12.67 | Reiss Marshall         | PB U20 | M Steven Doig    | Fife                                      | 8:12.67 | 8:12.67 | <input type="checkbox"/> |
| 8   | 8:23.99 | Andrew Thomson         | PB U23 | M Steven Doig    | Fife/Edinburgh Uni                        | 8:23.99 | 8:23.99 | <input type="checkbox"/> |
| 9   | 8:25.96 | Andrew McWilliam       | PB U20 | M Kirk Smith     | Lasswade                                  | 8:25.96 | 8:25.96 | <input type="checkbox"/> |

|    |         |                 |          |                |                            |         |         |                          |
|----|---------|-----------------|----------|----------------|----------------------------|---------|---------|--------------------------|
| 10 | 8:28.89 | Connor Bell     | PB U20 M | Derek Easton   | Central/Glasgow Uni        | 8:28.89 | 8:28.89 | <input type="checkbox"/> |
| 11 | 8:32.90 | Peter Cameron   | SB SEN M | Mark Pollard   | Edinburgh AC/Cambridge Uni | 8:32.90 | 8:21.23 | <input type="checkbox"/> |
| 12 | 8:37.58 | Stephen Addison | SB SEN M | Moray Anderson | Corstorphine/Glasgow Uni   | 8:37.58 | 8:32.34 | <input type="checkbox"/> |

### 3000 SX 2

| Pos | Perf    | Name              | AG       | Coach            | Club   | SB      | PB      |                          |
|-----|---------|-------------------|----------|------------------|--|---------|---------|--------------------------|
| 1   | 8:23.31 | Oliver MacDonald  | PB U20 M |                  | Giffnock North                                 | 8:23.31 | 8:23.31 | <input type="checkbox"/> |
| 2   | 8:24.73 | James Alexander   | PB U17 M | Alex Chalmers    | Garscube                                       | 8:24.73 | 8:24.73 | <input type="checkbox"/> |
| 3   | 8:25.82 | David Bunn        | PB SEN M | Bernard Wilkins  | Abingdon/Edinburgh Uni                         | 8:25.82 | 8:25.82 | <input type="checkbox"/> |
| 4   | 8:27.03 | Noah Howlett      | PB SEN M |                  | Edinburgh AC                                   | 8:27.03 | 8:27.03 | <input type="checkbox"/> |
| 5   | 8:29.65 | Angus Wilkinson   | PB U17 M | Niall Walker     | East Kilbride                                  | 8:29.65 | 8:29.65 | <input type="checkbox"/> |
| 6   | 8:31.12 | Angus Smith       | PB U23 M | Ross Cairns      | Corstorphine/Strathclyde Uni                   | 8:31.12 | 8:31.12 | <input type="checkbox"/> |
| 7   | 8:38.07 | Harris Pagett     | PB U20 M | Phil Mestecky    | Strathearn                                     | 8:38.07 | 8:38.07 | <input type="checkbox"/> |
| 8   | 8:39.82 | Jack Eykelbosch   | PB SEN M | Mark Pollard     | Dacorum/Corstorphine                           | 8:39.82 | 8:39.82 | <input type="checkbox"/> |
| 9   | 8:47.32 | Rory Muir         | SB SEN M | Michael Johnston | Cambuslang                                     | 8:47.32 | 8:34.65 | <input type="checkbox"/> |
| 10  | 8:47.55 | Eoghan MacNamara  | SB SEN M | Nichola Crawford | Aberdeen/Aberdeen Uni                          | 8:47.55 | 8:46.78 | <input type="checkbox"/> |
| 11  | 8:48.51 | Seonaidh Macinnes | PB U20 M |                  | Cambuslang/Glasgow Uni                         | 8:48.51 | 8:48.51 | <input type="checkbox"/> |
| 12  | 8:52.45 | Anthony Addison   | SB SEN M | Moray Anderson   | Corstorphine/Glasgow Uni                       | 8:52.45 | 8:36.99 | <input type="checkbox"/> |
| 13  | 9:05.46 | Nikolai Gajic     | SB SEN M | Lynne MacDougall | Giffnock North/Glasgow Uni/Serbia & Montenegro | 9:05.46 | 8:41.39 | <input type="checkbox"/> |

### 3000 SX 3

| Pos | Perf    | Name                 | AG       | Coach         | Club                           | SB      | PB      |                          |
|-----|---------|----------------------|----------|---------------|--------------------------------|---------|---------|--------------------------|
| 1   | 8:38.74 | Philip Neilson       | PB SEN M |               | Shettleston                    | 8:38.74 | 8:38.74 | <input type="checkbox"/> |
| 2   | 8:39.05 | Steven Bryce T20/F20 | PB SEN M | Steven Doig   | Fife                           | 8:39.05 | 8:39.05 | <input type="checkbox"/> |
| 3   | 8:44.83 | Crawford Smith       | PB U20 M |               | Garscube                       | 8:44.83 | 8:44.83 | <input type="checkbox"/> |
| 4   | 8:47.01 | Cameron Kerr         | PB U23 M |               | Central                        | 8:47.01 | 8:47.01 | <input type="checkbox"/> |
| 5   | 8:47.06 | Jonathan Moore       | PB SEN M |               | Motherwell                     | 8:47.06 | 8:47.06 | <input type="checkbox"/> |
| 6   | 8:49.45 | Alasdair Nugent      | PB U20 M | Dudley Walker | Giffnock North                 | 8:49.45 | 8:49.45 | <input type="checkbox"/> |
| 7   | 8:52.27 | Fearghas Thomson     | SB SEN M | Aaron Odentz  | Aberdeen/Aberdeen Uni          | 8:52.27 | 8:50.21 | <input type="checkbox"/> |
| 8   | 8:54.84 | Zak Povey            | PB U23 M |               | Cambuslang/Glasgow Uni         | 8:54.84 | 8:54.84 | <input type="checkbox"/> |
| 9   | 8:55.79 | Sam Lesley           | PB SEN M |               | Guernsey/Shettleston           | 8:55.79 | 8:55.79 | <input type="checkbox"/> |
| 10  | 8:57.91 | Rory Treharne        | PB U17 M |               | Garscube/Scottish Schs         | 8:57.91 | 8:57.91 | <input type="checkbox"/> |
| 11  | 8:58.93 | Dale Colley          | SB SEN M |               | Central/Glasgow Caledonian Uni | 8:58.93 | 8:30.56 | <input type="checkbox"/> |
| 12  | 8:59.34 | Kieran Hardie        | PB U17 M | Andrew Ross   | Harmony                        | 8:59.34 | 8:59.34 | <input type="checkbox"/> |
| 13  | 9:04.00 | Lewis Roddis         | SB U20 M |               | Cambuslang                     | 9:04.00 | 8:50.11 | <input type="checkbox"/> |
| 14  | 9:24.93 | Laurence Ward        | SB U17 M |               | Lasswade                       | 9:24.93 | 9:24.8  | <input type="checkbox"/> |
| 15  | 9:25.21 | Daniel Owens         | PB U17 M |               | Garscube                       | 9:25.21 | 9:25.21 | <input type="checkbox"/> |
| 16  | 9:36.83 | Ryan Kellock         | SB U20 M |               | Law                            | 9:36.83 | 9:26.00 | <input type="checkbox"/> |

### 3000 SX 4

| Pos | Perf    | Name                | AG       | Coach            | Club                                      | SB      | PB      |                          |
|-----|---------|---------------------|----------|------------------|---|---------|---------|--------------------------|
| 1   | 8:46.33 | Iain Jordan         | PB U20 M |                  | Perth Strathtay                           | 8:46.33 | 8:46.33 | <input type="checkbox"/> |
| 2   | 8:49.85 | Alasdair Maclean    | PB U17 M |                  | Giffnock North                            | 8:49.85 | 8:49.85 | <input type="checkbox"/> |
| 3   | 8:52.04 | Callum Hunter       | PB SEN M | Moray Anderson   | Corstorphine                              | 8:52.04 | 8:52.04 | <input type="checkbox"/> |
| 4   | 8:56.94 | Callum Matthews     | SB SEN M | Michael Johnston | Cambuslang                                | 8:56.94 | 8:43.03 | <input type="checkbox"/> |
| 5   | 9:01.81 | Andrew Grant        | PB U17 M |                  | Strathearn                                | 9:01.81 | 9:01.81 | <input type="checkbox"/> |
| 6   | 9:08.93 | Alastair Scott      | SB V40 M |                  | Shettleston                               | 9:08.93 | 9:05.92 | <input type="checkbox"/> |
| 7   | 9:10.12 | Alex Dunlop         | PB U20 M |                  | Central                                   | 9:10.12 | 9:10.12 | <input type="checkbox"/> |
| 8   | 9:10.79 | Israel Noble        | PB U17 M |                  | Fraserburgh                               | 9:10.79 | 9:10.79 | <input type="checkbox"/> |
| 9   | 9:17.26 | Angus Fraser-Moodie | PB U17 M | Matt Stanley     | Springburn                                | 9:17.26 | 9:17.26 | <input type="checkbox"/> |
| 10  | 9:21.69 | Stefanie Tucker     | PB SEN W | Michael Johnston | Cambuslang/Aberdeen Uni                   | 9:21.69 | 9:21.69 | <input type="checkbox"/> |
| 11  | 9:23.00 | Fraser Armstrong    | SB SEN M |                  | Red Star/Bellahouston Harriers            | 9:23.00 | 9:19.87 | <input type="checkbox"/> |
| 12  | 9:23.93 | Andrew Casey        | SB V35 M | Aaron Odentz     | Aberdeen                                  | 9:23.93 | 9:12.19 | <input type="checkbox"/> |
| 13  | 9:33.60 | Hannah Anderson     | U23 W    | Lewis Walker     | East Kilbride/Edinburgh Uni Hare & Hounds | 9:30.43 | 9:30.43 | <input type="checkbox"/> |

### 3000 SX 5

| Pos | Perf     | Name           | AG       | Coach            | Club                            | SB       | PB       |                          |
|-----|----------|----------------|----------|------------------|---------------------------------|----------|----------|--------------------------|
| 1   | 9:47.40  | Emily McNicol  | PB SEN W | Edward McQuillan | Glasgow Jaguars/Law/Glasgow Uni | 9:47.40  | 9:47.40  | <input type="checkbox"/> |
| 2   | 9:53.91  | Eilidh Dallas  | PB U17 W |                  | Strathearn                      | 9:53.91  | 9:53.91  | <input type="checkbox"/> |
| 3   | 9:54.15  | Corri McGougan | PB U17 W | Jerome Vareille  | Falkirk                         | 9:54.15  | 9:54.15  | <input type="checkbox"/> |
| 4   | 9:56.09  | Olivia Clarke  | PB U20 W | David Arnott     | Corstorphine                    | 9:56.09  | 9:56.09  | <input type="checkbox"/> |
| 5   | 9:58.48  | Caitlyn Heggie | SB U20 W | Ross Cairns      | Inverness                       | 9:58.48  | 9:49.58  | <input type="checkbox"/> |
| 6   | 10:01.48 | Ruth Walsh     | PB U20 W | Lynne MacDougall | Giffnock North                  | 10:01.48 | 10:01.48 | <input type="checkbox"/> |
| 7   | 10:06.31 | Zara Redmond   | SB U17 W | Sarah Dempsey    | Kilbarchan                      | 10:06.31 | 9:49.53  | <input type="checkbox"/> |
| 8   | 10:25.39 | Jessica Inglis | SB U20 W |                  | Law                             | 10:25.39 | 10:16.68 | <input type="checkbox"/> |

### 3000 SX 6

| Pos | Perf    | Name           | AG       | Coach | Club          | SB      | PB      |                          |
|-----|---------|----------------|----------|-------|---------------|---------|---------|--------------------------|
| 1   | 9:24.53 | Carter Taylor  | PB SEN M |       | Fife          | 9:24.53 | 9:24.53 | <input type="checkbox"/> |
| 2   | 9:25.79 | Jamie Work     | PB U17 M |       | Kilmarnock    | 9:25.79 | 9:25.79 | <input type="checkbox"/> |
| 3   | 9:29.50 | Euan Reid      | PB U17 M |       | Cambuslang    | 9:29.50 | 9:29.50 | <input type="checkbox"/> |
| 4   | 9:38.32 | Allan Neill    | PB V35 M |       | Law           | 9:38.32 | 9:38.32 | <input type="checkbox"/> |
| 5   | 9:41.19 | George Vickers | PB U20 M |       | Corstorphine  | 9:41.19 | 9:41.19 | <input type="checkbox"/> |
| 6   | 9:53.05 | Ben Baillie    | PB U17 M |       | East Kilbride | 9:53.05 | 9:53.05 | <input type="checkbox"/> |

|                  |             |                   |           |              |             |                  |  |          |          |                          |
|------------------|-------------|-------------------|-----------|--------------|-------------|------------------|--|----------|----------|--------------------------|
| 7                | 9:58.11     | Danny Fletcher    | PB        | U17          | M           |                  | Lothian  | 9:58.11  | 9:58.11  | <input type="checkbox"/> |
| 8                | 10:12.08    | Martin Fitchie    | SB        | V45          | M           |                  | Cumbernauld  | 10:12.08 | 9:50.53  | <input type="checkbox"/> |
| <b>3000 SX 7</b> |             |                   |           |              |             |                  |  |          |          |                          |
| <b>Pos</b>       | <b>Perf</b> | <b>Name</b>       | <b>AG</b> | <b>Coach</b> | <b>Club</b> | <b>SB</b>        | <b>PB</b>  |          |          |                          |
| 1                | 9:54.57     | Jessica Taylor    | PB        | U17          | W           |                  | Edinburgh AC                                       | 9:54.57  | 9:54.57  | <input type="checkbox"/> |
| 2                | 9:54.83     | Fraser Stewart    | SB        | V35          | M           | John Montgomery  | Cambuslang   | 9:54.83  | 8:28.60  | <input type="checkbox"/> |
| 3                | 9:58.74     | Bruce Carse       | SB        | V40          | M           |                  | Bellahouston RR                                    | 9:58.74  | 9:39.25  | <input type="checkbox"/> |
| 4                | 10:00.70    | Dylan Edwards     | PB        | U17          | M           | Niall Walker     | East Kilbride                                      | 10:00.70 | 10:00.70 | <input type="checkbox"/> |
| 5                | 10:02.27    | Kirsty Purcell    | PB        | U23          | W           | Nichola Crawford | Glasgow Jaguars/Aberdeen/Edinburgh Uni Hare & Houn | 10:02.27 | 10:02.27 | <input type="checkbox"/> |
| 6                | 10:08.63    | Mark King         | PB        | V55          | M           |                  | Cambuslang   | 10:08.63 | 10:08.63 | <input type="checkbox"/> |
| 7                | 10:14.40    | Richard O'Grady   | SB        | V45          | M           |                  | Helensburgh  | 10:14.40 | 10:10.10 | <input type="checkbox"/> |
| 8                | 10:19.93    | Charlotte MacPhie | PB        | U20          | W           | David Arnott     | Corstorphine                                       | 10:19.93 | 10:19.93 | <input type="checkbox"/> |
| 9                | 10:20.30    | Saoirse McNulty   | PB        | U20          | W           |                  | Giffnock North                                     | 10:20.30 | 10:20.30 | <input type="checkbox"/> |
| 10               | 10:29.49    | Abbie Stewart     |           | U17          | W           |                  | Stornoway  | 10:26.93 | 10:25.11 | <input type="checkbox"/> |
| 11               | 10:34.69    | Avril Mason       | SB        | V50          | W           | John Montgomery  | Shettleston  | 10:34.69 | 10:19.81 | <input type="checkbox"/> |
| 12               | 10:52.89    | Catriona Kane     | SB        | U20          | W           |                  | Central/Edinburgh Uni Hare & Hounds                | 10:52.89 | 10:22.97 | <input type="checkbox"/> |
| <b>3000 SX 8</b> |             |                   |           |              |             |                  |  |          |          |                          |
| <b>Pos</b>       | <b>Perf</b> | <b>Name</b>       | <b>AG</b> | <b>Coach</b> | <b>Club</b> | <b>SB</b>        | <b>PB</b>  |          |          |                          |
| 1                | 10:27.43    | Matilda Frew      | PB        | U17          | W           | Niall Walker     | East Kilbride                                      | 10:27.43 | 10:27.43 | <input type="checkbox"/> |
| 2                | 10:31.82    | Alice Mourao      | PB        | U17          | W           | David Arnott     | Corstorphine                                       | 10:31.82 | 10:31.82 | <input type="checkbox"/> |
| 3                | 10:32.96    | Calum Ferguson    | SB        | SEN          | M           |                  | Bellahouston Harriers                              | 10:32.96 | 10:09.70 | <input type="checkbox"/> |
| 4                | 10:33.68    | Nancy Corrie      | PB        | U17          | W           | Craig Stewart    | Harmeny  | 10:33.68 | 10:33.68 | <input type="checkbox"/> |
| 5                | 10:45.45    | Cliff Binning     | PB        | V35          | M           |                  | Cumbernauld  | 10:45.45 | 10:45.45 | <input type="checkbox"/> |
| 6                | 10:48.75    | Keith Charters    | SB        | V55          | M           |                  | East Kilbride                                      | 10:48.75 | 10:46.0  | <input type="checkbox"/> |
| 7                | 10:56.40    | Maya Millar       | SB        | U20          | W           | Steven Doig      | Pitreavie/Edinburgh Uni Hare & Hounds              | 10:56.40 | 10:32.86 | <input type="checkbox"/> |
| 8                | 11:21.34    | Charlotte Horne   | SB        | U20          | W           |                  | Falkirk  | 11:21.34 | 11:07.94 | <input type="checkbox"/> |
| 9                | 12:05.06    | Hania Czebreszuk  |           | U17          | W           |                  | Aberdeen   | 11:58.70 | 11:58.70 | <input type="checkbox"/> |
| 10               | 12:10.25    | Amy Andrew        | PB        | U20          | W           | Niall Walker     | East Kilbride                                      | 12:10.25 | 12:10.25 | <input type="checkbox"/> |