

East District Cross Country League

Kirkcaldy, Beveridge Park, EY2 5NE

Saturday 14th January 2023

(1) Venue

Take the turning of the A92 to Kirkcaldy West, then on to the A910 (West Bogie Road) for 4 miles then right at the Roundabout and follows signs to Beveridge Park.

The park is 10 minutes' walk from Kirkcaldy Railway Station

(2) Parking

There is a Car Park on the east side of the park (see course map) also parking at Balwaerie High School (see course map) No Parking on Balwaerie Road (see course map)

(3) Toilets

There will be Mobile Toilets close to the course

(4) Recording Slips

Slips will not be given out on the day. See front page of East League website on how to forward finishing order of athletes in a club for a race.

(5) Scoring

Under 11, Under 13, Under 15 Boys and Under 15 Girls/ Under 17 Women races are all 3 to score

Senior/Junior/Master's Women are 4 to score

Senior/Junior/Master's Men are 6 to score

Master's Men and Master's Women are 3 to score.

Master's athletes (Over 40) should have a large "V" next to their club number

(6) Results

Results will be posted on the East League on the day after the event.

Thanks to Fife AC for hosting to-days meeting.

The league is always looking for possible new cross country venues.

Contact Alex Jackson on alex@runningresults.co.uk if you have a possible venue or need more information.