

## Trafford AC Grand Prix - 27th June - Results

## T1 300m H Heat 1

1	38 Anastasia Cotorobai	U17 F Pitreavie AC	45.34	
2	248 Glen Reddington	V60 M Windsor Slough Eton & Hounslow AC	49.08	

## T2 400m H Heat 1

1	174 Darren Towart	V45 M Tynedale Harriers & AC	62.91	
2	354 Molly Waring	SEN F Spenborough & District AC	64.60	
3	535 Mia Liddell	U23 F Gateshead Harriers	64.70	
4	206 Esther Hulley	U23 F Stockport Harriers & AC	68.60	

## T3 1500m U15 Heat 1

1	50 Archie Greenwood	U15 M Trafford AC	4:24.26	
2	342 Max Fox	U15 M Doncaster AC	4:24.96	PB
3	540 Theo Austin	U15 M Trafford AC	4:26.76	PB
4	389 Samuel Conkie	U15 M Vale Royal AC	4:27.19	PB
5	210 Evan Lewis	U15 M Trafford AC	4:34.81	PB
6	165 Daniel Oakes	U15 M Sale Harriers Manchester	4:36.38	PB
7	363 Oscar Gascoine	U15 M Trafford AC	4:39.07	PB
8	280 Jake Royle	U15 M Trafford AC	4:47.92	
9	398 Sophia Nation	U15 F Trafford AC	5:04.10	SB

## T4 1500m U15 Heat 2

1	261 Harry Yates	U15 M Horwich RMI Harriers	4:56.75	PB
2	272 Isabella Doran	U15 F Liverpool Harriers & AC	4:59.84	PB
3	228 Finlay Mann	U15 M Horwich RMI Harriers	5:06.12	PB
4	196 Emilia Pyper	U15 F West Cheshire AC	5:15.72	
5	374 Phoebe Carroll	U15 F Sale Harriers Manchester	5:21.94	PB
6	503 Tamsin Edey	U15 F Kingston-Upon-Hull AC	5:38.30	
7	352 Molly Irwin	U15 F Sale Harriers Manchester	5:42.18	PB
8	267 Imogen Horseman	U15 F Doncaster AC	6:06.01	

## T5 3000m Heat 1

1	554 Chris Perry	SEN M Vale Royal AC	8:17.61	
2	134 Craig Shennan	U17 M Giffnock North AAC	8:24.50	PB
3	242 George Phillips	SEN M Doncaster AC	8:33.48	
4	289 Jason Hall	SEN M Leeds City AC	8:35.96	PB
5	305 Joshua Wragg	U23 M Rotherham Harriers & AC	8:44.92	PB
6	392 Se Loughlin	U23 M Liverpool Pembroke & Sefton AC	8:47.91	SB
7	327 Matthew Devlin	V35 M Chorlton Runners	8:52.88	PB
8	282 James Lonsdale	SEN M Worksop Harriers	8:53.83	PB
9	516 Tomos Land	SEN M GOG Triathlon Club	8:54.55	PB
10	302 Joseph Godwood	SEN M Sale Harriers Manchester	8:57.74	SB
11	396 Simon Bolland-Cage	SEN M Spenborough & District AC	9:00.82	SB
12	260 Harry Poole	SEN M Blackpool Wyre & Fylde AC	9:03.56	SB
13	325 Mark Bolland-Cage	SEN M City of York AC	9:07.45	PB
14	380 Robbie Rigby	U20 M Sale Harriers Manchester	9:08.86	PB
15	367 Patrick Faulkner	SEN M Salford Harriers	9:10.76	PB
16	5 Adam Jones	SEN M Liverpool Pembroke & Sefton AC	9:18.23	PB
17	365 Owen Ashdown	U17 M Keighley & Craven AC	9:18.77	
DNF	359 Nick Hardy	SEN M Tipton Harriers		

## T6 3000m Heat 2

1	191 Elizabeth Barlow	SEN F Manchester Harriers & AC	9:13.98	PB
2	294 Jonathan Cleaver	V40 M Rossendale Harriers & AC	9:16.03	
3	377 Rhys Bowden	U17 M Vale Royal AC	9:16.89	PB
4	75 Ben Lewington	SEN M Kirkby Milers	9:19.26	
5	77 Ben Rees	SEN M Sale Harriers Manchester	9:22.24	PB
6	245 George Wallace	U17 M City of Sheffield AC	9:27.60	
7	29 Alister Pearson	SEN M Chorlton Runners	9:30.13	PB
8	212 Ewan Macnab	U20 M Vale Royal AC	9:30.16	PB
9	7 Adam Varey	U17 M Border Harriers	9:30.94	
10	189 Eleanor Curran	SEN F Leeds City AC	9:31.76	PB
11	345 Maximilian Kidd-Rossiter	SEN M Sale Harriers Manchester	9:32.57	PB
12	99 Camilla McKnespiey	SEN F Leeds City AC	9:33.29	PB
13	319 Louis Johnson	SEN M Mersey Tri	9:43.79	PB
14	315 Libby Huxley	U20 F Preston Harriers	9:44.35	
15	349 Mike Fryer	SEN M Helsby	9:51.23	SB
16	303 Joseph Twigg	SEN M Salford Harriers	9:52.77	
17	229 Francis Dickson	V35 M Kirkby Milers	9:58.47	
18	42 Andrew Bromley	SEN M Wallasey	10:00.51	
19	107 Cheuk Lam	SEN M Bradford Airedale AC	10:22.41	PB

**T7 3000m Heat 3**

1	517 Torrin Blazeby	SEN M Sale Harriers Manchester	9:53.57	PB
2	384 Rueben Jago	U17 M Sale Harriers Manchester	9:54.5	(HT) PB
3	368 Paul Johnston	V40 M Bury AC	9:55.3	(HT) PB
4	379 Richard Lysons	V35 M Liverpool Harriers & AC	9:57.0	(HT) PB
5	26 Alice Wright	SEN F Sale Harriers Manchester	10:01.77	PB
6	19 Alex Ryder	SEN M Prestatyn Running Club	10:02.69	SB
7	388 Sam Thomson	U20 M Vale Royal AC	10:10.47	PB
8	250 Graham Topping	V40 M Preston Harriers	10:25.40	PB
9	326 Martha Owen	SEN F Deeside AAC	10:25.54	
10	292 Joanna Marsden	V40 F Cheshire Dragons	10:26.56	
11	255 Hannah Cowley	SEN F Cheshire Dragons	10:33.88	SB
12	270 Isabel Hodder	SEN F Wirral AC	10:42.98	PB
13	188 Edward Chatwin	V50 M Nantwich Running Club	10:48.22	PB
14	32 Amelia Bratt	U23 F Salford Harriers	10:49.48	
15	144 Damian McQueen	V45 M Holmfirth Harriers AC	10:51.74	SB
16	47 Anouska Brooks	SEN F Sale Harriers Manchester	10:51.99	PB
17	185 David Norman	V60 M Warrington AC	10:56.38	SB
18	391 Sara Avery	V55 F Cheshire Dragons	11:19.94	
19	45 Anna Begbie	V40 F Vale Royal AC	11:30.05	
20	397 Sofia Preece	U17 F Crewe & Nantwich AC	11:55.75	PB
21	195 Eloise Billington	SEN F Chorlton Runners	13:09.39	PB

**T8 800m Heat 1**

1	383 Ross Harrison	SEN M Liverpool Pembroke & Sefton AC	1:53.90	PB
2	53 Archie Lawson	SEN M City of York AC	1:54.06	
3	563 Harry Hayes	SEN M Preston Harriers	1:54.67	
4	372 Philip Goodfellow	U20 M Macclesfield Harriers & AC	1:57.63	PB
5	268 Isaac Leydon	U20 M Vale Royal AC	1:58.08	
6	381 Rory Bradford	SEN M Leeds City AC	1:58.91	PB

**T9 800m Heat 2**

1	278 Jacob Smith	SEN M Kendal AAC	1:54.60	PB
2	523 Will Haw	U20 M Vale of York	1:58.29	PB
3	214 Ewan Wheelwright	SEN M Halifax Harriers AC	1:58.42	PB
4	561 Louie McCormack	U20 M Trafford AC	1:58.85	PB
5	273 Jack Muir	SEN M Wharfedale	2:00.41	
6	211 Ewan Bate	SEN M Unattached	2:01.21	SB
7	322 Luke Ward	U17 M Southport & Waterloo AC	2:02.31	

**T10 800m Heat 3**

1	284 James O'Brien	U17 M Sale Harriers Manchester	1:58.75	PB
2	314 Lewis Royle	SEN M Trafford AC	1:58.83	PB
3	283 James McCann	SEN M Cannock & Stafford AC	1:59.09	SB
4	279 Jake Rowley	U17 M Macclesfield Harriers & AC	1:59.13	PB
5	371 Phil Richardson	SEN M Sale Harriers Manchester	2:00.32	SB
6	15 Alex MacNab	U17 M Vale Royal AC	2:01.35	PB
7	22 Alexandra Bell	SEN F Pudsey & Bramley AC	2:01.48	

**T11 800m Heat 4**

1	524 William Randall	U23 M Rothwell Harriers & AC	1:59.76	SB
2	348 Michael Bartram	SEN M Cambridge & Coleridge AC	2:00.83	SB
3	321 Luke Turner	SEN M Hoad Hill Harriers	2:01.26	PB
4	96 Cameron Oliver	U20 M Kirkby Milers	2:02.37	PB
5	297 Jordan Barrett	SEN M Cannock & Stafford AC	2:02.69	
6	285 James Walton	U17 M Trafford AC	2:02.99	
7	252 Greg Barnard-Mackenzie	U20 M Barrow & Furness Striders & AC	2:03.83	PB

**T12 800m Heat 5**

1	137 Cynog Williams	SEN M Trafford AC	2:00.62	SB
2	4 Aaron Cooper-Brown	V40 M Tipton Harriers	2:02.27	SB
3	223 Finlay Goddard	U17 M Sale Harriers Manchester	2:03.62	PB
4	304 Josh Todd	U20 M Kendal AAC	2:03.90	
5	369 Paul Morrison	SEN M West Cheshire AC	2:04.44	
6	366 Patrick Cottaz	SEN M France	2:05.95	PB
7	79 Ben Sharrock	SEN M Hallamshire Harriers Sheffield AC	2:06.74	PB

**T13 800m Heat 6**

1	364 Otis Brooks	U17 M Wharfedale	2:04.25	PB
2	562 Sonny Wilson	U20 M Trafford AC	2:04.47	PB
3	236 George Noble	U20 M Sale Harriers Manchester	2:04.67	PB
4	253 Greg Marcroft	SEN M Trafford AC	2:05.00	
5	260 Harry Poole	SEN M Blackpool Wyre & Fylde AC	2:08.47	SB
DQ	564 Charlie Atkiss	U20 M Trafford AC		PB

**T14 800m Heat 7**

1	298 Jordan Boam	SEN M Mansfield Harriers & AC	2:06.10	PB
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2	378 Rian Alex	SEN M Trafford AC	2:07.59	PB
3	243 George Taylor	U17 M City of Sheffield AC	2:07.66	PB
4	65 Archie Peaker	U17 M Keighley & Craven AC	2:08.30	PB
5	197 Emily Lowery	SEN F Vale Royal AC	2:11.41	
6	287 James Williams	SEN M Chorlton Runners	2:12.64	PB
7	522 Ty Brockley-Langford	SEN F Trafford AC	2:13.11	

#### T15 800m Heat 8

1	11 Aidan McKenna	U17 M Horwich RMI Harriers	2:11.06	
2	513 Theo Wassall	U17 M Vale Royal AC	2:11.67	
3	251 Greg Asbury	V45 M Wolverhampton & Bilston AC	2:13.51	
4	17 Alex Mundell	SEN F Thames Valley Harriers	2:13.91	SB
5	361 Olivia Vareille	SEN F Falkirk Victoria Harriers	2:14.12	
6	174 Darren Towart	V45 M Tynedale Harriers & AC	2:14.33	
7	312 Laure Marie Kidukula	U23 F Sale Harriers Manchester	2:14.34	SB

#### T16 800m Heat 9

1	510 Ted Gallagher	U17 M Horwich RMI Harriers	2:12.13	PB
2	566 Dan Partington	U17 M Trafford AC	2:13.05	PB
3	269 Isaac Wilson	U20 M Rothwell Harriers & AC	2:16.49	PB
4	288 Jasmine Reed	U20 F Sale Harriers Manchester	2:18.48	PB
5	357 Neil Pendlebury	V50 M Altrincham & District AC	2:20.66	
6	187 Ed Robinson	U17 M Trafford AC	2:20.78	PB
7	19 Alex Ryder	SEN M Prestatyn Running Club	2:23.32	SB

#### T17 800m Heat 10

1	320 Luke Kelly	V35 M Chorlton Runners	2:17.45	PB
2	317 Louis Arnold	U17 M Trafford AC	2:20.31	PB
3	198 Emma Bradley	U17 F Horwich RMI Harriers	2:26.99	PB
4	192 Elizabeth Hill	U20 F Sale Harriers Manchester	2:27.97	
5	308 Kate Meeson	SEN F Trafford AC	2:28.06	PB
6	399 Sophie Armitage	U17 F Sale Harriers Manchester	2:31.33	PB
7	290 Jennifer Monteith	U20 F Doncaster AC	2:35.61	SB
8	316 Lois Bowl	U17 F Horwich RMI Harriers	2:42.81	PB
9	557 Greta Brooks	U20 F Salford Harriers	2:45.89	PB

#### T18 800m BMC Heat 1

1	401 Nicholas Landeau	SEN M Walton AC	1:48.92	
2	408 Max Wharton	SEN M Sale Harriers Manchester	1:49.02	
3	406 Elliot Savage	U20 M Sale Harriers Manchester	1:49.46	
4	404 Adam Peacock	SEN M BRAT	1:51.28	
5	403 Adetomiwa Oladiti	U23 M Sale Harriers Manchester	1:51.40	
DNF	407 Jamie Webb	SEN M Liverpool Harriers & AC		

#### T19 800m BMC Heat 2

1	417 Dominic Walton	SEN M Blackburn Harriers	1:49.55	
2	413 Evan Savage	U20 M Sale Harriers Manchester	1:49.93	
3	412 Matthew Linsley	SEN M Gateshead Harriers	1:51.65	
4	411 Alex Ediker	U23 M Chesterfield & District AC	1:51.97	
5	414 Andrew Smith	SEN M Leeds City AC	1:52.17	
6	410 Ben Brunswick	SEN M Sale Harriers Manchester	1:52.87	
7	415 Colin Smith	SEN M Ireland	1:53.71	
8	416 Sam Stephens	U23 M Vale Royal AC	1:55.64	

#### T20 800m BMC Heat 3

1	437 Jaylah Hancock-Cameron	U23 F Australia	2:02.78	
2	433 Sarah Calvert	U23 F Livingston & District AC	2:03.44	
3	436 Mary Ekiru	SEN F Kenya	2:03.81	
4	438 Jenny Selman	SEN F Fife AC	2:03.98	
5	440 Emily Simpson	SEN F Sheffield & Dearne	2:07.77	
6	435 Iris Downes	U20 F Shrewsbury AC	2:07.93	

#### T21 800m BMC Heat 4

1	431 Ben Nolan	U20 M Wigan & District Harriers & AC	1:54.25	
2	426 William Ashfield	U20 M Vale Royal AC	1:55.18	
3	429 Chris Livesey	V40 M Salford Harriers	1:55.92	
4	427 Niki Faulkner	SEN M Thames Valley Harriers	1:56.29	
5	430 Laura Muir	SEN F Dundee Hawkhill Harriers	1:57.30	

#### T22 800m BMC Heat 5

1	448 Alice Wright	U23 F Brighton Phoenix	2:05.88	
2	444 Eleanor Colbourn	U20 F Harrogate	2:08.63	
3	445 Saskia Huxham	SEN F Hallamshire Harriers Sheffield AC	2:10.07	
4	441 Hannah Anderson	U23 F East Kilbride AAC	2:10.82	
5	442 Lucy Armitage	U20 F Sale Harriers Manchester	2:10.84	
6	443 Olivia Clarke	U20 F Corstorphine AAC	2:11.00	
7	447 Philippa Stone	SEN F Middlesbrough (Mandale)	2:11.08	
8	446 Holly Ovens	U17 F Fife AC	2:17.0	(HT)

**T23 800m BMC Heat 6**

1	423 James McCrae	SEN M Hallamshire Harriers Sheffield AC	1:52.43	
2	419 Lewis Carr	SEN M Sheffield & Dearne	1:52.83	
3	425 Harry Wakefield	SEN M Salford Harriers	1:52.87	
4	418 Scott Armstrong	SEN M Sunderland Harriers AC	1:52.91	
5	420 Pierce Clisham	U23 M Coventry Godiva Harriers	1:53.25	
6	421 Kristian Green	U20 M Cambridge & Coleridge AC	1:53.55	
7	422 Joseph Hudak	SEN M East Cheshire	1:54.33	

**T24 1500m Heat 1**

1	93 Bradley Giblin	U20 M Trafford AC	3:52.88	PB
2	360 Oliver Donkin	U23 M Barton & District AC	3:57.94	PB
3	571 Sonnyboy Hughes	U20 M Rotherham Harriers & AC	3:59.33	
4	560 Robert Torch	SEN M Leeds City AC	3:59.48	SB
5	386 Ryan Moore	SEN M Vale Royal AC	3:59.58	PB
6	281 Jake Wilson	U20 M Vale Royal AC	4:00.19	PB
7	569 Jonson Hughes	U17 M Rotherham Harriers & AC	4:00.31	
8	257 Harry Dyall	SEN M Wolverhampton & Bilston AC	4:02.36	SB
9	275 Jacob Droogmans	SEN M Newcastle (staffs) AC	4:05.06	SB
10	570 Joe Monk	SEN M Preston Harriers	4:05.28	
11	329 Matthew Harris	SEN M Rossendale Harriers & AC	4:14.04	

**T25 1500m Heat 2**

1	300 Joseph Boden	SEN M Wallasey	4:05.75	SB
2	387 Sam Gilson	U20 M Rotherham Harriers & AC	4:06.41	PB
3	390 Samuel Tempest	SEN M Wirral AC	4:07.50	PB
4	296 Jonathan Stewart	V40 M Leeds City AC	4:08.10	SB
5	500 Stephen Lunn	SEN M Trafford AC	4:09.37	PB
6	208 Euros Evans	SEN M Cardiff AC	4:10.16	
7	393 Sean Flanagan	SEN M Leeds City AC	4:12.24	SB
8	516 Tomos Land	SEN M GOG Triathlon Club	4:12.42	PB
9	274 Jack O'Reilly	U20 M Vale Royal AC	4:21.83	PB

**T26 1500m Heat 3**

1	167 Daniel Thurgood	U20 M Liverpool Harriers & AC	4:17.35	PB
2	24 Alfie Addison	U17 M Kendal AAC	4:18.66	PB
3	114 Christian Battersby	SEN M Hallamshire Harriers Sheffield AC	4:22.30	SB
4	295 Jonathan McBryer	U17 M Rothwell Harriers & AC	4:23.92	PB
5	277 Jacob Pryor	U17 M Warrington AC	4:25.27	
6	234 Freddie Edwards	U17 M Chorley Athletic & Triathlon Club	4:27.49	
7	235 George Holt	U17 M Horwich RMI Harriers	4:31.62	PB
8	567 Joshua Colquhoun-Lynn	U20 M Sale Harriers Manchester	4:32.97	
9	263 Holly Weedall	U20 F Vale Royal AC	4:33.94	SB
10	376 Rachel Friend	SEN F Leeds City AC	4:42.12	

**T27 1500m Heat 4**

1	318 Louis Gorman	SEN M Wallasey	4:33.37	PB
2	324 Mark Bailey	V40 M Rothwell Harriers & AC	4:34.44	PB
3	190 Eleanor Robinson	SEN F Keighley & Craven AC	4:34.75	
4	265 Ian Mayhew	V35 M Helsby	4:37.16	PB
5	572 Rocco Hughes	U17 M Rotherham Harriers & AC	4:38.68	
6	276 Jacob Fletcher	V35 M Trafford AC	4:42.08	PB
7	14 Akira Edgson	U20 F Sale Harriers Manchester	4:42.54	SB
8	31 Alyssa Davey	SEN F Sale Harriers Manchester	4:48.76	

**T28 1500m Heat 5**

1	193 Ellie Rainbow	U20 F Nene Valley Harriers	4:58.94	
2	527 Zara Darkin	U17 F Preston Harriers	5:01.76	
3	106 Charlotte Wilkinson	U17 F Horwich RMI Harriers	5:08.82	
4	94 Caitlyn Johnston	SEN F Bury AC	5:09.34	PB
5	509 Tash Mundell	SEN F Thames Valley Harriers	5:09.69	PB
6	353 Molly Roberts	U20 F Vale Royal AC	5:09.78	PB
7	400 Sophie Toyn	U20 F Mansfield Harriers & AC	5:25.86	

**Long Jump**

1	309 Katy Walton	SEN F Blackley & North Manchester	3.75	(-0.1)
2	351 Millie Everett	U20 F Manchester Harriers & AC	4.81	(0.0)
1	555 Seun Okome	SEN M Sale Harriers Manchester	6.45	(-2.5) PB
2	556 Michael Fennel	SEN M Manchester Harriers & AC	6.25	(0.0) PB
3	248 Glen Reddington	V60 M Windsor Slough Eton & Hounslow AC	4.15	(0.0)
4	266 Ian Scholes	V65 M Trafford AC	4.26	(0.0) SB

**Hammer**

1	558 Jessica Wilkins	U15 F Trafford AC	39.82	(3kg) PB
2	307 Kara Stoll	U17 F West Cheshire AC	33.16	(3kg)
3	350 Millie Egerton	U17 F Macclesfield Harriers & AC	32.07	(3kg)
4	395 Sharon Stoll	V50 F West Cheshire AC	24.80	(3kg) PB

1	530 Zoe Price	SEN F Liverpool Harriers & AC	57.56	(4kg)
2	254 Hannah Blood	SEN F Sale Harriers Manchester	56.06	(4kg)
3	393 Jasmine Richardson	U20 F Sale Harriers Manchester	46.49	(4kg)
4	262 Holly Stewart	U20 F Stockport Harriers & AC	39.70	(4kg)
5	199 Emma Harrison	U20 F Preston Harriers	37.70	(4kg)
6	103 Charlotte Bird	V35 F Macclesfield Harriers & AC	36.96	(4kg)
1	92 Bill Renshaw	V70 M Rotherham Harriers & AC	26.16	(4kg)
1	264 Ian Cooley	V65 M Rotherham Harriers & AC	37.76	(5kg)
1	162 Damon Cripps	V50 M Worcester AC	40.93	(6kg)
1	301 Joseph Flitcroft	SEN M Trafford AC	46.28	(7.26kg)
2	362 Oscar Bryce	SEN M Hallamshire Harriers Sheffield AC	41.23	(7.26kg)
3	385 Russell Race	SEN M Hyndburn AC	34.40	(7.26kg)
4	559 Tony Balls	SEN M Blackburn Harriers	33.26	(7.26kg) PB

#### High Jump

1	66 Aylwin Jerome Maria Selvaraj	V40 M Unattached	1.45	
2	309 Katy Walton	SEN F Blackley & North Manchester	1.25	SB
NM	266 Ian Scholes	V65 M Trafford AC	0.00	

#### Javelin

1	266 Ian Scholes	V65 M Trafford AC	24.40	(600g) PB
1	559 Tony Balls	SEN M Blackburn Harriers	27.89	(700g) PB
1	299 Jordan Walters	SEN M Leigh Harriers & AC	52.51	(800g) PB
2	568 Michael O'Donnel	SEN M Trafford AC	49.72	(800g) PB
3	258 Harry Miller-Reedman	SEN M Trafford AC	45.44	(800g) SB
4	553 Terry Greenwood	V45 M Trafford AC	37.09	(800g) PB

#### Triple Jump

1	138 Daisy Keigher	U20 F Sale Harriers Manchester	11.60	(0.0)
1	55 Archie Mills	U17 M Trafford AC	11.39	(0.0) PB
2	310 Kenta Brannon	U17 M Trafford AC	11.18	(0.0) PB
3	565 Ben Breeze	U17 M Trafford AC	9.92	(0.0) PB