

**England Athletics U20/U23 Open Championships**  
Chelmsford  
17-18 Jun 23

Has your performance not been assigned to your profile yet? Just click the **envelope**  beside your performance below to notify us and get it on your profile.

**1500 U23M h1 (17 Jun)**

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	3:50.69	Tyler Bilyard	U23 M	3	Jethro McGraw	Great Yarmouth/Birmingham Uni	3:42.88	3:42.88	
2	3:50.72	Kane Elliott	U23 M	2	William Sharp	Falkirk	3:42.80	3:39.13	
3	3:50.79	Jack Patton	U23 M	1	Robert Hawkins	Kilbarchan	3:43.34	3:43.34	
4	3:50.80	Thomas Patrick	U23 M	3	George Harrison	Shaftesbury Barnet/Loughborough Students	3:44.94	3:44.94	
5	3:50.91	Duncan Robinson	U23 M	2		Giffnock North	3:42.81	3:42.81	
6	3:51.36	Charlie Roberts	U23 M	1	Andrew Henderson	St. Helens Sutton/Leeds Beckett Uni	3:48.43	3:48.43	
7	3:53.38	Raif Serif	U23 M	2	Craig Winrow	Vale Royal/St. Mary's Uni	3:49.04	3:49.04	
8	3:53.90	Pierce Clisham	<b>SB</b> U23 M	1	David Dix	Coventry/Leeds Uni	3:53.90	3:53.47	
9	4:11.02	Ben Miles	U23 M	2	Steve Mitchell	Cardiff	3:53.82	3:53.82	

**1500 U23M h2 (17 Jun)**

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	3:52.34	Joe Ewing	U23 M	2	Carol Sharp	Edinburgh AC/Harvard Uni	3:41.36	3:41.36	
2	3:52.44	Simon Coppard	U23 M	3	Chris McGeorge	Tonbridge/Loughborough Students	3:45.72	3:43.15	
3	3:52.79	Ben MacMillan	U23 M	3	Michael Wright	Central/Stirling Uni	3:41.24	3:40.60	
4	3:53.20	Archie Parkinson	U23 M	1	Jethro McGraw	Corby	3:47.11	3:47.11	
5	3:53.64	Alex Melloy	U23 M	1	Mark Vile	Cambridge & Coleridge	3:43.29	3:43.29	
6	3:55.38	Will Bellamy	<b>SB</b> U23 M	1	Lynn Cooper	Houghton Harriers/St. Mary's Uni	3:49.58	3:49.58	
7	3:55.70	Max Price	U23 M	1	Keith Holt	Birchfield H	3:48.07	3:48.07	
8	3:57.90	George Rowland	U23 M	1	Dean Miller	Cambridge & Coleridge/Birmingham Uni	3:49.38	3:49.38	
9	4:03.67	Edward Leech	U23 M	1		Forest of Dean AC/Durham Uni	3:49.14	3:49.14	

**1500 U20M h1 (17 Jun)**

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	3:47.60	Tendai Nyabadza	U20 M	2	Robert Hawkins	Harmony	3:42.33	3:42.33	
2	3:47.97	Miles Waterworth	U20 M	1	Bruce Warren	Brighton Phoenix	3:44.76	3:44.76	
3	3:48.07	William Rabjohns	<b>PB</b> U20 M	1	Mark Pauley	Poole AC	3:48.07	3:48.07	
4	3:48.34	Jhye Hadfield	<b>SB</b> U20 M	2		Australia	3:48.34	3:46.16	
5	3:48.97	Corey Campbell	U20 M	1	Alister Russell	Team East Lothian	3:45.60	3:45.60	
6	3:49.61	Will Singleton	U20 M	2		Shrewsbury	3:47.51	3:47.51	
7	3:50.55	Sam Mills	U20 M	2		Exeter	3:45.78	3:45.78	
8	3:53.83	Rowan Miell-Ingram	U20 M	3	Wendy Miell-Ingram	Radley/Loughborough Students	3:49.95	3:46.23	
9	3:59.83	Joshua Blevins	U20 M	2		Gateshead	3:53.57	3:53.57	
10	4:01.31	Conrad Norman	U20 M	1	Mick Woods	Aldershot, Farnham & District	3:57.02	3:57.02	
11	4:05.67	Jacob Reynolds	U20 M	3	Anwyn Davies	Cardiff/Cardiff Uni	3:53.26	3:53.26	
12	4:06.84	Jamie Keir	U20 M	2	Donald Carter	Invicta East Kent	3:49.84	3:49.84	
13	4:09.56	Ethan Brady-Jones	U20 M	2	Kyle Bennett	Wirral	3:55.95	3:55.95	
14	4:09.75	Connor Bell	U20 M	1	Derek Easton	Central	3:58.00	3:58.00	

**1500 U20M h2 (17 Jun)**

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	3:51.20	Andrew McGill	U20 M	3	Michael Johnston	Livingston/Glasgow Uni	3:44.62	3:44.62	
2	3:51.60	Alex Riley	U20 M	1	Allison Benton	Brighton & Hove	3:46.69	3:46.69	
3	3:51.61	Tommy Shaw	U20 M	3	Joshua Schofield	City of York/Birmingham Uni	3:49.43	3:49.43	
4	3:51.70	Isaac Rothwell	U20 M	2	Mark Vile	Cambridge & Coleridge	3:45.93	3:45.93	
5	3:51.76	Evan Savage	U20 M	2	Norman Poole	Sale Harriers Manchester	3:47.17	3:47.17	
6	3:53.19	George Keen	U20 M	2	Mark Vile	Cambridge & Coleridge	3:50.79	3:50.79	
7	3:53.39	Joseph Rees Gara	<b>PB</b> U20 M	1	Trevor Painter	Wigan & District	3:53.39	3:53.39	
8	3:54.00	Dan Galloway	U20 M	2	Stuart Hamilton	Telford AC	3:44.82	3:44.82	
9	3:54.15	Thomas Archer	<b>SB</b> U20 M	3	Kabir Kemp	London Heathside/Essex Schs	3:54.15	3:51.57	
10	3:55.51	James Vaughan	U20 M	3	David Lawrence	Birchfield H	3:53.05	3:52.24	
11	3:57.05	Noah Bennett	U20 M	3	Anthony Love	Rugby & Northampton/Birmingham Uni	3:54.04	3:54.04	
12	3:58.53	Oliver Patton	U17 M	-1	Robert Hawkins	Kilbarchan	3:56.72	3:54.46	
13	3:59.02	Zak Freeland	U20 M	3	Julie Freeland	Marshall Milton Keynes/Queens Uni NC	3:49.69	3:49.69	
14	4:02.02	Sam Nesbitt	U20 M	2	Mick Woods	Aldershot, Farnham & District	3:57.71	3:57.71	

**1500 U23W h1 (17 Jun)**

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4:30.08	Alexandra Millard	U23 W	3	Bill Foster	Invicta East Kent/Loughborough Students	4:11.78	4:11.78	
2	4:30.37	Alice Wright	U23 W	1	Jon Bigg	Brighton Phoenix	4:16.08	4:16.08	

3	4:30.43	Emily Marmion-Williams	U23	W	2	Shane Smith	Kettering/Birmingham Uni	4:24.18	4:16.89		
4	4:30.52	Helen Braybrook	U23	W	2	Bill Boyd	Corby/CSP University	4:20.58	4:20.58		
5	4:30.60	Hannah Anderson	U23	W	2	Mark Nixon	East Kilbride/Edinburgh Uni Hare & Hounds	4:23.45	4:23.45		
6	4:33.85	Ella Semple	U23	W	2	Dean Miller	Wolverhampton & Bilston/Birmingham Uni	4:27.58	4:27.58		
7	4:41.10	Freya Bennett	U23	W	1	Dean Miller	Coventry/Birmingham Uni	4:33.56	4:25.53		
<b>1500 U23W h2 (17 Jun)</b>											
<b>Pos</b>	<b>Perf</b>	<b>Name</b>	<b>AG</b>	<b>Year</b>	<b>Coach</b>	<b>Club</b>	<b>SB</b>	<b>PB</b>			
1	4:29.14	Bethan Morley	U23	W	3	Bill Foster	Leeds City/Loughborough Students	4:14.08	4:14.08		
2	4:29.61	Sarah Calvert	U23	W	3	Lewis Walker	Livingston/Edinburgh Uni Hare & Hounds	4:13.17	4:13.17		
3	4:30.57	Niamh Carr	U23	W	3	Lewis Walker	Ballymena & Antrim/Edinburgh Uni/Ireland	4:27.11	4:19.62		
4	4:31.45	Almi Nerurkar	U23	W	3	Joel Kidger	Brighton Phoenix	4:21.21	4:20.51		
5	4:32.00	Abigail Hancock	U23	W	2	Bill Foster	Reading AC/Loughborough Students	4:27.80	4:23.25		
6	4:32.22	Kate Willis	U23	W	2	Dean Miller	City of Norwich/Birmingham Uni	4:20.70	4:20.70		
7	4:33.85	Elsa Palmer	U23	W	3	Dean Miller	Birmingham Uni	4:27.75	4:27.75		
8	4:36.06	Sarah Coutts	<b>SB</b>	U23	W	1	Glasgow Jaguars/Fife	4:36.06	4:26.99		
9	4:40.39	Georgina Campbell	U23	W	2	Paul Hawkins	Stratford-upon-Avon/Birmingham Uni	4:33.61	4:33.61		
10	4:41.92	Emily Lowery	U23	W	3	James Thie	Vale Royal/Cardiff Uni	4:25.55	4:25.55		
<b>1500 U20W h1 (17 Jun)</b>											
<b>Pos</b>	<b>Perf</b>	<b>Name</b>	<b>AG</b>	<b>Year</b>	<b>Coach</b>	<b>Club</b>	<b>SB</b>	<b>PB</b>			
1	4:26.54	Jessica Lark	U17	W	-1	Trevor Painter	West Cheshire	4:20.07	4:20.07		
2	4:27.42	Lyla Belshaw	U17	W	-2	David Smith	Colchester H	4:17.34	4:17.34		
3	4:27.58	Isla McGowan	U17	W	-2	Ros Kelling	Banbury	4:24.02	4:24.02		
4	4:28.12	Keira Brady-Jones	<b>SB</b>	U20	W	2	Kyle Bennett	Wirral	4:28.12	4:22.10	
5	4:28.40	Scarlett Livingstone	U20	W	1		Exeter	4:24.71	4:24.71		
6	4:29.51	Gabrielle Phelan	<b>PB</b>	U20	W	1	Sarah Kearney	Wirral	4:29.51	4:29.51	
7	4:33.63	Tabitha Ford	<b>PB</b>	U20	W	1	Bob Schofield	Kingston upon Hull	4:33.63	4:33.63	
8	4:39.44	Millie Freeland	U20	W	1	Julie Freeland	Marshall Milton Keynes	4:36.39	4:36.39		
9	4:55.64	Amy-Jayne Goodhand	U20	W	2	Peter Mullervy	Invicta East Kent	4:39.45	4:35.64		
<b>1500 U20W h2 (17 Jun)</b>											
<b>Pos</b>	<b>Perf</b>	<b>Name</b>	<b>AG</b>	<b>Year</b>	<b>Coach</b>	<b>Club</b>	<b>SB</b>	<b>PB</b>			
1	4:24.59	Alice Bates	U20	W	2	Shane Smith	Kettering	4:22.14	4:22.14		
2	4:26.62	Ella Greenway	U20	W	2	Joanna Evans	Cleethorpes	4:14.56	4:14.56		
3	4:27.02	Ava Lloyd	U20	W	2	Trevor Painter	Wigan & District	4:20.60	4:20.60		
4	4:27.80	Abigail Stratton	U20	W	2	Edmund Finucane	Blackburn	4:20.32	4:20.32		
5	4:31.27	Shen Wigfield-Turner	<b>PB</b>	U20	W	3	Hallamshire	4:31.27	4:31.27		
6	4:31.99	Poppy Palmer-Malins	<b>PB</b>	U20	W	3	Daniel Stepney	Brighton Phoenix	4:31.99	4:31.99	
7	4:34.24	Maisie Burns	U20	W	2	Trevor Painter	Chorley ATC	4:33.03	4:33.03		
8	4:39.71	Ruby Vinton	<b>SB</b>	U20	W	1	Hayley Hemmings	Chelmsford	4:39.71	4:36.57	
<b>1500 U23M (18 Jun)</b>											
<b>Pos</b>	<b>Perf</b>	<b>Name</b>	<b>AG</b>	<b>Year</b>	<b>Coach</b>	<b>Club</b>	<b>SB</b>	<b>PB</b>			
1	3:44.32	Tyler Bilyard	U23	M	3	Jethro McGraw	Great Yarmouth/Birmingham Uni	3:42.88	3:42.88		
2	3:44.94	Joe Ewing	U23	M	2	Carol Sharp	Edinburgh AC/Harvard Uni	3:41.36	3:41.36		
3	3:45.04	Jack Patton	U23	M	1	Robert Hawkins	Kilbarchan	3:43.34	3:43.34		
4	3:45.04	Ben MacMillan	U23	M	3	Michael Wright	Central/Stirling Uni	3:41.24	3:40.60		
5	3:46.27	Thomas Patrick	U23	M	3	George Harrison	Shaftesbury Barnet/Loughborough Students	3:44.94	3:44.94		
6	3:46.50	Duncan Robinson	U23	M	2		Giffnock North	3:42.81	3:42.81		
7	3:47.11	Archie Parkinson	<b>PB</b>	U23	M	1	Jethro McGraw	Corby	3:47.11	3:47.11	
8	3:47.17	Alex Melloy	U23	M	1	Mark Vile	Cambridge & Coleridge	3:43.29	3:43.29		
9	3:49.04	Raif Serif	<b>PB</b>	U23	M	2	Craig Winrow	Vale Royal/St. Mary's Uni	3:49.04	3:49.04	
10	3:49.14	Edward Leech	<b>PB</b>	U23	M	1		Forest of Dean AC/Durham Uni	3:49.14	3:49.14	
11	3:50.54	Kane Elliott	U23	M	2	William Sharp	Falkirk	3:42.80	3:39.13		
12	3:50.64	Charlie Roberts	U23	M	1	Andrew Henderson	St. Helens Sutton/Leeds Beckett Uni	3:48.43	3:48.43		
13	3:50.71	Simon Coppard	U23	M	3	Chris McGeorge	Tonbridge/Loughborough Students	3:45.72	3:43.15		
<b>1500 U20M (18 Jun)</b>											
<b>Pos</b>	<b>Perf</b>	<b>Name</b>	<b>AG</b>	<b>Year</b>	<b>Coach</b>	<b>Club</b>	<b>SB</b>	<b>PB</b>			
1	3:50.87	Tendai Nyabadza	U20	M	2	Robert Hawkins	Harmeny	3:42.33	3:42.33		
2	3:52.01	Sam Mills	U20	M	2		Exeter	3:45.78	3:45.78		
3	3:52.26	Alex Riley	U20	M	1	Allison Benton	Brighton & Hove	3:46.69	3:46.69		
4	3:52.27	Miles Waterworth	U20	M	1	Bruce Warren	Brighton Phoenix	3:44.76	3:44.76		
5	3:53.14	Isaac Rothwell	U20	M	2	Mark Vile	Cambridge & Coleridge	3:45.93	3:45.93		
6	3:53.46	Corey Campbell	U20	M	1	Alister Russell	Team East Lothian	3:45.60	3:45.60		
7	3:53.47	Evan Savage	U20	M	2	Norman Poole	Sale Harriers Manchester	3:47.17	3:47.17		
8	3:54.99	Will Singleton	U20	M	2		Shrewsbury	3:47.51	3:47.51		
-	3:56.16	Jhye Hadfield	U20	M	2		Australia	3:48.34	3:46.16		
9	3:58.27	Andrew McGill	U20	M	3	Michael Johnston	Livingston/Glasgow Uni	3:44.62	3:44.62		
10	3:59.86	Tommy Shaw	U20	M	3	Joshua Schofield	City of York/Birmingham Uni	3:49.43	3:49.43		
11	4:01.12	William Rabjohns	U20	M	1	Mark Pauley	Poole AC	3:48.07	3:48.07		
<b>1500 U23W (18 Jun)</b>											
<b>Pos</b>	<b>Perf</b>	<b>Name</b>	<b>AG</b>	<b>Year</b>	<b>Coach</b>	<b>Club</b>	<b>SB</b>	<b>PB</b>			
1	4:20.99	Sarah Calvert	U23	W	3	Lewis Walker	Livingston/Edinburgh Uni Hare & Hounds	4:13.17	4:13.17		
2	4:21.74	Alexandra Millard	U23	W	3	Bill Foster	Invicta East Kent/Loughborough Students	4:11.78	4:11.78		
3	4:22.12	Bethan Morley	U23	W	3	Bill Foster	Leeds City/Loughborough Students	4:14.08	4:14.08		

4	4:23.57	Alice Wright	U23	W	1	Jon Bigg	Brighton Phoenix	4:16.08	4:16.08		
5	4:27.35	Kate Willis	U23	W	2	Dean Miller	City of Norwich/Birmingham Uni	4:20.70	4:20.70		
6	4:27.52	Helen Braybrook	U23	W	2	Bill Boyd	Corby/CSP University	4:20.58	4:20.58		
7	4:27.80	Niamh Carr	U23	W	3	Lewis Walker	Ballymena & Antrim/Edinburgh Uni/Ireland	4:27.11	4:19.62		
8	4:27.80	Abigail Hancock	<b>SB</b>	U23	W	2	Bill Foster	Reading AC/Loughborough Students	4:27.80	4:23.25	
9	4:28.78	Emily Marmion-Williams	U23	W	2	Shane Smith	Kettering/Birmingham Uni	4:24.18	4:16.89		
10	4:30.63	Elsa Palmer	U23	W	3	Dean Miller	Birmingham Uni	4:27.75	4:27.75		
11	4:31.68	Hannah Anderson	U23	W	2	Mark Nixon	East Kilbride/Edinburgh Uni Hare & Hounds	4:23.45	4:23.45		
-	DNF	Almi Nerurkar	U23	W	3	Joel Kidger	Brighton Phoenix	4:21.21	4:20.51		

#### 1500 U20W (18 Jun)

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB			
1	4:15.53	Ella Greenway	U20	W	2	Joanna Evans	Cleethorpes	4:14.56	4:14.56		
2	4:17.34	Lyla Belshaw	<b>PB</b>	U17	W	-2	David Smith	Colchester H	4:17.34	4:17.34	
3	4:20.07	Jessica Lark	<b>PB</b>	U17	W	-1	Trevor Painter	West Cheshire	4:20.07	4:20.07	
4	4:20.60	Ava Lloyd	<b>PB</b>	U20	W	2	Trevor Painter	Wigan & District	4:20.60	4:20.60	
5	4:22.29	Abigail Stratton	U20	W	2	Edmund Finucane	Blackburn	4:20.32	4:20.32		
6	4:27.85	Isla McGowan	U17	W	-2	Ros Kelling	Banbury	4:24.02	4:24.02		
7	4:28.52	Scarlett Livingstone	U20	W	1		Exeter	4:24.71	4:24.71		
8	4:30.04	Alice Bates	U20	W	2	Shane Smith	Kettering	4:22.14	4:22.14		
9	4:30.32	Keira Brady-Jones	U20	W	2	Kyle Bennett	Wirral	4:28.12	4:22.10		
10	4:32.35	Gabrielle Phelan	U20	W	1	Sarah Kearney	Wirral	4:29.51	4:29.51		
11	4:33.71	Poppy Palmer-Malins	U20	W	3	Daniel Stepney	Brighton Phoenix	4:31.99	4:31.99		
12	4:39.08	Shen Wigfield-Turner	U20	W	3		Hallamshire	4:31.27	4:31.27		

