

Race : 11		BMC 800m A (Mens)			
Posn	Vest No.	Leg No.	Time	Name	Club
1	7	7	01:45.60	Reece Sharman-newell U23	Basingstoke & Mid Hants / Csp University
2	6	6	01:46.31	Alex Botterill	City Of York / Leeds Beckett Uni
3	5	5	01:47.00	Thomas Randolph	Tamworth / St. Mary's Uni
4	8	8	01:47.45	James McMurray	St. Albans Ac / St. Albans Striders / Brunel Uni London
5	3	3	01:47.91	Piers Copeland	Pontypridd (roadents) / Cardiff Met Uni
6	9	9	01:48.45	Ben Claridge	Abingdon / Bath Uni
7	2	2	01:48.50	Leandro Alves Prates	Brazil
8	4	4	01:48.72	Daniel Howells U23	Aldershot Farnham & District / Brunel Uni London
9	1	1	01:50.25	David Locke U23	Cardiff / Loughborough Students

Race : 3		BMC 800m B (Mens)			
Posn	Vest No.	Leg No.	Time	Name	Club
1	10	1	01:48.82	Nicholas Landeau	Walton / Trinidad & Tobago
2	15	6	01:50.11	Tom Dodd	Birchfield H / Michigan Uni
3	16	7	01:50.18	Elliot Savage U20	Sale Harriers Manchester
4	12	3	01:50.34	Ryan Elston U23	Charnwood / Loughborough Students
5	13	4	01:51.76	Seumas Mackay U23	Shetland
6	11	2	01:51.92	Linton Gardiner	Coventry / Sheffield Hallam Uni

Race : 1		BMC 800m C (Mens)			
Posn	Vest No.	Leg No.	Time	Name	Club
1	20	4	01:49.53	Sebastian Anthony	Cambridge & Coleridge / Virginia Tech
2	23	7	01:50.01	Miles Waterworth U20	Brighton Phoenix
3	22	6	01:50.11	Sam Davey U23	Worcester / Birmingham Uni
4	17	1	01:51.08	Thomas Patrick U23	Shaftesbury Barnet / Loughborough Students
5	21	5	01:51.55	Luke Richardson U20	Bromsgrove & Redditch / Birmingham Uni
6	19	3	01:55.00	Stefan O'loughnane U20	Basingstoke & Mid Hants
7	24	8	01:57.94	Josh Fiddaman U23	Blyth / Loughborough Students / Alnwick

Race : 9 BMC 800m D (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	26	2	01:50.42	Jonny White	City Of Portsmouth / Portsmouth Uni
2	30	6	01:51.88	Nirobi Smith-mills U23	Notts / Bermuda
3	33	9	01:52.19	Chris Bain U23	Guernsey / Edinburgh Uni Hare & Hounds
4	32	8	01:53.09	Farris Wakil U23	Ilford
5	27	3	01:54.13	Matthew Mustard U23	Sheffield Uni
6	29	5	01:54.30	Harry Ware U20	Basingstoke & Mid Hants
7	31	7	01:54.35	Charlie Roberts U23	St. Helens Sutton / Leeds Beckett Uni
8	28	4	01:54.63	Adam Day	Birchfield H

Race : 19 BMC 800m E (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	40	7	01:53.84	Oakley Denson U20	Windsor Slough Eton & Hounslow
2	38	5	01:53.93	Pierce Clisham U23	Coventry / Leeds Uni
3	36	3	01:54.26	Joseph Reeve U20	Richmond & Zetland
4	34	1	01:54.29	James Vaughan U20	Birchfield H
5	37	4	01:55.38	Tommy Shaw U20	City Of York / Birmingham Uni
6	39	6	01:55.48	Jack Organ U20	Brecon
7	41	8	01:56.64	Robert Smyk U23	Salford H / Loughborough Students / Poland
8	42	9	01:59.21	Dylan Carney U20	Vale Royal

Race : 5 BMC 800m F (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	48	6	01:54.67	Victor Nutakor V35	Newham & Essex Beagles
2	47	5	01:54.99	Stanley Clarke U23	Sutton-in-ashfield / Birmingham Uni
3	49	7	01:55.12	Finley Proffitt U23	Trafford / Birmingham Uni
4	46	4	01:55.64	Will Steadman U20	Chelmsford
5	44	2	01:56.84	Jacob Fehily	Trafford / Sheffield Uni
6	45	3	01:57.78	Samuel Holloway U20	North Somerset
7	43	1	01:58.06	Leo Stark U20	Newport H
8	50	8	01:58.09	Sam Yates U20	Nuneaton

Race : 10 BMC 800m A (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
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1	57	7	02:00.87	Khahisa Mhlanga	Herts Phoenix
2	58	8	02:04.33	Steph Driscoll U23	Liverpool H / Kendal
3	51	1	02:04.51	Molly Hudson U23	Derby / Leeds Beckett Uni
4	59	9	02:04.78	Rhiannon Hawker	Cardiff / Cardiff Met Uni
5	53	3	02:05.02	Emily Simpson	Sheffield & Dearne / Sheffield Hallam Uni
6	65		02:05.51	Grace Vans Agnew	Brighton Phoenix
7	54	4	02:06.23	Indienne King U20	Wigan & District
8	55	5	02:06.98	Morgan Mitchell	Australia

Race : 2 BMC 800m B (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	61	2	02:09.76	Isobel Ives	Basildon / Bath Uni
2	60	1	02:10.78	Alice Bennett U20	Kettering
3	62	3	02:12.05	Ty Brockley-langford U23	Salford H / Trafford
4	67	8	02:14.01	Caitlin Mccloy U17	Rotherham

Race : 8 BMC 800m C (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	75	7	02:08.92	Lily Saxon U20	Solihull & Small Heath
2	74	6	02:10.32	Tamsin Mcgraw	Sheffield & Dearne / Sheffield Hallam Uni
3	72	4	02:10.37	Saskia Huxham	Hallamshire / Durham Uni
4	69	1	02:10.50	Harriet Tuson U23	Yeovil / Keiser / Wells City
5	73	5	02:11.10	Brianna Lee U23	New Zealand
6	71	3	02:12.47	Keira Devereux U20	North Somerset
7	70	2	02:12.63	Milly Dickinson U23	Brighton Phoenix / Cambridge Uni
8	76	8	02:12.85	Ella Semple U23	Wolverhampton & Bilston / Birmingham Uni

Race : 4 BMC 800m D (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	78	2	02:13.90	Annie Testar U23	Stroud / Birmingham Uni
2	79	3	02:14.09	Molly Peel U23	Peterborough & Nene Valley / Loughborough Students
3	84	8	02:14.98	Georgina Campbell U23	Stratford-upon-avon / Birmingham Uni
4	83	7	02:15.66	Anna-rose Merchant U17	Cardiff
5	77	1	02:15.98	Valentina Costa U20	Derby
6	85	9	02:16.62	Lauren Cunild	Northampton / Emory

7	80	4	02:17.21	Hannah Knights	Guildford & Godalming / Loughborough Students
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Race : 7  
BMC 1500m A (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	95	10	03:41.28	Archie Davis	Brighton Phoenix / Crawley
2	93	8	03:41.50	James Heneghan	Pontypridd (roadents) / Cardiff Uni
3	94	9	03:41.51	Joseph Tuffin	Brat / Rushcliffe
4	100	15	03:41.85	Jeremy Dempsey	Shaftesbury Barnet / Cambridge Uni
5	92	7	03:42.24	Luke Shaw U23	City Of Portsmouth / Australia
6	96	11	03:42.33	Tendai Nyabadza U20	Harmeny
7	101	16	03:42.86	Will Lewis	Australia
8	88	3	03:43.19	Joe Wigfield	Wirral / St. Mary's Uni / Liverpool H
9	89	4	03:43.44	Daniel Bebbington	Blackburn
10	99	14	03:43.87	Tyler Bilyard U23	Great Yarmouth / Birmingham Uni
11	97	12	03:43.96	Kane Elliott U23	Falkirk
12	90	5	03:44.00	Benjamin West	Mk Distance Project
13	102	17	03:44.60	Jacob Cann	Newham & Essex Beagles / Horsham Blue Star / Lancaster Uni
14	98	13	03:44.85	Justin Davies U23	Team Bath
15	103	18	03:46.52	Alex Hampson	Mansfield
16	87	2	03:56.09	Max Wharton	Sale Harriers Manchester
17	91	6	03:58.18	Ben Macmillan U23	Central / Stirling Uni

Race : 6  
BMC 1500m B (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	112	9	03:45.40	Max Heyden	Aldershot Farnham & District / Loughborough Students
2	116	13	03:45.73	Daniel Brookling	Windsor Slough Eton & Hounslow / Missouri
3	114	11	03:45.78	Sam Mills U20	Exeter
4	105	2	03:46.68	Angus Beer U23	Australia
5	107	4	03:46.84	Ben Potrykus	Woodford Green Essex Ladies / Inverclyde
6	119	16	03:46.92	Rocco Zaman-browne	Manchester H / Ireland
7	117	14	03:47.79	Jack Gumm	Brighton Phoenix / Bath Uni
8	111	8	03:48.85	Oliver Barbaresi	Thames Valley / Imperial College
9	113	10	03:48.90	Ricky Harvie	Aldershot Farnham &

Posn	Vest No.	Leg No.	Time	Name	Club
10	115	12	03:49.15	Simon Coppard U23	Tonbridge / Loughborough Students
11	110	7	03:50.57	Alex Riley U20	Brighton & Hove
12	109	6	03:51.18	Michael Wilson	Sunderland
13	106	3	03:51.35	Joe Armstrong	Sunderland / Durham Uni
14	104	1	03:57.26	Ben Sandilands U23	Fife

Race  
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BMC 1500m C (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	123	4	03:46.84	James Mccrae	Hallamshire
2	126	7	03:47.07	Harry Cox	Chiltern / Cambridge Uni
3	131	12	03:47.55	Andrew Smith	Leeds City / Leeds Beckett Uni
4	127	8	03:47.59	Gavin Smith	Cambuslang / American International College
5	129	10	03:48.53	Adam Peacock	Brat / Bromsgrove & Redditch
6	125	6	03:48.91	Max Price U23	Birchfield H
7	132	13	03:49.32	Raif Serif U23	Vale Royal / St. Mary's Uni
8	124	5	03:49.69	Zak Freeland U20	Marshall Milton Keynes / Queens Uni Nc
9	120	1	03:50.22	Peter Bradshaw U23	Inverclyde / Edinburgh Uni
10	128	9	03:50.43	Charlie Eastaugh	Hercules Wimbledon
11	130	11	03:54.41	Mark Hanrahan U23	Newham & Essex Beagles / Ireland
12	121	2	03:58.22	Jaymee Domoney	City Of Salisbury
13	122	3	03:58.85	Oliver Patton U17	Kilbarchan

Race  
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BMC 1500m D (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	147	15	03:44.60	Will Barnicoat U23	Aldershot Farnham & District / Birmingham Uni
2	139	7	03:47.15	Ted Chamberlain	Holmfirth
3	140	8	03:48.17	Benjamin Davies	Bedford & County
4	136	4	03:48.73	Ned Potter U23	Newham & Essex Beagles / Loughborough Students / Chichester
5	145	13	03:50.81	Luke Vine	Tipton
6	134	2	03:51.56	Callum Jones	Cornwall Ac
7	133	1	03:51.75	Cillian Doherty	Cambridge & Coleridge / Ireland
8	138	6	03:53.89	Henry Dover U20	Shaftesbury Barnet
9	142	10	03:54.42	Callum Charleston	Aldershot Farnham & District / St. Mary's Uni

10	143	11	03:54.50	Sam Costley	Southampton / Loughborough Students
11	144	12	03:55.90	Freddy Richardson U23	Colchester & Tendring / St. Mary's Uni
12	141	9	03:55.96	Louis Small U20	Ashford Ac / Loughborough Students
13	135	3	03:56.69	Reiss Marshall U20	Fife
14	148	16	04:01.20	Thomas Archer U20	London Heathside / Essex Schs
15	137	5	04:05.32	Ewan Wheelwright U23	Salford H / Leeds Uni

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BMC 1500m E (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	161	13	03:53.09	Jack O'farrell	Burren / Loughborough Students
2	166	18	03:53.38	Terence Fawden	Highgate / Cambridge Uni
3	159	11	03:54.93	Christopher Smith	Huntingdonshire / Ely
4	158	10	03:55.48	Ethan Primett U20	Herts Phoenix
5	153	5	03:56.00	Jonathan Escalante-phillips	Cambridge & Coleridge / Cambridge Uni
6	154	6	03:56.36	Finnian Hutchinson U23	Leeds City / Loughborough Students
7	157	9	03:56.89	Sam Flaherty U23	Liverpool H / Loughborough Students
8	152	4	03:58.90	Xavier O'hare U23	Trafford / St. Mary's Uni
9	155	7	03:59.34	William Mahoney U23	City Of Norwich
10	163	15	03:59.60	Luke Nuttall U23	Charnwood / Loughborough Students
11	151	3	04:02.33	Leo Cossham	Hallamshire / Washburn
12	150	2	04:02.72	Asher Patel U20	Unattached
13	164	16	04:03.65	James Rennie U23	Reading Ac / Cambridge Uni
14	156	8	04:04.07	James Hancock	Croydon / Exeter Uni
15	149	1	04:04.76	Isaac Leydon U20	Vale Royal
16	165	17	04:08.90	Petros Kousis U23	Birmingham Uni / Cyprus

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BMC 1500m A (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	180	14	04:09.49	Jessica Warner-judd	Blackburn / Loughborough Students
2	178	12	04:11.49	Rebekah Greene	New Zealand
3	172	6	04:11.78	Alexandra Millard U23	Invicta East Kent / Loughborough Students
4	176	10	04:12.55	Mary Ekiru	Kenya
5	174	8	04:12.76	Megan Davies	Sale Harriers Manchester
6	177	11	04:13.17	Sarah Calvert U23	Livingston / Edinburgh Uni Hare & Hounds

7	171	5	04:15.98	Philippa Stone	Middlesbrough (mandale) / Durham Uni
8	175	9	04:16.08	Alice Wright U23	Brighton Phoenix
9	168	2	04:16.29	Carla Sweeney	Rathfarnham / Ireland
10	181	15	04:19.98	Bethan Morley U23	Leeds City / Loughborough Students
11	173	7	04:21.28	Annie Mann U20	Winchester / Halterworth
12	170	4	04:21.68	Caitlin Adams	Australia
13	179	13	04:26.21	Jessica Spilsbury U23	Sale Harriers Manchester / Loughborough Students
14	167	1	04:28.19	Abigail Stratton U20	Blackburn
15	169	3	04:44.67	Lauren Church	Reading Ac

Race : 15

BMC 1500m B (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	193	12	04:14.56	Ella Greenway U20	Cleethorpes
2	183	2	04:20.37	Amelia Samuels U23	Wolverhampton & Bilston
3	188	7	04:21.32	Isobelle Jones U17	Wolverhampton & Bilston
4	196	15	04:23.09	Almi Nerurkar U23	Brighton Phoenix
5	197	16	04:24.02	Isla Mcgowan U17	Banbury
6	191	10	04:26.59	Beth Barlow	Manchester H / Sheffield Uni
7	192	11	04:28.55	Juliet Hodder	Wirral / St. Mary's Uni
8	182	1	04:30.01	Millie McClelland-brooks U17	Inverclyde
9	186	5	04:31.18	Aimee Wallace U20	Mullingar / Ireland
10	185	4	04:35.11	Abigail Hancock U23	Reading Ac / Loughborough Students
11	194	13	04:39.42	Alice Bates U20	Kettering
12	190	9	04:39.63	Jodie Mccann	Dublin City / Ireland
13	184	3	04:55.48	Elsa Wallenius U23	Sweden

Race : 14

BMC 1500m C (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	201	4	04:28.72	Molly Butterworth	Doncaster / Leeds Uni
2	205	8	04:30.29	Olivia Mason U23	Border / Leeds Uni
3	209	12	04:30.75	Elsa Palmer U23	Birmingham Uni
4	210	13	04:33.21	Keira Stern U23	St. Albans Ac / Loughborough Students
5	203	6	04:33.58	Grace Copeland	Wimborne / San Francisco Uni
6	198	1	04:33.78	Renee Lewis U23	Australia
7	199	2	04:33.86	Alice Garner U23	Aldershot Farnham & District / Oxford Uni
8	207	10	04:33.94	Emily Shaw U20	Wimborne
9	208	11	04:35.12	Eleanor Robinson	Keighley & Craven

10	206	9	04:51.61	Katie Sandilands U17	Fife
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Race : 16			BMC 1500m D (Womens)		
Posn	Vest No.	Leg No.	Time	Name	Club
1	222	11	04:33.03	Evey Powell U17	Abingdon
2	221	10	04:33.76	Laurie Marlow	Reading Ac
3	219	8	04:36.51	Ella Saunders	Reading Ac
4	213	2	04:36.90	Holly Fisher U23	Ipswich / Loughborough Students
5	223	12	04:38.89	Cara Inch	Holmfirth / Loughborough Students
6	220	9	04:39.37	Penny Oliver	Coventry / Exeter Uni / Croydon
7	217	6	04:39.75	Jenny Leggate U20	Cambridge & Coleridge
8	224	13	04:41.29	Pippa Bailey	Herts Phoenix / Loughborough Students
9	212	1	04:41.86	Sophie Hurst U23	Coventry
10	215	4	04:43.06	Holly Watson U20	Chelmsford
11	204	15	04:45.63	Anna Boniface	Reading Ac / Brunel Uni London
12	218	7	04:48.38	Naomi Harris U23	Reading Ac / Loughborough Students
13	225	14	04:50.42	Scarlett Kent U23	Shaftesbury Barnet / Loughborough Students
14	216	5	04:51.22	Rosie West U17	Wreake & Soar Valley / Wreake Runners

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Race : 21			BMC 5000m A (Mens)		
Posn	Vest No.	Leg No.	Time	Name	Club
1	233	8	14:00.07	Alfie Manthorpe	Sheffield & Dearne / Sheffield Uni
2	86	26	14:01.86	Andrew Milligan	North Belfast / Lancaster Uni
3	237	12	14:03.95	Hugo Milner	Derby
4	229	4	14:06.54	Alexander Leprtre	Highgate / Shaftesbury Barnet / Barnet
5	235	10	14:09.47	Toby Cooke	Winchester
6	228	3	14:20.93	Kurt Taylor	Bristol & West
7	226	1	14:22.85	Oscar Bell	Herts Phoenix / Ware Joggers
8	245	20	14:23.34	Tom Graham-marr	Central / Aberdeen Uni
9	234	9	14:25.32	Dean Casey U23	Ennis Track / Ireland
10	231	6	14:26.46	Alasdair Kinloch	Tonbridge / Loughborough Students
11	240	15	14:29.12	Isaac Hirshman Chandler U23	Shaftesbury Barnet / Birmingham Uni
12	263	25	14:29.21	Freddie Hessian	Notts / Guildford & Godalming
13	227	2	14:34.19	Ryan Thomson	Cambuslang
14	239	14	14:35.09	Tewelde Menges	Medway & Maidstone



15	241	16	14:41.33	Jack Millar	Bristol & West / Thames Hare & Hounds
16	242	17	14:53.79	Joseph Massingham	Rotherham / Cambridge Uni

Race  
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BMC 5000m B (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	269	20	14:36.45	Jonathan Butler	Swansea / Cardiff Met Uni
2	253	4	14:42.45	Richard Slade	Chiltern / Bath Uni
3	255	6	14:45.49	Joe Morrow	Oxford Uni
4	258	9	14:51.33	Joe Wilkinson	Bingley
5	256	7	14:51.38	James Tilley V35	Runthrough
6	264	15	14:51.73	Owen Miller	Fife
7	252	3	14:54.52	Charlie Haywood	Highgate
8	271	22	14:57.04	Callum O'neill	Southampton / Royal Navy / Newbury
9	261	12	14:59.51	Tommy Power	Hallamshire
10	266	17	15:01.38	Ryan Martin U23	Central / Stirling Uni
11	272	23	15:01.66	Alex Miell-ingram	Radley / Loughborough Students
12	270	21	15:01.81	Tim Raynes	Blackburn
13	267	18	15:07.40	John Humphries	Vale Royal / Loughborough Students
14	250	1	15:20.90	Thomas Gostelow	Charnwood / Cardiff Met Uni
15	265	16	15:20.96	George Phillips	Doncaster / Sheffield Hallam Uni
16	268	19	15:27.57	Luke Betts	Blackburn
17	254	5	15:38.20	Naphtali Moulton	Oxford Uni / United States
18	262	13	15:42.69	James Tuttle V35	Marshall Milton Keynes

Race  
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BMC 5000m A (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	286	14	16:03.84	Ellie Wallace	North Somerset
2	280	8	16:07.79	Rebecca Johnson	Highgate / Edinburgh Uni Hare & Hounds
3	277	5	16:10.25	Phoebe Barker	Tonbridge / Cambridge Uni
4	273	1	16:22.29	Maria Lucineida Da Silva U23	Brazil
5	285	13	16:23.56	Bryony Gunn	Birchfield H / Worcester Uni
6	283	11	16:25.80	Helen Hall V35	Winchester
7	284	12	16:26.21	Grace Carson	Mid Ulster / Loughborough Students
8	278	6	16:34.64	Katy Wood	City Of York
9	276	4	16:39.09	Stephie Pennycook	Fife / Leeds City / Edinburgh Uni
10	293	21	16:48.64	Emily Ruane	City Of Norwich
11	298	26	16:52.25	Ines Borba U23	Portugal
12	297	25	16:55.07	Nadine Donegan	Ireland
13	288	16	16:56.06	Hannah Seager	Charnwood /

					Birmingham Uni
14	275	3	17:03.11	Alex Eykelbosch	Dacorum
15	294	22	17:06.72	Danielle Donegan U23	University College Dublin / Ireland
16	289	17	17:09.61	Lauren Hall	Aldershot Farnham & District / Army
17	296	24	17:11.67	Sarah Potter	Leeds City / Victoria Park City Of Glasgow
18	291	19	17:39.32	Megan Harris U20	Chelmsford / Loughborough Students