

East District Cross Country League
Camperdown Park, Dundee DD2 4TF
19th November 2022

(1) Venue

From the West//South, Follow the A90 to Dundee/Aberdeen and leave at the slip road to the A923 signposted to Coupar Angus. Turn left at the end of the slip road and at the next roundabout turn left into the Parking area.

From the North/ East Follow the A90 to Dundee/Perth and leave at the slip road to the end of the slip road take the 3rd Exit onto the A923 and then as above

(2) Parking

At Camperdown Leisure Complex, Kingsway West. Ice Rink end of large car park.

We are not using the Ice rink arena, you will not be able to access their toilets.

(3) Courses

The courses are suitable for spikes

(4) Club Tents/Gazebos

Can be dropped at the top of the course and erected as shown on the Course Map.

After dropping, please move vehicle to Ice Rink car park

(5) Toilets

There will be mobile toilets at the venue. See map

(6) Results

Team Managers should submit results by filling in athlete's names in finish order in the excel sheet template on the front page of the league website at "Results"

(7) Scoring

Under 11, Under 13, Under 15 Boys and Under 15 Girls/ Under 17 Women races are all 3 to score

Senior/Junior/Master's Women are 4 to score

Senior/Junior/Master's Men are 6 to score

Master's Men and Master's Women are 3 to score.

Master's athletes (Over 40) should have a large "V" next to their club number

(8) Results

Will be posted on the league website

(9) Food

There will be no food available at the venue.