

JUNIOR GRAND PRIX

Sunday 14 August 2022

Craigswood Sports Centre, Livingston

Event 1 200m (U15)

Name	Age Club	Finals
Heat 1 Wind: 0.9		
1 # 24 Kishi Aremu	W13 Livingston	27.14
2 # 95 Archie Hendry	M13 Livingston	28.16
3 # 53 ChiChi Okorie	W14 Livingston	30.67
4 # 25 Emma Foster	W13 Livingston	32.17
Heat 2 Wind: -0.2		
1 # 98 Alex Thomson	M14 Livingston	25.58
2 # 94 Cameron Spowart	M13 Livingston	26.23
3 # 96 Finlay Cunningham	M14 Livingston	26.62
4 # 97 Moray Butler	M14 Livingston	26.71

Event 2 200m (U13)

Name	Age Club	Finals
Heat 1 Wind: -1.9		
1 # 22 Lily-Rose Bell	W12 Livingston	34.35
2 # 15 Kitan Aremu	W11 Livingston	35.26
3 # 87 Aaron Swan	M11 Livingston	36.22
4 # 19 Oma Okorie	W12 Livingston	37.96
5 # 86 Rocco Cormack	M11 Livingston	40.37
6 # 91 Aaron Watson	M12 Livingston	44.71
Heat 2 Wind: 0.3		
1 # 88 Rhys Boyle	M11 Livingston	31.75
2 # 20 Emilia Zarabska	W12 Livingston	32.58
3 # 18 Jessica McCulloch	W12 Livingston	33.71
4 # 14 Holly Robshaw	W11 Livingston	34.37
5 # 92 Douglas Russell	M12 Livingston	35.43
Heat 3 Wind: +0.0		
1 # 21 Emily Sharp	W12 Livingston	29.77
2 # 16 Honor Ford	W11 Livingston	29.86
3 # 89 Sam Spence	M11 Livingston	29.97
4 # 17 Lucy Macmillan	W12 Livingston	30.85
5 # 90 Connor Greenhorn	M12 Livingston	31.47

Event 3 150m (U11)

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Name		Age	Club	Finals
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Heat 1	Wind: -1.8			
1 #	84 Emmanuel Sokoya	M10	Livingston	23.62
2 #	81 Daniel Zasada	M10	Livingston	28.31
3 #	7 Emily Neville	W9	Livingston	29.95
4 #	8 Catherine Davidso	W9	Livingston	30.96
5 #	9 Jenny Hale	W9	Livingston	35.82
Heat 2	Wind: -0.3			
1 #	83 Alfie Forrest	M10	Livingston	23.25
2 #	12 Lucy Spinks	W10	Livingston	26.81
3 #	80 Austin Purdie	M9	Livingston	27.56
4 #	11 Isla Murray	W9	Livingston	29.16
5 #	10 Lauren Nilan	W9	Livingston	30.36
6 #	13 Elizabeth Cains	W10	Livingston	32.96

Event 4 120m (U9)

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Name		Age	Club	Finals
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Heat 1	Wind: -2.2			
1 #	3	Lucy Manderson	W8 Livingston	22.50
2 #	6	Cara Emms	W8 Livingston	23.61
3 #	5	Isla Amos	W8 Livingston	24.42
4 #	1	Grace Bryden	W7 Livingston	24.98
Heat 2	Wind: -1.0			
1 #	77	Olly Gordon	M8 Livingston	21.82
2 #	79	Mason Robertson	M8 Livingston	23.45
3 #	2	Ella Dufton	W8 Livingston	24.63
4 #	4	Georgiana Greaves	W8 Livingston	25.58

Event 5 100m (U15)

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Name		Age	Club	Finals
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Heat 1	Wind: 0.6			
1 #	24 Kishi Aremu	W13	Livingston	13.49
2 #	53 ChiChi Okorie	W14	Livingston	14.44
3 #	95 Archie Hendry	M13	Livingston	14.73
4 #	25 Emma Foster	W13	Livingston	14.94
Heat 2	Wind: -0.8			
1 #	98 Alex Thomson	M14	Livingston	12.82
2 #	94 Cameron Spowart	M13	Livingston	12.82
3 #	97 Moray Butler	M14	Livingston	13.23

Event 6 80m (U11)

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Name		Age	Club	Finals
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Heat 1	Wind: -1.8			
1 #	84 Emmanuel Sokoya	M10	Livingston	12.80
2 #	81 Daniel Zasada	M10	Livingston	14.58
3 #	80 Austin Purdie	M9	Livingston	14.67
4 #	13 Elizabeth Cains	W10	Livingston	16.67
5 #	9 Jenny Hale	W9	Livingston	17.82
Heat 2	Wind: -0.9			
1 #	83 Alfie Forrest	M10	Livingston	12.51

2 #	12 Lucy Spinks	W10 Livingston	14.42
3 #	11 Isla Murray	W9 Livingston	14.94
4 #	7 Emily Neville	W9 Livingston	15.44
5 #	8 Catherine Davidso	W9 Livingston	15.68
6 #	10 Lauren Nilan	W9 Livingston	15.75

Event 7 60m (U9)

Name	Age	Club	Finals
Heat 1 Wind: -2.3			
1 #	79 Mason Robertson	M8 Livingston	11.88
2 #	6 Cara Emms	W8 Livingston	11.94
3 #	2 Ella Dufton	W8 Livingston	12.05
4 #	1 Grace Bryden	W7 Livingston	12.43
Heat 2 Wind: -1.3			
1 #	77 Olly Gordon	M8 Livingston	10.59
2 #	3 Lucy Manderson	W8 Livingston	11.79
3 #	5 Isla Amos	W8 Livingston	12.63
4 #	4 Georgiana Greaves	W8 Livingston	13.03

Event 8 100m (U13)

Name	Age	Club	Finals
Heat 1 Wind: -0.1			
1 #	19 Oma Okorie	W12 Livingston	16.39
2 #	87 Aaron Swan	M11 Livingston	17.09
3 #	92 Douglas Russell	M12 Livingston	17.24
4 #	15 Kitan Aremu	W11 Livingston	17.57
5 #	86 Rocco Cormack	M11 Livingston	18.95
6 #	91 Aaron Watson	M12 Livingston	20.81
Heat 2 Wind: +0.0			
1 #	88 Rhys Boyle	M11 Livingston	15.29
2 #	20 Emilia Zarabska	W12 Livingston	15.37
3 #	90 Connor Greenhorn	M12 Livingston	15.95
4 #	22 Lily-Rose Bell	W12 Livingston	16.36
5 #	14 Holly Robshaw	W11 Livingston	16.76
Heat 3 Wind: -0.3			
1 #	21 Emily Sharp	W12 Livingston	14.59
2 #	89 Sam Spence	M11 Livingston	14.72
3 #	17 Lucy Macmillan	W12 Livingston	15.13
4 #	16 Honor Ford	W11 Livingston	15.40
5 #	18 Jessica McCulloch	W12 Livingston	15.82

Event 11 4x100m Relay (U9-U11)

Club	Finals
1 Team 4	74.71
1) #3 Lucy Manderson 8	2) #80 Austin Purdie 9
3) #84 Emmanuel Sokoya 10	4) #9 Jenny Hale 9
2 Team 5	77.31
1) #79 Mason Robertson 8	2) #12 Lucy Spinks 10
3) #81 Daniel Zasada 10	4)
3 Team 2	77.57
1) #2 Ella Dufton 8	2) #6 Cara Emms 8
3) #83 Alfie Forrest 10	4) #11 Isla Murray 9
4 Team 3	1:20.01

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|---------------------------|----------------------------|
| 1) #77 Olly Gordon 8 | 2) #4 Georgiana Greaves 8 |
| 3) #7 Emily Neville 9 | 4) #10 Lauren Nilan 9 |
| 5 Team 1 | 1:24.04 |
| 1) #5 Isla Amos 8 | 2) #1 Grace Bryden 7 |
| 3) #13 Elizabeth Cains 10 | 4) #8 Catherine Davidson 9 |

Event 13 4x100m Relay (U13-U15)

Club	Finals
1 Team 5	59.69
1) #89 Sam Spence 11	2) #21 Emily Sharp 12
3) #87 Aaron Swan 11	4) #94 Cameron Spowart 13
2 Team 1	62.43
1) #15 Kitan Aremu 11	2) #22 Lily-Rose Bell 12
3) #88 Rhys Boyle 11	4) #24 Kishi Aremu 13
3 Team 4	62.83
1) #14 Holly Robshaw 11	2) #92 Douglas Russell 12
3) #25 Emma Foster 13	4) #95 Archie Hendry 13
4 Team 3	62.95
1) #17 Lucy Macmillan 12	2) #18 Jessica McCulloch 12
3) #19 Oma Okorie 12	4) #96 Finlay Cunningham 14
5 Team 2	62.97
1) #86 Rocco Cormack 11	2) #16 Honor Ford 11
3) #90 Connor Greenhorn 12	4) #97 Moray Butler 14
6 Team 6	63.25
1) #20 Emilia Zarabska 12	2) #91 Aaron Watson 12
3) #53 ChiChi Okorie 14	4) #98 Alex Thomson 14

Event 21 Long Jump (U11)

Name	Age Club	Finals	Wind
Pool 1			
1 # 83 Alfie Forrest	M10 Livingston	3.26m	-0.4
3.05m(+0.0) 3.25m(-0.1) 3.26m(-0.4)			
2 # 81 Daniel Zasada	M10 Livingston	2.84m	-0.2
2.84m(-0.2) 2.42m(0.8) FOUL(0.5)			
3 # 7 Emily Neville	W9 Livingston	2.69m	-1.0
2.48m(-0.7) 2.60m(-1.0) 2.69m(-1.0)			
4 # 12 Lucy Spinks	W10 Livingston	2.50m	0.7
2.50m(0.7) 2.35m(-0.8) 2.33m(-0.6)			
5 # 80 Austin Purdie	M9 Livingston	2.40m	-0.5
2.26m(-0.6) 2.21m(+0.0) 2.40m(-0.5)			
6 # 11 Isla Murray	W9 Livingston	2.25m	-0.6
2.16m(-0.7) 1.94m(-0.1) 2.25m(-0.6)			
7 # 13 Elizabeth Cains	W10 Livingston	2.21m	0.6
2.21m(0.6) 1.98m(-0.4) 1.71m(-2.2)			
8 # 8 Catherine Davidso	W9 Livingston	2.19m	0.6
2.19m(0.6) 2.13m(1.3) 1.52m(-0.3)			
9 # 10 Lauren Nilan	W9 Livingston	2.16m	-1.0
2.13m(-0.4) 1.92m(-0.3) 2.16m(-1.0)			
10 # 84 Emmanuel Sokoya	M10 Livingston	2.15m	0.5
2.15m(0.5) 1.98m(-0.5) FOUL(-1.3)			
11 # 9 Jenny Hale	W9 Livingston	1.69m	-0.2
1.61m(-0.1) 1.69m(-0.2) 1.65m(-1.0)			

Event 22 Shot Put (U13)

Name	Age	Club	Finals
=====			
1 # 21 Emily Sharp	W12	Livingston	5.88m
5.39m 5.56m 5.88m			
1 # 88 Rhys Boyle	M11	Livingston	5.29m
4.62m 4.86m 5.29m			
2 # 19 Oma Okorie	W12	Livingston	5.47m
4.73m 5.47m 4.89m			
2 # 86 Rocco Cormack	M11	Livingston	5.08m
5.08m 4.54m FOUL			
3 # 20 Emilia Zarabska	W12	Livingston	5.38m
4.94m 5.38m 5.38m			
3 # 90 Connor Greenhorn	M12	Livingston	4.88m
4.81m 4.62m 4.88m			
4 # 16 Honor Ford	W11	Livingston	5.38m
4.53m 4.94m 5.38m			
4 # 89 Sam Spence	M11	Livingston	4.82m
4.27m FOUL 4.82m			
5 # 15 Kitan Aremu	W11	Livingston	5.23m
4.97m 5.23m 4.78m			
5 # 92 Douglas Russell	M12	Livingston	4.29m
3.84m 4.25m 4.29m			
6 # 22 Lily-Rose Bell	W12	Livingston	5.23m
4.68m 5.23m 4.47m			
6 # 91 Aaron Watson	M12	Livingston	4.11m
3.94m 4.11m 3.48m			
7 # 17 Lucy Macmillan	W12	Livingston	5.16m
4.53m 4.25m 5.16m			
7 # 87 Aaron Swan	M11	Livingston	2.88m
2.52m 2.39m 2.88m			
8 # 18 Jessica McCulloch	W12	Livingston	4.89m
4.72m 4.10m 4.89m			
9 # 14 Holly Robshaw	W11	Livingston	3.74m
3.32m 3.74m 3.42m			

Event 23 Std. Long Jump (U9)

Name	Age	Club	Finals
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1 # 77 Olly Gordon	M8	Livingston	1.60m
1.36m 1.40m 1.60m			
1 # 6 Cara Emms	W8	Livingston	1.32m
1.24m 1.12m 1.32m			
2 # 79 Mason Robertson	M8	Livingston	1.36m
1.28m 1.36m 1.34m			
2 # 3 Lucy Manderson	W8	Livingston	1.24m
1.24m 1.22m 1.12m			
3 # 2 Ella Dufton	W8	Livingston	1.24m
1.20m 1.24m 1.20m			
4 # 5 Isla Amos	W8	Livingston	1.22m
1.20m 1.18m 1.22m			
5 # 1 Grace Bryden	W7	Livingston	1.18m
1.10m 1.06m 1.18m			
6 # 4 Georgiana Greaves	W8	Livingston	0.94m
0.94m 0.82m 0.82m			

Event 24 Shot Put (U15)

Name	Age	Club	Finals
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1 #	98 Alex Thomson	M14 Livingston	8.79m	
	8.46m 8.65m 8.79m			
2 #	96 Finlay Cunningham	M14 Livingston	7.85m	
	7.85m 7.79m FOUL			
3 #	94 Cameron Spowart	M13 Livingston	7.18m	
	6.95m 7.18m 6.70m			
4 #	97 Moray Butler	M14 Livingston	7.15m	
	6.76m 6.91m 7.15m			
5 #	25 Emma Foster	W13 Livingston	6.98m	
	6.98m 6.60m 6.30m			
6 #	53 ChiChi Okorie	W14 Livingston	6.65m	
	5.95m 6.65m 5.48m			
7 #	24 Kishi Aremu	W13 Livingston	6.56m	
	6.49m 6.56m 6.42m			
8 #	95 Archie Hendry	M13 Livingston	6.37m	
	4.65m 5.07m 6.37m			

Event 25 Long Jump (U13)

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Name	Age Club	Finals	Wind	
=====				
1 #	20 Emilia Zarabska	W12 Livingston	3.59m	2.0
	3.59m(2.0) 2.96m(3.3) 3.49m(0.3)			
2 #	16 Honor Ford	W11 Livingston	3.54m	1.3
	FOUL(2.1) 3.19m(0.7) 3.54m(1.3)			
3 #	17 Lucy Macmillan	W12 Livingston	3.50m	3.3
	3.50m(3.3) FOUL(0.6) 3.42m(1.8)			
4 #	89 Sam Spence	M11 Livingston	3.39m	-1.3
	2.90m(-0.3) 3.25m(1.8) 3.39m(-1.3)			
5 #	21 Emily Sharp	W12 Livingston	3.30m	-2.3
	2.83m(2.6) 2.84m(2.0) 3.30m(-2.3)			
6 #	90 Connor Greenhorn	M12 Livingston	3.18m	-1.1
	2.91m(1.1) 2.79m(-0.2) 3.18m(-1.1)			
7 #	22 Lily-Rose Bell	W12 Livingston	3.13m	2.0
	3.13m(2.0) 2.87m(2.3) 3.12m(2.1)			
8 #	88 Rhys Boyle	M11 Livingston	3.06m	1.2
	2.96m(2.4) 3.06m(1.2) 2.91m(-1.2)			
9 #	18 Jessica McCulloch	W12 Livingston	3.02m	0.5
	3.02m(2.5) 3.02m(0.5) 2.83m(1.8)			
10 #	87 Aaron Swan	M11 Livingston	2.95m	-0.5
	2.85m(2.7) FOUL(3.5) 2.95m(-0.5)			
11 #	14 Holly Robshaw	W11 Livingston	2.83m	0.9
	2.59m(0.1) 2.83m(0.9) 2.79m(3.2)			
12 #	15 Kitan Aremu	W11 Livingston	2.78m	0.8
	2.62m(2.4) 2.78m(0.8) 2.67m(2.3)			
13 #	86 Rocco Cormack	M11 Livingston	2.65m	1.1
	2.59m(2.0) 2.41m(4.4) 2.65m(1.1)			
14 #	92 Douglas Russell	M12 Livingston	2.23m	-0.8
	1.90m(2.9) 2.06m(0.9) 2.23m(-0.8)			
15 #	91 Aaron Watson	M12 Livingston	2.19m	-0.5
	1.81m(3.5) 2.19m(-0.5) FOUL(-1.1)			
16 #	19 Oma Okorie	W12 Livingston	2.15m	4.6
	2.15m(4.6) 2.08m(1.3) 2.08m(1.0)			

Event 26 Shot Put (U9)

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Name	Age Club	Finals	
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1 #	77 Olly Gordon	M8 Livingston	7.17m
	4.43m 5.81m 7.17m		
2 #	6 Cara Emms	W8 Livingston	5.19m
	5.19m 4.91m 5.04m		
3 #	4 Georgiana Greaves	W8 Livingston	3.87m
	3.87m 2.66m 3.33m		
4 #	79 Mason Robertson	M8 Livingston	3.64m
	2.84m 3.64m 3.47m		
5 #	3 Lucy Manderson	W8 Livingston	3.13m
	3.13m 2.59m 2.53m		
6 #	2 Ella Dufton	W8 Livingston	2.90m
	2.90m 2.36m 2.36m		
7 #	5 Isla Amos	W8 Livingston	2.85m
	FOUL 2.80m 2.85m		
8 #	1 Grace Bryden	W7 Livingston	2.62m
	2.62m 2.20m 2.21m		

Event 27 Shot Put (U11)

Name	Age Club	Finals
1 # 83 Alfie Forrest	M10 Livingston	5.74m
	5.68m 5.67m 5.74m	
2 # 11 Isla Murray	W9 Livingston	5.61m
	5.61m 5.27m 5.24m	
3 # 84 Emmanuel Sokoya	M10 Livingston	5.07m
	3.47m 5.00m 5.07m	
4 # 81 Daniel Zasada	M10 Livingston	4.97m
	4.06m 4.93m 4.97m	
5 # 80 Austin Purdie	M9 Livingston	4.72m
	4.70m 4.72m 4.39m	
6 # 13 Elizabeth Cains	W10 Livingston	4.04m
	FOUL 4.04m 3.86m	
7 # 7 Emily Neville	W9 Livingston	3.63m
	3.31m 3.46m 3.63m	
8 # 12 Lucy Spinks	W10 Livingston	3.28m
	2.97m 2.73m 3.28m	
9 # 8 Catherine Davidso	W9 Livingston	3.02m
	3.02m 2.44m 2.58m	
10 # 10 Lauren Nilan	W9 Livingston	2.86m
	2.83m 2.86m 2.74m	
11 # 9 Jenny Hale	W9 Livingston	2.55m
	2.55m 2.41m 2.37m	

Event 28 Long Jump (U15)

Name	Age Club	Finals	Wind
1 # 97 Moray Butler	M14 Livingston	4.79m	1.0
	4.39m(3.4) 4.79m(1.0) 4.60m(1.5)		
2 # 94 Cameron Spowart	M13 Livingston	4.66m	+0.0
	FOUL(2.5) 4.61m(1.3) 4.66m(+0.0)		
3 # 98 Alex Thomson	M14 Livingston	4.36m	1.9
	FOUL(-0.2) FOUL(1.0) 4.36m(1.9)		
4 # 24 Kishi Aremu	W13 Livingston	4.04m	2.2
	FOUL(1.5) 4.04m(2.2) 3.75m(0.5)		
5 # 25 Emma Foster	W13 Livingston	3.78m	1.8
	3.46m(1.8) FOUL(1.1) 3.78m(1.8)		
6 # 95 Archie Hendry	M13 Livingston	3.64m	1.5

	3.51m(3.4)	3.40m(1.2)	3.64m(1.5)		
7 #	53 ChiChi Okorie	W14 Livingston		3.33m	0.2
	1.36m(1.9)	FOUL(1.5)	3.33m(0.2)		