

LIVINGSTON OPEN MEETING

Friday 24 June 2022

TIMETABLE

TRACK

6.45	80m
7.00	100m
7.40	400m
8.00	300m
8.15	600m
8.25	1500m

FIELD

6.45	Long Jump	(U13)
	High Jump	(St. Ht. 0.98m)
	Javelin	(U17-SEN)
7.20	Shot Put	(U11-U15)
7.30	Long Jump	(U11)
	High Jump	(St. Ht. 1.33m)
7.50	Shot Put	(U17-SEN)
8.00	Long Jump	(U17-SEN)
8.15	High Jump	(St. Ht. 1.13m)
	Javelin	(U13-U15)
8.30	Long Jump	(U15)

Track events will be seeded based on performance, with the heats ordered fastest to slowest, except the 1500m which is slowest to fastest.