

LIVINGSTON OPEN MEETING

Friday 22 April 2022

TIMETABLE

| | TRACK | | FIELD | |
|-------------|--------------|------------|------------------|-----------------|
| 6.40 | 80m | (3 heats) | Long Jump | (U13) |
| 6.45 | | | High Jump | (St. Ht. 1.11m) |
| 7.00 | 100m | (15 heats) | Javelin | (U13-U15) |
| | | | Shot Put | (U17-SEN) |
| 7.30 | | | Long Jump | (U11) |
| | | | Shot Put | (U15) |
| | | | High Jump | (St. Ht. 1.31m) |
| 7.45 | 400m | (3 heats) | | |
| 8.00 | 300m | (6 heats) | Shot Put | (U11-U13) |
| | | | Long Jump | (U17-SEN) |
| | | | Javelin | (U17-SEN) |
| | | | High Jump | (St. Ht. 0.96m) |
| 8.20 | 600m | (1 heats) | | |
| 8.30 | 1500m | (7 heats) | Long Jump | (U15) |

Track events will be seeded based on performance, with the heats ordered fastest to slowest, except the 1500m which is slowest to fastest.