



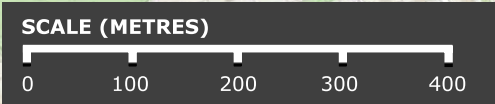
LIVINGSTON ATHLETIC CLUB

CROSS COUNTRY SERIES

Dechmont Law Park Livingston

Knightsridge

AGE GROUPS	RACE START	DECLARATIONS CLOSE	COURSE
U9	11.15	10.45	S-A-B-C-J-F (1.3K)
U11	11.30	11.00	S-A-B-C-J-F (1.3K)
U13	11.45	11.15	S-A-B-C-D-I-J-F (1.6K)
U15	12.00	11.30	S-A-B-C-D-E-H-I-J-F (2.4K)
U17/U20/SEN	12.20	11.50	S-A-B-(x2)-C-D-E-G-H-I-J-F (3.7K)



KEY

- Course
- Path to course

www.livingstonac.com/xc