

Winter Throws Meeting – Results

F2 - Discus Throw Pool 1 – Start Time 9.45am

First Name	Surname	Age Group	Weight	PB	Club	Distance
Callum	Hendry	U15B	1.25k	27.00	VP-Glasgow AC	24.94
David	Rose	U17M	1.5k	24.16	PSH	23.00
Zoe	Loughrey	U15G	1k	22.90	VP-Glasgow AC	17.48
Hana	Gay	U15G	1k	21.19	Cumbernauld AAC	21.83
Calah	Rowley	U13G	0.75g	19.59	VP-Glasgow AC	17.48
Jake	Dickie	U15B	1.25k	19.31	Aberdeen AAC	21.43
Freya	Howgate	U17W	1k	18.46	PSH	17.00
Katie	Matheson	U15G	1k	18.20	VP-Glasgow AC	17.00
Niamh	Douglas	U15G	1k	17.52	Falkirk Victoria Harriers	15.42
Kirsty	Whyte	U17W	1k	17.30	Whitemoss AAC	20.57
Angus	Gay	U13G	1k	14.56	Cumbernauld AAC	12.55
Alex	Dunlop	U15B	1.25k	13.02	Central AC	9.49
Ross	Lawrie	U17M	1.5k	11.64	Central AC	16.35
David	Noble	U17M	1.5k		PSH	19.15
Lewis	Craigie	U17M	1.5k		Whitemoss AAC	22.62

F4 - Discus Throw Pool 2 – Start Time 11.45am

First Name	Surname	Age Group	Weight	PB	Club	Distance
Danny	Gracie	U20M	2k	44.29	Annan and District AC	35.80
Andrew	Peck	SM	2k	43.18	VP-Glasgow AC	35.19
Alice	Baxendale	U20W	1k	42.09	VP-Glasgow AC	34.87
Hayley	Berry	U20W	1k	37.90	VP-Glasgow AC	30.25
Ryan	Rooney	U17M	1.5k	35.50	VP-Glasgow AC	27.40
Kiera	Maxwell	U20W	1k	34.81	VP-Glasgow AC	29.14
Lucy	Gardner	U20W	1k	32.71	VP-Glasgow AC	28.72
Shannon	Gough	U17W	1k	31.06	Law & District AAC	22.62
Lucy	Wroe	U20W	1k	31.04	Whitemoss AAC	21.76
Abby	Gifford	SW	1k	30.00	Falkirk Victoria Harriers	28.65
Erin	Quinn	U15G	1k	29.09	VP-Glasgow AC	21.86
Lorna	Brown	SW	1k	28.56	Falkirk Victoria Harriers	24.44
Lucy	Hunter	U17W	1k	27.99	Falkirk Victoria Harriers	25.61
Rebekah	Rose	U20W	1k	27.78	PSH	23.38
Haley	Elliott	U17W	1k	27.70	VP-Glasgow AC	26.77
Evie	Bryden	U15G	1k	24.01	Annan and District AC	18.32
Ellen	Montgomery	U17W	1k	22.13	Central AC	18.38
Megan	Dunlop	U17W	1k	20.19	Central AC	14.48
Roxanne	Hardie	U15G	1k	17.30	Livingston AC	11.14

F1 - Javelin Pool 1 – Start Time 9.45am

First Name	Surname	Age Group	Weight	PB	Club	Distance
Miya	Waldron	U15G	500g	27.64	Law & District AAC	26.30
Lorna	Brown	SW	600g	23.85	Falkirk Victoria Harriers	23.65
Jeannie	Mardon	U17G	500g	22.56	Edinburgh AC	20.34
Ellen	Montgomery	U17G	500g	22.13	Central AC	10.95
Megan	Dunlop	U17G	500g	16.46	Central AC	12.51
Roxanne	Hardie	U15G	500g	14.43	Livingston AC	12.26
Declan	McClelland	U15B	600g	10.00	Law & District AAC	21.19
Haley	Elliott	U17G	500g	25.48	VP-Glasgow AC	20.64
Ryan	Rooney	U17B	700g	26.00	VP-Glasgow AC	29.49

F3 - Javelin Pool 2 – Start Time 10.45am

First Name	Surname	Age Group	Weight	PB	Club	Distance
Imran	Hossain	U17B	700g	46.97	Edinburgh AC	34.64
James	Muir	SM	800g	42.14	Falkirk Victoria Harriers	35.30
Dawn	Russell	U17G	500g	40.48	Law & District AAC	31.29
Emma	Solley	U20W	600g	33.66	Edinburgh AC	25.95
Brayden	Dean	U15B	600g	32.72	Kilmarnock H&AC	23.52
Lucy	Wroe	U20W	600g	31.08	Whitemoss AAC	23.36
Kiera	Maxwell	U20W	600g	27.99	VP-Glasgow AC	21.77
Lauryn	Wood	U20W	600g	26.90	PSH	27.05
Freya	Howgate	U17G	500g	22.68	PSH	19.18
Zoe	Loughrey	U15G	500g	21.31	VP-Glasgow AC	19.79
Ross	Lawrie	U17B	700g	18.05	Central AC	19.15
Katie	Matheson	U15G	500g	17.13	VP-Glasgow AC	15.63
Angus	Gay	U13B	400g	11.29	Cumbernauld AAC	13.09
David	Noble	U17B	700g		PSH	13.83

F5 - Hammer Throw - Pool 1 – Start Time 1.15pm

First Name	Surname	Age Group	Weight	PB	Club	Distance
Iris	Williams	U20W	4k		Giffnock North AC	26.55
Rebekah	Rose	U20W	4k	32.84	PSH	29.12
Erin	Quinn	U13G	3k	32.12	VP-Glasgow AC	32.94
David	Rose	U17M	5k	32.10	PSH	31.75
Hana	Gay	U15G	3k	32.00	Cumbernauld AAC	31.42
Kirsty	Whyte	U15G	3k	28.40	Whitemoss AAC	31.05
Logan	Mitchell	U15B	4k	22.57	Kilmarnock H&AC	21.74
Miya	Waldron	U15G	3k	21.34	Law & District AAC	29.87
Sheryl	Paul	SW	4k	18.63	Aberdeen AAC	15.76
Declan	McClelland	U15B	4k	10.00	Law & District AAC	21.19
Evie	Bryden	U15G	3k		Annan and District AC	21.51
Lewis	Craigie	U17M	5k		Whitemoss AAC	30.18
Jake	Dickie	U15M	4k		Aberdeen AAC	24.13

F6 - Hammer Throw – Pool 2 Stat Time 2.15pm

First Name	Surname	Age Group	Weight	PB	Club	Distance
Andrew	Costello	SM	7.26k	56.38	Kilbarchan AAC	51.99
Katie	Ord	SW	4k	52.83	VP-Glasgow AC	43.94
Danny	Gracie	U20M	6k	50.37	Annan and District AC	53.02
David	Little	SM	7.26k	49.50	Shettleston Harriers	47.73
Dawn	Russell	U17W	3k	48.17	Law & District AAC	42.33
Stella	Coutts	U17W	3k	45.03	Cumbernauld AAC	38.45
Lucy	Hunter	U17W	3k	40.35	Falkirk Victoria Harriers	37.60
Callum	Hendry	U15B	4k	37.80	VP-Glasgow AC	39.58
Aaron	Holliday	U17B	5k	36.79	Carlisle Aspatria	40.39