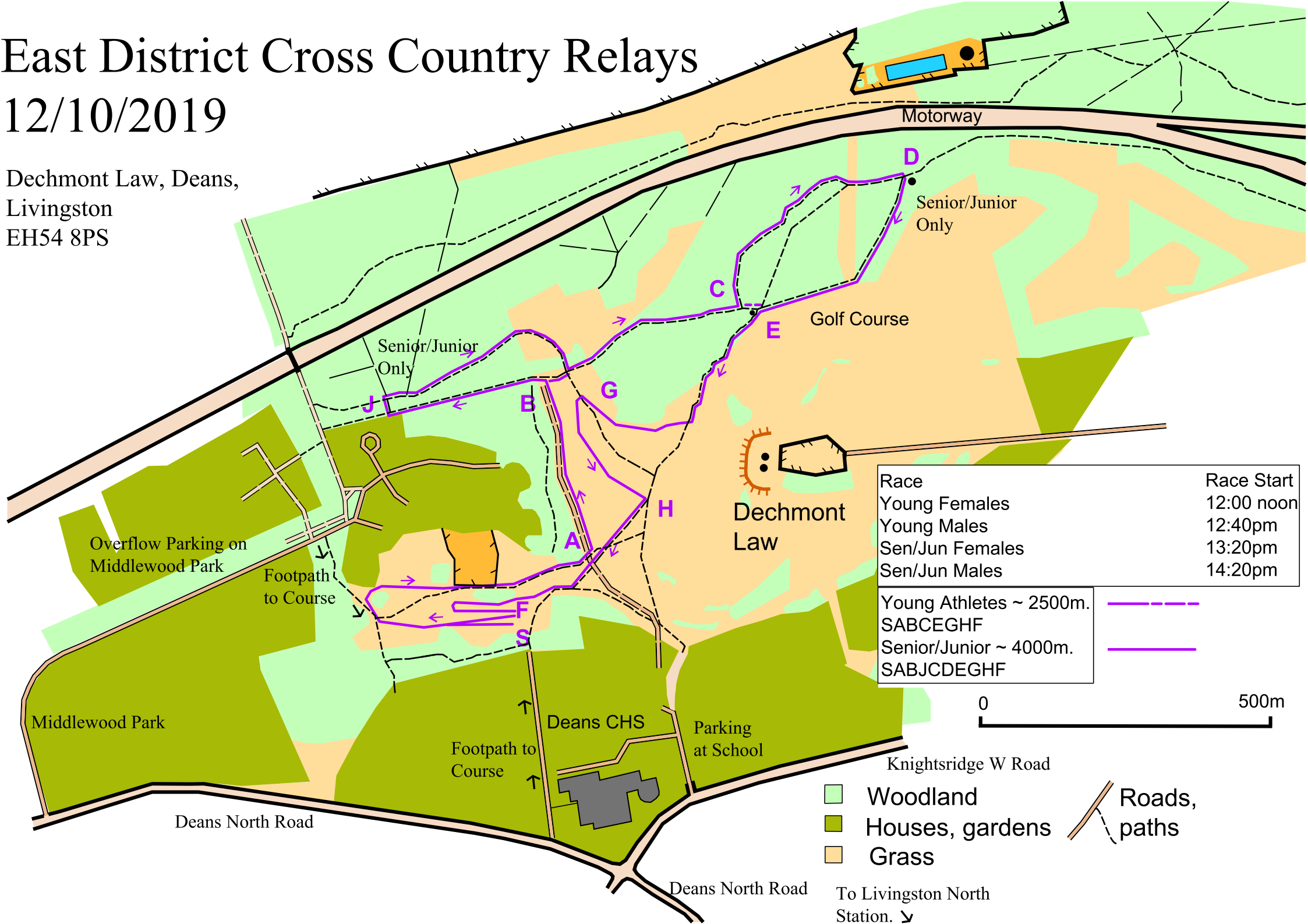




# East District Cross Country Relays

## 12/10/2019




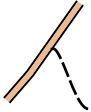
Dechmont Law, Deans,  
Livingston  
EH54 8PS



Race	Race Start
Young Females	12:00 noon
Young Males	12:40pm
Sen/Jun Females	13:20pm
Sen/Jun Males	14:20pm

Young Athletes ~ 2500m.	
SABCEGHF	
Senior/Junior ~ 4000m.	
SABJCDEGHF	



-  Woodland
-  Houses, gardens
-  Grass
-  Roads, paths

To Livingston North Station. 