

TRAFFORD AC - GRAND PRIX MEETING**Tuesday, 6 August 2019**

<u>1500M</u>		<u>Race 1</u>					<u>UNDER 15'S</u>	
1	2	TJ	Jones	U15	M	Wirral AC		04:20.46
2	5	Joshua	Carter	U15	M	Halifax		04:31.49
3	3	Ethan	Brady-Jones	U15	M	Wirral AC		04:37.36
4	30	Erik	Marshall	U15	M	Warrington AC		04:38.55
5	8	Keira	Brady-Jones	U15	F	Wirral AC		04:41.82
6	11	Ava	Lloyd	U15	F	Wigan & District Harriers		04:42.40
7	4	Josh	Geary	U15	M	Chorley AC		04:43.44
8	15	Holly	Brewster	U15	F	Longwood		04:51.24
9	12	Jasmine	Reed	U15	F	Sale Harriers Manchester		04:54.15
10	13	Will	Nettle	U15	M	Macclesfield Harriers		04:54.58
11	7	Danny	Welch	U15	M	Eden Runners		04:54.86
12	10	Isabelle	Burke	U15	F	Sale Harriers Manchester		04:55.00
13	14	Ellie	Bushill	U15	F	Vale Royal AC		04:55.93
14	16	Hope	Smith	U15	F	Vale Royal AC		05:01.76

<u>1500M</u>		<u>Race 2</u>					<u>UNDER 15'S</u>	
1	21	Cameron	Oliver	U15	M	Kirkby Milers		04:50.29
2	19	Gabrielle	Hodson	U15	F	Chorley AC		04:50.96
3	24	Lauren	Waddington	U15	F	Chorley AC		04:57.31
4	20	Katie	Mathison	U15	F	Chorley AC		05:01.11
5	17	Freya	Potts	U15	F	Bury AC		05:03.05
6	18	Olivia	Nolan	U15	F	Sale Harriers Manchester		05:03.29
7	22	Taylor	Edwards	U15	F	Sale Harriers Manchester		05:05.62
8	25	Eden	Edwards	U15	F	Deeside AAC		05:10.42
9	32	Megan	Leigh	U15	F	Chorley AC		05:13.43
10	31	Nicola	Mason	U15	F	Trafford AC		05:14.41
11	23	Isobel	Ashcroft	U15	F	Vale Royal AC		05:17.32
12	26	Alice	Gale	U15	F	Vale Royal AC		05:25.85
13	28	Millie	Purchase	U15	F	Doncaster AC		05:27.50
14	27	Thea	Smith	U15	F	Vale Royal AC		05:48.37
15	29	Sophie	James	U15	F	Doncaster AC		06:12.13

800m Heat 1

1	93	Rocco	Zaman-browne	U20	M	Manchester Harriers		01:51.15
2	94	Shaun	Gee	U20	M	Sale Harriers Manchester		01:51.38
3	72	William	Onek	SEN	M	Sale Harriers Manchester		01:51.47
4	291	Najib	Hassau	U20	M	Sale Harriers Manchester		01:53.83
5	91	Charlie	Roberts	U17	M	St Helens Sutton		01:55.74
6	73	George	Phillips	SEN	M	Doncaster AC		01:56.22
7	272	Charlie	Candlish	U20	M	Macclesfield Harriers		01:56.30
8	77	Kyle	Foster	U20	M	Kingston Upon Hull		02:00.87

800m Heat 2

1	256	Joseph	Mangan	U17	M	Trafford AC		01:58.16
2	61	James	Jones	U17	M	Deeside AAC		01:58.85
3	278	Sam	Stephens	U17	M	Vale Royal AC		01:58.88
4	60	Akkeal	Chambers	SEN	M	Altrincham and District		01:59.13

5	273	Sam	Johnson	U20	M	Stockport Harriers	01:59.50
6	275	Jonny	Stock	U17	M	Trafford AC	02:00.37
7	264	Connor	Richardson	SEN	M	Rossendale Harriers	02:00.55
8	62	Roman	Hodgson	U15	M	Colwyn Bay	02:02.18

800m Heat 3

1	88	Aidan	Lynch	U17	M	Sale Harriers Manchester	02:00.79
2	58	Alex	Kerfoot	U17	M	Preston Harriers	02:01.26
3	289	Alex	Jones	SEN	M	Trafford AC	02:01.88
4	268	James	Mattinson	U20	M	Keswick AC	02:02.41
5	271	Joseph	Byrne	U17	M	Liverpool Harriers	02:02.79
6	295	Harry	Sinclair	U20	M	Trafford AC	02:02.93
7	377	Greg	Marcroft	SEN	M	Trafford AC	02:03.13
8	362	William	Randell	U17	M	Rothwell Harriers	02:04.88

800m Heat 4

1	298	James	Wardman	SEN	M	Rothwell Harriers	02:02.23
2	363	Patrick	Owens	U20	M	Trafford AC	02:03.23
3	257	Matt	Graham	SEN	M	Manchester Harriers	02:04.37
4	52	Alex	Bailey	U17	M	Trafford AC	02:04.50
5	364	Jack	White	U17	M	Longwood Harriers	02:05.13
6	78	Seren	Bundy-davies	SEN	F	Trafford AC	02:07.12
7	283	Fergus	Knappy	U17	M	Keighly and Craven	02:08.80

800m Heat 5

1	50	Joel	Birchall	U17	M	Warrington AC	02:05.43
2	258	Alex	James	U17	M	Sale Harriers Manchester	02:05.69
3	63	Thomas	Durney	U17	M	Preston Harriers	02:06.36
4	284	Will	Atkinson	U17	M	Keighly and Craven	02:06.70
5	84	Craig	Bottomley	U20	M	Eden Runners	02:08.62
6	347	Jacob	Yates	U20	M	Trafford AC	02:09.10
7	288	Luke	Brindle	U17	M	Horwich RMI	02:09.22
8	286	Nicholas	Smith	U20	M	Blackburn Harriers	02:09.86

800m Heat 6

1	297	Alex	Macfarlane	U17	M	Stockport Harriers	02:07.53
2	352	Paul	Howard	SEN	M	Rothwell Harriers	02:08.08
3	356	Oliver	Brereton	SEN	M	Salford Harriers	02:09.14
4	290	Dougal	Mcdermott	U20	M	Salford Harriers	02:09.94
5	354	Se	Loghlin	U17	M	Liverpool Pembroke and Sefton	02:10.18
6	260	Lewis	Bryers	U17	M	Wigan & District Harriers	02:10.32
7	294	Gareth	Woodcock	SEN	M	Trafford AC	02:11.26
8	346	Charlie	Thomas	U20	M	Trafford AC	02:12.32

800m Heat 7

1	98	Ben	Watkinson	U17	M	Doncaster AC	02:09.12
2	292	Zac	Gaillemin	U17	M	Sale Harriers Manchester	02:10.82
3	282	Lewis	Royle	U17	M	Trafford AC	02:12.45
4	100	Ty	Brockley-langford	U17	F	Trafford AC	02:12.79
5	344	David	Maxted	SEN	M	Chorlton Runners	02:13.80
6	262	Ed	Fazakerley	SEN	M	Manchester Harriers	02:14.17

7	95	Ben	Dargan	U17	M	Sale Harriers Manchester	02:15.35
8	360	Ruby	Sykes	SEN	F	Holmfirth Harriers	02:15.9
9	345	Daniel	Lewis	U20	M	Salford Harriers	02:19.1

800m Heat 8

1	351	Sinead	Bent	SEN	F	Trafford AC	02:10.77
2	83	Archie	Dyer	U17	M	Manchester Harriers	02:14.66
3	45	Olivia	Leigh	U17	F	Chorley AC	02:15.00
4	265	Emma-jayne	Ball	U20	F	Rotherham	02:16.81
5	80	Neve	Hardcastle	U17	F	Longwood Harriers	02:17.53
6	287	Aine	Cunningham	U20	F	Sale Harriers Manchester	02:17.73
7	89	Alice	Jones	U17	F	Wharfedale Harriers	02:20.69
8	82	Joseph	Farrelly	U17	M	Manchester Harriers	02:24.87

800m Heat 9

1	293	Ben	Stephen	U17	M	Altrincham and District	02:17.95
2	266	Keiva	Rennocks	U20	F	Rotherham	02:18.33
3	277	Ella	Shirley	SEN	F	Notts AC	02:21.57
4	361	Amy	Cauley	SEN	F	Trafford AC	02:22.55
5	96	Chiara	Young	U20	F	Sale Harriers Manchester	02:23.01
6	373	Alina	Stepanchuk	SEN	F	Salford Harriers	02:23.19
7	359	Tulia	Jagger	SEN	F	Holmfirth Harriers	02:23.74
8	261	Hannah	Smith	U17	F	Deeside AAC	02:24.53

800m Heat 10

1	274	David	Kerrigan	SEN	M	Swinton RC	02:22.27
2	350	Sally	Woolhouse	SEN	F	Trafford AC	02:29.40
3	376	John	Harrison	SEN	M	Ellesmere Port	02:30.07
4	296	Anna	Potter	U17	F	Trafford AC	02:32.57
5	374	Jim	Rimmer	SEN	M	Altrincham and District	02:32.89
6	371	Craig	Turner	SEN	M	Manchester Harriers	02:37.17
7	38	Becky	Palmer	SEN	F	Wolverhampton	02:38.22
8	97	Ellen	Turnbull	U17	F	Warrington AC	02:51.97

1500M HEAT 1

1	353	Joseph	Morrison	SEN	M	West Cheshire	04:01.46
2	381	Aran	Dight	SEN	M	Vale Royal AC	04:03.32
3	389	Scott	Nutter	U17	M	Border Harriers	04:06.18
4	572	Raif	Serif	U17	M	Vale Royal AC	04:07.85
5	380	Andrew	Mcgill	U17	M	Livingston AC	04:09.39
6	355	David	Twigg	SEN	M	St Helens Sutton	04:09.52
7	386	Joe	Gebbie	U20	M	Blackburn Harriers	04:11.37
8	343	Alex	Bradford	SEN	M	Sale Harriers Manchester	04:12.21
9	383	Isaaq	Atoullah	U17	M	Harrington AC	04:14.13
10	392	Victor	Comesana	SEN	M	Unattached	04:14.84
11	379	Charlie	Deakin	U17	M	Kirkby Milers	04:15.30

1500M HEAT 2

1	269	Simon	Bolland	SEN	M	Spenborough AC	04:13.70
2	396	Joshua	Wrass	U17	M	Rotherham	04:15.01
3	357	Ian	Grime	SEN	M	Salford Harriers	04:18.08

4	393	Sam	Heyworth	U20	M	Sale Harriers Manchester	04:18.70
5	397	Clare	Tarplee	SEN	F	Solihull	04:19.50
6	568	Harry	Ellwood	U17	M	Stockport Harriers	04:19.74
7	280	Daniel	Lilley	U17	M	Chorley AC	04:21.87
8	399	Matthew	Hughes	SEN	M	Liverpool Harriers	04:22.70
9	349	Josh	Dutton	U17	M	Salford Harriers	04:24.65
10	365	Josef	Wilson	U17	M	Preston Harriers	04:24.80
11	573	Abigail	Howarth	SEN	F	Leigh Harriers	04:24.95
12	385	Josh	Betteley	SEN	M	Vale Royal AC	04:27.76

1500M HEAT 3

1	366	Will	Fossard	SEN	M	Chorlton Runners	04:25.88
2	382	Nathan	Williams	SEN	M	Vale Royal AC	04:27.10
3	375	Ben	Brereton	SEN	M	Newcastle	04:28.91
4	276	Stephanie	Moss	U20	F	Sale Harriers Manchester	04:33.73
5	394	Rachael	Burns	SEN	F	Liverpool Harriers	04:35.89
6	255	Samantha	Mason	U17	F	Trafford AC	04:36.16
7	367	Adam	Curtis	U20	M	Salford Harriers	04:36.26
8	388	Olivia	Logan	U17	F	Southport Waterloo	04:38.36
9	270	Cyane	Robinson	U20	F	Rotherham	04:39.62
10	387	Juliet	Hodder	U20	F	Wirral AC	04:40.21
11	398	Elizabeth	Rendeall	SEN	F	Vale Royal AC	04:40.31
12	400	Vicki	Cronin	SEN	F	Trafford AC	04:41.08
13	378	Jacob	Fletcher	SEN	M	Trafford AC	04:49.28

1500M HEAT 4

1	395	Sam	Gilson	U17	M	Rothwell Harriers	04:41.10
2	300	Oliver	Crampton	SEN	M	Newark Striders	04:42.90
3	379	Charlie	Deakin	U17	M	Kirkby Milers	04:43.97
4	569	Jack	Cooper	SEN	M	Trafford AC	04:44.45
5	571	Chris	Ireland	SEN	M	Sheffield RC	04:45.25
6	99	Ed	Wilson	SEN	M	City of Stoke AC	04:51.04
7	369	Jess	Watson	U17	F	Preston Harriers	04:56.62
8	570	Jed	Turner	SEN	M	Sheffield RC	04:58.21
9	574	Jess	Rogers	SEN	F	Unattached	04:58.51

1500M HEAT 5

1	567	Simon	Roberts	SEN	M	Newark Striders	04:54.73
2	267	Christopher	Roberts	SEN	M	Northern Masters	05:01.48
3	390	Francesca	Harris	U17	F	Vale Royal AC	05:02.84
4	391	Georgia	Heath	U17	F	Horwich RMI	05:05.90
5	368	Luke	Suffolk	U17	M	Preston Harriers	05:08.35
6	374	Jim	Rimmer	SEN	M	Altrincham and District	05:08.37
7	373	Alina	Stepanchuk	SEN	F	Salford Harriers	05:08.48
8	384	Eve	Crossley	U17	F	Keighly and Craven	05:11.01
9	55	Harry	Reeder-hirst	U17	M	Stockport Harriers	05:19.64
10	372	Hollie	Cooke	U20	F	Stockport Harriers	05:36.13

DISCUS

1	87	Nicholas	Young	U20	M	Sale Harriers Manchester	44.86
2	263	Sergei	Saraiev	SEN	M	Trafford AC	42.79

WEIGHT

1.75
2.00

3	64	John	Watts	SEN	M	Northern Vets	38.46	1.00
4	47	Tony	Balko	SEN	M	Blackburn Harriers	35.71	1.50
5	44	Kamal	Benissad	SEN	M	Sale Harriers Manchester	34.72	2.00
6	348	Leroy	Golding	V50	M	Pendle AC	33.55	1.50
7	68	J	Sewell	SEN	M	City of York AC	28.62	1.50
8	86	Michael	Arain	SEN	M	Bury AC	23.40	2.00
9	55	Harry	Reeder-hirst	U17	M	Stockport Harriers	21.12	1.50

SHOT

WEIGHT

1	370	George	Hyde	U20	M	West Cheshire	17.43	6k.5k
2	87	Nicholas	Young	U20	M	Sale Harriers Manchester	16.37	6k
3	64	John	Watts	SEN	M	Northern Vets	11.60	3k
4	47	Tony	Balko	SEN	M	Blackburn Harriers	11.21	6k
5	285	Ethar	Alali	SEN	M	Stockport Harriers	10.26	7.26k.
6	358	Sophie	Tilley	U17	F	Sale Harriers Manchester	10.14	3k
7	55	Harry	Reeder-hirst	U17	M	Stockport Harriers	9.85	5k
8	44	Kamal	Benissad	SEN	M	Sale Harriers Manchester	9.06	7.26k
9	68	J	Sewell	SEN	M	City of York AC	8.73	6k
10	86	Michael	Arain	SEN	M	Bury AC	8.52	7.26k
11	348	Leroy	Golding	V50	M	Pendle AC	8.43	6k

3000m Heat 1

1	46	Jay	Ferns	SEN	M	Trafford AC	08:39.16
2	43	Andrew	Miles	SEN	M	Vale Royal AC	08:57.87
3	48	Ben	Predy	U20	M	Preston Harriers	09:01.84
4	71	Jacob	Watson	SEN	M	Blackburn Harriers	09:03.64
5	56	Mark	Wynne	SEN	M	Liverpool Pembroke and Sefton	09:04.39
6	57	Chris	Maher	SEN	M	Liverpool Pembroke and Sefton	09:13.37
7	51	Matthew	Sutton	SEN	M	Trafford AC	09:14.24
8	65	Oliver	Donnelly	U17	M	Bury AC	09:18.73
9	67	Tim	Hartley	SEN	M	Wigan & District Harriers	09:18.99
10	70	Kristan	Matuszczav	SEN	M	Altrincham and District	09:21.64
11	74	Joseph	Phillips	U20	M	Doncaster AC	09:27.78
12	54	Thomas	Roberts	U17	M	Chorley AC	09:37.43
13	49	Joc	Roberts	U17	M	Warrington AC	09:38.63
14	66	Jack	Hughes	U17	M	Chorley AC	09:51.42
15	59	Kirsty	Longley	SEN	F	Liverpool Pembroke and Sefton	10:05.16

3000m Heat 2

1	42	Luke	Harreld	SEN	M	Bury AC	09:24.29
2	259	Ben	Laxton	U20	M	Crewe and Nantwich AC	09:30.38
3	40	Mark	Cage	SEN	M	City of York AC	09:32.14
4	76	Joe	Warren	U17	M	Doncaster AC	09:53.41
5	53	Emily	Japp	SEN	F	Blackpool Wyre & Fylde	09:55.01
6	41	Jacob	Hughes	U20	M	Chorley AC	09:59.36
7	79	Samuel	Langley	U17	M	Wakefield Harriers	09:59.38
8	39	Matthew	Brennan	U17	M	Liverpool Harriers	10:00.19
9	37	Garry	Palmer	SEN	M	Wolverhampton	10:13.01
10	81	Tobin	Rose	U17	M	Stockport Harriers	10:15.03
11	75	Lis	Kilcourse	SEN	F	Trafford AC	10:26.36
12	85	Steve	Hallas	SEN	M	Preston Harriers	10:46.69

13	69	Gary	Crowshaw	SEN	M	Bury AC	10:55.38
14	36	Martha	Owen	U20	F	Deeside AAC	10:56.92
15	90	Emily	Jones	U20	F	Wharfedale Harriers	11:36.72
16	92	Lisa	Fouweather	U20	F	Doncaster AC	12:54.00