



<b>PROVISIONAL TIMETABLE</b>			
<b>Track</b>			
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Nos</b>
1	10.00	75m	Pools 5, 6, 7, 8
2	10.50	4 x 100m Relay	Pools 9, 10, 11, 12
3	11.10	75m	Pools 1, 2, 3, 4
4	12.00	4 x 100m Relay	Pools 13, 14, 15, 16
5	12.20	75m	Pools 17, 18, 19, 20
<b>LUNCH</b>			
6	13.40	4 x 100m Relay	Pools 1, 2, 3, 4
7	14.00	75m	Pools 9, 10, 11, 12
8	15.00	4 x 100m Relay	Pools 5, 6, 7, 8
9	15.20	75m	Pools 13, 14, 15, 16
10	16.20	4 x 100m Relay	Pools 17, 18, 19, 20

<b>Field</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Pools</b>	<b>Location</b>
11	10.00	Javelin	3	
12	10.00	Javelin	4	
13	10.00	Long Jump	1	
14	10.00	Long Jump	2	
15	10.40	Javelin	15	
16	10.40	Javelin	16	
17	10.40	Long Jump	13	
18	10.40	Long Jump	14	
19	11.20	Javelin	19	
20	11.20	Javelin	20	
21	11.20	Long Jump	17	
22	11.20	Long Jump	18	
23	12.00	Javelin	11	
24	12.00	Javelin	12	
25	12.00	Long Jump	9	
26	12.00	Long Jump	10	
27	12.40	Javelin	7	
28	12.40	Javelin	8	
29	12.40	Long Jump	5	
30	12.40	Long Jump	6	
<b>LUNCH</b>				
31	13.40	Javelin	13	
32	13.40	Javelin	14	
33	13.40	Long Jump	15	
34	13.40	Long Jump	16	
35	14.20	Javelin	5	
36	14.20	Javelin	6	
37	14.20	Long Jump	7	
38	14.20	Long Jump	8	
39	15.00	Javelin	17	
40	15.00	Javelin	18	
41	15.00	Long Jump	19	
42	15.00	Long Jump	20	
43	15.40	Javelin	1	
44	15.40	Javelin	2	
45	15.40	Long Jump	3	
46	15.40	Long Jump	4	
47	16.10	Javelin	9	
48	16.10	Javelin	10	
49	16.10	Long Jump	11	
50	16.10	Long Jump	12	

Warm Up Long Jump / Javelin - 1 Warm Up