

**SAL Young Athletes' Road Race Championships
Royal Highland Centre, Edinburgh 17-3-2019**

Under 13 Girls

Pos	Name		Club		Time
1	Anna	Cairns	Inverness Harriers AAC	U13G	10:13
2	Isla	Thoms	Fife AC	U13G	10:22
3	Phoebe	Armstrong	Aberdeen AAC	U13G	10:27
4	Grace	MacDonald	Inverness Harriers AAC	U13G	10:38
5	Iona Stroma	Hubbard	Ayr Seaforth AC	U13G	10:42
6	Zoe	Sharpe	Inverness Harriers AAC	U13G	10:44
7	Olivia	Clarke	Corstorphine AAC	U13G	10:45
8	Ruby	Russell	Fife AC	U13G	10:46
9	Abbie	McClue	Cambuslang Harriers	U13G	10:52
10	Isla	Paterson	Gala Harriers	U13G	10:54
11	Katy	Donnelly	Giffnock North AC	U13G	10:56
12	Carly Lynne	Smith	Edinburgh AC	U13G	10:13
13	Mirren Julie	Henry	Central AC	U13G	10:22
14	Erin	Macfarlane	Pitreavie AAC	U13G	10:27
15	Jessie	Gilchrist	Law & District AAC	U13G	10:38
16	Melissa	Turnbull	Central AC	U13G	10:42
17	Esme	Dougall	Giffnock North AC	U13G	10:44
18	Beth	Collins	Dundee Hawkhill Harriers	U13G	10:45
19	Katie	Sandilands	Fife AC	U13G	10:46
20	Olivia	Meikle	Lasswade AC	U13G	10:52
21	Amy	Teasdale	Kilbarchan AAC	U13G	10:54
22	Amy	McLaughlin	Lasswade AC	U13G	10:56
23	Sarah	Lyle	Kilbarchan AAC	U13G	11:07
24	Fiona	Currie	Law & District AAC	U13G	11:10
25	Grace	Cook	Dundee Hawkhill Harriers	U13G	11:13
26	Charlotte	MacPhie	Harmeny AC	U13G	11:15
27	Eva	Cameron	Corstorphine AAC	U13G	11:15
28	Ellie	Anderson	Kilmarnock H&AC	U13G	11:16
29	Ellie	Candlish	Dunfermline Track & Field AC	U13G	11:16

Team Results

	Team Name	Finisher Positions			Total
1	Inverness Harriers AAC	1	4	6	11
2	Fife AC	2	8	19	29
3	Ayr Seaforth AC	5	30	33	68
4	Central AC	13	16	40	69
5	Giffnock North AC	11	17	45	73
6	Law & District AAC	15	24	42	81
7	Corstorphine AAC	7	27	48	82
8	Cambuslang Harriers	9	37	39	85
9	Kilbarchan AAC	21	23	43	87
10	Dundee Hawkhill Harriers	18	25	47	90
11	Lasswade AC	20	22	65	107
12	VP-Glasgow AC	35	36	62	133
13	Edinburgh AC	12	41	82	135
14	Dunfermline Track & Field AC	29	73	74	176
15	Strathearn Harriers	56	57	68	181
16	Kilmarnock H&AC	28	72	83	183
17	Falkirk Victoria Harriers	51	67	89	207
18	Springburn Harriers	58	75	98	231

30	Sophie	McCallum	Ayr Seaforth AC	U13G	11:16
31	Zoe	Wilson	Glasgow School of Sport	U13G	11:21
32	Holly	Ovens	Fife AC	U13G	11:22
33	Sophie	McColm	Ayr Seaforth AC	U13G	11:22
34	Olivia	Robbins	Team East Lothian	U13G	11:28
35	Rebecca	Barnett	VP-Glasgow AC	U13G	11:29
36	Chrissie	Francis	VP-Glasgow AC	U13G	11:30
37	Mya	Carmichael	Cambuslang Harriers	U13G	11:31
38	Katie	Murray	Ayr Seaforth AC	U13G	11:33
39	Lucy	McGrandle	Cambuslang Harriers	U13G	11:33
40	Leona	Melville	Central AC	U13G	11:33
41	Alexandra	Sutton	Edinburgh AC	U13G	11:36
42	Jessica	Inglis	Law & District AAC	U13G	11:40
43	Kirsty	Hutton	Kilbarchan AAC	U13G	11:41
44	Ellie	Nayar	Kilbarchan AAC	U13G	11:42
45	Tuscany	Wright	Giffnock North AC	U13G	11:42
46	Mia	Sokoluk	Livingston AC	U13G	11:44
47	Isabella	Passway	Dundee Hawkhill Harriers	U13G	11:44
48	Ailsa	Bagnall	Corstorphine AAC	U13G	11:48
49	Emma	McLennan	Giffnock North AC	U13G	11:51
50	Jessica	Bullen	Team East Lothian	U13G	11:52
51	Arwen	Kennedy	Falkirk Victoria Harriers	U13G	11:53
52	Abigail	Flower	Giffnock North AC	U13G	11:53
53	Isla	Marwick	Inverness Harriers AAC	U13G	11:53
54	Neilla	Mcintyre	Giffnock North AC	U13G	11:53
55	Eva	Ritchie	Cambuslang Harriers	U13G	11:55
56	Anna	MacDonald	Strathearn Harriers	U13G	11:56
57	Edith	MacDonald	Strathearn Harriers	U13G	12:00
58	Katie	Lennon	Springburn Harriers	U13G	12:00
59	Rebekah	Lawman	Cumbernauld AAC	U13G	12:01
60	Amy	Vincent	Giffnock North AC	U13G	12:01
61	Jessica	Grant	Shettleston Harriers	U13G	12:05
62	Rebecca	Shearer	VP-Glasgow AC	U13G	12:09

Team Medals U13 Girls			
1	Inverness Harriers AAC		11
	Anna Cairns	10:13	1
	Grace MacDonald	10:38	4
	Zoe Sharpe	10:44	6
2	Fife AC		29
	Isla Thoms	10:22	2
	Ruby Russell	10:46	8
	Katie Sandilands	10:46	19
3	Ayr Seaforth AC		68
	Iona Stroma Hubbard	10:42	5
	Sophie McCallum	11:16	30
	Sophie McColm	11:22	33

63	Ella	Sharp	VP-Glasgow AC	U13G	12:11
64	Melissa	Currie	Law & District AAC	U13G	12:13
65	Skye	Foster	Lasswade AC	U13G	12:15
66	Amanda	Wallis	Metro Aberdeen RC	U13G	12:15
67	Carys	Forgie	Falkirk Victoria Harriers	U13G	12:15
68	Natasha	Myles	Strathearn Harriers	U13G	12:15
69	Ella	McPherson	Metro Aberdeen RC	U13G	12:19
70	Isla	Baker	Corstorphine AAC	U13G	12:20
71	Jessica	Freck	Pitreavie AAC	U13G	12:21
72	Isla	Tonner	Kilmarnock H&AC	U13G	12:25
73	Megan	Turnbull	Dunfermline Track & Field AC	U13G	12:25
74	Kirstin	Penman	Dunfermline Track & Field AC	U13G	12:25
75	Ruby	Lennon	Springburn Harriers	U13G	12:32
76	Esther	Taylor	Harmeny AC	U13G	12:35
77	Zosia	Paddon	Central AC	U13G	12:45
78	Rachel	McPhillips	Whitemoss AAC	U13G	12:46
79	Rowan	Mair	Helensburgh AAC	U13G	12:47
80	Thea	Kernohan	Garscube Harriers	U13G	12:48
81	Abby	Docherty	North Ayrshire AC	U13G	12:49
82	Alannah	Macaulay Orr	Edinburgh AC	U13G	12:50
83	Mhairi	Ballantyne	Kilmarnock H&AC	U13G	12:51
84	Susannah	Kay	Law & District AAC	U13G	12:54
85	Lucy	Denholm	Clydesdale Harriers	U13G	12:54
86	Scarlett	Scott	Giffnock North AC	U13G	12:56
87	Roxanne	Hardie	Livingston AC	U13G	13:02
88	Molly	Ferguson	Helensburgh AAC	U13G	13:05
89	Caitlyn	Christie	Falkirk Victoria Harriers	U13G	13:05
90	Aimee	White	Strathearn Harriers	U13G	13:07
91	Eve	Penman	Strathearn Harriers	U13G	13:11
92	Gabrielle	Paddison	Giffnock North AC	U13G	13:13
93	Hannah	Lennon	Law & District AAC	U13G	13:13
94	Orla	Stewart	VP-Glasgow AC	U13G	13:25
95	Charlotte	Evans	East Kilbride AC	U13G	13:27

96	Korrie	Bain	Dunfermline Track & Field AC	U13G	13:31
97	Elizabeth	Kay	Law & District AAC	U13G	13:32
98	Jessica	O'Donnell	Springburn Harriers	U13G	13:33
99	Lucy	O'Neil	East Kilbride AC	U13G	13:36

SAL Young Athletes' Road Race Championships Royal Highland Centre, Edinburgh 17-3-2019					
Under 13 Boys					
Pos	Name		Club		Time
1	Finlay	Ross	Harmeny AC	U13B	09:21
2	Jamie	Phillips	Kilmarnock H&AC	U13B	09:22
3	Fergus	Currie	Garscube Harriers	U13B	09:23
4	Corey	Campbell	Team East Lothian	U13B	09:23
5	Connor	Bell	Central AC	U13B	09:33
6	Oliver	Patton	Kilbarchan AAC	U13B	09:42
7	Craig	Shennan	Giffnock North AC	U13B	09:44
8	Cameron	Rankine	Gala Harriers	U13B	10:01
9	Calan	Chong	Giffnock North AC	U13B	10:03
10	Aidan	Page	Team East Lothian	U13B	10:05
11	Matthew	Murphy	Giffnock North AC	U13B	10:07
12	Johnny	Burns	Shettleston Harriers	U13B	10:10
13	Patrick	Barnes	Edinburgh AC	U13B	10:14
14	Luke	Lindsay	Kilbarchan AAC	U13B	10:18
15	Alasdair	Wallace	Harmeny AC	U13B	10:21
16	Innes	Wright	Team East Lothian	U13B	10:23
17	Gregor	Smith	Kirkintilloch Olympians	U13B	10:25
18	Alexander	Millar	Edinburgh AC	U13B	10:27
19	Finlay	Waters	VP-Glasgow AC	U13B	10:27
20	Jake	Henderson	Inverness Harriers AAC	U13B	10:27
21	Calum	Charters	East Kilbride AC	U13B	10:29
22	David	Lidstone	Perth Strathtay Harriers	U13B	10:31
23	Jonathan	Collings	Lothian RC	U13B	10:36
24	Fergus	Pim	Edinburgh AC	U13B	10:36
25	Lachlan	Kunath	Edinburgh AC	U13B	10:39
26	Irvine	Welsh	Teviotdale Harriers	U13B	10:39
27	Oliver	Rodger	Pitreavie AAC	U13B	10:39
28	Archie	Hendry	Gala Harriers	U13B	10:41
29	Jack	Donald	Dundee Hawkhill Harriers	U13B	10:43

Team Results					
	Team Name	Finisher Positions			Total
1	Giffnock North AC	7	9	11	27
2	Team East Lothian	4	10	16	30
3	Edinburgh AC	13	18	24	55
4	Kilbarchan AAC	6	14	39	59
5	Perth Strathtay Harriers	22	30	33	85
6	Harmeny AC	1	15	74	90
7	East Kilbride AC	21	51	61	133
8	Ayr Seaforth AC	36	48	78	162
9	Dundee Hawkhill Harriers	29	47	102	178
10	Corstorphine AAC	35	63	84	182
11	Dunfermline Track & Field AC	42	55	95	192
12	Helensburgh AAC	57	68	69	194
13	Falkirk Victoria Harriers	49	64	86	199
14	Cambuslang Harriers	53	77	85	215
15	Calderglen Harriers	60	79	96	235
16	Musselburgh and District AC	67	110	111	288

30	Harry	Mowatt	Perth Strathtay Harriers	U13B	10:43
31	Jordan	Phillips	Kilmarnock H&AC	U13B	10:43
32	Finlay	McWilliam	Edinburgh AC	U13B	10:43
33	Struan	Gatherer	Perth Strathtay Harriers	U13B	10:43
34	Oliver	MacDonald	Giffnock North AC	U13B	10:46
35	Munro	Lawrie	Corstorphine AAC	U13B	10:47
36	Evan	Kelly	Ayr Seaforth AC	U13B	10:47
37	Alasdair	Brown	Lasswade AC	U13B	10:51
38	Matthew	Knak	Giffnock North AC	U13B	10:51
39	Ryan	Knights	Kilbarchan AAC	U13B	10:52
40	Jamie	Ferries	Metro Aberdeen RC	U13B	10:57
41	William	Clayton	Edinburgh AC	U13B	10:57
42	David	Cuthbert	Dunfermline Track & Field AC	U13B	10:57
43	David	Docherty	Greenock Glenpark Harriers	U13B	10:57
44	Jack	Kennedy	Kilbarchan AAC	U13B	10:57
45	Alasdair	McCorquodale	Edinburgh AC	U13B	10:57
46	Crawford	Smith	Kirkintilloch Olympians	U13B	10:57
47	Louis	Mackenzie	Dundee Hawkhill Harriers	U13B	10:57
48	Fraser	McIntyre	Ayr Seaforth AC	U13B	10:59
49	Greg	Ritchie	Falkirk Victoria Harriers	U13B	11:01
50	Ben	Webster	Inverness Harriers AAC	U13B	11:01
51	Sam	Hosie	East Kilbride AC	U13B	11:01
52	Ruairidh	Burns	Central AC	U13B	11:03
53	Brodie	McDonald	Cambuslang Harriers	U13B	11:06
54	Cormac	Shiels	Giffnock North AC	U13B	11:08
55	Mark	Harley	Dunfermline Track & Field AC	U13B	11:12
56	Logan	Whitton	Law & District AAC	U13B	11:12
57	Gethin	Davies	Helensburgh AAC	U13B	11:15
58	Mitchell	Scott	Giffnock North AC	U13B	11:15
59	Murray	Wallace	Kilbarchan AAC	U13B	11:15
60	Lewis	Moir	Calderglen Harriers	U13B	11:15
61	Jonathan	Hunter	East Kilbride AC	U13B	11:17
62	Aaron	Smyth	Lothian RC	U13B	11:17

Team Medals U13 Boys			
1	Giffnock North AC		27
	Craig Shennan	09:44	7
	Calan Chong	10:03	9
	Matthew Murphy	10:07	11
2	Team East Lothian		30
	Corey Campbell	09:23	4
	Aidan Page	10:05	10
	Innes Wright	10:23	16
3	Edinburgh AC		55
	Patrick Barnes	10:14	13
	Alexander Millar	10:27	18
	Fergus Pim	10:36	24

63	Aron	Jack	Corstorphine AAC	U13B	11:20
64	Stewart	Graham	Falkirk Victoria Harriers	U13B	11:20
65	Finlay	Milne	Team East Lothian	U13B	11:20
66	Josh	Scott	Glasgow School of Sport	U13B	11:20
67	James	Henry	Musselburgh and District AC	U13B	11:23
68	William	Scott	Helensburgh AAC	U13B	11:23
69	Daniel	Logan	Helensburgh AAC	U13B	11:25
70	Cameron	Harris	Giffnock North AC	U13B	11:25
71	Glen	Griffiths	Giffnock North AC	U13B	11:27
72	Ramsay	McLeod	Kilbarchan AAC	U13B	11:29
73	Conrad	Craig	Kilbarchan AAC	U13B	11:30
74	Lewis	Hardingham	Harmeny AC	U13B	11:33
75	Grant	McEachern	Cumbernauld AAC	U13B	11:34
76	Alec	Miller	Lasswade AC	U13B	11:37
77	Gavin	Kelly	Cambuslang Harriers	U13B	11:39
78	Ethan	Polson	Ayr Seaforth AC	U13B	11:39
79	Aidian	Hamilton	Calderglen Harriers	U13B	11:39
80	Finlay	Stewart	Harmeny AC	U13B	11:43
81	Connor	Lupton	Haddington RC	U13B	11:45
82	Charlie	McAllister	Kilbarchan AAC	U13B	11:47
83	Wilbur	Mansell	Edinburgh AC	U13B	11:49
84	Caelan	Rose	Corstorphine AAC	U13B	11:51
85	Jay	Gallacher	Cambuslang Harriers	U13B	11:53
86	Sam	Redwood	Falkirk Victoria Harriers	U13B	11:53
87	Mark	MacInnes	Giffnock North AC	U13B	11:55
88	Arran	Lessells	Perth Strathtay Harriers	U13B	11:58
89	Reece	Duncan	Cambuslang Harriers	U13B	11:58
90	Cathal	Low	Giffnock North AC	U13B	11:58
91	Finn	McCafferty	Cumbernauld AAC	U13B	12:04
92	Eoin	Hogg	Corstorphine AAC	U13B	12:09
93	Max	Lapeyre	Edinburgh AC	U13B	12:10
94	Andrew	Robinson	George Heriots School	U13B	12:12
95	Alexander	Wilson	Dunfermline Track & Field AC	U13B	12:14

96	Kai	Wheeler	Calderglen Harriers	U13B	12:14
97	Bradley	Vidak	Falkirk Victoria Harriers	U13B	12:15
98	Connor	Scobie	Ayr Seaforth AC	U13B	12:17
99	Ryan	Kellock	Law & District AAC	U13B	12:20
100	Harris	Watt	Giffnock North AC	U13B	12:22
101	Christopher	Hally	Perth Strathtay Harriers	U13B	12:22
102	Kieran	Matthews	Dundee Hawkhill Harriers	U13B	12:26
103	Christopher	Black	Cambuslang Harriers	U13B	12:49
104	Cameron	Williams	Helensburgh AAC	U13B	12:52
105	Cameron	Finlayson	Cambuslang Harriers	U13B	13:02
106	Lewis	Andrews	Corstorphine AAC	U13B	13:22
107	Rory	Ledingham	Corstorphine AAC	U13B	13:24
108	Aidan	Glennon	East Kilbride AC	U13B	13:33
109	Aiden	Mcwhirter	North Ayrshire AC	U13B	13:53
110	Asier	Nieva	Musselburgh and District AC	U13B	14:46
111	Oscar	Hilliam-Cook	Musselburgh and District AC	#N/A	14:48

SAL Young Athletes' Road Race Championships
Royal Highland Centre, Edinburgh 17-3-2019

Under 15 Girls

Pos	Name		Club		Time
1	Anna	Hedley	Fife AC	U15G	12:56
2	Katie	Johnson	Edinburgh AC	U15G	13:04
3	Hannah	Ryding	Giffnock North AC	U15G	13:06
4	Meredith	Reid	Glasgow School of Sport	U15G	13:10
5	Julia	Cash	Giffnock North AC	U15G	13:15
6	Louise	Hastie	Kilbarchan AAC	U15G	13:19
7	Aurelia	Tiffoney	Kilbarchan AAC	U15G	13:37
8	Flora	Henry	Team East Lothian	U15G	13:42
9	Anna	Dalglish	Fife AC	U15G	13:58
10	Eva	Chong	Giffnock North AC	U15G	14:04
11	Niamh	Murphy	North Ayrshire AC	U15G	14:06
12	Charlie	Frew	Whitemoss AAC	U15G	14:07
13	Katie	Christie	Falkirk Victoria Harriers	U15G	14:09
14	Anise	Macaulay Orr	Edinburgh AC	U15G	14:12
15	Isla	Hedley	Fife AC	U15G	14:14
16	Kate	Paul	Giffnock North AC	U15G	14:18
17	Abby	Thomson	Giffnock North AC	U15G	14:22
18	Isla	Scott	Giffnock North AC	U15G	14:25
19	Katherine	MacLeod	Corstorphine AAC	U15G	14:30
20	Hayley	Brown	Fife AC	U15G	14:32
21	MaryJane	McInally	North Ayrshire AC	U15G	14:37
22	Abi	Hammerman	Inverclyde AC	U15G	14:37
23	Summer	McDonald	Garscube Harriers	U15G	14:38
24	Rachel	Giffen	Springburn Harriers	U15G	14:47
25	Summer	Maclean	Central AC	U15G	14:48
26	Jaden	Lenny	Fife AC	U15G	14:49
27	Iona	Wilson	Helensburgh AAC	U15G	14:55
28	Sarah	Forbes	Kilbarchan AAC	U15G	14:57
29	Esmee	Thoms	Fife AC	U15G	14:59

Team Results

	Team Name	Finisher Positions			Total
1	Giffnock North AC	3	5	10	18
2	Fife AC	1	9	15	25
3	Kilbarchan AAC	6	7	28	41
4	Edinburgh AC	2	14	47	63
5	Cambuslang Harriers	32	34	71	137
6	East Kilbride AC	37	46	56	139
7	Springburn Harriers	24	44	72	140
8	Dundee Hawkhill Harriers	45	49	68	162
9	Greenock Glenpark Harriers	33	60	69	162
10	Livingston AC	53	54	61	168
11	VP-Glasgow AC	41	63	67	171
12	Metro Aberdeen RC	76	77	78	231

Team Medals U15 Girls

1	Giffnock North AC		18
	Hannah Ryding	13:06	3
	Julia Cash	13:15	5
	Eva Chong	14:04	10
2	Fife AC		25
	Anna Hedley	12:56	1
	Anna Dalglish	13:58	9
	Isla Hedley	14:14	15
3	Kilbarchan AAC		41
	Louise Hastie	13:19	6
	Aurelia Tiffoney	13:37	7
	Sarah Forbes	14:57	28

30	Libby	Smith	Fife AC	U15G	15:02
31	Morven	Hubbard	Ayr Seaforth AC	U15G	15:10
32	Fiona	Hay	Cambuslang Harriers	U15G	15:13
33	Ruby	McGill	Greenock Glenpark Harriers	U15G	15:21
34	Shona	Carey	Cambuslang Harriers	U15G	15:25
35	Kara	Moffat	Lothian RC	U15G	15:27
36	Evie	Livingstone	Kilbarchan AAC	U15G	15:28
37	Holly	McAneny	East Kilbride AC	U15G	15:36
38	Rose	Ryan	Perth Strathtay Harriers	U15G	15:38
39	Erin	Hendry	Falkirk Victoria Harriers	U15G	15:42
40	Jennifer	Scott	Helensburgh AAC	U15G	15:44
41	Roisin	Cameron Coyle	VP-Glasgow AC	U15G	15:49
42	Maimie	McIntyre	Giffnock North AC	U15G	15:54
43	Anna	Saunders	Perth Strathtay Harriers	U15G	15:54
44	Nicola	Farmer	Springburn Harriers	U15G	16:00
45	Lara	Manning	Dundee Hawkhill Harriers	U15G	16:03
46	Abbie	Kirwan	East Kilbride AC	U15G	16:06
47	Emma	Johnson	Edinburgh AC	U15G	16:06
48	Renee	Conneff	Whitemoss AAC	U15G	16:06
49	Isla	Manning	Dundee Hawkhill Harriers	U15G	16:09
50	Keira	Mooney	Edinburgh AC	U15G	16:12
51	Kiara	Meiklejohn	Giffnock North AC	U15G	16:12
52	Amy	Cully	Central AC	U15G	16:13
53	Zoe	Dunn	Livingston AC	U15G	16:13
54	Shannon	Prevost	Livingston AC	U15G	16:13
55	Ailsa	Carrigan	Kilbarchan AAC	U15G	16:20
56	Emma	Livingstone	East Kilbride AC	U15G	16:30
57	Robyn	MacDonald	Lothian RC	U15G	16:40
58	Nuala	O'Donnell	Giffnock North AC	U15G	16:44
59	Ingrid	Imrie	Garscube Harriers	U15G	16:50
60	Abbie	Tosh	Greenock Glenpark Harriers	U15G	16:53
61	Sophie	Ure	Livingston AC	U15G	16:55
62	Islay	Hubbard	Ayr Seaforth AC	U15G	16:56

63	Lucy	Yeadon	VP-Glasgow AC	U15G	16:57
64	Amanda	Quinn	Law & District AAC	U15G	16:59
65	Isla	Raeburn	Kilmarnock H&AC	U15G	17:05
66	Polly	Anderson	Clydesdale Harriers	U15G	17:05
67	Alice	Williams	VP-Glasgow AC	U15G	17:09
68	Grace	Matthews	Dundee Hawkhill Harriers	U15G	17:09
69	Emma	Aitken	Greenock Glenpark Harriers	U15G	17:09
70	Jen	Pickard	Fife AC	U15G	17:14
71	Eilidh	Kennedy	Cambuslang Harriers	U15G	17:15
72	Millie	O'Neill	Springburn Harriers	U15G	17:17
73	Sophie	Lennon	Springburn Harriers	U15G	17:51
74	Mia	McBain	Giffnock North AC	U15G	18:29
75	Francesca	McKay	Greenock Glenpark Harriers	U15G	18:45
76	Kirsty	Macdonald	Metro Aberdeen RC	U15G	19:16
77	Emily	McIntosh	Metro Aberdeen RC	U15G	20:46
78	Jessica	Fraser-Mackie	Metro Aberdeen RC	U15G	20:59

SAL Young Athletes' Road Race Championships Royal Highland Centre, Edinburgh 17-3-2019					
Under 15 Boys					
Pos	Name		Club		Time
1	Lucas	Cairns	Inverness Harriers AAC	U15B	11:57
2	Harris	Paterson	Giffnock North AC	U15B	11:59
3	Samuel	Griffin	Aberdeen AAC	U15B	12:00
4	Gregor	Collins	Gala Harriers	U15B	12:03
5	Struan	Bennet	Fife AC	U15B	12:03
6	Fergus	Reid	Springburn Harriers	U15B	12:08
7	Donald	Gilchrist	Law & District AAC	U15B	12:11
8	Fraser	Gilmour	VP-Glasgow AC	U15B	12:15
9	Euan	Rollo	Inverness Harriers AAC	U15B	12:23
10	Jacob	Luc	Giffnock North AC	U15B	12:27
11	Ben Charles	Sutherland	Falkirk Victoria Harriers	U15B	12:34
12	Ross	O'brien	Giffnock North AC	U15B	12:36
13	Oscar	Logan	Law & District AAC	U15B	12:42
14	Angus	Wright	Team East Lothian	U15B	12:44
15	Conor	Gourley	Pitreavie AAC	U15B	12:48
16	Robbie	Woods	Cambuslang Harriers	U15B	12:49
17	Lewis	Roddis	Cambuslang Harriers	U15B	12:51
18	Hugh	Shiels	Giffnock North AC	U15B	12:51
19	Finlay	Ross-Davie	Garscube Harriers	U15B	12:53
20	Zak	Povey	Cambuslang Harriers	U15B	12:53
21	Cameron	Deverill	Giffnock North AC	U15B	12:59
22	Andrew	Thomson	PH Racing Club	U15B	13:02
23	James	Grant	Strathearn Harriers	U15B	13:02
24	Lewis	Hainey	Inverclyde AC	U15B	13:06
25	Jake	Speirs	VP-Glasgow AC	U15B	13:10
26	Ross	Dewar	Edinburgh AC	U15B	13:11
27	Cameron	Green	Giffnock North AC	U15B	13:13
28	Matthew	Stewart	Glasgow School of Sport	U15B	13:15
29	Ben	Sharpe	Inverness Harriers AAC	U15B	13:16

Team Results						
	Team Name		Finisher Positions		Total	
1	Giffnock North AC		2	10	12	24
2	Inverness Harriers AAC		1	9	29	39
3	Cambuslang Harriers		16	17	20	53
4	Law & District AAC		7	13	37	57
5	VP-Glasgow AC		8	25	43	76
6	Edinburgh AC		26	33	36	95
7	Inverclyde AC		24		80	104
8	Falkirk Victoria Harriers		11	34	66	111
9	Kilbarchan AAC		57	63	64	184
10	Cumbernauld AAC		54	68	74	196

Team Medals U15 Boys			
1	Giffnock North AC		24
	Harris Paterson	11:59	2
	Jacob Luc	12:27	10
	Ross O'brien	12:36	12
2	Inverness Harriers AAC		39
	Lucas Cairns	11:57	1
	Euan Rollo	12:23	9
	Ben Sharpe	13:16	29
3	Cambuslang Harriers		53
	Robbie Woods	12:49	16
	Lewis Roddis	12:51	17
	Zak Povey	12:53	20

30	Patrick	Milne	Corstorphine AAC	U15B	13:20
31	Angus	Chandler	Team East Lothian	U15B	13:25
32	Charlie	Tomkinson	Giffnock North AC	U15B	13:28
33	Connor	Daly	Edinburgh AC	U15B	13:30
34	Adam	Grieve	Falkirk Victoria Harriers	U15B	13:30
35	Mark	Cassidy	Cambuslang Harriers	U15B	13:32
36	Muir	Gillespie	Edinburgh AC	U15B	13:34
37	Craig	Cherrie	Law & District AAC	U15B	13:34
38	Iain	Houston	Gala Harriers	U15B	13:34
39	Murray	Close	Lothian RC	U15B	13:38
40	Christopher	Cairns	East Kilbride AC	U15B	13:47
41	Euan	Docherty	Central AC	U15B	13:50
42	Gregor	Nixon	Inverness Harriers AAC	U15B	13:50
43	Louis	Sharp	VP-Glasgow AC	U15B	13:50
44	Kyle	Macfarlane	Pitreavie AAC	U15B	13:55
45	Joseph	McKay	Giffnock North AC	U15B	13:55
46	Ruairidh	Williams	Corstorphine AAC	U15B	13:57
47	Matthew	Cox	Giffnock North AC	U15B	13:59
48	Robert	Gray	Inverclyde AC	U15B	13:59
49	Andrew	Smith	Springburn Harriers	U15B	13:59
50	Charlie	Stewart	Chirnside Chasers	U15B	13:59
51	Alexander	Porteous	Lasswade AC	U15B	14:02
52	Jonathan	Adams	Lasswade AC	U15B	14:02
53	Daniel	Lidstone	Perth Strathtay Harriers	U15B	14:04
54	Reuben	MacIntyre	Cumbernauld AAC	U15B	14:04
55	Ruairidh	Allen	VP-Glasgow AC	U15B	14:23
56	Kian	McConville	Giffnock North AC	U15B	14:26
57	Robert	Gunson	Kilbarchan AAC	U15B	14:28
58	Jude	Dolan	Greenock Glenpark Harriers	U15B	14:32
59	Jay	Stewart	Edinburgh AC	U15B	14:44
60	Alex	Barnett	Cambuslang Harriers	U15B	14:44
61	Matthew	Cameron	Helensburgh AAC	U15B	14:44
62	Russell	Barnett	VP-Glasgow AC	U15B	14:49

63	Michael	Murray	Kilbarchan AAC	U15B	14:53
64	Ross	Kennedy	Kilbarchan AAC	U15B	14:57
65	Reuben	Bright	George Heriots School	U15B	14:59
66	Andrew	Baird	Falkirk Victoria Harriers	U15B	14:59
67	Cameron	MacDonald	East Kilbride AC	U15B	14:59
68	Max	Mccafferty	Cumbernauld AAC	U15B	15:00
69	Aaron	Bennet	PH Racing Club	U15B	15:04
70	Robbie	Welsh	Teviotdale Harriers	U15B	15:07
71	Gregor	Murdoch	Garscube Harriers	U15B	15:07
72	Tendai	Nyabadza	Harmeny AC	U15B	15:09
73	Liam	Proctor	Metro Aberdeen RC	U15B	15:11
74	Calum	Mackenzie	Cumbernauld AAC	U15B	15:11
75	Craig	Cameron	Giffnock North AC	U15B	15:16
76	Thomas	McKirdy	Kilbarchan AAC	U15B	15:34
77	Conor	Wilson	Inverness Harriers AAC	U15B	15:39
78	Martin	Burnhope	Kilbarchan AAC	U15B	16:00
79	Cameron	Fry	Law & District AAC	U15B	16:31
80	Nathan	Harkins	Inverclyde AC	U15B	16:39

SAL Young Athletes' Road Race Championships Royal Highland Centre, Edinburgh 17-3-2019					
Under 17 Women					
Pos	Name		Club		Time
1	Cera	Gemmell	Team East Lothian	U17W	16:32
2	Megan	Keith	Inverness Harriers AAC	U17W	16:39
3	Sarah	Coutts	Pitreavie AAC	U17W	17:16
4	Rosie	Davidson	Ayr Seaforth AC	U17W	17:18
5	Eilidh	Jaffray	Teviotdale Harriers	U17W	17:22
6	Pippa	Carcas	Edinburgh AC	U17W	17:24
7	Hannah	Anderson	East Kilbride AC	U17W	17:24
8	Helen	Chong	Giffnock North AC	U17W	17:38
9	Aimee	Anderson	Glasgow School of Sport	U17W	17:49
10	Clare	Wallace	Giffnock North AC	U17W	18:03
11	Kate	Richardson	Giffnock North AC	U17W	18:13
12	Daisy	Cumming	Dunfermline Track & Field AC	U17W	18:21
13	Eilidh	Gibson	Kilbarchan AAC	U17W	18:35
14	Elizabeth	McCall	Edinburgh AC	U17W	18:38
15	Katie	Craig	Livingston AC	U17W	18:40
16	Katie	Lancaster	Dunfermline Track & Field AC	U17W	18:43
17	Susie	Mclaughlin	Cambuslang Harriers	U17W	18:55
18	Georgia	Ledingham	Corstorphine AAC	U17W	18:56
19	Elsie	Hollywood	Shettleston Harriers	U17W	18:57
20	Lucia	Montgomery	Edinburgh AC	U17W	19:02
21	Laine	Alemu	Kilbarchan AAC	U17W	19:02
22	Kyra	Gibb	Central AC	U17W	19:10
23	Beatrice	Winkler	Edinburgh AC	U17W	19:12
24	Libby	Sutherland	Kilbarchan AAC	U17W	19:16
25	Chloe	McClung	Lothian RC	U17W	19:20
26	Katie	Flett	Helensburgh AAC	U17W	19:27
27	Annabel	Ballantyne	Giffnock North AC	U17W	20:08
28	Abby	McGlone	Lasswade AC	U17W	20:14
29	Ailsa	Bennet	Fife AC	U17W	20:26

Team Results						
	Team Name		Finisher Positions			Total
1	Giffnock North AC		8	10	11	29
2	Edinburgh AC		6	14	20	40
3	Kilbarchan AAC		13	21	24	58
4	Dunfermline Track & Field AC		12	16	34	62
5	Inverness Harriers AAC		2	30	33	65

Team Medals U17 Women		
1	Giffnock North AC	29
	Helen Chong	17:38 8
	Clare Wallace	18:03 10
	Kate Richardson	18:13 11
2	Edinburgh AC	40
	Pippa Carcas	17:24 6
	Elizabeth McCall	18:38 14
	Lucia Montgomery	19:02 20

3	Kilbarchan AAC	58
	Eilidh Gibson	18:35 13
	Laine Alemu	19:02 21
	Libby Sutherland	19:16 24

30	Emma	Seed	Inverness Harriers AAC	U17W	20:35
31	Hannah	Paton	Kirkintilloch Olympians	U17W	20:43
32	Jenna	Little	VP-Glasgow AC	U17W	20:49
33	Rachel	Gillies	Inverness Harriers AAC	U17W	22:00
34	Minnie	Brocklesby	Dunfermline Track & Field AC	U17W	22:19
35	Jodie	Mitchell	Shettleston Harriers	U17W	22:32

SAL Young Athletes' Road Race Championships Royal Highland Centre, Edinburgh 17-3-2019					
Under 17 Men					
Pos	Name		Club		Time
1	Kane	Elliott	Falkirk Victoria Harriers	U17M	14:42
2	Jack	Patton	Kilbarchan AAC	U17M	14:45
3	Joe	Ewing	Edinburgh AC	U17M	14:48
4	Ross J	Whitelaw	Glasgow School of Sport	U17M	14:57
5	Jack	Trainer	Garscube Harriers	U17M	15:02
6	Ryan	Donald	Dundee Hawkhill Harriers	U17M	15:07
7	Lewis	Hannigan	Kilbarchan AAC	U17M	15:09
8	David	Addison	Corstorphine AAC	U17M	15:16
9	Christopher	McLew	Cambuslang Harriers	U17M	15:18
10	Cameron	Sale	Dundee Hawkhill Harriers	U17M	15:19
11	Tom	Ireland	Edinburgh AC	U17M	15:23
12	Elliot	Duff	Garscube Harriers	U17M	15:27
13	Cameron	McKenzie	Kilbarchan AAC	U17M	15:31
14	Lewis	Tharme	Gala Harriers	U17M	15:34
15	Michael	Watt	Aberdeen AAC	U17M	15:40
16	Ben	Sandilands	Fife AC	U17M	15:44
17	Jack	Bell	Giffnock North AC	U17M	15:45
18	David	McNair	Kilbarchan AAC	U17M	15:48
19	Cameron	Bullen	Team East Lothian	U17M	15:50
20	Hamish	Anderson	East Kilbride AC	U17M	15:52
21	Aaron	Grew	Cambuslang Harriers	U17M	15:52
22	Ryan	Kirkland	Lothian RC	U17M	15:55
23	Michael	Sanderson	Fife AC	U17M	15:55
24	Nathan	Tosh	Metro Aberdeen RC	U17M	15:58
25	Ben	Henderson	Perth Strathtay Harriers	U17M	15:59
26	Michael	Black	Cambuslang Harriers	U17M	16:01
27	Gregor	Knight	Perth Strathtay Harriers	U17M	16:02
28	Harry Lloyd	McGill	Greenock Glenpark Harriers	U17M	16:05
29	Ethan	Carolan	Giffnock North AC	U17M	16:05

Team Results					
	Team Name	Finisher Positions			Total
1	Kilbarchan AAC	2	7	13	22
2	Dundee Hawkhill Harriers	6	10	30	46
3	Garscube Harriers	5	12	34	51
4	Cambuslang Harriers	9	21	26	56
5	Giffnock North AC	17	29	35	81
6	Falkirk Victoria Harriers	1	39	44	84
Team Medals U17 Men					
1	Kilbarchan AAC				22
	Jack Patton	14:45	2		
	Lewis Hannigan	15:09	7		
	Cameron McKenzie	15:31	13		
2	Dundee Hawkhill Harriers				46
	Ryan Donald	15:07	6		
	Cameron Sale	15:19	10		
	Ethan McColgan	16:09	30		
3	Garscube Harriers				51
	Jack Trainer	15:02	5		
	Elliot Duff	15:27	12		
	James Connelly	16:16	34		

30	Ethan	McColgan	Dundee Hawkhill Harriers	U17M	16:09
31	Kai	Newell	Cambuslang Harriers	U17M	16:10
32	Thomas	Ross	Corstorphine AAC	U17M	16:12
33	Lewis	Barclay	Kilbarchan AAC	U17M	16:13
34	James	Connelly	Garscube Harriers	U17M	16:16
35	Andrew	Robertson	Giffnock North AC	U17M	16:18
36	Theo	Carter	Shettleston Harriers	U17M	16:21
37	Callum	Byrne	VP-Glasgow AC	U17M	16:30
38	Ben	Nichol	Inverclyde AC	U17M	16:31
39	Calum	Little	Falkirk Victoria Harriers	U17M	16:34
40	Angus	Smith	Inverness Harriers AAC	U17M	16:38
41	Blayne	Wright	Giffnock North AC	U17M	16:46
42	Fraser	Clyne	Teviotdale Harriers	U17M	16:47
43	Jack	MacKinnon	Cambuslang Harriers	U17M	16:51
44	Euan	Wond	Falkirk Victoria Harriers	U17M	16:56
45	Robbie	Anderson	Team East Lothian	U17M	17:00
46	Lewis	Hunt	Shettleston Harriers	U17M	17:07
47	Bryn	Davies	Helensburgh AAC	U17M	17:08
48	Jordan	Cruickshank	Metro Aberdeen RC	U17M	17:09
49	Eoghan	O'Donnell	Giffnock North AC	U17M	17:23
50	Malcolm	McLure	Dunfermline Track & Field AC	U17M	17:26
51	Alex	Ellen	Ross County AC	U17M	17:31
52	Gordon	Manson	Inverness Harriers AAC	U17M	17:42
53	Matthew	Tully	Dundee Hawkhill Harriers	U17M	17:44