

Athletes must declare their intention to compete a minimum of 60mins before the scheduled start time of each of their events.

Straight Track

Event No	Time	Event	Age Group	Round
1	10.00	60m Hurdles	U17 Women	1
2	10.20	60m	Men	1
3	10.45	60m	U17 Women	1
4	11.05	60m	U17 Men	1
5	11.25	60m	Women	1
6	11.45	60m Hurdles	U17 Women	Semi Final
7	11.55	60m Hurdles	Women	1
8	12.05	60m Hurdles	U17 Men	1
9	12.15	60m	Men	Semi Final
10	12.27	60m	U17 Women	Semi Final
11	12.39	60m	U17 Men	Semi Final
12	12.51	60m	Women	Semi Final
13	13.03	60m Hurdles	Men	Final
14	13.08	60m Hurdles	U17 Men	Final
15	13.13	60m Hurdles	Women	Final
16	13.18	60m Hurdles	U17 Women	Final
17	13.23	60m	Men	Final
18	13.27	60m	U17 Women	Final
19	13.31	60m	U17 Men	Final
20	13.35	60m	Women	Final

**Straight Track will take precedence over Circular Track
 If heats are not required FINALS will go at FINAL time.**

Circular Track

Event No	Time	Event	Age Group	Round
21	10.18	1500m	U17M	1
22	10.34	300m	U17 Women	1
23	10.54	400m	Men	1
24	11.14	400m	Women	1
25	11.30	400m	U17 Men	1
26	11.46	800m	U17 Women	1
27	12.00	800m	U17 Men	1
28	12.16	800m	Women	1
29	12.24	800m	Men	1
30	12.36	1500m	U17 Men	Final
31	12.44	1500m	Men	1
32	12.52	1500m	U17 Women	1
33	13.16	300m	U17 Women	Semi Final
34	13.24	400m	Men	Semi Final
35	13.32	200m	U17 Women	1
36	14.08	200m	U17 Men	1
37	14.36	200m	Men	1
38	15.08	200m	Women	1
39	15.28	400m	U17 Men	Final
40	15.32	400m	Women	Final
41	15.36	400m	Men	Final
42	15.40	300m	U17 Women	Final
43	15.44	200m	U17 Women	Semi Final
44	15.56	200m	U17 Men	Semi Final
45	16.08	200m	Men	Semi Final
46	16.20	200m	Women	Semi Final
47	16.28	800m	U17 Women	Final
48	16.32	800m	U17 Men	Final
49	16.36	800m	Women	Final
50	16.40	800m	Men	Final
51	16.44	1500m	U17 Women	Final
52	16.52	1500m	Women	Final
53	17.00	1500m	Men	Final
54	17.10	200m	U17 Women	Final
55	17.14	200m	U17 Men	Final
56	17.18	200m	Men	Final
57	17.22	200m	Women	Final

**All heat lists will be displayed at warm up area.
 Please check for report time.
 If heats are not required FINALS will go at FINAL time.**

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Field						
Event No	Time	Event	Age Group	Round	Area	
58	10.00	Long Jump	U17 Men	Final		
59	10.15	Shot Put	U17 Men	Final		
60	10.30	Triple Jump	U17 Women	Final	Out	7m/9m
61	10.45	Pole Vault	U17 Women	Final		2m13
61		Pole Vault	Women	Final		
62	11.25	Long Jump	Women	Final		
63	11.35	Shot Put	U17 Women	Final		
64	12.45	Long Jump	Men	Final		
65	13.00	Shot Put	Men	Final		
66	13.25	Pole Vault	Men	Final		3m43
66		Pole Vault	U17 Men	Final		2m13
67	14.00	Triple Jump	Women	Final		9m / 11m
68	14.30	High Jump	U17 Women	Final	60m S	1m28
69	14.30	High Jump	Men	Final	60m F	1m68
69		High Jump	U17 Men	Final		1m38
70	14.50	Long Jump	U17 Women	Final	Out	
71	15.15	Triple Jump	Men	Final		11m / 13m
72	15.55	Shot Put	Women	Final		
73	16.00	High Jump	Women	Final	60m F	1m38
74	16.15	Triple Jump	U17 Men	Final		9m / 11m

**All Shot competitions will be held in corner outside back straight
Horizontal Jumps & Shot Put - Minimum 2 Warm Up attempts
3 attempts in Competition, top 8 advance for additional 3 attempts
High Jump - 2 Heights in Warm Up only**