

100m women w35-45					100m women w45-55							
Pos	No	Name	Club	Time	w-1.3	Pos	No	Name	Club	Time	w-2.3	
1	84	Karen O'Donnell	Olympian Y & A.C.	13.92	w35	1	98	Margaret O'Connor	Enniscorthy A.C.	15.32	w45	
2	86	Lynsey Brown	city of lisburn	14.15	w35	2	6	Angela Kelly	Giffnock North AC	15.96	w55	
3	10	Joanne McCauley	Newry AC	14.74	w40	3	125	Tina Gallagher	OMG AC	16.4	w55	
4	162	Sinead Sweeney	Rosses AC	15.48	w35	4	120	Michelle reinhardt Mc C	Clones AC	16.82	w45	
5	102	Paula Sharkey	Rosses AC	15.86	w35	5	33	Joan Melanophy	St Peters AC	17.81	w45	
6	146	Martha Moussally	Fingallians AC	16.15	w40	6	101	Lesley Nelson		0	18.69	w50

100m men m35-45					100m men m50							
Pos	No	Name	Club	Time	w +0.9	Pos	No	Name	Club	Time	w -2.0	
1	69	John Corr	Leevale ac	12.1	m45	1	68	Malachy Campbell	Dunleer A.C.	12.93	m50	
2	25	Neil McAllister		0	13.29	m40	2	108	Ian Wilson	Orangegrove AC	13.22	m50
3	117	Ian McClung		0	13.47	m45	3	97	John O'Connor	Enniscorthy A.C.	13.74	m50
4	110	John Ward	Dromore AC	13.77	m35	4	58	David Foy		0	14.05	m50
5	103	Tony Sharkey	Rosses AC	14.22	m45	5	89	Robert Anderson	tir chonail		15.01	m50
6	96	Martin O' Donnell	Olympian Youth & AC	25.39	m40							

100m men m60 - 65					100m men m70 & 75						
Pos	No	Name	Club	Time	w-2.0	Pos	No	Name	Club	Time	w -1.1
1	71	Joe Frey	Lagan Valley AC	14.77	m60	1	139	Earl Taylor	Mid Ulster AC	16.28	m70
2	109	Seamus Agnew	Ballymena & Antrim AC	14.90	m60	2	72	Frank Stewart	City of Derry Spartans	17.21	m80
3	160	Thomas Clinton	Navan AC	15.02	m65	3	151	Richie Kelly	DCTC	24.92	m75
4	40	Bob Douglas	Ballymena & Antrim AC	15.09	m60	4	64	Gerry Carson	Victoria Park & Connswater A	33.14	m75
5	31	George Gribben	Orangegrove A C	15.25	m60						
6	4	David Leech	Blackrock A.C. (Dublin)	15.28	m65						
7	3	Ramsay Sloss	Sligo A.C.	15.34	m65						

3000m walk combined						
Pos	No	Name	Club	Time	w -2.8	
1	48	Patrick Murphy	Castleisland AC	14.53.83	M55	
2	47	Bobby King		0	17.05.69	M70
3	46	Sean McMullin	Mullingar Harriers Ac	17.46.72	M70	
4	169	Helen Gilmour		0	22.51.17	M60

110m hurdles M35-45					100m hurdles m50 & 60						
Pos	No	Name	Club	Time	w -2.0	Pos	No	Name	Club	Time	w -1.4
1	44	Trevor mcGlynn	Omagh Harriers	20.09	m40	1	112	Robert reynolds	84cm	16.78	M60
2	83	Patrick Galvin	FINN VALLEY	20.39	m40	2	15	Ronan Gately	Dundrum South Dublin A.C.	19.75	m50
3	75	Martin Mooney	Inishowen AC	21.16	m35	3	97	john o'connor	Enniscorthy A.C.	21.88	m50

80mHurdles, W40+, M70					
Pos	No	Name	Club	Time	w -2.9
1	81	Geraldine Finegan	North east runner dundalk	14.08	w50
2	144	jan Cervenkova	Lagan Valley AC	16.08	w45
3	24	Mary barrett	Loughrea A.C.	17.44	w60
4	98	Margarte O'connor	Enniscorthy A.C.	17.68	w45
5	91	Rosemary gibson	north east runners	17.78	w45
6	139	Earl Taylor	Mid Ulster AC	18.00	m70

800m women					
Pos	No	Name	Club	Time	
1	94	Catherine Diver	Beechmount Harriers	2:22.83	w40
2	130	Elaine Connor	Derry Track Club	2:24.64	w40
3	45	Maria Dunne	ST LAURENCE O'TOOLE	2:24.97	w40
4	56	Lynn Lyness	City of Lisburn AC	2:28.79	w40
5	16	Alison Gilliland	unattached	2:29.26	w40
6	34	Rhonda Brady	ballymena and Antrim	2:36.84	w45
7	127	Joy McAleer	City ofburn Lisburn AC	3:06.02	w55

800m men M35, M40, M45					
Pos	No	Name	Club	Time	
1	167	Martin Cox	Carmen Runners	2:05.28	M25
2	100	Stephen Orr	Orangegrove AC	2:09.59	M40
3	53	Barry Monaghan	Newry AC	2:14.21	M45
4	132	Lee Maginnis	Newry AC	2:20.12	
5	5	Sean Farquhar	St. Peter's	2:23.66	M45
6	61	Kyle Montgomery	Victoria Park & Connswater A	2:26.14	M35
7	60	Raymond Leitch	Victoria Park & Connswater A	2:28.82	M40
8	149	David Taylor	C of Lisburn AC	2:29.53	M45
9	175	Rodney Corrigan	Orangegrove AC	2:30.29	

800m men m55					
Pos	No	Name	Club	Time	
1	116	Cathal McLaughlin	DCTC	2:12.65	M50
2	43	David Clarke	North Belfast Harriers	2:16.80	M55
3	166	Chris Woods	Orangegrove AC	2:31.43	M50
4	59	Gary Keenan	Victoria Park & Connswater	2:37.18	M55
5	28	Philip Brines	Lagan Valley AC	2:39.82	M55
6	27	John McCooey	North East Runners A.C.	2:40.12	M55
7	123	Ciaran Hunter	Beechmount Harriers	2:49.41	M50
8	148	Vincent Bradley	NBH	2:55.54	M55

800m men M60+					
Pos	No	Name	Club	Time	
1	128	Robert Bigger	Derry Track Club	2:23.71	M60
2	143	Gerry O'Doherty	Springwell Runners	2:32.35	M60
3	99	Jim Harris	Orangegrove AC	2:57.03	M70
4	12	Ray Aiken	Keith & District AAC	3:00.11	M65
5	80	Barry Morris	City of Lisburn AC	3:03.91	M65
6	157	Alan Keys	Annadale Striders	3:48.30	M65

200m women w35-45					200m women w50+							
Pos	No	Name	Club	Time	w-2.2	Pos	No	Name	Club	Time	w-1.9	
1	84	Karen O'Donnell	Olympian Y & A.C.	29.14	W35	1	38	Carol Kearney		0	30.65	W50
2	111	Niamh McGuire	Rathkenny A.C.	29.95	W45	2	6	Angela Kelly	Giffnock North AC		33.65	W55
3	162	Sinead Sweeney	Rosses AC	33.17	W35	3	125	Tina Gallagher	OMG AC		34.05	W55
4	102	Paula Sharkey	Rosses AC	33.59	W35	4	145	Ruth Perioli	Ballydrain Harriers		34.41	W60
5	33	Joan Melanophy	St Peters AC	36.72	W45	5	77	Danea Herron	City of Derry Spartans AC		37.76	W55

200m men m35-40					200m men M45, M50, M55							
Pos	No	Name	Club	Time	w-1.3	Pos	No	Name	Club	Time	w-1.2	
1	161	Glenn Scullion	Mid Ulster AC	24.89	M35	1	69	John Corr	Leevale ac		24.84	M45

2	73 Brian Boyce	An Ríocht A.C.	25.17 M40	2	92 Shane Smith	St. Annes A.C.	26.05 M45
3	174 David Rock	Father Murphy's	25.64 M40	3	68 Malachy Campbell	Dunleer A.C.	26.35 M50
4	25 Neil McAllister		27.30 M40	4	32 Patrick Crossan	Patrick Crossan	26.45 M55
5	110 John Ward	Dromore AC	27.78 M35	5	108 Ian Wilson	Orangegrove AC	27.80 M50
				6	103 Tony Sharkey	Rosses AC	30.69 M45

200m men m60					200m men M65, M70, M75						
Pos	No	Name	Club	Time	w-2.6	Pos	No	Name	Club	Time	w-1.4
1	71	Joe Frey	Lagan Valley AC	30.85		1	160	Thomas Clinton	Navan AC	30.92	M65
35-	40	Bob Douglas	Ballymena & Antrim AC	31.34		2	128	Ramsay Sloss	Sligo A.C.	5.13.96	M65
3	109	Seamus Agnew	Ballymena & Antrim AC	31.47		3	99	Jim Harris	Orangegrove AC	32.17	M70
4	31	George Gribben	Orangegrove A C	32.40		4	64	Gerry Carson	Victoria Park & Connswater A	32.3	M75
						5	151	Richie Kelly	DCTC	51.59	M75

1500m female 35-50					200m men M65, M70, M75				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	119	Denise Toner	Clones AC	4.55.89 W40	1	43	David Clarke	North Belfast Harriers	4.53.43 M55
2	94	Catherine Diver	Beechmount Harriers	5.01.70 W40	2	128	Robert Bigger	Derry Track Club	5.13.96 M60
3	90	Gemma McDonald	Ballycastle Runners	5.07.43 W35	3	143	Gerry O'Doherty	Springwell Runners	5.19.17 M60
4	172	Edyta Roztcka-Gabrys	Victoria park and Connswat	5.57.02 W40	4	28	Philip Brines	Lagan Valley AC	5.21.08 M55
					5	59	Gary Keenan	Victoria Park & Connswater A	5.21.56 M55
					6	173	Malcolm McCausland	Derry Track Club	5.59.52 M65
					7	148	Vincent Bradley	NBH	6.02.85 M55
					8	12	Ray Aiken	Keith & District AAC	6.10.85 M65
					9	114	Pat O'Driscoll	North Down AC	8.47.57 M70

400m women					400m men 40-45				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	130	Elaine Connor	Derry Track club	1.04.13 W40	1	118	Shane King	Clones AC	53.59 M40
2	84	Karen O'Donnell	Olympian Y&AC	1.05.36 W35	2	150	Eoghan devlin	Mid Ulster AC	54.11 M40
3	45	Maria Dunne	St Laurence O'Toole	1.06.88 W40	3	73	Brian Boyce	An Roicht AC	54.67 M40
4	94	Catherine Diver	Beechmount Harriers	1.07.10 W40	4	92	Shane smith	St Annes AC	58.91 M45
5	111	Niamh McGuire	Rathkenny AC	1.07.46 W45	5	126	David Fletcher	Orangegrove	1.01.63 M40
6	38	Carol Kearney		1.09.20 W50	6	5	Sean Fuhararq	St Peters	1.02.86 M45
7	145	Ruth Perioli	Ballydrain harriers	1.13.48 W60					

400m men - 50 - 55					400m men 60+				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	116	Cathal McLaughlin	DCTC	58.78 M50	1	99	Jim Harris	Orangegrove AC	1.15.46 M70
2	128	Robert Bigger	Derry Track Club	1.03.59 M60	2	3	Ramsay Sloss	Sligo A.C.	1,17,23 M65
3	155	David Quigg	Orangegrove AC	1.10.51 M60	3	37	Gerry Ward	Orangegrove AC	2.02.23 M85
4	40	Bob Douglas	Ballymena & Antrim AC	1.12.22 M60					
5	27	John McCooey	North East Runners A.C.	1.17.25 M55					

1500 men 35-50					1500 Men m50+				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	167	Martin Cox	Carmen Runners	4.19.15 M35	1	43	David Clarke	North Belfast Harriers	4.53.43 M55
2	113	Cathal Logue	City of Derry AC Spartans	4.24.11 M35	2	128	Robert Bigger	Derry Track Club	5.13.96 M60
3	2	Paul Horan	North Belfast Harriers	4.24.37 M40	3	143	Gerry O'Doherty	Springwell Runners	5.19.17 M60
4	21	Simon Doyle	Victoria park and Connswat	4.24.78 M40	4	28	Philip Brines	Lagan Valley AC	5.21.08 M55
5	51	Nigel McKibben	Dromore AC	4.29.58 M45	5	59	Gary Keenan	Victoria Park & Connswater A	5.21.56 M55
6	53	Barry Monaghan	Newry AC	4.44.32 M45	6	173	Malcolm McCausland	Derry Track Club	5.59.52 M65
7	61	Kyle Montgomery	Victoria park and Connswat	5.08.56 M35	7	148	Vincent Bradley	NBH	6.02.85 M55
8	60	Raymond Leitch	Victoria park and Connswat	5.13.82 M40	8	12	Ray Aiken	Keith & District AAC	6.10.85 M65
9	149	David taylor	City of Lisburn AC	5.21.52 M45	9	114	Pat O'Driscoll	North Down AC	8.47.57 M70
10	123	Ciaran Hunter	Beechmount Harriers	6.01.88 M50					

400mH men					400m H women 35-45				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	32	Patrick Crossan	St annes	1.08.38 M55	1	86	Lynsey Brown	City of Lisburn	1.22.40 W35
2	15	Ronan Gateley	Dundrum South Dublin AC	1.10.47 M50	2	10	Joanne McAuley	Newry AC	1.26.39 W40
3	75	Martin Mooney	St Laurence O'Toole	1.12.26 M35	3	91	Rosemary Gibson	North East runners	1.31.75 W45

3000m combined					300mH combined				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	129	Neil Carty	North Belfast Harriers	10.12.71 M50	1	128	Robert Bigger	Derry Track Club	56.09 M60
2	90	Gemma McDonald	Ballycastle Runners	10.48.00 W35	2	81	Geraldine Finegan	North east runner dundalk	1.07.27 W50
3	87	Mark McKeown	Armagh AC	10.55.20 M40	3	139	Earl Taylor	Mid Ulster AC	1.09.62 M70
4	177	Marina Murphy	Derry Track club	10.59.85 W35					
5	66	Jenny Black	VPCAC	11.04.88 W40					
6	59	Gary keenan	VPCAC	11.20.48 M55					
7	67	Sarah Jane Guiney	VPCAC	11.37.20 W35					
8	147	Maria Morris	Beechmount Harriers	11.57.21 W40					
9	123	Ciaran Hunter	Beechmount Harriers	12.50.38 M50					
10	114	Pat O'Driscoll	North Down AC	15.04.91 M70					

5000m combined				
Pos	No	Name	Club	Time
1	156	Mark McKinsty	NBH	15:23.03 M35
2	14	Gary Henderson	Armagh AC	16:27.22 M45
3	41	Christopher Moren	Willowfield Harriers	16:34.49 M35
4	158	Barrie Atkinson	U/A	16:45.20 M40
5	13	Gavin McGlinchey	City of Derry Spartans	16:57.38 M40
6	178	Conor McMullan		17:09.75 M45
7	122	Garry Morrow	Willowfield Harriers	17:14.15 M35
8	85	James Turtle	Ballymena Runners	17:34.21 M50
9	54	Diarmuid O'Kane	City of Derry Spartans	18:03.90 M40
10	63	Ian Lockington	Victoria Park & Connswater	18:20.49 M40

11	62 Thomas Leitch	Victoria Park & Connswater	18:57.99 M45
12	23 Karl Dines	Willowfield Harriers	19:58.90 M55

**Hammer Women**

Pos	No	Name	Club	Distance	weight
1	131	Claire Cameron	Victoria Pk C of Glasgow	26.00	3kg w55
1	76	Eithne Ní Mhurchadha	Civil Service Harriers	14.38	4kg w40
1	141	Orlaith Read	Donore Harriers	26.75	4kg w45

**Hammer men M45-55**

Pos	No	Name	Club	Distance	weight
1	44	Trevor McGlynn	Omagh Harriers	24.18	7.25kg m40
1	78	Damian Crawford	Lifford Strabane AC	27.63	7.25kg m45
1	135	Seamus Fitzpatrick	Portlaoise AC	28.36	6kg m50
2	30	Samuel Moylan	Enfield & Haringey AC	27.77	6kg m50
3	89	Robert Anderson	tir chonail	23.72	6kg m50
1	134	John Territt	St abbans AC	31.64	6kg m55
2	70	Bosco Reid	Finn Valley	31.45	6kg m55

**Hammer Men M60+**

Pos	Name	Club	Distance	weight
1	157 Alan Keys	Annadale Striders	15.26	5kg m65
1	137 Murty Kelly	Brow Rangers AC	28.21	4kg m70
2	152 John Glover	Lagan Valley AC	19.36	4kg m70
3	82 Jim McClean	North Belfast Harriers	16.23	4kg m70
1	165 Barry Holmes	Mid Ulster AC	18.75	4kg m75
1	11 Ernest Tuff	BAAC	40.03	3kg m80
1	57 Michael McGarry	DLC	25.69	3kg m85

**high jump men**

Pos	No	Name	Club	Height
1	55	Peter Fryer	City of Derry AC Spartans	1.70 M35
2	164	Colin McCambridge	BAAC	1.60 M35
3	75	Martin Mooney	Inishowen AC	1.50 M35
1	83	Patrick Galvin	FINN VALLEY	1.65 M40
2	44	Trevor McGlynn	Omagh Harriers	1.55 M40
1	106	Aidan Gillespie	Rosses AC	1.70 M45

1	15	Ronan Gately	Dundrum South Dublin A.C.	1.45	M50
2	163	John Wallace	Ratoath	1.40	M50
3	97	John O'Connor	EAC	1.35	M50
1	142	Eddie Howarth	U/A	1.25	M60

### high jump women

Pos	No	Name	Club	Height
1	10	Joanne McCauley	Newry AC	1.35 w40
1	24	Mary Barrett	Loughrea A.C.	1.20 w55

### Shot Putt Men

Pos	No	Name	Club	Distance	weight
1	42	Matt Jarvis	Clonliffe Harriers A.C.	09.83	7.26kg m35
1	44	Trevor McGlynn	Omagh Harriers	08.97	7.26k m40
2	96	Martin O' Donnell	Olympian Youth & AC	07.71	7.26 m40
1	78	Damian Crawford	Lifford Strabane AC	10.49	7.26k m45
1	135	Seamus Fizpatrick	Portlaoise AC	11.75	6k m50
2	20	Mark Doherty	Lifford Strabane Ac	10.32	6k m50
3	97	John O'Connor	Enniscorthy A.C.	8.96	6k m50
4	30	Samuel Moylan	Enfield & Haringey AC	8.19	6k m50
5	163	John Wallace	Ratoath	7.92	6k m50
6	89	Robert Anderson	tir chonail	7.91	6k m50
1	70	Bosco Reid	Finn Valley AC	11.17	6k M55
2		Thomas mcGrane	St peters AC	10.06	6k M55
3	134	john Territt	At abbans AC	9.88	6k M55
1	7	John Birkett	Annan & District AC	09.83	5kg m60
2	40	Bob Douglas	Ballymena & Antrim AC	08.21	5kg m60
1	136	Willie O'Toole	ST Laurence O'Toole AC	10.43	5kg m65
1	82	Jim McClean	North Belfast Harriers	11.50	4kg m70
2	137	Murty Kelly	Brow Rangers AC	09.33	4kg m70
3	152	John Glover	Lagan Valley AC	08.58	4kg m70
1	8	James Sloan	Annan & District AC	09.83	4kg m75
2	104	Joe Joyce	Rosses AC	07.88	4kg m75
3	165	Barry Holmes	Mid Ulster AC	06.52	4kg m75
4	29	Patsy Conboy	Brothers Pearse A.C.	06.23	4kg m75
1	11	Ernest Tuff	BAAC	11.22	3kg m80

2	72	Frank Stewart	City of Derry Spartans	09.32	3kg	m80
3	168	Stanley Hall	city of lisburn	08.15	3kg	m80
1	57	Michael McGarry	DSD	07.71	3kg	m85

### Shot Putt Women

Pos	No	Name	Club	Distance	weight	
1	133	Ciara McGilloway	C of D Spartans	07.41	4kg	w35
1	76	Eithne Ní Mhurchadha	Civil Service Harriers	05.26	4kg	w40
1	144	Jana Cervenkova	Lagan Valley AC	10.67	4kg	w45
2	111	Niamh McGuire	Rathkenny A.C.	07.61	4kg	w45
3	91	Rosemary Gibson	north east runners	06.66	4kg	w45
4	98	Margaret O'Connor	Enniscorthy A.C.	06.59	4kg	w45
1	81	Geraldine Finegan	North east runner dundalk	10.67	4kg	w50
1	24	Mary Barrett	Loughrea A.C.	09.18	3kg	w55
2	131	Claire Cameron	Victoria Pk C of Glasgow	08.66	3kg	w55

### discus women

Pos	No	Name	Club	Distance		
1	133	Ciara McGilloway	Lagan valley	21.45	1kg	F35
1	76	Eithne Ní Mhurchadha	Civil Service Harriers	15.55	1kg	F40
1	81	Geraldine Finegan	North east runner dundalk	19.32	1kg	F50
1	131	Claire Cameron	Victoria	26.26	1kg	F55
2	24	Mary Barrett	Loughrea	23.72	1kg	F55

### discus men m35-60

Pos	No	Name	Club	Distance		
1	42	Matt Jarvis	Clonliffe Harriers A.C.	29.01	2kg	m35
2	75	Martin Mooney	Inishowen AC	22.35	2kg	m35
1	44	Trevor McGlynn	Omagh Harriers	27.16	2kg	m40
2	96	Martin O' Donnell	Olympian Youth & AC	20.76	2kg	m40
1	78	Damian Crawford	Lifford Strabane AC	32.56	2kg	m45
1	135	Seamus Fizpatrick	Portlaoise AC	32.33	1.5kg	m50
2	121	Colin Clear	City of Lisburn AC	29.75	1.5kg	m50
3	20	Mark Doherty	Lifford Strabane Ac	26.87	1.5kg	m50
4	89	Robert Anderson	tir chonail	25.32	1.5kg	m50
5	30	Samuel Moylan	Enfield & Haringey AC	20.62	1.5kg	m50

1	134	John Territt	St Abban's AC	31.93	1.5kg	m55
2	70	Bosco Reid	Finn Valley AC	29.77	1.5kg	m55

#### discus men 60+ 1kg

Pos	No	Name	Club	Distance	
1	22	Frank McCrystal	Ballymena & Antrim AC	24.97	m60
2	71	Joe Frey	Lagan Valley AC	24.26	m60
3	7	John Birkett	Annan & District AC	22.93	m60
1	157	Alan Keys	Annadale Striders	23.96	m65
1	137	Murty Kelly	Brow Rangers AC	30.02	m70
2	82	Jim McClean	North Belfast Harriers	27.60	m70
3	152	John Glover	lagan Valley	20.97	m70
1	8	James Sloan	Annan & District AC	28.08	m75
2	29	Patsy Conboy	Brothers Pearse A.C.	19.92	m75
3	104	Joe Joyce	Rosses AC	19.48	m75
4	165	Barry Holmes	Mid Ulster AC	16.07	m75
1	11	Ernest Tuff	BAAC	25.73	m80
1	57	Michael McGarry	DSD	21.62	m80
8	168	Stanley Hall	city of lisburn	18.23	m80

#### Long Jump Women

Pos	No	Name	Club	Distance	
1	10	Joanne McCauley	Newry AC	3.96	w40 nwi
1	120	Michelle reinhardt Mc	Clones AC	3.89	w45 nwi
2	144	Jana Cervenkova	Lagan Valley AC	3.59	w45 nwi
3	98	Margaret O'Connor	Enniscorthy A.C.	3.48	w45 nwi
1	77	Danea Herron	City of Derry Spartans AC	3.59	w55 nwi

#### Long Jump Men

Pos	No	Name	Club	Distance	
1	164	Colin McCambridge	BAAC	5.66	m35 nwi
2	75	Martin Mooney	Inishowen AC	4.34	m35 nwi
1	174	David Rock	Father Murphy's	5.67	m40 nwi
2	83	Patrick Galvin	FINN VALLEY	5.39	m40 nwi
3	44	Trevor McGlynn	Omagh Harriers	3.26	m40 nwi
1	106	Aidan Gillespie	Rosses AC	5.73	m45 nwi
2	117	Ian McClung		0 4.40	m45 nwi
1	15	Ronan Gately	Dundrum South Dublin A.C.	4.82	m50 nwi

2	89	Robert Anderson	tir chonail	4.59	m50	nwi
3	163	John Wallace	Ratoath	3.91	m50	nwi
4	97	John O'Connor	Enniscorthy A.C.	3.66	m50	nwi
1	136	Willie O'Toole	ST Laurence O'Toole AC	3.02	m65	nwi
1	80	Barry Morris	City of Lisburn AC	3.21	m70	nwi

### Triple Jump Women

Pos	No	Name	Club	Distance		
1	81	Geraldine Finegan	North east runner dundalk	9.49	w50	nwi
1	91	Rosemary Gibson	north east runners	8.23	w45	nwi

### Triple Jump Men

Pos	No	Name	Club	Distance		
1	164	Colin McCambridge	BAAC	11.41	m35	nwi
2	75	Martin Mooney	Inishowen AC	9.10	m35	nwi
1	44	Trevor McGlynn	Omagh Harriers	8.16	m40	nwi
1	117	Ian McClung		0	9.22	m45 nwi
1	163	John Wallace	Ratoath	8.48	m50	nwi
1	71	Joe Frey	Lagan Valley AC	8.77	m70	nwi

### Javelin Men

Pos	No	Name	Club	Distance	weight	
1	42	Matt Jarvis	Clonliffe Harriers A.C.	25.20	800g	m35
1	44	Trevor McGlynn	Omagh Harriers	27.21	800g	m40
2	96	Martin O' Donnell	Olympian Youth & AC	19.10	800g	m40
1	78	Damian Crawford	Lifford Strabane AC	46.54	800g	m45
1	52	Denis Delany	Dunboyne AC	45.29	700g	m50
2	20	Mark Doherty	Lifford Strabane Ac	30.48	700g	m50
3	30	Samuel Moylan	Enfield & Haringey AC	26.20	700g	m50
4	89	Robert Anderson	tir chonail	19.29	700g	m50
1	134	John Territt	St Abban's AC	33.12	700g	m55
1	22	Frank McCrystal	Ballymena & Antrim AC	34.32	600g	m60
1	136	Willie O'Toole	ST Laurence O'Toole AC	30.58	600g	m65



1	139	Earl Taylor	Mid Ulster AC	22.82	500g	m70
2	82	Jim McClean	North Belfast Harriers	21.12	500g	m70
1	104	Joe Joyce	Rosses AC	13.28	500g	m75
1	72	Frank Stewart	City of Derry Spartans	22.56	400g	m80

### Weight for Distance Men

Pos	No	Name	Club	Distance	weight	
1	75	Martin Mooney	Inishowen AC	5.93	56lb	m35
1	96	Martin O' Donnell	Olympian Youth & AC	4.10	56lb	m40
2	44	Trevor McGlynn	Omagh Harriers	4.19	56lb	m40
1	78	Damian Crawford	Lifford Strabane AC	4.99	56lb	m45
1	135	Seamus Fitzpatrick	Portlaoise AC	9.52	35lb	m50
2	20	Mark Doherty	Lifford Strabane Ac	6.75	35lb	m50
3	89	Robert Anderson	tir chonail	6.02	35lb	m50
4	30	Samuel Moylan	Enfield & Haringey AC	4.60	35lb	m50
1	136	Willie O'Toole	ST Laurence O'Toole AC	7.29	35lb	m65
1	137	Murty Kelly	Brow Rangers AC	6.65	28lb	m70
2	82	Jim McClean	North Belfast Harriers	5.86	28lb	m70
1	104	Joe Joyce	Rosses AC	6.33	28lb	m75
2	29	Patsy Conboy	Brothers Pearse A.C.	5.93	28lb	m75
1	57	Michael McGarry	DSD	4.70	28lb	m85
1	11	Ernest Tuff	BAAC	16.99	5.45kg	m80

### Weight for Distance Women

Pos	No	Name	Club	Distance	weight	
1	76	Eithne Ní Mhurchadha	Civil Service Harriers	3.49	28lb	w40
1	81	Geraldine Finegan	North east runner dundalk	5.93	28lb	w50