

Competition Information for Team Members and Athletes

National Young Athletes Road Race Championships Sunday 18th March 2018

Declarations/Changing

Royal West of Scotland Amateur Boat Club, Esplanade, Greenock. PA16 7SE

Race Venue

Battery Park, Eldon Street, Greenock. PA16 7QG

Directions

From Glasgow - head down the M8 towards Greenock, join the A8 (Greenock Road) and continue onto the A770 heading through Greenock onto Eldon Street until reaching the Greenock Esplanade at the Campbell Street (traffic lights) junction. Turn right at the traffic lights onto the Esplanade and continue along the Esplanade for just over a mile. The Boat Club is at the end on the right hand (river) side.

To reach the Battery Park - continue past the Boat Club turning right onto Eldon Street heading for Gourock - the Park is approximately 800m down the road on the right hand (river) side.

From Ayrshire - through Inverkip on the A78 taking the A770 coast road for Gourock. Continue through Gourock town centre on the A770 heading towards Greenock - the Park is approximately 1 mile along the road on the left (river) side.

To reach the Boat Club - continue past the Park for approximately 400m - turn left into the Greenock Esplanade - the Boat Club is immediately on the left (river) side.

Parking

There is ample (street) parking outside the Boat Club and along the Esplanade.

There will be **NO PARKING** in the Park - it will be closed to all vehicles during the races (with the exception of St Andrews First Aid).

There is also ample parking available in several streets adjacent to the Park.

Declarations

In the Boat Club from 10am. Preferably Team Managers only please.

Important!

Entered athletes **MUST NOT** be substituted by non-entered athletes. Non-observance of this leaves the whole field and officials uninsured in the event of an accident, puts the competitor at a health risk as they may be wrongly identified, and makes the results invalid as an historic record.

Changing and Showers

In the Boat Club from 10am.

Toilets

Within the Boat Club, plus Public toilets within the Park.

AMENDED TIMETABLE FOR 2018

RACE	DECLARATIONS CLOSE	RACE STARTS	DISTANCE
U15 Girls	1100hrs	1130hrs	4.2k (3 x 1.2k lap +0.6k lap) *Finish 2
U15 Boys	1125hrs	1155hrs	4.2k (3 x 1.2k lap +0.6k lap) *Finish 2
U13 Girls	1150hrs	1220hrs	2.5k (1.2k +1.3k laps)
U13 Boys	1205hrs	1235hrs	2.5k (1.2k +1.3k laps)
U17 Women	1220hrs	1250hrs	4.9k (3 x 1.2k lap + 1.3k lap)
U17 Men	1245hrs	1315hrs	4.9k (3 x 1.2k lap + 1.3k lap)

The Course

Consists of varying laps of the Park on traffic-free roads.

Athletes are reminded that the Park is open to the public. Please treat other park users with respect; they have just as much right to be there as we do.

Medals

Individual medals will be presented in the Park shortly after each race.

Team medals (3 counters for all teams) will be presented in the Park as soon as the results have been calculated.

First Aid

Will be located near the Start/Finish area.

Club Tents

An area will be dedicated for a limited number of club tents near the Start/Finish area.

Catering

Tea/coffee, rolls and baking etc will be available in the Park.

Queries

On the day, please address queries about the race to the Referee or Chief Timekeeper.

Results

Will be displayed on the windows of the Park Pavilion as soon as they are available, and final results will be posted on the Scottish Athletics website. Any queries about the results should be addressed to the Referee on the day, or to events@scottishathletics.org.uk

Many thanks to all the officials for their invaluable and much-appreciated help, and to Inverclyde Local Athletic Partnership (ILAP) for generously hosting the event.