

# COMPETITION INFORMATION SHEET

Event: scottishathletics National Cross Country Championships

**NATIONAL**

Venue: Callendar Park, Falkirk, FK1 1YR

Registration: Graeme High School, Callendar Rd, Falkirk, FK1 1SY

Date: Saturday 24th February 2018

Race	Age Group	BORN DURING	Declarations Close	Race Starts	Distance (approx)
Under 13 Girls	U13	01/09/2004 to 31/08/2006	1030hrs	1100hrs	3.2km
Under 13 Boys	U13	01/09/2004 to 31/08/2006	1045hrs	1116hrs	3.2km
Under 15 Girls	U15	01/09/2002 to 31/08/2004	1100hrs	1132hrs	4.2km
Under 15 Boys	U15	01/09/2002 to 31/08/2004	1120hrs	1153hrs	4.2km
Under 17 Women	U17	01/09/2000 to 31/08/2002	1140hrs	1215hrs	5.9km
U20 Women	U20	01/09/1997 to 31/08/2000			6.8km
Under 17 Men	U17	01/09/2000 to 31/08/2002	1215hrs	1250hrs	5.9km
Senior Women	SW	BORN BEFORE 01/09/1997	1245hrs	1320hrs	10km
U20 Men	U20	01/09/1997 to 31/08/2000	1345hrs	1420hrs	7.6km
Senior Men		BORN BEFORE 01/09/1997	1415hrs	1450hrs	10km

Entries Close first post on:

**Monday 12th February**

**NO LATE ENTRIES**

Postal Address for Entries:

National XC c/o Events Team,

scottishathletics Ltd, Caledonia House, South Gyle, Edinburgh, EH12 9DQ

email address:

[events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk)

**Bank Details:**

RBS, Sort Code: 83-19-04 Acc No 00667222

**Important Notes**

(1) These Championships will be recorded and timed by CHIPS attached to athletes shoe laces. All athletes must wear a CHIP and number pinned to their club vest. U17W and U20W must wear numbers front and back.

(2) These Championships will be timed using a disposable CHIP system, there is no requirement to return used CHIPS at the end of the race.

(3) Clubs entering are asked to provide two marshalls to assist on the course. Names and contact details for the marshals should be emailed no later than Monday 12th February to alex.jackson@ed.ac.uk.

(4) Under 17 Women will run with Under 20 Women with all age groups having seperate teams.

(5) All athletes who compete in the championships MUST be current members of the scottishathletics Membership Scheme and be eligible to compete.

(6) Location map and final instructions will be available on [www.scottishathletics.org.uk](http://www.scottishathletics.org.uk)

(7) All remittances should be crossed and made payable to scottishathletics.

(8) Competitors MUST wear their club colours in all events.

(9) Unless entry forms are fully completed with all details required, entries will be rejected.

**Eligibility - Competitors must be Scottish by birth or either parents are Scottish or must have resided in Scotland for at least three months prior to the race.**

(10) Rules relating to students in Full time education in Scotland are applicable.

(11) London Mini Marathon - Selection will be made on current form but particularly performances in the scottishathletics Indoor 3000m Champs and the National Cross Country Championships. Teams will be selected in U15 and U17 Age Groups.

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