

## The Scottish Schools' Athletic Association

### Entry Standards for Indoor Championships **[Reviewed 2017]**

**When making your entry, please pay particular attention to the younger athletes in both age groups, and ensure that they have met the required qualification.**

#### UNDER 16 GIRLS

#### OVER 16 GIRLS

60m Hdls	10.30 [75mH- 13.00]	10.00 [80mH-13.80]
60m	8.65 [100m-14.00]	8.50 [100m-13.80]
200m	28.30	27.50
300m	47.00	46.50
800m	2.35.00	2.30.00
1500m	5.30.00	5.10.00
High Jump	1m.35 <b>[Starting Height 1m30]</b>	1m.45 <b>[Starting Height 1m.35]</b>
Long Jump	4m.70	4m.80
<b>Triple Jump</b>		<b>8m50</b>
Shot	7m.50	8m.50
Pole Vault	2m.20 <b>[Starting Height 2m]</b>	2m.40 <b>[Starting Height 2m.20]</b>

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#### UNDER 16 BOYS

#### OVER 16 BOYS

60m Hcls	10.00 [80mH-14.00]	9.60 [100mH-15.60]
60m	7.90 [100m-13.10]	7.65 [100m-12.60]
200m	26.30	25.00
400m	58.00	56.00
800m	2.25.00	2.15.00
1500m	4.55.00	4.35.00
High Jump	1m.50 [Starting Height 1m.40]	1m.65 [Starting Height 1m.60]
Triple Jump		11m
Long Jump	5m	5m40
Shot	9m.50	10m
Pole Vault	2m.30 [Starting Height 2m.20]	2m.80 [Starting Height 2m.60]