

<b>Straight Track</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Age Group</b>	<b>Heats No</b>
	10.00	60m Hurdles	SM/U20M	1
	10.05	60m Hurdles	U17M	1
	10.10	60m Hurdles	SW	1
	10.15	60m Hurdles	U20W	1
	10.20	60m Hurdles	U15B	1
	10.30	60m Hurdles	U17W	2
	10.40	60m Hurdles	U15G/U13B	3
	10.55	60m Hurdles	U13G	2
	11.10	60m	OPEN	1 to 3
	11.22	60m		4 to 6
	11.34	60m		7 to 9
	11.46	60m		10 to 12
	11.58	60m		13 to 15
	12.10	60m		16 to 18
	12.22	60m		19 to 21
	12.34	60m		22 to 24
	12.46	60m		25 to 27
	12.58	60m		28 to 30
<b>Straight Track will take precedence over Circular Track</b>				
<b>Circular Track</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Age Group</b>	
	10.00	800m	OPEN	1 to 3
	10.15	800m		4 to 6
	10.30	800m		7 to 9
	10.45	800m		10 to 12
	11.00	800m		13 to 15
	11.15	800m		16 to 18
	11.30	400m	OPEN	1 to 3
	11.44	400m		4 to 6
	11.59	400m		7 to 9
	12.14	400m		10 to 12
	12.29	400m		13 to 15
	12.40	300m	U17W,U15G/B	1 to 3
	12.55	300m	U17W,U15G/B	4 to 6
	13.10	300m		7 to 9
	13.25	1500m	OPEN	1 to 3
	13.49	1500m		4 to 6
	14.13	1500m		7 to 9
	14.40	1500m		10 to 12
	15.05	200m	OPEN	1 to 3
	15.17	200m		4 to 6
	15.29	200m		7 to 9
	15.41	200m		10 to 12
	15.53	200m		13 to 15
	16.05	200m		16 to 18
	16.17	200m		19 to 21
	16.29	200m		22 to 24
	16.41	200m		25 to 27
	16.53	200m		28 to 30
	17.05	200m		31 to 33
	17.17	200m		34 to 36
	17.29	200m		37 to 40
<b>All heat lists will be displayed at warm up area. Please check for report time.</b>				

**FPSG scottishathletics National Indoor Open  
PROVISIONAL TIMETABLE**

Field				
Event No	Time	Event	Age Group	Area
	10.00	Long Jump	Pool 4	
	10.00	Shot Put	Pool 2	
	10.00	Triple Jump	Pool 2	Out
	10.15	Pole Vault	Pool 2	St Ht 1.77
	11.30	Triple Jump	Pool 1	
	11.30	Shot Put	Pool 1	
	11.30	Long Jump	Pool 6	Out 1m board
	12.30	Pole Vault	Pool1	St Ht 3,17
	13.00	Shot Put	Pool 3	
	13.00	Long Jump	Pool 1	
	14.00	High Jump	Pool 4	St Ht 1.06
	14.00	High Jump	Pool 1	St Ht >1.56
	14.30	Long Jump	Pool 3	
	14.30	Shot Put	Pool 4	
	16.00	High Jump	Pool 3	St Ht 1.26
	16.00	High Jump	Pool 2	St Ht 1.36
	16.15	Long Jump	Pool 2	
	16.15	Long Jump	Pool 5	Out 1m board

All Shot competitions will be held in corner outside back straight  
Horizontal Jumps & Shot Put - 2 warm up attempts only  
3 attempts in competition only  
High Jump - 2 heights in warm up only

Provisional

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