

## Track Timetable

Event No	Time	Event	Age Group	Round
57	10.00	400m Hurdles	U20 Women	1
58	10.15	100m	U15 Girls	1
59	10.40	100m	U15 Boys	1
60	11.00	1500m	U15 Boys	1
61	11.25	1500m	U15 Girls	1
62	11.43	300m	U15 Girls	1
63	12.00	100m	U15 Girls	Semi Final
64	12.12	100m	U15 Boys	Semi Final
65	12.24	800m	U15 Girls	1
66	12.44	800m	U15 Boys	1
67	12.59	800m	U20 Women	1
68	13.07	800m	U20 Men	1
69	13.17	2000m SC	U20 Men	Final
70	13.27	100m	U15 Girls	Final
71	13.31	100m	U15 Boys	Final
72	13.36	400m Hurdles	U20 Women	Final
73	13.41	400m Hurdles	U20 Men	Final
<b>LUNCH</b>				
74	13.55	300m	U15 Girls	Semi Final
75	14.03	300m	U15 Boys	1
76	14.15	200m	U15 Girls	1
77	14.35	200m	U15 Boys	1
78	14.51	200m	U20 Women	1
79	15.05	200m	U20 Men	1
80	15.21	1500m	U15 Girls	Final
81	15.30	1500m	U15 Boys	Final
82	15.45	75m Hurdles	U15 Girls	1
83	16.00	80m Hurdles	U15 Boys	1
84	16.10	200m	U15 Girls	Semi Final
85	16.22	200m	U15 Boys	Semi Final
86	16.30	200m	U20 Women	Semi Final
87	16.38	200m	U20 Men	Semi Final
88	16.50	300m	U15 Girls	Final
89	16.55	300m	U15 Boys	Final
90	17.00	800m	U15 Girls	Final
91	17.05	800m	U15 Boys	Final
92	17.10	800m	U20 Women	Final
93	17.14	800m	U20 Men	Final
94	17.20	80m Hurdles	U15 Boys	Final
95	17.25	75m Hurdles	U15 Girls	Final
96	17.30	200m	U15 Girls	Final
97	17.33	200m	U15 Boys	Final
98	17.36	200m	U20 Women	Final
99	17.39	200m	U20 Men	Final

If heats not required, finals will go at HEAT time

## Field Timetable

Event No.	Time	Event	Age Group	Round
100	9.50	Hammer	U15 Girls	Final
101	10.00	Long Jump	U15 Boys	Final
102	10.00	High Jump	U15 Girls	Final
106	11.00	Hammer	U15 Boys	Final
107	11.30	Long Jump	U20 Men	Final
103	11.45	Pole Vault	U20 Women	Final
104	11.45	Pole Vault	U15 Girls	Final
105	11.45	Pole Vault	U15 Boys	Final
108	12.00	High Jump	U15 Boys	Final
109	12.00	Discus	U15 Girls	Final
111	13.00	Long Jump	U15 Girls	Final
110	13.30	Javelin	U15 Boys	Final
112	14.00	Pole Vault	U20 Men	Final
113	14.00	Shot	U15 Girls	Final
114	14.30	Javelin	U20 Women	Final
115	14.30	Javelin	U20 Men	Final
116	14.30	Triple Jump	U15 Boys	Final
117	15.00	Shot	U15 Boys	Final
118	15.45	Javelin	U15 Girls	Final
119	16.00	High Jump	U20 Women	Final
120	16.30	Triple Jump	U15 Girls	Final
121	16.45	Discus	U15 Boys	Final

Starting Heights - All PV 2m00, U15G HJ 1m24, U15B HJ 1m31

Triple Jump - U15B U15G 7m/9m Max Run Up 15m

2 Warm Up attempts permitted only