

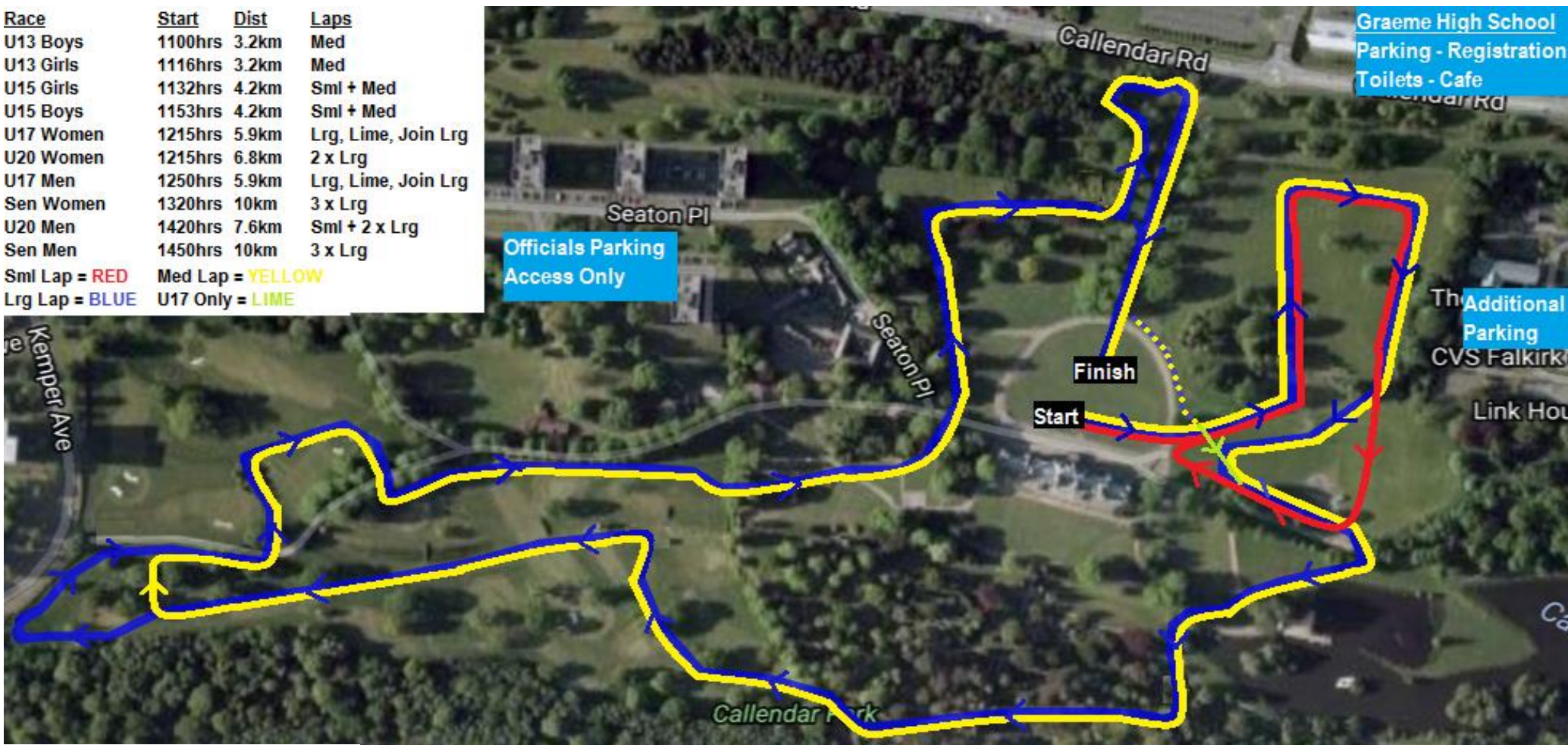
scottishathletics National Cross Country Championships

Saturday 25th February 2017

Callendar Park,
Falkirk

Race	Start	Dist	Laps
U13 Boys	1100hrs	3.2km	Med
U13 Girls	1116hrs	3.2km	Med
U15 Girls	1132hrs	4.2km	Sml + Med
U15 Boys	1153hrs	4.2km	Sml + Med
U17 Women	1215hrs	5.9km	Lrg, Lime, Join Lrg
U20 Women	1215hrs	6.8km	2 x Lrg
U17 Men	1250hrs	5.9km	Lrg, Lime, Join Lrg
Sen Women	1320hrs	10km	3 x Lrg
U20 Men	1420hrs	7.6km	Sml + 2 x Lrg
Sen Men	1450hrs	10km	3 x Lrg

Sml Lap = RED Med Lap = YELLOW
 Lrg Lap = BLUE U17 Only = LIME



lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**

