

## COMPETITION INFORMATION SHEET

Event: scottishathletics Short Course Cross Country Championships  
(Incorporating Masters Championships)  
Venue: King George V Memorial Playing Fields, Broadloan, Renfrew, PA4 0BY  
Registration: King George V Memorial Playing Fields, Broadloan, Renfrew, PA4 0BY  
Date: Saturday 5th November 2016

| Race                      | Age Group | BORN DURING  | Declarations |  | Race Starts | Distance |
|---------------------------|-----------|--|--------------|--|-------------|----------|
|                           |           |  | Close        |  |             |          |
| Under 15 Girls            | U15       | 01/09/2001 to 31/08/2003                           | 1030hrs      |  | 1100hrs     | 2000m    |
| Under 15 Boys             | U15       | 01/09/2001 to 31/08/2003                           | 1045hrs      |  | 1115hrs     | 2000m    |
| Under 17 Women            | U17       | 01/09/1999 to 31/08/2001                           | 1100hrs      |  | 1130hrs     | 3000m    |
| Under 17 Men              | U17       | 01/09/1999 to 31/08/2001                           | 1120hrs      |  | 1150hrs     | 3000m    |
| Senior Women<br>U20 Women |           | BORN BEFORE 01/09/1999<br>01/09/1996 to 31/08/1999 | 1140hrs      |  | 1210hrs     | 4000m    |
| Senior Men<br>U20 Men     |           | BORN BEFORE 01/09/1999<br>01/09/1996 to 31/08/1999 | 1205hrs      |  | 1235hrs     | 4000m    |

Entries Close first post on: **Monday 24th October 2016** **NO LATE ENTRIES**  
Postal Address for Entries: National Short CC, scottishathletics Ltd  
Caledonia House, South Gyle, Edinburgh, EH12 9DQ  
email address: [events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk)

### Important Notes

(1) Location map and additional information will be shown on the scottishathletics website - [www.scottishathletics.org.uk](http://www.scottishathletics.org.uk)

(2) Team scoring for Senior Races is 4 for Men and 4 for Women. Young athlete races 3 for all races.

(3) Athletes who compete in scottishathletics championships MUST be a current member of the scottishathletics membership scheme.

(4) An entered athlete MUST not be substituted by a non-entered athlete at any time.

Non observance of the above leaves the whole field and the officials uninsured in the event of an accident, leaves the athlete at a health risk in the case of a wrong identification of the athlete and makes the results invalid as an historic record.

(5) Students in full-time education in Scotland may compete as 1st claim for both their educational establishment and another Scottish club but not in the same competition. This is provided that the educational establishment Club is confined to students of that establishment. Thus a student may be entered for two clubs but has to choose one at declaration.

(6) Entries by First or Second Class Post with correct Postage for envelope size and cheque enclosed.

All remittances should be crossed and made payable to " Scottish Athletics ".

(7) Club Affiliation fees must have been paid.