

Edinburgh AC Indoor Open Graded Meeting

Sunday 28th February 2016

Meadowbank Stadium Indoor Concourse



NOTES

Athletes **MUST** be at least 9 years of age on the day of the competition.

Entries must be on the official Indoor Open Graded Meeting form and be accompanied by the correct entry fee of **£3.00 Per Event** **NO LATE ENTRIES WILL BE ACCEPTED**

All event times are approximate and subject to change on the day.

Updated Timetable will be on Club Website, prior to event

Track events will be seeded according to performance, not age group, and all athletes entered in a track event may compete in both an "A" & "B" Hurdle event, or "A" & "B" 60m Sprint event for the one payment.

Sprint Hurdles: age groups may be combined in the case of low entries but appropriate hurdle specifications for each age group will be used. **Athletes who trained with Brian Winning will compete for the new "Brian Winning Memorial Trophy". Indicate below if you qualify. See Club Website for details.**

Declarations will close 30 minutes prior to the programmed start time with all declarations

Closing at 1.30pm.

This event will run under UK Athletics Rules and is a scottishathletics permit event

TIME	TRACK	FIELD
12 NOON	x	Long Jump U11
12.30pm	60m Hurdles (A) U13 - SEN. (Were you previously coached by Brian Winning (Y / N)*)	Shot Putt U11 / U13
12.45pm		Long Jump U13 / U15
1pm	x	Shot Putt U15/ U17
2pm	60m Hurdles(B) Seeding based on performance in Round 1	Long Jump U17 / U20/ SEN.
2.45pm	60m (A) U11 - SENIOR	Shot Putt U20 / SEN.
3.45pm	60m (B) Seeding based on performance in Round 1	X

OFFICIAL ENTRY FORM

Name			
Address			
Telephone		Email: (Print)	
Club		SAL No.	
Date of Birth		Age Group:	
Events	Personal Best or	Year	Best Performance in last 12 Months
Seeding based on PB	Estimated Perf.		(If no event, put nearest Best Outdoor Performance)
1.			
2.			
3.			
4.			

I have enclosed payment of £..... to compete in Events.

Cheques/postal orders should be made payable to "Edinburgh Athletic Club"

No Cash in post.

Entries close with Bill Walker, 33 Claremont Bank, Edinburgh, EH7 4DR **on 15th February.**

NO LATE ENTRIES WILL BE ACCEPTED

Signed