

Track					
Event No	Time	Event	Age	Round	
1	10.00	60m	S/U20/17M CE		
2	10.15	60m	CE Vet M CE		
3	11.10	60m Hurdles	U15 Boys CE		
4	11.22	60m Hurdles	U13Boys CE		
5	11.30	60m Hurdles	U13Girls CE		
	11.40	LUNCH			
6	12.30	4 x 200m Relay	Sen/U20 Women	1	
7	12.45	4 x 200m Relay	Sen/U20 Men	1	
8	13.00	4 x 200m Relay	U13 Boys	1	
9	13.15	4 x 200m Relay	U13 Girls	1	
10	13.40	4 x 200m Relay	U15 Boys	1	
11	13.55	4 x 200m Relay	U15 Girls	1	
12	14.25	4 x 200m Relay	U17 Men	1	
13	14.40	4 x 200m Relay	U17 Women	1	
14	15.00	4 x 400m Relay	Masters	Final	
15	15.15	4 x 200m Relay	Sen/U20 Women	Final	
16	15.20	4 x 200m Relay	Sen/U20 Men	Final	
17	15.30	800m	U13 Boys CE		
18	15.40	800m	U13 Girls CE		
19	16.15	800m	U15 Boys CE		
Field					
Event No	Time	Event	Age		
20	10.00	Long Jump	U15 Boys CE		
21	10.00	High Jump	U13 Girls CE		
22	10.00	Shot Putt	U13 Boys CE		
23	11.00	Long Jump	S/U20/U17M CE		
24	11.00	Shot Putt	Vet M CE		
25	12.30	High Jump	U15 Boys CE		
26	12.30	High Jump	U13 Boys CE		
27	13.00	Long Jump	U13 Girls CE		
29	13.00	Shot Putt	S/U20/U17M CE		
28	13.15	Pole Vault	Vet M CE		
30	14.00	Long Jump	U13 Boys CE		
31	14.30	Shot Putt	U13 Girls CE		
32	15.15	High Jump	S/U20/U17M CE	2 beds	
33	15.15	Shot Putt	U15 Boys CE		
34	15.15	Long Jump	Vet M CE		
Warm ups - Combined Events J, LJ, SP 2 Warm Up attempts					

Track AM					
Event No	Time	Event	Age	Round	
1	10.00	60m Hurd	Sen M CE Mast U49CE		
2	10.04	60m Hurd	U20M U49M		
3	10.08	60m Hurd	U17 U59M CE		
4	10.18	60m Hurd	Masters M- 55/65/80		
5	10.23	60m Hurd	Sen/U20W CE		
6	10.31	60m Hurd	Masters - W40/55 + Mast W45/55 CE		
7	10.34	400m	Masters - W35/45		
8	10.38	400m	Masters - M45		
9	10.42	400m	Masters - M55		
10	10.46	400m	Masters - M60		
11	10.50	400m	Masters - M65/70		
12	10.55	60m Hurd	U17W CE		
13	11.15	60m Hurd	U15G CE		
14	11.27	60m	Masters - W 45/50		
15	11.30	60m	Masters - W 35/40/55/60		
16	11.33	60m	Masters - M35		
17	11.36	60m	Masters - M40		
18	11.39	60m	Masters - M45		
19	11.42	60m	Masters - M50		
20	11.46	60m	Masters - M55		
21	11.50	60m	Masters - M60/65		
22	11.54	60m	Masters - M70/75/80		
	12.00	LUNCH			
Track PM					
23	12.30	400m	Masters - M35		
24	12.35	400m	Masters - M40/50		
25	12.40	800m	Masters - W 35/40/45/50/55/60		
26	12.45	800m	Masters - M35/45		
27	12.50	800m	Masters - M40/50		
28	12.55	800m	Masters - M55		
29	13.00	800m	Masters - M60		
30	13.05	800m	Masters - M65/70		
31	13.10	200m	Masters - M35	1	
32	13.18	200m	Masters - M50	1	
33	13.26	200m	Masters - W 35/40/60		
34	13.30	200m	Masters - W 45		
35	13.34	200m	Masters - W 50/55		
36	13.38	200m	Masters - M40		
37	13.46	200m	Masters - M45		
38	13.54	200m	Masters - M55		
39	13.58	200m	Masters - M60		
40	14.02	200m	Masters - M65		
41	14.06	200m	Masters - M70/80		
42	14.20	200m	Masters - M35	Final	
43	14.25	200m	Masters - M50	Final	
44	14.30	1500m	Masters - W35/40/45/50/55/60		
45	14.40	1500m	Masters - M35		
46	14.50	1500m	Masters - M40		
47	15.00	1500m	Masters - M45		
48	15.10	1000m	Vet M CE		
49	15.20	1000m	Sen/U20CE		
50	15.30	1000m	U17M CE		
51	15.40	800m	U17W CE		
52	15.50	1500m	Masters - M50/55		
53	16.00	1500m	Masters - M60/65/70		
54	16.10	800m	S/Vet W CE		
55	16.15	800m	U20 W CE		
56	16.30	800m	U15G CE		

Field				
Event No	Time	Event	Age	
57	10.00	Shot Putt	U17W CE	
58	10.00	High Jump	U15G CE	2 beds
59	10.00	Long Jump	Masters - M/W	
60	11.30	High Jump	S/U20/Vet W CE	2 beds
61	11.45	Long Jump	U17W CE	
62	12.45	High Jump	Vet M CE	
63	13.00	Long Jump	U15G CE	
64	13.00	Shot Putt	S/U20/Vet W CE	
65	13.30	Pole Vault	S/U20/17M CE	
66	14.00	Shot Putt	Masters - W	
67	14.00	High Jump	U17W CE	2 beds
68	14.30	Shot Putt	Masters - M	
69	15.00	Long Jump	S/U20/Vet W CE	
70	15.30	High Jump	Masters - M/W	
71	15.30	Shot Putt	U15G CE	
72	16.00	Triple Jump	Masters - M/W	WU pit

Warm ups for HJ, LJ, TJ, SP - 2 attempts