

SAL East District Cross Country Relays
Peebles High School, Peebles
11-October 2015
Young Athletes Female

	Stage 1		Stage 2		Stage 3	
1 Edinburgh AC (A)	09:38	1	18:43	1	28:14	1
	Emma Johnson (GU13)	09:38	Eloise Walker (GU15)	09:05	Zoe Bates (FU17)	09:31
2 Lasswade AAC (A)	10:06	4	19:29	2	28:16	2
	Hannah Little (GU13)	10:06	Sarah Tait (GU15)	09:23	Lauren Dickson (FU17)	08:47
3 Corstorphine AAC (A)	11:10	16	20:34	5	30:14	3
	Ishbel Grieve (GU13)	11:10	Jessica MacLeod (GU15)	09:24	Caitlin Arnott (FU17)	09:40
4 Pitreavie AAC (A)	11:02	13	20:55	7	30:42	4
	Skye Marshall (GU13)	11:02	Zoe Nicholson (GU15)	09:53	Emily Nicholson (FU17)	09:47
5 Livingston & District AAC (A)	09:48	3	20:00	3	31:02	5
	Isla Calvert (GU13)	09:48	Courtney Moffat (GU15)	10:12	Nicole Kinghorn (FU17)	11:02
6 Edinburgh AC (B)	09:43	2	20:24	4	31:04	6
	Pippa Carcas (GU13)	09:43	Lucia Montgomery (GU15)	10:41	Morven Ferguson (FU17)	10:40
7 Falkirk Victoria Harriers (A)	11:12	18	21:43	11	31:45	7
	Lauren Barclay (GU13)	11:12	Chloe McClung (GU15)	10:31	Jessica Christie (GU15)	10:02
8 Edinburgh AC (E)	10:15	5	20:44	6	32:00	8
	Ava Findlay (GU13)	10:15	Kai Harper (GU15)	10:29	Annabel Innes (GU15)	11:16
9 Central AC (A)	11:52	22	22:08	12	32:10	9
	Katie Burr (GU13)	11:52	Rosie Eckersley (GU15)	10:16	Madeleine Woods (FU17)	10:02
10 Edinburgh AC (C)	10:35	7	21:35	10	32:17	10
	Beth Morrow (GU13)	10:35	Alice Goodall (GU15)	11:00	Carolyn Cameron (FU17)	10:42
11 Pitreavie AAC (B)	10:33	6	21:20	8	32:36	11
	Jennifer Brydon (GU13)	10:33	Hannah Dow (GU15)	10:47	Sophie Nethery (FU17)	11:16
12 Falkirk Victoria Harriers (B)	11:39	21	22:46	19	33:02	12
	Olivia Wilson (GU13)	11:39	Katy McGonigal (GU15)	11:07	Alice Robertson (GU15)	10:16
13 Dundee Hawkhill Harriers (A)	12:00	24	22:32	16	33:04	13
	Isla Manning (GU13)	12:00	Anna Bennett (GU15)	10:32	Maddie Owen (FU17)	10:32
14 Gala Harriers (A)	11:10	17	22:36	17	33:08	14
	Mairi Forbes (GU13)	11:10	Eilidh Forbes (GU15)	11:26	Rhiannon Fagan (GU15)	10:32
15 Lasswade AAC (B)	11:58	23	22:51	20	33:28	15
	Erin Darling (GU13)	11:58	Eilidh Brown (GU15)	10:53	Ailsa Innes (FU17)	10:37
16 Team East Lothian (A)	11:33	20	23:23	22	33:59	16
	Esme Balfour (GU13)	11:33	Sophie Hayes (GU15)	11:50	Nina Young (GU17)	10:36
17 Edinburgh AC (D)	11:10	15	22:28	15	33:59	17
	Chloe Petrie (GU13)	11:10	Anna Boyd (GU15)	11:18	Amy Panton (GU15)	11:31
18 Gala Harriers (B)	12:25	26	23:30	23	34:01	18
	Maddie Thomson (GU13)	12:25	Molly Morris (GU13)	11:05	Lindsay Jack (GU17)	10:31
19 Banchory Stonehaven AC (A)	10:42	9	22:51	21	34:09	19
	Shannon Brown (GU13)	10:42	Frances Sealy (GU15)	12:09	Claire McGarvey (GU15)	11:18
20 Livingston & District AAC (B)	10:58	11	22:45	18	34:25	20
	Charlie-Maree Nolan (GU13)	10:58	Iona McDonald (GU15)	11:47	Hannah Mairs (FU17)	11:40
21 Teviotdale Harriers (A)	10:53	10	22:27	14	34:34	21
	Maddie Hewitt (GU13)	10:53	Carly Blaikie (GU15)	11:34	Ishbel Inglis (FU17)	12:07
22 Falkirk Victoria Harriers (C)	11:26	19	22:14	13	34:46	22
	Kerry Robertson (GU15)	11:26	Flora Johnston (GU15)	10:48	Eilidh McCallum (FU17)	12:32
23 Dundee Hawkhill Harriers (C)	13:04	28	25:18	27	36:57	23
	Lesley Rogers (GU13)	13:04	Carmen Thomson (GU15)	12:14	Amy Mollison (FU17)	11:39
24 Dundee Hawkhill Harriers (B)	12:49	27	24:37	26	37:41	24
	Iara Manning (GU13)	12:49	Sophie Kidd (GU15)	11:48	Isabel Remers (FU17)	13:04
Central AC (B)	10:37	8	21:23	9		
	Amy Kirkpatrick (GU13)	10:37	Heather Scott (GU15)	10:46		
Lothian Running Club (A)	11:02	12	23:45	24		
	Hannah Steel (GU13)	11:02	Erin Steel (GU15)	12:43		
Teviotdale Harriers (B)	12:03	25	24:35	25		

	Sophie Allott (GU13)	12.03	Nadine Elder (GU13)	12.32		
Corstorphine AAC (B)	11:08	14				
	Mhairi Arnott (GU13)	11.08				

Fastest Times

Emma Johnson (GU13)	Edinburgh AC (A)	9.38
Pippa Carcas (GU13)	Edinburgh AC (B)	9.43
Isla Calvert (GU13)	Livingston & District AAC (A)	9.48
Hannah Little (GU13)	Lasswade AAC (A)	10.06
Ava Findlay (GU13)	Edinburgh AC (E)	10.15
Jennifer Brydon (GU13)	Pitreavie AAC (B)	10.33
Beth Morrow (GU13)	Edinburgh AC (C)	10.35
Nina Young (GU17)	Team East Lothian (A)	10.36
Amy Kirkpatrick (GU13)	Central AC (B)	10.37
Shannon Brown (GU13)	Banchory Stonehaven AC (A)	10.42

U15

Eloise Walker (GU15)	Edinburgh AC (A)	9.05
Sarah Tait (GU15)	Lasswade AAC (A)	9.23
Jessica MacLeod (GU15)	Corstorphine AAC (A)	9.24
Zoe Nicholson (GU15)	Pitreavie AAC (A)	9.53
Jessica Christie (GU15)	Falkirk Victoria Harriers (A)	10.02
Courtney Moffat (GU15)	Livingston & District AAC (A)	10.12
Alice Robertson (GU15)	Falkirk Victoria Harriers (B)	10.16
Rosie Eckersley (GU15)	Central AC (A)	10.16
Kai Harper (GU15)	Edinburgh AC (E)	10.29
Chloe McClung (GU15)	Falkirk Victoria Harriers (A)	10.31

U17

Lauren Dickson (FU17)	Lasswade AAC (A)	8.47
Zoe Bates (FU17)	Edinburgh AC (A)	9.31
Caitlin Arnott (FU17)	Corstorphine AAC (A)	9.40
Emily Nicholson (FU17)	Pitreavie AAC (A)	9.47
Madeleine Woods (FU17)	Central AC (A)	10.02
Lindsay Jack (GU17)	Gala Harriers (B)	10.31
Maddie Owen (FU17)	Dundee Hawkhill Harriers (A)	10.32
Ailsa Innes (FU17)	Lasswade AAC (B)	10.37
Morven Ferguson (FU17)	Edinburgh AC (B)	10.40
Carolyn Cameron (FU17)	Edinburgh AC (C)	10.42

SAL East District Cross Country Relays
Peebles High School
11-October 2015
Young Athletes Male

	Stage 1		Stage 2		Stage 3	
1 Corstorphine AAC (A)	08:36	1	17:17	1	25:22	1
	David Addison (BU13)	08:36	Stephen Addison (BU15)	08:41	Anthony Addison (MU17)	08:05
2 Lasswade AAC (A)	09:01	3	17:35	3	25:44	2
	Harry Henriksen (BU13)	09:01	Magnus Tait (BU15)	08:34	Cameron Steven (MU17)	08:09
3 Pitreavie AAC (A)	08:54	2	17:35	2	26:10	3
	Lewis Dow (BU13)	08:54	Alex Johnston (BU15)	08:41	James Adam (MU17)	08:35
4 Edinburgh AC (A)	09:23	7	18:29	6	26:38	4
	Fabian Despinoy (BU13)	09:23	Fraser Blackie (BU15)	09:06	Freddie Carcas (MU17)	08:09
5 Edinburgh AC (B)	09:34	8	18:36	7	26:47	5
	Muir Gillespie (BU13)	09:34	Tom Ireland (BU15)	09:02	George Conner (MU17)	08:11
6 Central AC (A)	09:21	6	17:58	4	27:13	6
	Daniel Bruce (BU13)	09:21	Keir Howlieson (BU15)	08:37	Jamie Wastling (MU17)	09:15
7 Corstorphine AAC (B)	09:57	11	18:57	8	27:37	7
	Charlie Cameron (BU13)	09:57	Finlay Ross (BU15)	09:00	Sam Galloway (MU17)	08:40
8 Aberdeen AAC (A)	09:15	5	18:18	5	27:51	8
	Lewis Watt (BU13)	09:15	Jack Gillespie (BU15)	09:03	Finlay Strachan (MU17)	09:33
9 Edinburgh AC (D)	10:00	12	19:52	13	28:13	9
	Sol McLennan (BU13)	10:00	Luca librizzi (BU15)	09:52	Paul Ireland (MU17)	08:21
10 Lasswade AAC (B)	10:40	17	19:43	11	28:16	10
	Cameron Dickson (BU13)	10:40	Euan Hood (BU15)	09:03	Matthew Smith (MU17)	08:33
11 Gala Harriers (A)	09:11	4	19:11	9	28:18	11
	Gregor Collins (BU13)	09:11	Lewis Tharme (BU15)	10:00	Lewis Bell (MU17)	09:07
12 Team East Lothian (A)	10:16	13	19:38	10	28:55	12
	Cameron Pirie (BU13)	10:16	Fraser Kelly (BU15)	09:22	Rory Watson (MU17)	09:17
13 Dundee Hawkhill Harriers (A)	11:25	22	20:43	16	29:04	13
	Matthew Tully (BU13)	11:25	David Begg (BU15)	09:18	Andrew Merry (MU17)	08:21
14 Edinburgh AC (C)	11:03	19	21:01	19	29:18	14
	Connor Thompson (BU13)	11:03	Iain Hare (BU15)	09:58	Michael Swinton (MU17)	08:17
15 Pitreavie AAC (B)	09:55	10	20:23	14	29:39	15
	Ben Johnston (BU13)	09:55	Euan Johnston (BU13)	10:28	William Cain (MU17)	09:16
16 Teviotdale Harriers (A)	10:23	15	19:45	12	29:54	16
	Sam Allott (BU13)	10:23	Fraser Clyne (BU15)	09:22	Jamie Waugh (MU17)	10:09
17 Corstorphine AAC (C)	11:14	20	20:30	15	30:05	17
	Euan Flett (BU13)	11:14	Thomas Ross (BU15)	09:16	Callum Campbell (MU17)	09:35
18 Livingston & District AAC (A)	09:54	9	20:49	17	31:42	18
	Fraser Morris (BU13)	09:54	Alastair Marshall (BU13)	10:55	Aidan Brady (BU15)	10:53
19 Team East Lothian (B)	11:21	21	22:21	20	32:18	19
	Andrew Latto (BU13)	11:21	Robbie Anderson (BU13)	11:00	Joe Donnelly (BU15)	09:57
Central AC (B)	10:28	16	20:58	18		
	Cameron Fraser (BU13)	10:28	Comhnall Ferguson (BU15)	10:30		
Gala Harriers (B)	10:54	18	22:30	21		
	Evan McConnell (BU13)	10:54	Jack McDonald (BU13)	11:36		
Edinburgh AC (E)	10:23	14				
	Samuel McCombe (BU13)	10:23				
Teviotdale Harriers (B)	11:57	23				
	Harrison Hughes (BU13)	11:57				

Fastest Times**U13**

David Addison (BU13)	Corstorphine AAC (A)	8.36
Lewis Dow (BU13)	Pitreavie AAC (A)	8.54
Harry Henriksen (BU13)	Lasswade AAC (A)	9.01
Gregor Collins (BU13)	Gala Harriers (A)	9.11
Lewis Watt (BU13)	Aberdeen AAC (A)	9.15
Jamie Wastling (MU17)	Central AC (A)	9.15
Daniel Bruce (BU13)	Central AC (A)	9.21
Fabian Despinoy (BU13)	Edinburgh AC (A)	9.23
Muir Gillespie (BU13)	Edinburgh AC (B)	9.34
Fraser Morris (BU13)	Livingston & District AAC (A)	9.54
Ben Johnston (BU13)	Pitreavie AAC (B)	9.55

U15

Magnus Tait (BU15)	Lasswade AAC (A)	8.34
Keir Howlieson (BU15)	Central AC (A)	8.37
Alex Johnston (BU15)	Pitreavie AAC (A)	8.41
Stephen Addison (BU15)	Corstorphine AAC (A)	8.41
Finlay Ross (BU15)	Corstorphine AAC (B)	9.00
Tom Ireland (BU15)	Edinburgh AC (B)	9.02
Euan Hood (BU15)	Lasswade AAC (B)	9.03
Jack Gillespie (BU15)	Aberdeen AAC (A)	9.03
Fraser Blackie (BU15)	Edinburgh AC (A)	9.06
Thomas Ross (BU15)	Corstorphine AAC (C)	9.16

U17

Anthony Addison (MU17)	Corstorphine AAC (A)	8.05
Freddie Carcas (MU17)	Edinburgh AC (A)	8.09
Cameron Steven (MU17)	Lasswade AAC (A)	8.09
George Conner (MU17)	Edinburgh AC (B)	8.11
Michael Swinton (MU17)	Edinburgh AC (C)	8.17
Andrew Merry (MU17)	Dundee Hawkhill Harriers (A)	8.21
Paul Ireland (MU17)	Edinburgh AC (D)	8.21
Matthew Smith (MU17)	Lasswade AAC (B)	8.33
James Adam (MU17)	Pitreavie AAC (A)	8.35
Sam Galloway (MU17)	Corstorphine AAC (B)	8.40

SAL East District Cross Country Relays
Peebles High School, Peebles
11-October 2015
Senior/Junior Women

	Stage 1		Stage 2		Stage 3	
1 Central AC (A)	14:51	2	30:47	2	44:45	1
	Fiona Thompson	14:51	Natalie Milne	15:56	Morag MacLarty	13:58
2 Edinburgh AC (A)	15:07	5	30:52	4	45:01	2
	Rachael Dunn	15:07	Amanda Woodrow	15:45	Madeleine Murray	14:09
3 Fife AC (A)	14:59	4	30:05	1	45:32	3
	Annabel Simpson (FU20)	14:59	Helen Sharpe	15:06	Halina Rees	15:27
4 Hunters Bog Trotters (A)	15:14	6	31:40	6	47:16	4
	Rachel Haines	15:14	Briony Curtis	16:26	Amelia Hope-Jones	15:36
5 Edinburgh Univ Hare & Hounds (A)	14:32	1	30:49	3	47:59	5
	Stephanie Pennycook (FU20)	14:32	Bethany Hanson (FU20)	16:17	Amy Frankland (FU20)	17:10
6 Metro Aberdeen Running Club (A)	16:48	14	32:28	7	48:34	6
	Laura Sarkis	16:48	Katie Bain	15:40	Kayleigh Jarrett	16:06
7 Fife AC (B)	16:22	11	32:44	8	48:47	7
	Katie Jones	16:22	Alison McGill	16:22	Sophie Mullins	16:03
8 Corstorphine AAC (A)	15:26	7	31:10	5	49:37	8
	Kirstian MacRuary	15:26	Hannah Addison (FU20)	15:44	Sarah Anderson	18:27
9 Lothian Running Club (A)	18:45	25	35:39	19	50:13	9
	Saran Jones (F50)	18:45	Mhairi Inglis	16:54	Edel Mooney (F40)	14:34
10 Gala Harriers (A) (V)	16:11	10	33:40	12	50:21	10
	Jennifer Forbes (F40)	16:11	Fiona Shepherd (F45)	17:29	Fiona Dalgleish (F40)	16:41
11 Edinburgh AC (D) (V)	16:24	12	33:02	9	51:09	11
	Janet Dunbar (F45)	16:24	Susan Ridley (F45)	16:38	Karen Dobbie (F45)	18:07
12 Aberdeen AAC (A)	14:53	3	34:23	15	51:16	12
	Gemma Cormack	14:53	Carla Ferguson	19:30	Ana-Maria Duran-Mingo	16:53
13 Edinburgh Univ Hare & Hounds (B)	16:59	16	33:42	13	51:20	13
	Sophie Collins (FU20)	16:59	Millie Wood	16:43	Iona Evans (FU20)	17:38
14 Edinburgh AC (B)	17:15	17	33:04	10	51:37	14
	Hannah Waugh	17:15	Lauren Stoddart	15:49	Lianne Logan	18:33
15 Lasswade AAC (A)	15:36	8	33:32	11	51:57	15
	Keira Murray	15:36	Niamh Shaw (FU20)	17:56	Catherine Dickson (F40)	18:25
16 Hunters Bog Trotters (B)	17:36	19	34:11	14	52:19	16
	Sinead O' Malley	17:36	Sarah O'Neil	16:35	Mairead Kelly	18:08
17 Carnegie Harriers (A) (V)	17:26	18	35:05	17	52:46	17
	Mary Western (F50)	17:26	Alison Whyte (F45)	17:39	Isobel Burnett (F55)	17:41
18 Corstorphine AAC (B) (V)	16:57	15	35:25	18	52:58	18
	Gillian Carr (F40)	16:57	Susan Johnston (F50)	18:28	Fiona Carver (F55)	17:33
19 Portobello Running Club (A) (V)	18:03	21	36:56	21	54:31	19
	Dorothy Mathie (F40)	18:03	Shery Johnston (F45)	18:53	Yana Thandrayen (F40)	17:35
20 Aberdeen AAC (B)	16:43	13	37:30	23	54:45	20
	Jennifer Harrison	16:43	Rebecca Wain	20:47	Emily Cossar (FU20)	17:15
21 Gala Harriers (B)	16:04	9	34:47	16	55:24	21
	Kirstin Maxwell	16:04	Dawn Grant (F40)	18:43	Eileen Maxwell (F50)	20:37
22 Edinburgh Univ Hare & Hounds (C)	20:05	31	38:51	25	55:34	22
	Jessica Husbands	20:05	Holly Palmer	18:46	Zoe Harding	16:43
23 Dunbar Running Club (A)	20:34	33	38:54	26	56:24	23
	Anne Hay (F50)	20:34	Theresa Davidson	18:20	Rhona Anderson (F50)	17:30
24 Edinburgh Univ Hare & Hounds (D)	18:15	22	38:26	24	57:58	24
	Eve Sealy (FU20)	18:15	Sarah Diss	20:11	Christine Irvine	19:32
25 Carnegie Harriers (B)	20:03	30	39:23	27	1:00:25	25
	Avril O'Donnell	20:03	Charlotte Briggs	19:20	Karen Forsyth	21:02
26 Linlithgow AC (A)	20:21	32	40:51	29	1:01:37	26
	Jill Horsburgh (F55)	20:21	Jennifer Newton (F45)	20:30	Alison Marshall	20:46
27 Musselburgh & District AC (A)	19:11	27	41:43	30	1:01:44	27
	Jacqueline Hughes	19:11	Lynda Gilroy (F45)	22:32	Jacqueline Bogan (F50)	20:01
28 Teviotdale Harriers (A)	19:24	29	42:04	31	1:03:31	28
	Lauren Corbett	19:24	Kirsty Hughes	22:40	Pauline McAdam (F60)	21:27
29 Falkirk Victoria Harriers (A)	19:11	28	43:48	33	1:05:09	29
	Louise Fields	19:11	Claire Barr	24:37	Monica Anderson (F45)	21:21
30 Lothian Running Club (B)	22:38	35	48:14	34	1:09:50	30
	Kirsty Memechan	22:38	Bethany Nelson (FU20)	25:36	Jackie Corless (F40)	21:36
Fife AC (C)	18:18	23	35:58	20		
	Ailsa Cruickshanks (FU20)	18:18	Andrea Burke Rae	17:40		
Gala Harriers (C)	19:07	26	37:24	22		
	Eileen Maxwell (F50)	19:07	Rachel Fagan (F40)	18:17		
Edinburgh AC (C)	18:37	24	40:13	28		
	Sharyne Ramage (F50)	18:37	Niamh Jarvis (FU20)	21:36		

Carnegie Harriers (C)	22:26	34	42:49	32		
	Gillian McCracken (F45)	22:26	Kirsty Baird (F40)	20:23		
Hunters Bog Trotters (C)	17:49	20				
	Morag McClelland	17:49				
Linlithgow AC (B)	23:07	36				
	Jennifer Grant	23:07				
Corstorphine AAC (C)	23:13	37				
	Fiona Linklater (F40)	23:13				
Edinburgh Univ Hare & Hounds (E)	24:20	38				
	Rachel Stewart (FU20)	24:20				

Fastest Times

Morag MacLarty	Central AC (A)	13.58
Madeleine Murray	Edinburgh AC (A)	14.09
Stephanie Pennycook (FU20)	Edinburgh Univ Hare & Hounds (A)	14.32
Edel Mooney (F40)	Lothian Running Club (A)	14.34
Fiona Thompson	Central AC (A)	14.51
Gemma Cormack	Aberdeen AAC (A)	14.53
Annabel Simpson (FU20)	Fife AC (A)	14.59
Helen Sharpe	Fife AC (A)	15.06
Rachael Dunn	Edinburgh AC (A)	15.07
Rachel Haines	Hunters Bog Trotters (A)	15.14
Kirstian MacRuary	Corstorphine AAC (A)	15.26
Halina Rees	Fife AC (A)	15.27
Keira Murray	Lasswade AAC (A)	15.36
Amelia Hope-Jones	Hunters Bog Trotters (A)	15.36
Katie Bain	Metro Aberdeen Running Club (A)	15.40
Hannah Addison (FU20)	Corstorphine AAC (A)	15.44
Amanda Woodrow	Edinburgh AC (A)	15.45
Lauren Stoddart	Edinburgh AC (B)	15.49
Natalie Milne	Central AC (A)	15.56
Sophie Mullins	Fife AC (B)	16.03
Kirstin Maxwell	Gala Harriers (B)	16.04
Kayleigh Jarrett	Metro Aberdeen Running Club (A)	16.06
Jennifer Forbes (F40)	Gala Harriers (A) (V)	16.11
Bethany Hanson (FU20)	Edinburgh Univ Hare & Hounds (A)	16.17
Alison McGill	Fife AC (B)	16.22
Katie Jones	Fife AC (B)	16.22
Janet Dunbar (F45)	Edinburgh AC (D) (V)	16.24
Briony Curtis	Hunters Bog Trotters (A)	16.26
Sarah O'Neil	Hunters Bog Trotters (B)	16.35
Susan Ridley (F45)	Edinburgh AC (D) (V)	16.38
Fiona Dalglish (F40)	Gala Harriers (A) (V)	16.41
Zoe Harding	Edinburgh Univ Hare & Hounds (C)	16.43
Jennifer Harrison	Aberdeen AAC (B)	16.43
Millie Wood	Edinburgh Univ Hare & Hounds (B)	16.43
Laura Sarkis	Metro Aberdeen Running Club (A)	16.48
Ana-Maria Duran-Mingo	Aberdeen AAC (A)	16.53
Mhairi Inglis	Lothian Running Club (A)	16.54
Gillian Carr (F40)	Corstorphine AAC (B) (V)	16.57
Sophie Collins (FU20)	Edinburgh Univ Hare & Hounds (B)	16.59
Amy Frankland (FU20)	Edinburgh Univ Hare & Hounds (A)	17.10
Emily Cossar (FU20)	Aberdeen AAC (B)	17.15
Hannah Waugh	Edinburgh AC (B)	17.15
Mary Western (F50)	Carnegie Harriers (A) (V)	17.26
Fiona Shepherd (F45)	Gala Harriers (A) (V)	17.29
Rhona Anderson (F50)	Dunbar Running Club (A)	17.30
Fiona Carver (F55)	Corstorphine AAC (B) (V)	17.33
Yana Thandrayen (F40)	Portobello Running Club (A) (V)	17.35
Sinead O' Malley	Hunters Bog Trotters (B)	17.36
Iona Evans (FU20)	Edinburgh Univ Hare & Hounds (B)	17.38
Alison Whyte (F45)	Carnegie Harriers (A) (V)	17.39
Andrea Burke Rae	Fife AC (C)	17.40
Isobel Burnett (F55)	Carnegie Harriers (A) (V)	17.41
Morag McClelland	Hunters Bog Trotters (C)	17.49
Niamh Shaw (FU20)	Lasswade AAC (A)	17.56
Dorothy Mathie (F40)	Portobello Running Club (A) (V)	18.03
Karen Dobbie (F45)	Edinburgh AC (D) (V)	18.07
Mairead Kelly	Hunters Bog Trotters (B)	18.08
Eve Sealy (FU20)	Edinburgh Univ Hare & Hounds (D)	18.15
Rachel Fagan (F40)	Gala Harriers (C)	18.17
Ailsa Cruickshanks (FU20)	Fife AC (C)	18.18
Theresa Davidson	Dunbar Running Club (A)	18.20
Catherine Dickson (F40)	Lasswade AAC (A)	18.25
Sarah Anderson	Corstorphine AAC (A)	18.27
Susan Johnston (F50)	Corstorphine AAC (B) (V)	18.28
Lianne Logan	Edinburgh AC (B)	18.33
Sharyne Ramage (F50)	Edinburgh AC (C)	18.37
Dawn Grant (F40)	Gala Harriers (B)	18.43
Saran Jones (F50)	Lothian Running Club (A)	18.45
Holly Palmer	Edinburgh Univ Hare & Hounds (C)	18.46
Shery Johnston (F45)	Portobello Running Club (A) (V)	18.53

SAL East District Cross Country Relays
Peebles High School, Peebles
11-October 2015
Senior/Junior Men

	Stage 1		Stage 2		Stage 3		Stage 4		
1 Central AC (A)	12:23	4	24:52	1	37:26	1	49:46	1	
	Scott Green	12:23	Dale Colley	12:29	Cameron Milne	12:34	Andrew Butchart	12:20	
2 Central AC (B)	12:10	1	24:58	2	37:40	2	50:17	2	
	Alexander Hendry	12:10	Aidan Thompson (MU20)	12:48	Jamie Crowe	12:42	Alastair Hay	12:37	
3 Edinburgh Univ Hare & Hounds (A)	12:49	6	25:32	3	38:37	3	51:18	3	
	Scott Stirling	12:49	Andrew Lawler (MU20)	12:43	Calum Murray	13:05	Euan Gillham (MU20)	12:41	
4 Aberdeen AAC (A)	12:10	2	25:59	5	39:32	5	52:25	4	
	Michael Ferguson	12:10	Rory Stead (MU20)	13:49	Jordan Chapman (MU20)	13:33	William Mackay	12:53	
5 Central AC (C)	12:36	5	26:32	7	40:08	6	52:53	5	
	Conan McCaughey	12:36	Jack Kerr (MU20)	13:56	Lewis Millar	13:36	Jamie Crowe	12:45	
6 Corstorphine AAC (A)	13:12	11	26:08	6	39:21	4	53:03	6	
	Donald Macaulay	13:12	Calum McKenzie	12:56	Mark Haskett	13:13	Bryan Clark	13:42	
7 Edinburgh AC (B)	13:10	10	27:16	10	41:05	7	54:28	7	
	Bryan Mackie	13:10	Nicholas Wolverson	14:06	Callum Reid	13:49	Stuart Johnston	13:23	
8 Corstorphine AAC (B)	14:11	17	28:17	12	42:16	9	56:11	8	
	Scott Pilkington	14:11	Steven O'Brien	14:06	Tom Ferrington	13:59	Alastair Brockie	13:55	
9 Falkirk Victoria Harriers (A)	12:11	3	25:47	4	42:54	11	56:45	9	
	Ben Stevenson	12:11	Euan Martin	13:36	Craig Johnston (M 45)	17:07	Matthew Stevenson (MU20)	13:51	
10 Edinburgh AC (C)	12:57	7	27:03	8	42:25	10	57:18	10	
	Gavin Bryson (MU20)	12:57	Peter Cameron	14:06	Dean Cooper-Cunningham	15:22	Iain Macdonald	14:53	
11 Gala Harriers (A)	13:06	8	27:23	11	41:49	8	57:29	11	
	Darrell Hastie	13:06	Graeme Murdoch	14:17	Colin Brown (M 45)	14:26	Fergus Johnston	15:40	
12 Lothian Running Club (A)	15:11	30	29:41	19	43:59	13	58:15	12	
	Euan McInnes (M 40)	15:11	Andrew King	14:30	Colin Partridge	14:18	Malcolm Lang	14:16	
13 Aberdeen AAC (B)	14:39	23	28:55	16	44:12	14	58:31	13	
	Matthew Kilner (MU20)	14:39	Steven Murray (MU20)	14:16	Michael Simpson	15:17	Euan Webster	14:19	
14 Gala Harriers (C) (V)	14:35	21	29:44	20	44:23	15	58:45	14	
	Craig Mattocks (M 40)	14:35	Mark Bryson (M 45)	15:09	Wayne McIntosh (M 40)	14:39	Tim Darlow (M 40)	14:22	
15 Edinburgh AC (A) (V)	14:14	19	28:50	14	44:28	16	59:14	15	
	Robert Turner (M 40)	14:14	David Cross (M 50)	14:36	Andrew Latham (M 50)	15:38	Colin McGill (M 40)	14:46	
16 Corstorphine AAC (E) (V)	14:12	18	29:12	18	45:01	18	1:00:22	16	
	Stuart Campbell (M 45)	14:12	Michael Anderson (M 45)	15:00	Ian McPherson (M 45)	15:49	Ian Johnston (M 50)	15:21	
17 Central AC (D)	13:19	12	27:12	9	44:55	17	1:01:04	17	
	Iain Davies (MU20)	13:19	Euan Brownlie (MU20)	13:53	Kenneth Hislop	17:43	David Lindsay	16:09	
18 Edinburgh AC (D)	14:58	27	29:54	22	45:21	19	1:01:12	18	
	Madis Osjajets	14:58	Owain Williams	14:56	Robert Hamilton (M 40)	15:27	Peter Simpson	15:51	
19 Portobello Running Club (A) (V)	16:06	39	31:54	34	46:53	23	1:01:14	19	
	Steve Crane (M 55)	16:06	William Jarvie (M 55)	15:48	Peter Buchanan (M 50)	14:59	Johnny Lawson (M 40)	14:21	
20 Teviotdale Harriers (A)	14:00	15	30:13	24	45:42	20	1:01:28	20	
	Rory Anderson	14:00	Alan Inglis (M 45)	16:13	Scott Watson	15:29	Andrew Goodair (M 45)	15:46	
21 Hunters Bog Trotters (A)	14:52	24	30:54	25	46:36	22	1:01:35	21	
	John McManus	14:52	Simon Harrison	16:02	David Hope-Jones	15:42	Ewan Crawford	14:59	
22 Corstorphine AAC (C)	14:27	20	28:43	13	43:00	12	1:01:47	22	
	Alex Cumming	14:27	Tom Cunningham	14:16	Michael Breen	14:17	Nicholas Brown	18:47	
23 Corstorphine AAC (D)	15:05	28	31:51	32	47:37	26	1:01:59	23	
	Christopher O'Brien	15:05	Michael Findlay	16:46	Gary Morrison	15:46	Moray Anderson	14:22	
24 Fife AC (A)	13:59	14	28:53	15	46:16	21	1:02:36	24	
	Sam Fernando (MU20)	13:59	James Rae	14:54	Ruwan Fernando (M 45)	17:23	Daniel Newman (M 45)	16:20	
25 Pitreavie AAC (A)	13:55	13	31:02	26	47:58	28	1:02:51	25	
	Ben Potrykus (MU20)	13:55	Corey Smith (MU20)	17:07	Neil MacLachlan	16:56	Another	14:53	
26 Edinburgh AC (E) (V)	16:03	38	32:14	35	48:15	29	1:03:18	26	
	Chris Creegan (M 50)	16:03	Malcolm Parry (M 40)	16:11	Adam Ward (M 50)	16:01	Martin Ferguson (M 50)	15:03	
27 Central AC (E) (V)	15:10	29	31:20	28	47:08	24	1:03:40	27	
	David Eckersley (M 50)	15:10	Iain Dunsmore (M 45)	16:10	Scott Brember (M 40)	15:48	Hugh Buchanan (M 55)	16:32	
28 Edinburgh Univ Hare & Hounds (B)	13:08	9	29:52	21	47:28	25	1:04:02	28	
	Ewan Davidson (MU20)	13:08	Ben Murphy (MU20)	16:44	Tom Symington (MU20)	17:36	Grant McGregor (MU20)	16:34	
29 Hunters Bog Trotters (C)	16:38	41	32:19	36	48:30	31	1:04:40	29	
	Peter McClelland	16:38	Stuart Mounce	15:41	James Rogers	16:11	Peter Gardner	16:10	
30 Lothian Running Club (B)	15:44	36	31:42	30	48:23	30	1:05:13	30	
	Alan Moffat	15:44	Kenton Jones (M 50)	15:58	Scott Nelson (M 45)	16:41	Graeme Ackland (M 50)	16:50	
31 Gala Harriers (B)	15:16	31	30:11	23	49:13	35	1:05:16	31	
	Andrew Lawrie	15:16	Colin Welsh	14:55	Derrick Brydon (M 45)	19:02	Magnus Inglis (M 40)	16:03	
32 Gala Harriers (D) (V)	15:36	35	32:35	37	48:48	32	1:05:38	32	
	Jamie McGowan (M 40)	15:36	Steven Martin (M 40)	16:59	Bob Johnson (M 55)	16:13	Ian Maxwell (M 55)	16:50	
33 Lasswade AAC (B)	14:55	25	31:07	27	47:48	27	1:06:02	33	
	Paul Benham	14:55	Doug MacDonald	16:12	Richard Foxley	16:41	Greg McDowall	18:14	
34 Linlithgow AC (A)	17:21	44	34:59	43	51:22	40	1:06:14	34	
	Angus Gallie (M 55)	17:21	Colin Hutcheon (M 60)	17:38	Scott Hyslop (M 50)	16:23	David Marshall	14:52	
35 Lasswade AAC (A) (V)	15:25	32	31:54	33	49:05	34	1:06:27	35	
	Ben Mitchell (M 45)	15:25	Scott Dickson (M 40)	16:29	Peter Ness (M 45)	17:11	Stephen Brown (M 45)	17:22	
36 Edinburgh AC (F)	14:37	22	29:10	17	48:54	33	1:06:57	36	
	Keith Dunlop	14:37	Malcolm Fraser	14:33	Eric Stevenson (M 65)	19:44	David Steele (M 55)	18:03	
37 Metro Aberdeen Running Club (A)	18:45	50	35:54	46	52:08	43	1:07:02	37	
	Phil Mann (M 55)	18:45	Adam Scragg	17:09	Philip Edgley	16:14	Steve Buchan	14:54	
38 Musselburgh & District AC (A)	16:41	42	34:47	42	51:32	41	1:07:09	38	
	Doug Fraser (M 40)	16:41	Michael Malcolm-Smith (M 45)	18:06	Alexander Oliver (M 45)	16:45	Michael Malcolm-Smith (M 45)	15:37	
39 Carnegie Harriers (B) (V)	17:37	45	33:51	39	50:41	38	1:07:22	39	
	John Crookston (M 55)	17:37	John Fulham (M 40)	16:14	John Hynd (M 55)	16:50	Ian Robert Johnston (M 55)	16:41	
40 Hunters Bog Trotters (B) (V)	15:27	34	31:24	29	49:46	36	1:08:07	40	
	Jon Rathjen (M 45)	15:27	Ivor Normand (M 50)	15:57	Brian Pendreigh (M 55)	18:22	Ian Campbell (M 50)	18:21	
41 Carnegie Harriers (A)	14:58	26	31:51	31	51:15	39	1:08:17	41	
	Andrew Smith	14:58	Steven Honeyman	16:53	Stephen Greer (M 55)	19:24	Barry Davie	17:02	

42 Dunbar Running Club (A) (V)	15:26	33	33:12	38	50:15	37	1:09:07	42
	Stuart Hay (M 50)	15:26	Andrew Anderson (M 50)	17:46	Andrew Heldrick (M 45)	17:03	Neil Jones (M 50)	18:52
43 Falkirk Victoria Harriers (B) (V)	18:15	49	34:18	41	51:39	42	1:09:45	43
	Mark Johnstone (M 40)	18:15	Brian Lees (M 50)	16:03	Tom Purves (M 45)	17:21	John Martin (M 55)	18:06
44 Corstorphine AAC (F) (V)	15:56	37	34:00	40	52:13	44	1:10:44	44
	Alan Cameron (M 45)	15:56	David Henderson (M 50)	18:04	Graham Mclean (M 55)	18:13	Kenneth Stewart (M 55)	18:31
45 Lothian Running Club (C) (V)	22:47	54	42:27	50	59:10	46	1:16:58	45
	Ted Finch (M 60)	22:47	Martin Leadbetter (M 55)	19:40	Stewart Kerr (M 40)	16:43	Calum Ross (M 50)	17:48
46 Ferranti AAC (A) (V)	16:45	43	40:02	49	1:04:42	47	1:31:22	46
	Paul Caban (M 50)	16:45	Alex Bell (M 55)	23:17	Edward McDonald (M 65)	24:40	John Gavin (M 60)	26:40
Teviotdale Harriers (B)	17:45	46	35:36	44	53:39	45		
	Kyle Potts (MU20)	17:45	Ged Smith (M 50)	17:51	Alex Corbett (M 45)	18:03		
Edinburgh AC (G)	16:26	40	35:41	45				
	Max Carcas (M 45)	16:26	Alex MacEwen (M 60)	19:15				
Carnegie Harriers (C)	17:59	48	36:33	47				
	Mark Western (M 50)	17:59	David Morton	18:34				
Falkirk Victoria Harriers (C)	19:51	53	37:59	48				
	John Denholm (M 60)	19:51	James McLaren (M 50)	18:08				
Edinburgh Univ Hare & Hounds (C)	14:03	16						
	Matthew Rallison	14:03						
Banchory Stonehaven AC (A)	17:53	47						
	Andrew Ferguson Snr (M 50)	17:53						
Central AC (F) (V)	18:58	51						
	Allan Gall (M 55)	18:58						
Corstorphine AAC (G)	18:58	52						
	James Cumming	18:58						

Fastest Times

Alexander Hendry	Central AC (B)	12.10
Michael Ferguson	Aberdeen AAC (A)	12.10
Ben Stevenson	Falkirk Victoria Harriers (A)	12.11
Andrew Butchart	Central AC (A)	12.20
Scott Green	Central AC (A)	12.23
Dale Colley	Central AC (A)	12.29
Cameron Milne	Central AC (A)	12.34
Conan McCaughey	Central AC (C)	12.36
Alastair Hay	Central AC (B)	12.37
Euan Gillham (MU20)	Edinburgh Univ Hare & Hounds (A)	12.41
Jamie Crowe	Central AC (B)	12.42
Andrew Lawler (MU20)	Edinburgh Univ Hare & Hounds (A)	12.43
Jamie Crowe	Central AC (C)	12.45
Aidan Thompson (MU20)	Central AC (B)	12.48
Scott Stirling	Edinburgh Univ Hare & Hounds (A)	12.49
William Mackay	Aberdeen AAC (A)	12.53
Calum McKenzie	Corstorphine AAC (A)	12.56
Gavin Bryson (MU20)	Edinburgh AC (C)	12.57
Calum Murray	Edinburgh Univ Hare & Hounds (A)	13.05
Darrell Hastie	Gala Harriers (A)	13.06
Ewan Davidson (MU20)	Edinburgh Univ Hare & Hounds (B)	13.08
Bryan Mackie	Edinburgh AC (B)	13.10
Donald Macaulay	Corstorphine AAC (A)	13.12
Mark Haskett	Corstorphine AAC (A)	13.13
Iain Davies (MU20)	Central AC (D)	13.19
Stuart Johnston	Edinburgh AC (B)	13.23
Jordan Chapman (MU20)	Aberdeen AAC (A)	13.33
Euan Martin	Falkirk Victoria Harriers (A)	13.36
Lewis Millar	Central AC (C)	13.36
Bryan Clark	Corstorphine AAC (A)	13.42
Callum Reid	Edinburgh AC (B)	13.49
Rory Stead (MU20)	Aberdeen AAC (A)	13.49
Matthew Stevenson (MU20)	Falkirk Victoria Harriers (A)	13.51
Euan Brownlie (MU20)	Central AC (D)	13.53
Ben Potrykus (MU20)	Pitreevie AAC (A)	13.55
Alastair Brockie	Corstorphine AAC (B)	13.55
Jack Kerr (MU20)	Central AC (C)	13.56
Sam Fernando (MU20)	Fife AC (A)	13.59
Tom Ferrington	Corstorphine AAC (B)	13.59
Rory Anderson	Teviotdale Harriers (A)	14.00
Matthew Rallison	Edinburgh Univ Hare & Hounds (C)	14.03
Peter Cameron	Edinburgh AC (C)	14.06
Steven O'Brien	Corstorphine AAC (B)	14.06
Nicholas Wolverson	Edinburgh AC (B)	14.06
Scott Pilkington	Corstorphine AAC (B)	14.11
Stuart Campbell (M 45)	Corstorphine AAC (E)	14.12
Robert Turner (M 40)	Edinburgh AC (A)	14.14
Tom Cunningham	Corstorphine AAC (C)	14.16
Steven Murray (MU20)	Aberdeen AAC (B)	14.16
Malcolm Lang	Lothian Running Club (A)	14.16
Michael Breen	Corstorphine AAC (C)	14.17
Graeme Murdoch	Gala Harriers (A)	14.17
Colin Partridge	Lothian Running Club (A)	14.18
Euan Webster	Aberdeen AAC (B)	14.19
Johnny Lawson (M 40)	Portobello Running Club (A)	14.21
Moray Anderson	Corstorphine AAC (D)	14.22
Tim Darlow (M 40)	Gala Harriers (C)	14.22
Colin Brown (M 45)	Gala Harriers (A)	14.26
Alex Cumming	Corstorphine AAC (C)	14.27
Andrew King	Lothian Running Club (A)	14.30
Malcolm Fraser	Edinburgh AC (F)	14.33
Craig Mattocks (M 40)	Gala Harriers (C)	14.35
David Cross (M 50)	Edinburgh AC (A)	14.36
Keith Dunlop	Edinburgh AC (F)	14.37
Wayne McIntosh (M 40)	Gala Harriers (C)	14.39
Matthew Kilner (MU20)	Aberdeen AAC (B)	14.39
Colin McGill (M 40)	Edinburgh AC (A)	14.46
David Marshall	Linlithgow AC (A)	14.52
John McManus	Hunters Bog Trotters (A)	14.52
Another	Pitreevie AAC (A)	14.53
Iain Macdonald	Edinburgh AC (C)	14.53
Steve Buchan	Metro Aberdeen Running Club (A)	14.54
James Rae	Fife AC (A)	14.54
Paul Benham	Lasswade AAC (B)	14.55
Colin Welsh	Gala Harriers (B)	14.55
Owain Williams	Edinburgh AC (D)	14.56
Andrew Smith	Carnegie Harriers (A)	14.58
Madis Osjamets	Edinburgh AC (D)	14.58
Ewan Crawford	Hunters Bog Trotters (A)	14.59
Peter Buchanan (M 50)	Portobello Running Club (A)	14.59