

Scottish East District Championships

Grangemouth Stadium

Friday 22nd & Saturday 23rd May 2015

	U13	U15	U17	U20	SEN
	01/09/02 – 31/08/04	01/09/00 – 31/08/02	01/09/98 – 31/08/00	01/01/96 – 31/08/98	31/12/95 or earlier
100m	Sat	Sat	Sat	Sat	Sat
200m	Fri	Fri	Fri	Fri	Fri
300m		Sat	Sat (G)		
400m			Sat (B)	Sat	Sat
800m	Sat	Sat	Sat	Sat	Sat
1500m	Fri	Fri	Fri	Fri	Fri
70mH	Sat (G)				
75mH	Sat (B)	Sat (G)			
80mH		Sat (B)	Sat (G)		
100mH			Sat (B)	Sat (W)	Sat (W)
110mH				Sat (M)	Sat (M)
300mH			Sat (G)		
400mH					
LJ	Sat	Sat	Sat	Sat	Sat
TJ		Fri (B)	Fri	Fri	Fri
HJ	Sat	Fri (G) Sat (B)	Sat	Sat	Sat
SP	Sat	Sat	Sat	Sat	Sat
DT	Fri	Fri	Sat	Sat	Sat
JT	Sat	Sat	Sat	Sat	Sat
HT		Fri	Fri	Fri	Fri