

LIVINGSTON OPEN MEETING

Wednesday 2nd April 2014

Craigswood Sports Centre, Livingston

TIMETABLE

TRACK		FIELD	
7.00	60m (1 heat)	Long Jump (U11 – U13)	High Jump (U15 – SEN)
		Javelin	
7.15	400m (3 heats)		
7.30	300m (2 heats)	Shot Putt (U11 – U13)	
7.45	100m (14 heats)		
8.00		High Jump (U11 – U13)	
8.15		Shot Putt (U15 – SEN)	
		Triple Jump	
8.30	800m (4 heats)		

- Declarations will open at 6.00 PM in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the heats ordered fastest to slowest.
- This is a **scottish**athletics permit event run under UK Athletics rules.