

**Scottish Athletics
National 10000m Championships
Grangemouth
Sunday 16 June 2013**

Event	T12	10000m	Senior Men/Women		
Position	Number	Name	Club	Age	Result
1	183	Derek J Hawkins	Leeds City AC	SM	30:24.58
2	184	Dougie Selman	Corstorphine AAC	SM	31:03.17
3	182	David Vernon	VP-Glasgow AC	SM	31:13.02
4	189	Stephen Trainer	Greenock Glenpark Harriers	SM	31:39.59
5	188	Neil Renault	Edinburgh AC	SM	31:41.43
6	181	Bryan Mackie	Edinburgh AC	SM	32:20.55
7	186	Lewis Millar	Central AC	SM	32:39.33
8	190	Colin McGill	Edinburgh AC	SM	33:26.39
9	180	Bryan Clark	Corstorphine AAC	SM	34:28.80
10	185	James Mittra	Edinburgh AC	SM	35:52.44
11	192	Jennifer Emsley	Central AC	SW	36:45.13
12	193	Michelle Sandison	Springburn Harriers	SW	38:54.97
13	191	Donna Finlayson	VP-Glasgow AC	SW	40:02.59
	187	Max McNeill	Lothian Running Club	SM	DNF