

# National Young Athletes Road Race Championships Riccarton (Heriot Watt University Campus) EH14 4AS SUNDAY 17<sup>th</sup> March 2013

#### **PARKING**

Parking for cars is in the Walled Garden **Visitors Car Park** (see Course Map)

Parking for Coaches and Minibuses is marked on the Course Map

#### **DECLARATIONS.**

Declarations are in the Sports Academy (not the Sports Centre)
Access to the Academy is from the Walled Garden Visitors Car Park

#### **NUMBERS**

All females wear **YELLOW** numbers, all males wear **WHITE** numbers

#### **CHANGING**

There is very limited changing in the Academy. Please come changed and ready to run.

#### START/FINISH

Is 600 metres from the Car Park, walk as the dotted line route (see Course Map)

#### **CLUB TENTS**

There is a grass area by the Start/Finish where club tents can be erected. If you intend bringing a club tent please email alex.jackson@ed.ac.uk

### **COURSES**

Are on the footpaths and almost traffic free roads of Heriot Watt campus.

## **PRESENTATIONS**

Individual presentations will take place at the finish immediately after each race.

Team presentations will also be at the finish area when available. Teams in all races are 3 to score.

Alex Jackson CC and RR Secretary Alex.jackson@ed.ac.uk