

SAIL FINAL - MEDALS TABLE *(including relays)*

2012-2013

	Gold	Silver	Bronze	Total	Points 2013	Points 2012
Giffnock North	7	6	2	15	35	28
Edinburgh AC	6	2	2	10	24	22
Central AC	2	4	5	11	19	19
Pitreavie	1	3	4	8	13	0
Ayr Seaforth	1	2		3	7	12
Lasswade	1	1		2	5	7
VP Glasgow		1	3	4	5	15
Kilbarchan	1	0	1	2	4	2
Clydesdale		1	1	2	3	0
Whitemoss	1			1	3	0
Airdrie			2	2	2	9

SAIL FINAL RESULTS 2012-13

Under 11 Boys
1st **Central AC**
2nd **Giffnock North A**
3rd **Edinburgh AC**

Under 13 Boys
1st **Giffnock North**
2nd **VP Glasgow**
3rd **Pitreavie**

Under 15 Boys
1st **Edinburgh AC A**
2nd **Ayr Seaforth**
3rd **VP Glasgow**

Under 17 Men
1st **Edinburgh AC A**
2nd **Central AC**
3rd **Clydesdale**

Under 20 Men
1st **Kilbarchan**
2nd **Edinburgh AC A**
3rd **Edinburgh AC B**

Under 11 Girls
1st **Giffnock North A**
2nd **Pitreavie**
3rd **Airdrie**

Under 13 Girls
1st **Central AC**
2nd **Giffnock North**
3rd **Pitreavie**

Under 15 Girls
1st **Whitemoss**
2nd **Edinburgh AC**
3rd **Central AC**

Under 17 Women
1st **Edinburgh AC A**
2nd **Giffnock North**
3rd **Central AC**

Under 20 Women
1st **Lasswade**
2nd **Clydesdale**
3rd **Central AC**

countback on
event wins

Under 11 Boys

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

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nos	club	60m'A'	60m'B'	600m'A'	600m'B'	TRACK	S/Long'A'	S/Long'B'	FIELD	TOTAL	
53	Central AC	2	1	3	2	8	1	1	2	10	1
5	Giffnock North A	1	3	2	1	7	2	3	5	12	2
56	Edinburgh AC	5	2	4	5	16	5	2	7	23	3
18	VP Glasgow	4	4	6	3	17	3	4	7	24	
6	Giffnock North B	6	5	1	4	16	4	5	9	25	
51	Airdrie	3	6	5	6	20	6	6	12	32	

Under 13 Boys

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

		*	*	*	*				*	*	*		
nos	club	60m	800m	60m Hur	200m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	
5	Giffnock North	1	2	1	2	6	1	2	2	5	11	1	
18	VP Glasgow	2	6	3	1	12	3.5	3	3	9.5	21.5	2	
59	Pitreavie	5	3	5	3	16	2	1	6	9	25	3	
1	Ayr Seaforth	4	1	4	4	13	5	6	4	15	28		
56	Edinburgh AC	6	4	2	5	17	6	5	1	12	29		
71	Kilbarchan	3	5	6	6	20	3.5	4	5	12.5	32.5		

Under 15 Boys

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

		*	*	*	*	*	*	*	*	*				
nos	club	60m	800m	60m Hur	200m	400m	TRACK	High	Long	Shot	FIELD	TOTAL		
56	Edinburgh AC A	4	1	2	2	3	12	5	2	1	8	20	1	
1	Ayr Seaforth	3	3	3	1	2	12	6	5	2	13	25	2	
18	VP Glasgow	2	2	4	5	1	14	1	6	6	13	27	3	
5	Giffnock North	1	5	6	3	5	20	3	1	4	8	28		
53	Central AC	6	6	1	4	6	23	2	3	5	10	33		
57	Edinburgh AC B	5	4	5	6	4	24	4	4	3	11	35		

Under 17 Men

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

nos	club	60m	800m	60m Hur	200m	400m	TRACK	High	Long	Triple	Shot	FIELD	TOTAL	Position Today
56	Edinburgh AC A	2	1	3	1	1	8	1	2	1	4	8	16	1
53	Central AC	4	3	6	5	4	22	3	1	3	1	8	30	2
3	Clydesdale	3	6	1	3	5	18	4	3	2	3	12	30	3
5	Giffnock North	1	2	2	4	2	11	5	5	5	5	20	31	
18	VP Glasgow	5	5	4	2	6	22	2	4	6	6	18	40	
57	Edinburgh AC B	7	4	5	6	3	25	6	7	4	2	19	44	

Under 20 Men

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

nos	club	60m	800m	60m Hur	200m	400m	TRACK	High	Long	Triple	Shot	FIELD	TOTAL	Position Today
71	Kilbarchan	4	1	1	4	1	11	2	1	3	1	7	18	1
56	Edinburgh AC A	1	2	4	1	2	10	1	5	1	2	9	19	2
57	Edinburgh AC B	6	3	7	2	5	23	4	2	2	3	11	34	3
20	Whitemoss	3	4	2	3	3	15	3	3	7	7	20	35	
63	Motherwell A	2	6	3	5	4	20	5	4	4	5	18	38	
69	Motherwell B	5	5	7	6	6	29	7	6	7	4	24	53	

Club No. Order**T & F Totals****Match Points****Under 11 Girls****COMMONWEALTH ARENA 24/02/2013****FINAL and RELAYS**

	nos	club	60m'A'	60m'B'	600m'A'	600m'B'	TRACK	S/Long'A'	S/Long'B'	FIELD	TOTAL	Position Today	
Un	5	Giffnock North A	3	3	1	1	8	2	1	3	11	1	
Un	59	Pitreavie	4	2	3	3	12	5	3	8	20	2	
Un	51	Airdrie	5	1	2	5	13	6	2	8	21	3	
Un	56	Edinburgh AC	1	5	5	4	15	3	6	9	24		
Un	6	Giffnock North B	6	4	4	2	16	4	4	8	24		
Un	1	Ayr Seaforth	2	6	6	6	20	1	5	6	26		

Under 13 Girls

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

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nos	club	60m	800m	60m Hur	200m	TRACK	High	Long	Shot	FIELD	TOTAL	Position Today
53	Central AC	4	2	2	5	13	1	2	1	4	17	1
5	Giffnock North	3	3	3	2	11	4	3	2	9	20	2
59	Pitreavie	5	1	4	3	13	3	5	3	11	24	3
56	Edinburgh AC	2	4	5	1	12	5.5	1	6	12.5	24.5	
18	VP Glasgow A	1	6	1	6	14	2	6	5	13	27	
19	VP Glasgow B	6	5	6	4	21	5.5	4	4	13.5	34.5	

Under 15 Girls

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

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nos	club	60m	800m	60m Hur	200m	300m	TRACK	High	Long	Shot	FIELD	TOTAL	Position Today	
20	Whitemoss	2	1	3	1	1	8	2	1	6	9	17	1	
56	Edinburgh AC	1	4	4	2	2	13	1	3	4	8	21	2	
53	Central AC	4	5	1	4	4	18	4	2	1	7	25	3	
5	Giffnock North	3	2	2	3	3	13	3	6	3	12	25		
59	Pitreavie	5	3	5	5	6	24	5	4	5	14	38		
1	Ayr Seaforth	6	6	6	6	5	29	6	5	2	13	42		

Under 17 Women

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

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nos	club	60m	800m	60m Hur	200m	300m	TRACK	High	Long	Triple	Shot	FIELD	TOTAL	Position Today		
56	Edinburgh AC A	1	1	1	1	2	6	5	2	5	1	13	19	1		1st
5	Giffnock North	3	4	3	3	1	14	3	3	1	4	11	25	2		2nd
53	Central AC	2	6	2	4	4	18	1	5	2	2	10	28	3		3rd
20	Whitemoss	4	5	4	5	5	23	2	1	4	3	10	33			
57	Edinburgh AC B	5	2	5	2	3	17	4	4	3	6	17	34			
18	VP Glasgow	6	3	6	6	6	27	7	6	7	5	25	52			

Under 20 Women

COMMONWEALTH ARENA 24/02/2013 FINAL and RELAYS

nos	club	60m	800m	60m Hur	200m	400m	TRACK	High	Long	Triple	Shot	FIELD	TOTAL	Position Today	
70	Lasswade	5	1	3	2	1	12	1	1	1	1	4	16	1	
3	Clydesdale	4	2	5	4	2	17	3	3	2	3	11	28	2	
53	Central AC	2	4	4	3	3	16	4	4	3	2	13	29	3	
5	Giffnock North	1	3	2	1	7	14	7	2	7	4	20	34		
20	Whitemoss	3	7	1	5	7	23	2	7	7	7	23	46		
64	Falkirk VH	7	7	7	7	7	35	7	7	7	7	28	63		



FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 11 Boys				
60m A String				Under 11 Boys
1	Giffnock North A	Reuben Nairne	9.00	1
2	Central AC A	Jack Haughton	9.18	2
3	Airdrie A	Brodie Young	9.36	3
4	VP Glasgow A	Cameron Robertson	9.38	4
5	Edinburgh AC A	Imran Hossain	9.91	5
6	Giffnock North B	Fraser Lipp	10.27	6
600m A String				Under 11 Boys
1	Giffnock North B	James Dolan	1:58.8	1
2	Giffnock North A	Jamie Stewart	1:59.3	2
3	Central AC A	Jack Haughton	2:02.6	3
4	Edinburgh AC A	Thomas McKay	2:04.6	4
5	Airdrie A	Brodie Young	2:04.9	5
6	VP Glasgow A	Blayne Wright	2:06.5	6
Standing Long Jump A String				Under 11 Boys
1	Central AC A	Erik Escala	2.00	1
2	Giffnock North A	Reuben Nairne	2.00	2
3	VP Glasgow A	Cameron Robertson	1.80	3
4	Giffnock North B	James Dolan	1.66	4
5	Edinburgh AC A	Sol McLennan	1.47	5
6	Airdrie A	Aaron Robertson	1.26	6
60m B String				Under 11 Boys
1	Central AC A	Erik Escala	9.46	1
2	Edinburgh AC A	Thomas McKay	9.59	2
3	Giffnock North A	Lewis Cridge	9.73	3
4	VP Glasgow A	Calum Munro	9.94	4
5	Giffnock North B	Robbie Mackay	10.06	5
6	Airdrie A	Aaron Robertson	10.23	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
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600m B String			Under 11 Boys	
<hr/>				
1	Giffnock North A	Jack Beattie	2:02.2	1
2	Central AC A	Innes Huckerby	2:04.7	2
3	VP Glasgow A	Scott Williamson	2:06.5	3
4	Giffnock North B	Thomas Ward	2:13.2	4
5	Edinburgh AC A	Sol McLennan	2:13.4	5
6	Airdrie A	Euan Munro	2:18.5	6
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Standing Long Jump B String			Under 11 Boys	
<hr/>				
1	Central AC A	Conall Stephen	1.77	1
2	Edinburgh AC A	Imran Hossain	1.77	2
3	Giffnock North A	Jamie Stewart	1.70	3
4	VP Glasgow A	Ryan Waters	1.60	4
5	Giffnock North B	Oscar Lonergan-Black	1.57	5
6	Airdrie A	Ciaran McMenemy	1.43	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 13 Boys				
60m				
				Under 13 Boys
1	Giffnock North A	Calum Alexander	8.68	1
2	VP Glasgow B	Lorn Webster	8.88	2
3	Kilbarchan	Lewis King	8.92	3
4	Ayr Seaforth A	Robbie Swift	8.93	4
5	Pitreavie	William Doyle	9.04	5
6	Edinburgh AC A	Cameron Smith	9.23	6
800m				
				Under 13 Boys
1	Ayr Seaforth A	Daniel Martin	2:23.5	1
2	Giffnock North A	Taylor Stewart	2:28.0	2
3	Pitreavie	Alex Johnston	2:29.1	3
4	Edinburgh AC A	Luke Librizzi	2:32.8	4
5	Kilbarchan	Callum Barry	2:34.5	5
6	VP Glasgow B	Tom Connolly	2:39.3	6
60m Hurdles				
				Under 13 Boys
1	Giffnock North A	Calum Alexander	10.58	1
2	Edinburgh AC A	Angus Hepburn	11.65	2
3	VP Glasgow B	Donald Scott	11.84	3
4	Ayr Seaforth A	Scott Sprang	12.56	4
5	Pitreavie	Luke Cadger	12.82	5
6	Kilbarchan	Lewis King	13.30	6
200m				
				Under 13 Boys
1	VP Glasgow B	Mitch Donohoe	28.3	1
2	Giffnock North A	Scott Wylie	28.9	2
3	Pitreavie	Blair Ross	29.4	3
4	Ayr Seaforth A	Robbie Swift	30.4	4
5	Edinburgh AC A	Cameron Tait	31.4	5
6	Kilbarchan	Douglas Arthur	33.4	6
High Jump				
				Under 13 Boys
1	Giffnock North A	Andrew Conlan	1.40	1
2	Pitreavie	Ryan Woods	1.35	2
3	Kilbarchan	Scott Howieson	1.20	3
3	VP Glasgow B	Lorn Webster	1.20	3
5	Ayr Seaforth A	Declan McGee	1.15	5
6	Edinburgh AC A	Cameron Tait	1.10	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
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Long Jump			Under 13 Boys	
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1	Pitreavie	Blair Ross	4.32	1
2	Giffnock North A	Peter Gibb	4.21	2
3	VP Glasgow B	John Lowe	4.04	3
4	Kilbarchan	Scott Howieson	3.88	4
5	Edinburgh AC A	Ramsay Hodgeson	3.88	5
6	Ayr Seaforth A	Chris Blockley	3.39	6
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Shot Putt			Under 13 Boys	
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1	Edinburgh AC A	Matthew Robison	6.83	1
2	Giffnock North A	Donald Kilpatrick	6.81	2
3	VP Glasgow B	Cameron McKnight	6.66	3
4	Ayr Seaforth A	Andrew Morrison	6.38	4
5	Kilbarchan	Ross Wilson	5.68	5
6	Pitreavie	William Doyle	5.26	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 15 Boys				
60m				Under 15 Boys
1	Giffnock North A	Andy Moses	7.91	1
2	VP Glasgow A	Lewis Serpell	8.10	2
3	Ayr Seaforth A	Ewan McCracken	8.25	3
4	Edinburgh AC A	Leo Robertson-Walker	8.33	4
5	Edinburgh AC B	Cal McLennan	8.52	5
6	Central AC A	Keiran Halliday	8.66	6
800m				Under 15 Boys
1	Edinburgh AC A	Paul Ireland	2:13.3	1
2	VP Glasgow A	Jamie MacKinnon	2:14.7	2
3	Ayr Seaforth A	Lewis Ross	2:17.4	3
4	Edinburgh AC B	Ross Allan	2:19.6	4
5	Giffnock North A	Keir Carolan	2:20.9	5
6	Central AC A	Jamie Price	2:21.8	6
60m Hurdles				Under 15 Boys
1	Central AC A	Charles Dineen	9.31	1
2	Edinburgh AC A	Jamie Laughland	9.92	2
3	Ayr Seaforth A	Fraser Angus	10.32	3
4	VP Glasgow A	Cameron Wray	10.35	4
5	Edinburgh AC B	Blair Grant	11.83	5
6	Giffnock North A	Luke McLaren	11.93	6
200m				Under 15 Boys
1	Ayr Seaforth A	Fraser Angus	25.7	1
2	Edinburgh AC A	Leo Robertson-Walker	26.1	2
3	Giffnock North A	Ross Montgomery	26.1	3
4	Central AC A	Charles Dineen	26.6	4
5	VP Glasgow A	Ross Thomson	27.5	5
6	Edinburgh AC B	Jamie Underwood	29.1	6
400m				Under 15 Boys
1	VP Glasgow A	Lewis Serpell	57.64	1
2	Ayr Seaforth A	Ben Lomako	58.32	2
3	Edinburgh AC A	Paul Ireland	59.84	3
4	Edinburgh AC B	Cal McLennan	60.42	4
5	Giffnock North A	Ross Lipp	60.66	5
6	Central AC A	Jamie Price	65.09	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
High Jump				Under 15 Boys
1	VP Glasgow A	Keir King	1.65	1
2	Central AC A	Cameron McCorgray	1.60	2
3	Giffnock North A	Christophe Abouem	1.55	3
4	Edinburgh AC B	Jamie Underwood	1.45	4
5	Edinburgh AC A	Calum Willis	1.40	5
6	Ayr Seaforth A	Conan McGhee	1.35	6
Long Jump				Under 15 Boys
1	Giffnock North A	Christophe Abouem	4.97	1
2	Edinburgh AC A	Leo Robertson-Walker	4.90	2
3	Central AC A	Charles Dineen	4.76	3
4	Edinburgh AC B	Cal McLennan	4.64	4
5	Ayr Seaforth A	Callum Meldrum	4.40	5
6	VP Glasgow A	Lewis Serpell	4.29	6
Shot Putt				Under 15 Boys
1	Edinburgh AC A	Jamie Laughland	10.64	1
2	Ayr Seaforth A	Andrew Peck	10.37	2
3	Edinburgh AC B	Cole Imrie	9.03	3
4	Giffnock North A	Cameron Brown	8.85	4
5	Central AC A	Jack Houghton	6.66	5
6	VP Glasgow A	Keir King	6.54	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 17 Men				
60m				
				Under 17 Men
1	Giffnock North A	Robert Moses	7.35	1
2	Edinburgh AC A	Alexander Wilson	7.43	2
3	Clydesdale A	Andrew Hunter	7.67	3
4	Central AC A	Liam Halliday	7.78	4
5	VP Glasgow A	Ewan Hoy	7.81	5
800m				
				Under 17 Men
1	Edinburgh AC A	Fraser White	2:04.9	1
2	Giffnock North A	Christopher Stewart	2:07.1	2
3	Central AC A	Iain Davies	2:07.3	3
4	Edinburgh AC B	Patrick Keith	2:08.7	4
5	VP Glasgow A	Ross Black	2:18.4	5
6	Clydesdale A	Darren Dolan	2:23.6	6
60m Hurdles				
				Under 17 Men
1	Clydesdale A	David Campbell	8.74	1
2	Giffnock North A	Gregor Munro	9.17	2
3	Edinburgh AC A	Benedikt Deiker	9.171	3
4	VP Glasgow A	Calum Wray	9.41	4
5	Edinburgh AC B	Calum Batho	9.43	5
	Central AC A	Tom Chandler	DQ	
200m				
				Under 17 Men
1	Edinburgh AC A	Alexander Wilson	23.7	1
2	VP Glasgow A	Patrick Clark	23.7	2
3	Clydesdale A	Andrew Hunter	24.3	3
4	Giffnock North A	Jed Burrows	24.4	4
5	Central AC A	Ewan Corbett	24.7	5
6	Edinburgh AC B	Rohan Green	25.1	6
400m				
				Under 17 Men
1	Edinburgh AC A	Fraser White	52.62	1
2	Giffnock North A	Aiden Muir	53.09	2
3	Edinburgh AC B	Silvano Marcantonio	53.65	3
4	Central AC A	Jamie Paterson	55.83	4
5	Clydesdale A	David Campbell	56.70	5
6	VP Glasgow A	Ben Chan	57.42	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
High Jump				Under 17 Men
1	Edinburgh AC A	Benjamin Mitchell	1.70	1
2	VP Glasgow A	Patrick Clark	1.65	2
3	Central AC A	Lewis McGuire	1.65	3
4	Clydesdale A	Tobi Akinkumni	1.60	4
5	Giffnock North A	David Lambie	1.55	5
6	Edinburgh AC B	Callum Robertson	1.55	6
Long Jump				Under 17 Men
1	Central AC A	Tom Chandler	5.89	1
2	Edinburgh AC A	Callum Jones	5.55	2
3	Clydesdale A	Andrew Hunter	5.45	3
4	VP Glasgow A	Aidan McMahon	5.19	4
5	Giffnock North A	David Lambie	5.14	5
	Edinburgh AC B	Liam Clark	NJ	
Triple Jump				Under 17 Men
1	Edinburgh AC A	Callum Jones	11.58	1
2	Clydesdale A	David Campbell	11.49	2
3	Central AC A	Cameron Wilson	11.48	3
4	Edinburgh AC B	Liam Clark	11.30	4
5	Giffnock North A	David Lambie	10.89	5
6	VP Glasgow A	David Wilson	10.74	6
Shot Putt				Under 17 Men
1	Central AC A	Mark Guthrie	12.48	1
2	Edinburgh AC B	Callum Batho	9.50	2
3	Clydesdale A	Tobi Akinkumni	9.34	3
4	Edinburgh AC A	Jake Roulstone	8.74	4
5	Giffnock North A	Harry Matthews	8.41	5
6	VP Glasgow A	Ruairidh Bryce	8.17	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 20 Men				
60m				
				Under 20 Men
1	Edinburgh AC A	Kieran Kivlin	7.38	1
2	Motherwell A	Steven Ross	7.49	2
3	Whitemoss A	Andrew Ravenscroft	7.52	3
4	Kilbarchan	Billy Russell	7.54	4
5	Motherwell B	Grant Crichton	7.60	5
6	Edinburgh AC B	Kieran Reilly	7.64	6
800m				
				Under 20 Men
1	Kilbarchan	Russell Mountford	1:57.8	1
2	Edinburgh AC A	Peter Loudon	1:59.3	2
3	Edinburgh AC B	Adam Jack	2:03.4	3
4	Whitemoss A	Craig Whyteside	2:07.5	4
5	Motherwell B	Matthew Crichton	2:09.5	5
6	Motherwell A	Craig McKenzie	2:10.2	6
60m Hurdles				
				Under 20 Men
1	Kilbarchan	Andrew Murphy	8.76	1
2	Whitemoss A	Jamie Gemmell	9.19	2
3	Motherwell A	Scott Dickson	11.03	3
4	Edinburgh AC A	Andrew More	11.64	4
200m				
				Under 20 Men
1	Edinburgh AC A	Sam Revie	22.4	1
2	Edinburgh AC B	Chris Kelly	22.6	2
3	Whitemoss A	Andrew Ravenscroft	23.6	3
4	Kilbarchan	James Quinn	23.8	4
5	Motherwell A	Ronan Higgins	24.0	5
6	Motherwell B	Grant Crichton	24.8	6
400m				
				Under 20 Men
1	Kilbarchan	David Kerr	50.57	1
2	Edinburgh AC A	Peter Loudon	50.64	2
3	Whitemoss A	Jamie Gemmell	52.39	3
4	Motherwell A	Steven Ross	52.93	4
5	Edinburgh AC B	Michael Fernie	53.81	5
6	Motherwell B	Matthew Crichton	58.24	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
High Jump				Under 20 Men
1	Edinburgh AC A	Angus Sinclair	1.98	1
2	Kilbarchan	Jack Lochans	1.90	2
3	Whitemoss A	Jamie Gemmell	1.80	3
4	Edinburgh AC B	Chris Mollison	1.55	4
5	Motherwell A	Steven Ross	1.55	5
Long Jump				Under 20 Men
1	Kilbarchan	Andrew Murphy	6.06	1
2	Edinburgh AC B	James Innes	5.62	2
3	Whitemoss A	Andrew Ravenscroft	5.59	3
4	Motherwell A	Scott Dickson	4.97	4
5	Edinburgh AC A	Jordan Newport	4.28	5
6	Motherwell B	Grant Crichton	4.18	6
Triple Jump				Under 20 Men
1	Edinburgh AC A	Jordan Newport	12.22	1
2	Edinburgh AC B	Chris Mollison	11.88	2
3	Kilbarchan	Drew Yeoman	11.16	3
4	Motherwell A	Scott Dickson	10.49	4
Shot Putt				Under 20 Men
1	Kilbarchan	Andrew Cunningham	12.15	1
2	Edinburgh AC A	Angus Sinclair	11.17	2
3	Edinburgh AC B	Adam Jack	7.91	3
4	Motherwell B	Matthew Crichton	7.68	4
5	Motherwell A	Lucas Clark	6.91	5

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 11 Girls				
60m A String				Under 11 Girls
1	Edinburgh AC A	Freya Tranter	9.67	1
2	Ayr Seaforth A	Matilda Press	9.74	2
3	Giffnock North A	Eva Blues	9.78	3
4	Pitreavie	Lynn Harvey	10.10	4
5	Airdrie A	Lucia Wright	10.16	5
6	Giffnock North B	Iona MacDougall	10.40	6
600m A String				Under 11 Girls
1	Giffnock North A	Rosie McKay	1:55.1	1
			NEW LEAGUE RECORD	
2	Airdrie A	Lucia Wright	2:02.2	2
3	Pitreavie	Jenny Gillanders	2:03.5	3
4	Giffnock North B	Morgan MacDougall	2:05.0	4
5	Edinburgh AC A	Freya Tranter	2:15.5	5
6	Ayr Seaforth A	Laura Paisley	2:18.1	6
Standing Long Jump A String				Under 11 Girls
1	Ayr Seaforth A	Matilda Press	1.88	1
2	Giffnock North A	Rosie McKay	1.88	2
3	Edinburgh AC A	Kate Fergusson	1.80	3
4	Giffnock North B	Morgan MacDougall	1.79	4
5	Pitreavie	Lynn Harvey	1.66	5
6	Airdrie A	Orla Doran	1.65	6
60m B String				Under 11 Girls
1	Airdrie A	Orla Doran	9.80	1
2	Pitreavie	Skye Marshall	9.98	2
3	Giffnock North A	Rachel Callan	10.08	3
4	Giffnock North B	Emma Gaston	10.15	4
5	Edinburgh AC A	Anna Swan	10.20	5
6	Ayr Seaforth A	Scarlett Ross	10.24	6
600m B String				Under 11 Girls
1	Giffnock North A	Lauren Paterson	2:02.2	1
2	Giffnock North B	Francesca Davidson	2:04.6	2
3	Pitreavie	Jennifer Brydon	2:07.2	3
4	Edinburgh AC A	Cara Robson	2:13.3	4
5	Airdrie A	Darci Burns	2:17.1	5
6	Ayr Seaforth A	Morgan Brown	2:20.3	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Standing Long Jump B String				Under 11 Girls
1	Giffnock North A	Lauren Paterson	1.87	1
2	Airdrie A	Darci Burns	1.73	2
3	Pitreavie	Seonaid Best	1.67	3
4	Giffnock North B	Emma Gaston	1.66	4
5	Ayr Seaforth A	Scarlett Ross	1.60	5
6	Edinburgh AC A	Gemma O'Neill	1.54	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 13 Girls				
60m				Under 13 Girls
1	VP Glasgow A	Jade Henry	8.75	1
2	Edinburgh AC A	Nisha Haydock	8.95	2
3	Giffnock North A	Bronagh O'Dowd	9.08	3
4	Central AC A	Abby Davison	9.12	4
5	Pitreavie	Lucy McRoberts	9.32	5
6	VP Glasgow B	Eve Davidson	9.64	6
800m				Under 13 Girls
1	Pitreavie	Iona Crawford	2:32.6	1
2	Central AC A	Jennifer Walls	2:33.0	2
3	Giffnock North A	Emma Lawton	2:33.4	3
4	Edinburgh AC A	Zarah Brady	2:37.1	4
5	VP Glasgow B	Amy Bissett	2:38.4	5
6	VP Glasgow A	Adrienne Murray	2:43.8	6
60m Hurdles				Under 13 Girls
1	VP Glasgow A	Jade Henry	10.17	1
2	Central AC A	Georgia Smith	10.22	2
3	Giffnock North A	Lauren Saxby	10.68	3
4	Pitreavie	Iona Crawford	10.70	4
5	Edinburgh AC A	Phoebe Crosbie	11.02	5
6	VP Glasgow B	Beth Gibbons	11.51	6
200m				Under 13 Girls
1	Edinburgh AC A	Nisha Haydock	29.3	1
2	Giffnock North A	Melissa Mailie	29.7	2
3	Pitreavie	Lucy McRoberts	29.8	3
4	VP Glasgow B	Eve Nicholson	30.2	4
5	Central AC A	Rachel Kate Martin	30.4	5
6	VP Glasgow A	Monica Blair	30.5	6
High Jump				Under 13 Girls
1	Central AC A	Georgia Smith	1.45	1
2	VP Glasgow A	Monica Blair	1.30	2
3	Pitreavie	Eilidh Lister	1.30	3
4	Giffnock North A	Freya Menzies	1.20	4
5	VP Glasgow B	Eve Davidson	1.20	5
5	Edinburgh AC A	Lily Nicholson	1.20	5

FINAL and RELAYS

	Club	Athlete	Performance	Points
Long Jump				Under 13 Girls
1	Edinburgh AC A	Phoebe Crosbie	4.23	1
2	Central AC A	Georgia Smith	4.15	2
3	Giffnock North A	Lauren Saxby	4.10	3
4	VP Glasgow B	Eve Nicholson	3.63	4
5	Pitreavie	Erin Thomson	3.38	5
6	VP Glasgow A	Georgia Molloy	2.89	6
Shot Putt				Under 13 Girls
1	Central AC A	Rachel Kate Martin	7.90	1
2	Giffnock North A	Lauren Saxby	7.42	2
3	Pitreavie	Eilidh Lister	5.56	3
4	VP Glasgow B	Eve Nicholson	5.50	4
5	VP Glasgow A	Monica Blair	5.45	5
6	Edinburgh AC A	Rowena Hosie	5.25	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 15 Girls				
60m				
				Under 15 Girls
1	Edinburgh AC A	Rachel Fergusson	8.51	1
2	Whitemoss A	Sarah Bassett	8.52	2
3	Giffnock North A	Amy Donaghy	8.56	3
4	Central AC A	Emily Watson	8.57	4
5	Pitreavie	Ellie Sloway	8.75	5
6	Ayr Seaforth A	Kirsten McClymont	8.78	6
800m				
				Under 15 Girls
1	Whitemoss A	Holly McArthur	2:22.0	1
			<i>New SAIL record</i>	
2	Giffnock North A	Holly Still	2:22.8	2
3	Pitreavie	Leah Davie	2:27.1	3
4	Edinburgh AC A	Zoe Bates	2:30.9	4
5	Central AC A	Eilidh Russell	2:38.9	5
6	Ayr Seaforth A	Rebecca Martin	2:42.0	6
60m Hurdles				
				Under 15 Girls
1	Central AC A	Caitlin Edgar	9.55	1
2	Giffnock North A	Iona Menzies	9.61	2
3	Whitemoss A	Emily Craig	9.92	3
4	Edinburgh AC A	Rachel Fergusson	10.21	4
5	Pitreavie	Bethany McAndrews	10.31	5
6	Ayr Seaforth A	Katie McAlpine	13.52	6
200m				
				Under 15 Girls
1	Whitemoss A	Sarah Bassett	27.1	1
2	Edinburgh AC A	Rachel Fergusson	27.5	2
3	Giffnock North A	Amy Donaghy	27.6	3
4	Central AC A	Caitlin Edgar	27.7	4
5	Pitreavie	Ellie Sloway	30.4	5
6	Ayr Seaforth A	Holly Coughtrie	30.5	6
300m				
				Under 15 Girls
1	Whitemoss A	Holly McArthur	44.07	1
2	Edinburgh AC A	Julia Laughland	44.48	2
3	Giffnock North A	Sophie Haldane	46.93	3
4	Central AC A	Emily Watson	47.26	4
5	Ayr Seaforth A	Hannah Birrell	50.40	5
6	Pitreavie	Sophie Netherrey	50.57	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
High Jump				Under 15 Girls
1	Edinburgh AC A	Jade Carlyle	1.53	1
2	Whitemoss A	Emily Craig	1.45	2
3	Giffnock North A	Imogen Cartwright	1.40	3
4	Central AC A	Jessica Stitt	1.35	4
5	Pitreavie	Aimee Scott	1.35	5
6	Ayr Seaforth A	Katie McAlpine	1.35	6
Long jump				Under 15 Girls
1	Whitemoss A	Holly McArthur	5.04	1
2	Central AC A	Caitlin Edgar	4.92	2
3	Edinburgh AC A	Eliza Stirling	4.14	3
4	Pitreavie	Ruth Harvey	3.97	4
5	Ayr Seaforth A	Rhea McTaggart	3.89	5
6	Giffnock North A	Sophie Haldane	3.32	6
Shot Putt				Under 15 Girls
1	Central AC A	Bevhan Trevis	8.91	1
2	Ayr Seaforth A	Hannah Paisley	8.09	2
3	Giffnock North A	Evie Bartl	7.67	3
4	Edinburgh AC A	Zoe Merrilees	7.03	4
5	Pitreavie	Chloe Davie	6.92	5
6	Whitemoss A	Christie McSkimming	6.04	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 17 Women				
60m				Under 17 Women
1	Edinburgh AC A	Isis Moody	8.31	1
2	Central AC A	Lydia Simpson	8.37	2
3	Giffnock North A	Lois Kelly	8.47	3
4	Whitemoss A	Alison Stewart	8.53	4
5	Edinburgh AC B	Charlotte Lazarowicz	8.63	5
6	VP Glasgow A	Pamela Creechan	9.27	6
800m				Under 17 Women
1	Edinburgh AC A	Rosie Wilson	2:19.0	1
2	Edinburgh AC B	Kirsty Naismith	2:26.4	2
3	VP Glasgow A	Anya Morrison	2:26.5	3
4	Giffnock North A	Rebecca Saxby	2:26.7	4
5	Whitemoss A	Emma Canning	2:28.5	5
6	Central AC A	Roisin Bonucchi	2:35.0	6
60m Hurdles				Under 17 Women
1	Edinburgh AC A	Charlotte Robison	9.16	1
2	Central AC A	Sarah Pearson	9.34	2
3	Giffnock North A	Rachel Alexander	10.02	3
4	Whitemoss A	Lauren McSkimming	10.03	4
5	Edinburgh AC B	Anna Jaap	10.14	5
6	VP Glasgow A	Caroline McKinnon	10.21	6
200m				Under 17 Women
1	Edinburgh AC A	Charlotte Robison	26.5	1
2	Edinburgh AC B	Charlotte Lazarowicz	27.4	2
3	Giffnock North A	Niamh Grahame	27.6	3
4	Central AC A	Sophie Parsons	28.1	4
5	Whitemoss A	Sarah McDonald	28.4	5
6	VP Glasgow A	Caroline McKinnon	29.0	6
300m				Under 17 Women
1	Giffnock North A	Lisa Gavienas	43.30	1
2	Edinburgh AC A	Rosie Wilson	43.68	2
3	Edinburgh AC B	Heidi Biberbach-Laidlaw	43.71	3
4	Central AC A	Sarah Pearson	45.03	4
5	Whitemoss A	Alison Stewart	47.96	5
6	VP Glasgow A	Emma Ferrie	49.95	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
High Jump				Under 17 Women
1	Central AC A	Amy Gullen	1.55	1
2	Whitemoss A	Alison Stewart	1.50	2
3	Giffnock North A	Catherine Palmer	1.45	3
4	Edinburgh AC B	Kirsty Naismith	1.40	4
5	Edinburgh AC A	Katie Robertson	1.40	5
Long Jump				Under 17 Women
1	Whitemoss A	Emma Canning	5.45	1
			NEW LEAGUE RECORD	
2	Edinburgh AC A	Charlotte Robison	5.14	2
3	Giffnock North A	Rachel Alexander	5.05	3
4	Edinburgh AC B	Elizabeth Wells	4.95	4
5	Central AC A	Emily Batchelor	4.88	5
6	VP Glasgow A	Pamela Creechan	4.41	6
Triple Jump				Under 17 Women
1	Giffnock North A	Rachel Alexander	10.31	1
2	Central AC A	Emily Batchelor	9.64	2
3	Edinburgh AC B	Elizabeth Wells	9.45	3
4	Whitemoss A	Sarah McDonald	9.00	4
5	Edinburgh AC A	Caitlin Hayes	8.97	5
Shot Putt				Under 17 Women
1	Edinburgh AC A	Morayo Benson	9.21	1
2	Central AC A	Emily Batchelor	7.90	2
3	Whitemoss A	Sarah McDonald	7.41	3
4	Giffnock North A	Lois Kelly	6.31	4
5	VP Glasgow A	Emma Ferrie	6.29	5
6	Edinburgh AC B	Georgina Loudon	5.91	6

FINAL and RELAYS

	Club	Athlete	Performance	Points
Under 20 Women				
60m				
				Under 20 Women
1	Giffnock North A	Lauren Lambie	8.34	1
2	Central AC A	Kirsty Forsyth	9.05	2
3	Whitemoss A	Rebecca Tavendale	9.26	3
4	Clydesdale A	Claire Reid	9.28	4
5	Lasswade A	Sarah Szymanski	9.34	5
800m				
				Under 20 Women
1	Lasswade A	Amy Frankland	2:32.1	1
2	Clydesdale A	Victoria McHugh	2:39.7	2
3	Giffnock North A	Megan Howat	2:56.4	3
4	Central AC A	Kirsty Forsyth	3:19.4	4
60m Hurdles				
				Under 20 Women
1	Whitemoss A	Emma Frame	9.72	1
2	Giffnock North A	Megan Howat	11.32	2
3	Lasswade A	Erin Feeley	11.54	3
4	Central AC A	Agatha Williams Kelly	12.24	4
5	Clydesdale A	Kirsty Kelly	13.13	5
200m				
				Under 20 Women
1	Giffnock North A	Lauren Lambie	26.7	1
2	Lasswade A	Rachel Robertson	26.8	2
3	Central AC A	Kirsty Forsyth	29.5	3
4	Clydesdale A	Claire Reid	30.1	4
5	Whitemoss A	Rebecca Tavendale	31.0	5
400m				
				Under 20 Women
1	Lasswade A	Sophie Elder	60.44	1
2	Clydesdale A	Claire Reid	68.90	2
3	Central AC A	Kirsty Forsyth	72.09	3
High Jump				
				Under 20 Women
1	Lasswade A	Ellen Kristoffersen	1.60	1
2	Whitemoss A	Emma Frame	1.50	2
3	Clydesdale A	Claire Reid	1.30	3
4	Central AC A	Agatha Williams-Kelly	1.10	4
	Giffnock North A	Lauren Lambie	NH	

FINAL and RELAYS

	Club	Athlete	Performance	Points
Long Jump				Under 20 Women
1	Lasswade A	Rachel Robertson	5.32	1
2	Giffnock North A	Megan Howat	3.59	2
3	Clydesdale A	Rachel Liddell	3.46	3
4	Central AC A	Agatha Williams-Kelly	3.23	4
Triple Jump				Under 20 Women
1	Lasswade A	Sarah Szymanski	8.80	1
2	Clydesdale A	Claire Reid	8.75	2
3	Central AC A	Kirsty Forsyth	7.63	3
Shot Putt				Under 20 Women
1	Lasswade A	Erin Feeley	8.52	1
2	Central AC A	Agatha Williams-Kelly	7.94	2
3	Clydesdale A	Victoria McHugh	5.99	3
4	Giffnock North A	Megan Howat	4.55	4

Records and Graded Performances

English Athletics grades 2011-12

Age Group	Event	Club	AthleteName	Performance	G1	G2
AAA Grade 1						
Under 13 Girls	60m Hurdles	VP Glasgow A	Jade Henry	10.17	10.30	10.70
Under 13 Girls	High Jump	Central AC A	Georgia Smith	1.45	1.38	1.33
Under 15 Girls	Long jump	Whitemoss A	Holly McArthur	5.04	4.90	4.75
Under 17 Women	Long Jump	Whitemoss A	Emma Canning	5.45	5.30	5.10
Under 20 Men	High Jump	Edinburgh AC A	Angus Sinclair	1.98	1.95	1.90
AAA Grade 2						
Under 13 Boys	60m Hurdles	Giffnock North A	Calum Alexander	10.58	10.20	10.65
Under 13 Boys	High Jump	Giffnock North A	Andrew Conlan	1.40	1.45	1.40
Under 13 Girls	60m	VP Glasgow A	Jade Henry	8.75	8.60	8.80
Under 13 Girls	Long Jump	Edinburgh AC A	Phoebe Crosbie	4.23	4.35	4.20
Under 13 Girls	Shot Putt	Central AC A	Rachel Kate Martin	7.90	8.00	7.50
Under 15 Boys	High Jump	VP Glasgow A	Keir King	1.65	1.70	1.65
Under 15 Girls	60m Hurdles	Central AC A	Caitlin Edgar	9.55	9.45	9.75
Under 15 Girls	High Jump	Edinburgh AC A	Jade Carlyle	1.53	1.55	1.50
Under 17 Men	Shot Putt	Central AC A	Mark Guthrie	12.48	13.15	12.25
Under 17 Women	60m Hurdles	Edinburgh AC A	Charlotte Robison	9.16	8.90	9.20
Under 20 Men	200m	Edinburgh AC A	Sam Revie	22.4	22.2	22.5
Under 20 Women	Long Jump	Lasswade A	Rachel Robertson	5.32	5.45	5.25

Age Group	Event	Club	AthleteName	Performance	G1	G2
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New SAIL League Records

Age Group	Event	Club	AthleteName	Performance
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Under 11 Girls	600m A String	Giffnock North A	Rosie McKay	1:55.1
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Under 15 Girls	800m	Whitemoss A	Holly McArthur	2:22.0
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Under 17 Women	Long Jump	Whitemoss A	Emma Canning	5.45
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COMMONWEALTH ARENA SAIL RELAYS

2012-13

24th February 2013

six fastest heat times go into final, seeded lanes as follows: 1st - lane 3, 2nd - lane 4, 3rd - lane 5, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position	Vest	Club	Time	
U11 Girls	Heat 1	1	6	Giffnock North B	2:15.1	Q - lane 4
		2	56	Edinburgh AC A	2:18.1	Q - lane 6
		3	1	Ayr Seaforth A	2:18.3	Q - lane 2
		4	51	Airdrie A	2:18.5	Q - lane 1
		5	53	Central AC A	2:20.0	
	Heat 2	1	59	Pitreavie	2:15.42	Q - lane 5
		2	8	Giffnock North D	2:21.22	
		3	7	Giffnock North C	2:24.50	
		4	71	Kilbarchan	2:27.80	
		5	17	Shettleston A	2:36.92	composite team
	Heat 3	1	5	Giffnock North A	2:10.28	Q - lane 3 LEAGUE RECORD
		2	159	Pitreavie B	2:20.13	
		3	2	Ayr Seaforth B	2:27.15	
		4	18	VP Glasgow A	2:28.01	
		5	20	Whitemoss A	2:38.86	
U13 Girls	Heat 1	1	6	Giffnock North B	2:07.11	
		2	51	Airdrie A	2:10.21	
		3	3	Clydesdale A	2:11.24	
		4	55	Central AC C	2:11.26	
		5	2	Ayr Seaforth B	2:19.83	
	Heat 2	1	56	Edinburgh AC A	2:00.19	Q - lane 5
		2	54	Central AC B	2:05.68	Q - lane 1
		3	1	Ayr Seaforth A	2:11.26	
		4	25	VP Glasgow C	2:11.94	
		5	8	Giffnock North D	2:13.09	
	Heat 3	1	53	Central AC A	1:59.36	Q - lane 3
		2	5	Giffnock North A	2:00.13	Q - lane 4
		3	71	Kilbarchan	2:08.10	
		4	159	Pitreavie B	2:10.22	
		5	60	Shettleston B	2:20.16	composite team
Heat 4	1	59	Pitreavie	2:01.46	Q - lane 6	
	2	19	VP Glasgow B	2:07.12		
	3	20	Whitemoss A	2:08.45		
	4	7	Giffnock North C	2:10.34		
	5	75	Central AC D	2:26.58		
Heat 5	1	18	VP Glasgow A	2:02.86	Q - lane 2	
	2	17	Shettleston A	2:12.15		
	3	21	Whitemoss B	2:13.46		

COMMONWEALTH ARENA SAIL RELAYS

2012-13

24th February 2013

six fastest heat times go into final, seeded lanes as follows: 1st - lane 3, 2nd - lane 4, 3rd - lane 5, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position	Vest	Club	Time	
U15 Girls	Heat 1	1	56	Edinburgh AC A	1:51.01	Q - lane 3
		2	51	Airdrie A	1:55.67	Q - lane 2
		3	1	Ayr Seaforth A	2:01.10	
		4	54	Central AC B	2:04.51	
		5	3	Clydesdale A	2:12.67	
	Heat 2	1	5	Giffnock North A	1:52.31	Q - lane 4
		2	71	Kilbarchan	1:56.04	Q - lane 1
		3	159	Pitreavie B	2:08.91	
		4	25	VP Glasgow C	2:10.99	
	Heat 3	1	53	Central AC A	1:53.57	Q - lane 5
		2	20	Whitemoss A	1:55.55	Q - lane 6
		3	6	Giffnock North B	2:00.79	
	Heat 4	1	59	Pitreavie	1:56.66	
		2	19	VP Glasgow B	2:03.00	
		3	21	Whitemoss B	2:04.65	
		4	7	Giffnock North C	2:08.94	
		5	118	VP Glasgow D	2:09.97	
	Heat 5	1	52	Airdrie B	1:57.65	
		2	18	VP Glasgow A	2:02.14	
		3	8	Giffnock North D	2:09.13	
U17 Women	Heat 1	1	54	Central AC B	1:52.65	Q - lane 2
		2	51	Airdrie A	1:53.29	Q - lane 1
		3	3	Clydesdale A	2:02.07	
	Heat 2	1	59	Pitreavie	1:49.50	Q - lane 3
		2	56	Edinburgh AC A	1:50.00	Q - lane 4
		3	71	Kilbarchan	1:56.41	
		4	6	Giffnock North B	1:59.53	
	Heat 3	1	5	Giffnock North A	1:50.56	Q - lane 5
		2	53	Central AC A	1:50.73	Q - lane 6
		3	159	Pitreavie B	1:57.55	
U20 Women	straight final - see below					
U11 Boys	Heat 1	1	51	Airdrie A	2:16.60	Q - lane 2
		2	7	Giffnock North C	2:25.77	
		3	54	Central AC B	2:34.02	
		4	3	Clydesdale A	2:36.51	

COMMONWEALTH ARENA SAIL RELAYS

2012-13

24th February 2013

six fastest heat times go into final, seeded lanes as follows: 1st - lane 3, 2nd - lane 4, 3rd - lane 5, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position	Vest	Club	Time	
Heat 2	1	5	Giffnock North A	2:07.65	Q - lane 3	
	2	53	Central AC A	2:10.39	Q - lane 4	
	3	1	Ayr Seaforth A	2:15.34	Q - lane 6	
	4	19	VP Glasgow B	2:19.50	composite team	
	5	71	Kilbarchan	2:21.80		
Heat 3	1	18	VP Glasgow A	2:13.86	Q - lane 5	
	2	6	Giffnock North B	2:16.70	Q - lane 1	
	3	59	Pitreavie	2:19.66		
U13 Boys Heat 1	1	59	Pitreavie	2:00.72	Q - lane 6	
	2	19	VP Glasgow B	2:07.41		
	3	7	Giffnock North C	2:08.91		
	4	70	Lasswade A	2:11.23		
	5	71	Kilbarchan	2:15.73		
Heat 2	1	2	Ayr Seaforth B	2:03.84		
	2	51	Airdrie A	2:05.97		
	3	3	Clydesdale A	2:06.75		
	4	8	Giffnock North D	2:06.77		
	5	54	Central AC B	2:16.27		
Heat 3	1	1	Ayr Seaforth A	1:56.66	Q - lane 3 LEAGUE RECORD	
	2	18	VP Glasgow A	2:00.22	Q - lane 5	
	3	6	Giffnock North B	2:04.51		
	4	159	Pitreavie B	2:08.18		
	5	60	Shettleston B	2:22.54		
Heat 4	1	5	Giffnock North A	1:59.55	Q - lane 4	
	2	56	Edinburgh AC A	2:01.66	Q - lane 2	
	3	53	Central AC A	2:03.60	Q - lane 1	
	4	17	Shettleston A	2:14.25		
	5					
U15 Boys Heat 1	1	5	Giffnock North A	1:43.54	Q - lane 4	
	2	56	Edinburgh AC A	1:46.34	Q - lane 5	
	3	20	Whitemoss A	1:56.02		
	4	2	Ayr Seaforth B	1:56.31		
	5	53	Central AC A	1:56.37		
	6	159	Pitreavie B	2:00.70		
Heat 2	1	1	Ayr Seaforth A	1:43.26	Q - lane 3	
	2	18	VP Glasgow A	1:49.50	Q - lane 6	
	3	6	Giffnock North B	1:49.87	Q - lane 2	
	4	59	Pitreavie	1:52.73	Q - lane 1	
	5	3	Clydesdale A	1:58.62		

COMMONWEALTH ARENA SAIL RELAYS

2012-13

24th February 2013

six fastest heat times go into final, seeded lanes as follows: 1st - lane 3, 2nd - lane 4, 3rd - lane 5, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position	Vest	Club	Time	
U17 Men	Heat 1	1	56	Edinburgh AC A	1:38.51	Q - lane 4
		2	18	VP Glasgow A	1:39.90	Q - lane 6
		3	54	Central AC B	1:40.60	Q - lane 2
		4	6	Giffnock North B	1:46.42	

	Heat 2	1	5	Giffnock North A	1:38.26	Q - lane 3
		2	53	Central AC A	1:38.59	Q - lane 5
		3	19	VP Glasgow B	1:43.01	Q - lane 1

U20 Men	Heat 1	1	56	Edinburgh AC A	1:31.02	Q - lane 3
		2	59	Pitreavie	1:33.18	Q - lane 4
		3	5	Giffnock North A	1:35.56	composite team
		4	63	Motherwell A	1:37.43	Q - lane 6

	Heat 2	1	71	Kilbarchan	1:37.07	Q - lane 5
		2	70	Lasswade A	1:38.16	Q - lane 2
		3	18	VP Glasgow A	1:39.46	composite team

U11 Girls	FINAL	1	5	Giffnock North A	2:12.68	
		2	59	Pitreavie	2:15.98	
		3	6	Giffnock North B	2:19.35	
		4	1	Ayr Seaforth A	2:21.66	
		5	51	Airdrie A	2:22.23	
		6	56	Edinburgh AC A	DQ	

U13 Girls	FINAL	1	5	Giffnock North A	1:59.76	
		2	53	Central AC A	2:01.05	
		3	59	Pitreavie	2:01.38	
		4	18	VP Glasgow A	2:02.53	
		5	54	Central AC B	2:07.34	
		6	56	Edinburgh AC A	DQ	

U15 Girls	FINAL	1	56	Edinburgh AC A	1:50.08	
		2	5	Giffnock North A	1:50.93	
		3	53	Central AC A	1:53.08	
		4	20	Whitemoss A	1:53.81	
		5	71	Kilbarchan	1:54.98	
		6	51	Airdrie A	1:55.25	

COMMONWEALTH ARENA SAIL RELAYS

2012-13

24th February 2013

six fastest heat times go into final, seeded lanes as follows: 1st - lane 3, 2nd - lane 4, 3rd - lane 5, 4th - lane 6, 5th - lane 2, 6th - lane 1

		Position	Vest	Club	Time
U17 Women	FINAL	1	5	Giffnock North A	1:48.47
		2	53	Central AC A	1:48.59
		3	59	Pitreavie	1:49.02
		4	56	Edinburgh AC A	1:49.41
		5	54	Central AC B	1:51.90
		6	51	Airdrie A	1:52.12

U20 Women	FINAL	1	59	Pitreavie	1:49.66
		2	70	Lasswade A	1:50.93
		3	5	Giffnock North A	1:53.24
		4			

U11 Boys	FINAL	1	5	Giffnock North A	2:08.23
		2	53	Central AC A	2:10.07
		3	51	Airdrie A	2:16.62
		4	1	Ayr Seaforth A	2:16.90
		5	6	Giffnock North B	2:21.51
		6	18	VP Glasgow A	DQ

U13 Boys	FINAL	1	1	Ayr Seaforth A	1:56.49	LEAGUE RECORD
		2	5	Giffnock North A	1:59.78	
		3	18	VP Glasgow A	2:00.58	
		4	59	Pitreavie	2:01.82	
		5	53	Central AC A	2:02.13	
		6	56	Edinburgh AC A	2:03.48	

U15 Boys	FINAL	1	5	Giffnock North A	1:42.58
		2	1	Ayr Seaforth A	1:43.31
		3	18	VP Glasgow A	1:48.92
		4	6	Giffnock North B	1:49.76
		5	57	Edinburgh AC B	1:50.28
		6	59	Pitreavie	1:53.17

U17 Men	FINAL	1	56	Edinburgh AC A	1:36.47
		2	5	Giffnock North A	1:36.95
		3	53	Central AC A	1:37.99
		4	54	Central AC B	1:39.99
		5	18	VP Glasgow A	1:40.00
		6	19	VP Glasgow B	1:43.71

U20 Men	FINAL	1	56	Edinburgh AC A	1:30.13	NEW SCOTTISH RECORD
		2	59	Pitreavie	1:33.90	
		3	71	Kilbarchan	1:36.53	
		4	63	Motherwell A	1:38.10	