



The 2012 Scottish Student Sport Cross Country Championship takes place on Saturday November 17, and is jointly hosted by SSS and The University of Strathclyde.

The Races

The women's race (two laps), which starts at 12 noon, is over a distance of approximately 7.2km, while the men's race (three laps) is over a distance of approximately 10.7km, and starts at 1 pm.

The Course

The course runs around The University of Strathclyde's playing field at Stepps. The fast course is partly open and partly shielded by trees, but offers good lines of sight and gentle undulations. Please find the attached course map.

The course will be suitable for spikes or studs, and will be well marked and marshalled.

As with all cross country fixtures, there is an inherent risk of personal injury of which all competitors should be aware. A full risk assessment will be carried out and all necessary safety procedures observed. Any injuries or retirements should be brought to the attention of the nearest race marshal. The Championship will have first aid cover.

All participants must take extreme care to avoid walking, running or warming up on the sports pitches. No outdoor footwear is permitted within the pavilion.

Entries

All entries should be made via the [online form](#) available on the SSS website. The cost of entry is £7 per person. Levies for non-members of scottishathletics do not apply for this event.

Teams -- of four for men and three for women -- need not be declared in advance and will be calculated by the Championship's results team after the day's racing is complete. Universities and colleges may enter as many athletes as they like. The Championship has no minimum standard and no maximum entry. There is no obligation to enter a full team or teams – incomplete teams and individual athletes are also very welcome to compete.

All entry fees must be received by noon on Wednesday November 14. **Entrants who fail to pay the relevant entry fee may not be permitted to compete.**

Where possible, all entry fees from a single university or college should be paid together, in one payment, by a club, students association or sports union. Where requested, invoices will be raised by the SSS Office. Receipts may be provided on request. Individuals should send a cheque, payable to "Scottish Student Sport", to Scottish Student Sport, 48 Pleasance, Edinburgh EH8 9TJ or follow the bank transfer instruction on the SSS website.

Parking, Changing and Registration

[Click here for a searchable location map](#)

Registration, changing and showering facilities at the pavilion at Stepps Playing Fields.

Race numbers may be collected from registration, which takes place within the pavilion from 10.30am and will close at 11.45am sharp.

Athletes arriving by train should disembark at Glasgow Central or Queen Street and continue their journey by taxi or bus, or catch a connecting service to Stepps.

Rules and Eligibility

The event is open to students of all Scottish universities and colleges in membership of Scottish Student Sport.

Only registered (matriculated) students currently completing a CATS-rated course of study are eligible for the Championship. Where possible entries should be made centrally through university or college athletics clubs, student associations, or equivalent.

Guest entries may be available at the discretion of SSS. Please contact James Williamson by the closing date if you would like to run as a guest at the Championship, or if you require further information or clarification.

Where possible, university / college sports officers (or equivalent) will be asked to guarantee the student status of entrants. Entrants whose status remains unconfirmed prior to the Championship will not be eligible for inclusion in the official results.

All competitors must run in the colours of their university or college. Failure to do so may result in disqualification.

The Championship is a closed race under UK Athletics rules and the **scottishathletics** permit scheme. Competitors' attention is particularly drawn to UKA rule 509:

“The team scoring the least number of points... shall be the winner; the positions of the non-scoring members of a team, whether it finishes all of its members or not, shall be scored in computing the totals of the other teams. In the event of a tie on points, the team whose last scoring member finishes nearest first place shall determine the result.”

Only first (ie Championship) teams will be eligible for medals and awards.

Presentation and Prizes

Gold, silver and bronze medals, and trophies, will be presented to the winning teams and individuals in both the men's and women's races within the pavilion as soon as possible after the races' completion.

Members of Strathclyde University Harriers will also provide food and drink for competitors.

Scottish Students Trial

The top eight finishers in each race will be guaranteed a place in the Scottish Students team at the Great Edinburgh International Cross Country at Holyrood Park in January.

Successive finishers may also be offered places in the team.

Student athletes who wish to be considered for selection but who are unable to compete at Steps should contact James Williamson using the details below.

Scottish Student Sport enjoys first claim over student athletes for the purposes of the Great Edinburgh International.

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SSS - the coordinating body for student sport and physical activity in Scotland

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