

# **PITREAVIE AAC**

### **PRESENTS**







U11 Girls	U13 Girls	U15 Girls	U17 Women				
75m	100m	100m	100m				
150m	200m	200m	200m				
800m	800m	800m	300m				
	70m Hurdles	75m Hurdles	80m Hurdles				
Long Jump	Long Jump	Long Jump	300m Hurdles				
Shot Putt	Hammer	Shot Putt	Long Jump				
	Discus	High Jump	Hammer				
	High Jump	Discus	Javelin				

'David Wood' 100m Handicap for U20 & Senior Men and U20 & Senior Women

'David Candlish Invitation Mile for U20 & Senior Men

Under 15, Under 17 and Under 20/Senior Polevault for Males and Females

U11 Boys	U13 Boys	U15 Boys	U17 Men
75m	100m	100m	100m
150m	200m	200m	200m
800m	800m	800m	400m
	1500m	1500m	100m Hurdles
	75m Hurdles	80m Hurdles	400m Hurdles
Long Jump	Long Jump	Long Jump	Long Jump
Shot Putt	Shot Putt	High Jump	Shot Putt
	High Jump	Javelin	Discus
	Javelin		

Entry Fee - £3.00 per event or £8.00 for 3 events. £3.00 for U20/Seniors. Awards for first 3 places provided that there are at least 3 entries. Some events may be cancelled if there are Insufficient entries. Timetables will be available on club website after the closing date.

NOTE: U13 & U15 BOYS MAY NOT COMPETE IN 800M AND 1500M ON THE SAME DAY Closing Date Saturday 18th August 2012 - NO LATE ENTRIES WILL BE ACCEPTED Non Scottish Athletics Members add £2.00 to total entry costs.

Entries to Mr. Brian Reid, 7 Blackwood Way, Dunfermline, Fife KY11 8TD Tel 01383 730340
\_\_\_\_\_CUT HERE AND RETURN ENTRY FORM BELOW \_\_\_\_\_

#### **ENTRY FORM**

A maximum of <u>three</u> events may be entered, <u>one of which must be a field event</u>. Please enter me for the following events:-

Name of Event	Best Performance	
Name of Event	Best Performance	
Name of Event	Best Performance	

For which I enclose a Cheque/Postal Order, payable to Pitreavie AAC to the value of £......

Name & Address	Age Group/DOB	Male or Female	Scottish Athletics No.	Club
	Email address and Phone number			
FURTHER FORMS CA				

### IMPORTANT Information for Athletes

- 1. You must report to the Declaration Area at least 30 minutes before your first event when you will be issued with competition numbers.
- 2. Declare all of your events at the same time.
- 3. All athletes are to be declared by 2pm.
- 4. Track event athletes will assemble at trackside 10 minutes before their event.
- 5. Field events 3 trials per event, except the High Jump, where usually rules apply.
- 6. Field event athletes will assemble near the event areas 10 minutes before their event.
- 7. Please do not obstruct competitions already in progress
- 8. Do not take practice throws or jumps unless told to do so by an event official.
- 9. If your Field event is taking place at the same time as your Track event, the Track event must take precedence.
- 10. If you have reported to the Field event official before going to your Track Event, the official will allow you to take your trial upon your return to the Field event at the height, or round of competition reached at that point in time.
- 11. Where there are 2 finals for an event, 1<sup>st</sup> in each heat and the appropriate number of fastest losers will progress to the 'A' Final, the next 6 fastest 6 losers will progress to the 'B' Final.

# **SAFETY**

Do not impede any other athlete during competition.

Take care before stepping on to the track. Look both ways.

Never walk across the grass area in the centre of the arena.

Throwing events will be taking place throughout the day.

Have a safe, enjoyable day.