

National CC Relays 22nd October 2011 -Young Female Results

	Stage 1		Stage 2		Stage 3	
1 Kilbarchan AAC "A"	Laura Stark (U13)	1 10:28	Gwen Gillham (U15)	1 21:20	Sarah Dempsey (U15)	1 32:04
		10:28		10:52		10:44
2 Edinburgh AC "B"	Hilary Lewin (U13)	8 11:19	Phoebe Crosthwaite (U15)	4 22:08	Rachael Dunn (U17)	2 32:57
		11:19		10:49		10:49
3 Giffnock North "A"	Danielle Kelly (U13)	5 11:10	Holly Still (U13)	7 22:33	Chloe Cowan (U15)	3 33:15
		11:10		11:23		10:42
4 V P Glasgow "A"	Holly Little (U13)	3 10:56	Gillian Black (U15)	2 21:31	Danielle Beattie (U17)	4 33:19
		10:56		10:35		11:48
5 Ron Hill Cambus "A"	Niamh Brown (U13)	6 11:13	Hannah Robertson (U15)	10 22:50	Eve MacKinnon (U15)	5 33:37
		11:13		11:37		10:47
6 Pitreavie AAC "A"	Leah Davie (U13)	2 10:38	Katey Turner (U15)	3 21:41	Yasmine Ben El Hassan (U15)	6 33:50
		10:38		11:03		12:09
7 Central AC "A"	Eilidh Russell (U13)	15 11:33	Eilidh MacCorquodale (U15)	6 22:30	Emily Greenan (U17)	7 33:57
		11:33		10:57		11:27
8 Kilbarchan AAC "B"	Rebecca Louise Craig (U13)	7 11:17	Iona Miller (U13)	8 22:34	Emma Kelly (U15)	8 34:13
		11:17		11:17		11:39
9 Edinburgh AC "C"	Julia Laughland (U13)	27 12:07	Hannah Cameron (U15)	15 23:39	Oonagh Dunnnett (U17)	9 34:19
		12:07		11:32		10:40
10 Edinburgh AC "A"	Esme Stewart (U13)	37 12:50	Alexandra Hunter (U15)	18 23:52	Emma Dunnnett (U17)	10 34:22
		12:50		11:02		10:30
11 V P Glasgow "B"	Robyn Connolly (U13)	4 11:02	Melanie Chiswell (U15)	9 22:47	Maria Milliken (U17)	11 34:35
		11:02		11:45		11:48
12 Dundee Hawkhill "A"	Maddie Owen (U13)	10 11:29	Eilidh L Reynolds (U15)	16 23:41	Katie Anderson (U15)	12 34:38
		11:29		12:12		10:57
13 Ayr Seaforth "A"	Natasha Martin (U13)	31 12:22	Lisa Rennie (U15)	21 24:09	Kirstin Oakley (U15)	13 34:42
		12:22		11:47		10:33
14 Law & District "A"	Reagan Binnie (U13)	12 11:29	Pamela McNicol (U15)	12 23:23	Alice McGrath (U17)	14 35:01
		11:29		11:54		11:38
15 Fife AC "A"	Katy Aitken (U13)	13 11:33	Rosabel K Kilgour (U15)	13 23:33	Stephanie Pennycook (U17)	15 35:13
		11:33		12:00		11:40
16 Edinburgh AC "D"	Carolyn Cameron (U13)	23 11:51	Rosie Wilson (U15)	20 24:04	Rosanna Stewart (U17)	16 35:13
		11:51		12:13		11:09
17 Edinburgh AC "E"	Franca Still (U13)	14 11:33	Emily Strathdee (U15)	14 23:38	Katie Watson (U17)	17 35:44
		11:33		12:05		12:06
18 Lasswade AAC "A"	Lauren Dickson (U13)	18 11:45	Sophie Miller (U15)	22 24:16	Amy Smith (U17)	18 36:14
		11:45		12:31		11:58
19 Aberdeen AAC "A"	Grace Carter (U13)	54 13:34	Lucy McLeod (U15)	33 25:37	Eilidh Prise (U17)	19 36:30
		13:34		12:03		10:53
20 Kilbarchan AAC "C"	Rona Tytler (U13)	20 11:48	Kerry MacAngus (U13)	11 23:13	Catherine McLean (U15)	20 36:37
		11:48		11:25		13:24
21 V P Glasgow "C"	Cari Kiddie (U13)	28 12:07	Anya Morrison (U15)	23 24:17	Eliza Chiswell (U15)	21 36:44
		12:07		12:10		12:27
22 Greenock Glenpark "A"	Lauren Mulaghton (U13)	19 11:46	Shelby Morrison (U13)	17 23:46	Louisa Davis (U15)	22 37:07
		11:46		12:00		13:21
23 Helensburgh AAC "A"	Mhairi Cromar (U13)	22 11:51	Morag Paterson (U13)	26 24:49	Megan Robertson (U15)	23 37:11
		11:51		12:58		12:22
24 Central AC "B"	Catriona Lang (U13)	16 11:33	Shannon MacFarlane (U15)	19 24:00	Amy McCabe (U17)	24 37:13
		11:33		12:27		13:13
25 Law & District "B"	Emily McNicol (U13)	25 12:00	Aileen Campbell (U15)	32 25:23	Sherelle Graham (U17)	25 37:16
		12:00		13:23		11:53
26 Garscube H "A"	Eilidh Smith (U13)	52 13:29	Rachel Busby (U15)	30 25:10	Catriona Booth (U15)	26 37:18
		13:29		11:41		12:08
27 Giffnock North "B"	Sarah Olivia Eunson (U13)	9 11:28	Rebecca Conroy (U13)	24 24:23	Selena Jackson (U17)	27 37:24
		11:28		12:55		13:01
28 Nairn A AAC "A"	Katie Scott (U13)	35 12:39	Hannah Blackburn (U15)	27 24:51	Rachael MacLennan (U17)	28 37:31
		12:39		12:12		12:40
29 Giffnock North "C"	Lori Agnew (U13)	34 12:36	Megan A Amner (U15)	28 24:55	Frances Lowrie (U17)	29 37:43
		12:36		12:19		12:48
30 Ron Hill Cambus "B"	Lauren Carey (U13)	17 11:44	Rachel Black (U15)	31 25:10	Sarah Millar (U17)	30 37:49
		11:44		13:26		12:39
31 Clydesdale Harriers "A"	Iona Allan (U13)	39 12:52	Emily Paxton (U15)	34 25:38	Rosin McShea (U15)	31 38:10
		12:52		12:46		12:32
32 Stewartry AC "A"	Alice Bell (U13)	50 13:29	Megan Heuchan (U15)	39 26:16	Sarah Bell (U15)	32 38:14
		13:29		12:47		11:58

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33 Ayr Seaforth "B"	Siobhan Rae (U13)	45	Lara Carey (U13)	38	Louisa Kelly (U15)	33
	13:01	13:01	26:07	13:06	38:23	12:16
34 Inverclyde AC "A"	Jill McGachy (U13)	55	Jill Kelly (U15)	41	Emma Mitchell (U15)	34
	13:40	13:40	26:34	12:54	38:35	12:01
35 Kirkintilloch Oly "A"	Perri McCluskey (U13)	51	Jenny Lee (U15)	40	Victoria Robertson (U15)	35
	13:29	13:29	26:19	12:50	38:43	12:24
36 Falkirk Victoria H "A"	Erin Pringle (U13)	26	Kelly Bissett (U15)	29	Claire Barr (U17)	36
	12:00	12:00	25:05	13:05	38:49	13:44
37 Stewartry AC "B"	Gemma Craig (U13)	40	Manon Gillon (U13)	47	Lauren Craig (U17)	37
	12:52	12:52	27:12	14:20	39:00	11:48
38 Helensburgh AAC "B"	Kara Bruce (U13)	46	Melissa Robinson (U13)	37	Madeline Robinson (U17)	38
	13:11	13:11	25:57	12:46	39:32	13:35
39 Giffnock North "D"	Fern Conway (U13)	47	Isabella Murray (U15)	43	Paige McConville (U17)	39
	13:14	13:14	26:41	13:27	39:56	13:15
40 Cumbernauld AAC "A"	Louise Docherty (U13)	56	Emma Balfour (U15)	50	Cleona Ferguson (U17)	40
	13:49	13:49	27:55	14:06	40:02	12:07
41 Kirkintilloch Oly "B"	Anna Forbes (U13)	49	Louise Campbell (U15)	36	Suzanne Quigley (U15)	41
	13:25	13:25	25:50	12:25	41:24	15:34
42 Kilbarchan AAC "D"	Heather Fawcett (U13)	29	Chloe Baillie (U15)	51	Cara Pedley (U15)	42
	12:07	12:07	28:05	15:58	41:27	13:22
43 Dundee Hawkhill "B"	Shaney McCabe (U13)	44	Molly Hughes (U13)	45	Katie Patullo (U15)	43
	13:01	13:01	27:01	14:00	41:37	14:36
44 Garscube H "B"	Kirsty Donaldson (U13)	60	Eleanor Smith (U15)	56	Frances Brown (U17)	44
	14:14	14:14	30:15	16:01	42:25	12:10
45 Aberdeen AAC "B"	Kate MacKay (U13)	62	Grace Angus (U15)	53	Eve Smith (U15)	45
	14:51	14:51	28:16	13:25	42:38	14:22
46 Nairn A AAC "B"	Kloe Gibson (U13)	61	Fiona J Cameron (U15)	48	Shannon Sutherland (U17)	46
	14:16	14:16	27:26	13:10	43:10	15:44
Corstorphine AAC "A"	Caitlin Arnott (U13)	11	Jo Stapleton (U15)	5		
	11:29	11:29	22:29	11:00		
Ron Hill Cambus "C"	Olivia Mullholland (U13)	30	Danielle Webster (U15)	25		
	12:20	12:20	24:41	12:21		
V P Glasgow "D"	Cara Thom (U13)	42	Iona Robinson (U15)	35		
	12:56	12:56	25:44	12:48		
Pitreavie AAC "B"	Sophie Nethery (U13)	41	Amy McAlpine (U15)	42		
	12:56	12:56	26:40	13:44		
Falkirk Victoria H "B"	Nicole McIntyre (U13)	33	Lauren Dunnachie (U15)	44		
	12:29	12:29	26:58	14:29		
Clydesdale Harriers "B"	Charlotte Ross (U13)	53	Erin Ball (U15)	46		
	13:34	13:34	27:12	13:38		
Corstorphine AAC "B"	Robyn Coates (U13)	38	Eilidh Thores (U13)	49		
	12:52	12:52	27:33	14:41		
Kilbarchan AAC "E"	Maisie Huey (U13)	48	Emma Arnold (U15)	52		
	13:23	13:23	28:08	14:45		
East Kilbride AAC "A"	Rachael McCusker (U13)	58	Sarah McCusker (U13)	54		
	13:59	13:59	28:35	14:36		
Teviotdale Harriers "A"	Emma Grieve (U13)	63	Ishbel Inglis (U13)	55		
	14:58	14:58	28:44	13:46		
Clydesdale Harriers "C"	Aimee Abbott (U13)	64	Rachel Campbell (U13)	57		
	15:03	15:03	30:37	15:34		
Greenock Glenpark "C"	Nichola Doohan (U13)	21				
	11:49	11:49				
Central AC "C"	Evie Gallagher (U13)	24				
	11:53	11:53				
Greenock Glenpark "B"	Lucy Compston (U15)	32				
	12:27	12:27				
Dundee Hawkhill "C"	Danielle MacDermid (U13)	36				
	12:48	12:48				
Shettleston Harriers "B"	Ruth Ferguson (U13)	43				
	12:59	12:59				
Shettleston Harriers "C"	Claire Mason (U13)	57				
	13:51	13:51				
Kirkintilloch Oly "C"	Laura Keay (U13)	59				
	14:04	14:04				
Greenock Glenpark "D"	Rachel McFarlane (U13)	65				
	15:47	15:47				

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1 Inverclyde AC "A"	Ryan Gray (U13)	1	Jonathan Glen (U15)	1	Greg Williams (U17)	1
	9:44	9:44	18:57	9:13	28:23	9:26
2 Kilbarchan AAC "A"	Conor Thomson (U13)	20	Euan Gillham (U15)	3	Callum Matthews (U17)	2
	10:51	10:51	19:43	8:52	28:46	9:03
3 V P Glasgow "A"	Jamie MacKinnon (U13)	3	Fraser Glass (U15)	5	Lewis Boyle (U17)	3
	9:58	9:58	19:58	10:00	28:51	8:53
4 Pitreavie AAC "A"	Connor Morris (U13)	4	Aidan Thompson (U15)	2	Ben Potrykus (U17)	4
	10:09	10:09	19:37	9:28	29:10	9:33
5 Giffnock North "A"	Michael Lowrie (U13)	5	Max Lancaster (U15)	4	Neil Gourley (U17)	5
	10:10	10:10	19:57	9:47	29:15	9:18
6 Dundee Hawkhill "A"	Andrew Merry (U13)	15	Euan Rose (U15)	9	Jamie Crowe (U17)	6
	10:39	10:39	20:18	9:39	29:17	8:59
7 Ron Hill Cambus "A"	Struan Paton (U13)	10	Sean Reilly (U15)	10	Ryan Thomson (U17)	7
	10:21	10:21	20:27	10:06	29:23	8:56
8 Fife AC "A"	Jamie Ingledew (U13)	8	Logan Rees (U15)	6	Bruce Millar (U17)	8
	10:13	10:13	20:10	9:57	29:52	9:42
9 Central AC "A"	Matthew Crawford (U13)	6	Jack Kerr (U15)	12	Conor Kerr (U17)	9
	10:12	10:12	20:34	10:22	29:56	9:22
10 Edinburgh AC "A"	Michael Swinton (U13)	26	Josh Kerr (U15)	8	Chris Ponton (U17)	10
	10:57	10:57	20:14	9:17	29:57	9:43
11 Ron Hill Cambus "B"	Tyrone Ryan (U13)	11	Joe Brown (U15)	13	Stuart Roe (U17)	11
	10:28	10:28	20:35	10:07	29:59	9:24
12 V P Glasgow "B"	Aidan Johnson (U13)	7	Scott McKay (U15)	7	Craig Young (U17)	12
	10:12	10:12	20:11	9:59	30:08	9:57
13 Edinburgh AC "B"	Joseph Arthur (U13)	23	Cameron Gilmour (U15)	14	Robert Bough (U15)	13
	10:55	10:55	20:47	9:52	30:10	9:23
14 Law & District "A"	Gregor Gillespie (U13)	16	Christopher Boyle (U15)	18	Andrew Lawler (U17)	14
	10:41	10:41	21:02	10:21	30:20	9:18
15 Fife AC "B"	Tristan Rees (U13)	13	Drew Davidson (U15)	11	Euan Berry (U17)	15
	10:36	10:36	20:31	9:55	30:35	10:04
16 Banchory Stone "A"	Charlie Beeson (U13)	30	Ewan Mcmillan (U15)	20	Michael Ferguson (U17)	16
	11:04	11:04	21:09	10:05	30:40	9:31
17 Inverclyde AC "B"	Matthew MacKinnon (U13)	34	Joshua Houston (U15)	21	Michael Houston (U17)	17
	11:15	11:15	21:12	9:57	30:52	9:40
18 V P Glasgow "C"	Lewis Serpell (U13)	19	Craig Jardine (U15)	19	Liam Johnson (U17)	18
	10:47	10:47	21:04	10:17	30:53	9:49
19 Ayr Seaforth "A"	Lewis Ross (U13)	22	Andrew Black (U15)	17	Euan Webster (U17)	19
	10:55	10:55	21:01	10:06	31:12	10:11
20 Greenock Glenpark "A"	Evan Warwick (U13)	12	Ross Forbes (U15)	23	Gerard Smith (U17)	20
	10:35	10:35	21:23	10:48	31:15	9:52
21 Kilbarchan AAC "B"	Matthew McLaughlin (U13)	51	Scott McLardie (U15)	33	Russell Mountford (U17)	21
	12:02	12:02	22:03	10:01	31:16	9:13
22 Lasswade AAC "A"	Matthew Smith (U13)	24	Jamie Cousin (U15)	16	Ross Henderson (U17)	22
	10:55	10:55	20:57	10:02	31:19	10:22
23 Shettleston Harriers "A"	Lewis Collins (U13)	49	Ryan Flanagan (U15)	26	Callum Drummond (U17)	23
	11:54	11:54	21:41	9:47	31:29	9:48
24 V P Glasgow "D"	Ewan Rae (U13)	14	Calum McCormack (U15)	24	Liam McKeown (U15)	24
	10:38	10:38	21:31	10:53	31:33	10:02
25 Ron Hill Cambus "C"	Callum Morton (U13)	42	David Robertson (U15)	25	Dean McMurrin (U17)	25
	11:30	11:30	21:33	10:03	31:34	10:01
26 Giffnock North "B"	Keir Carolan (U13)	33	Euan Anderson (U15)	29	Andrew Clark (U17)	26
	11:15	11:15	21:56	10:41	31:36	9:40
27 Perth Strathtay "A"	Ben Greenwood (U13)	28	Kierr Miller (U15)	22	Patrick Gillespie (U17)	27
	10:59	10:59	21:18	10:19	32:02	10:44
28 Ron Hill Cambus "D"	Grant MacGregor (U13)	37	Keith McIntyre (U15)	27	Jack MacGregor (U15)	28
	11:17	11:17	21:46	10:29	32:08	10:22
29 Pitreavie AAC "B"	Robbie McLaren (U13)	18	Gregor Beatson (U15)	40	Scott McAlpine (U17)	29
	10:42	10:42	22:30	11:48	32:16	9:46

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30 Giffnock North "C"	Joseph Lowrie (U13)	48	David Currie (U15)	39	Josh Hyde (U17)	30
	11:50	11:50	22:30	10:40	32:19	9:49
31 Central AC "B"	Anthony Quinn (U13)	31	Jamie Paterson (U15)	28	Sam Fraser (U17)	31
	11:04	11:04	21:54	10:50	32:22	10:28
32 Kirkintilloch Oly "A"	Aidan McCaffrey (U13)	45	Jack McCabe (U15)	43	Callum Heirs (U17)	32
	11:34	11:34	22:41	11:07	32:27	9:46
33 Kirkintilloch Oly "B"	Scott Connal (U13)	43	Aidan Kane (U15)	44	Gavin Alexander (U17)	33
	11:32	11:32	22:48	11:16	32:28	9:40
34 Ayr Seaforth "B"	Ewan James McLevy (U13)	35	Fraser Stirling (U13)	35	Ben Steven (U17)	34
	11:15	11:15	22:10	10:55	32:29	10:19
35 Falkirk Victoria H "A"	Scott Wilson (U13)	46	Baillie McRoberts (U15)	38	Aidan Hilton (U17)	35
	11:39	11:39	22:29	10:50	32:29	10:00
36 Kilbarchan AAC "C"	James McTaggart (U13)	60	Euan Trout (U15)	37	Cameron Swanson (U17)	36
	12:25	12:25	22:18	9:53	32:29	10:11
37 Kilbarchan AAC "D"	Bradley Rae (U13)	55	Charlie Wighton (U15)	41	Tom Murray (U15)	37
	12:15	12:15	22:33	10:18	32:38	10:05
38 Fife AC "C"	Adam Scott (U13)	9	Fergus Ingledew (U15)	15	Ewan Paton (U17)	38
	10:15	10:15	20:55	10:40	32:43	11:48
39 Inverclyde AC "C"	Craig Bellew (U13)	56	Ross Gray (U15)	36	Robert Todd (U17)	39
	12:17	12:17	22:16	9:59	32:45	10:29
40 Aberdeen AAC "A"	Ben Renton (U13)	27	Matthew Kilner (U15)	42	Steven Murray (U15)	40
	10:59	10:59	22:37	11:38	32:50	10:13
41 V P Glasgow "E"	Adam Brady (U13)	21	Ritchie Austin (U15)	31	Paul Harper (U15)	41
	10:53	10:53	22:03	11:10	33:04	11:01
42 Fife AC "D"	George Rees (U13)	25	Oskar Fraser-Krauss (U15)	32	Cameron Thomson (U17)	42
	10:57	10:57	22:03	11:06	33:11	11:08
43 East Kilbride AAC "A"	Martin Lynas (U13)	40	Luke Kirwan (U15)	34	Jack Kirwan (U17)	43
	11:26	11:26	22:10	10:44	33:18	11:08
44 Pitreavie AAC "C"	Ryan Thompson (U13)	39	Corey Smith (U15)	50	Benjamin Kurzman (U17)	44
	11:24	11:24	23:18	11:54	33:25	10:07
45 Stewartry AC "A"	Farrel O'Sullivan (U13)	17	Alexander Craig (U15)	30	Alastair Clements-Paton (U17)	45
	10:42	10:42	21:57	11:15	33:43	11:46
46 Giffnock North "D"	Steven Johnston (U13)	52	John McLaughlin (U15)	47	Ross Gray (U15)	46
	12:08	12:08	22:53	10:45	34:05	11:12
47 Central AC "D"	Niels Gouw (U13)	54	Kieran Potter (U15)	51	Lewis Hetman (U17)	47
	12:13	12:13	23:21	11:08	34:18	10:57
48 Perth Strathtay "B"	Finlay Lennie (U13)	57	Michael Gillespie (U15)	46	Andrew Forsyth (U17)	48
	12:17	12:17	22:49	10:32	34:18	11:29
49 Corstorphine AAC "A"	Anthony Addison (U13)	2	Matthew Young (U15)	49	Michael Addison (U17)	49
	9:56	9:56	23:15	13:19	34:18	11:03
50 Dundee Hawkhill "B"	Callum Letham (U13)	65	Alistair Merry (U15)	64	Rory Muir (U17)	50
	12:58	12:58	24:47	11:49	34:29	9:42
51 Lasswade AAC "B"	Thomas Snodgrass (U13)	32	Callum Graham (U15)	48	Callum Clark (U17)	51
	11:07	11:07	23:10	12:03	34:33	11:23
52 Central AC "C"	Scott Fleming (U13)	53	Iain Davies (U15)	45	Stuart McKinney (U15)	52
	12:11	12:11	22:49	10:38	34:33	11:44
53 Helensburgh AAC "A"	Lewis Campbell (U13)	38	Calum Dye (U13)	55	Calum Wilson (U17)	53
	11:22	11:22	23:39	12:17	34:43	11:04
54 East Kilbride AAC "B"	Aidan Brown (U13)	44	Ross Malloch (U13)	58	Aidan Gilbride (U15)	54
	11:32	11:32	23:49	12:17	34:46	10:57
55 Shettleston Harriers "B"	Niall Turner (U13)	64	Euan Penrice (U15)	52	Dean Stevenson (U17)	55
	12:53	12:53	23:32	10:39	34:49	11:17
56 Nairn A AAC "A"	Hamish Baker (U13)	50	Keiran Gibson (U15)	60	Jack Rawlinson (U17)	56
	11:59	11:59	24:14	12:15	35:16	11:02
57 Kirkintilloch Oly "C"	Grant Michie (U13)	63	Callum Dewar (U15)	62	Kieran Pugh (U17)	57
	12:51	12:51	24:40	11:49	35:23	10:43
58 Law & District "B"	Matthew Lawler (U13)	61	Robert McGrath (U15)	57	Steven Bryce (U17)	58
	12:32	12:32	23:46	11:14	35:23	11:37
59 Central AC "E"	James Price (U13)	72	Aidan Cameron (U15)	59	Malcolm English (U15)	59
	13:29	13:29	23:56	10:27	35:41	11:45

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60 Teviotdale Harriers "A"	David Mercer (U13)	66	James Mercer (U15)	63	Keith Learmonth (U17)	60
	13:00	13:00	24:41	11:41	35:58	11:17
61 Clydesdale Harriers "A"	Stephen Kane (U13)	68	David Campbell (U15)	61	Conner McDade (U15)	61
	13:10	13:10	24:24	11:14	36:10	11:46
62 Fife AC "E"	Aaron Savage (U13)	47	Callum Sleigh (U13)	68	Liam Sleigh (U17)	62
	11:50	11:50	25:41	13:51	36:38	10:57
63 Cumbernauld AAC "A"	Hamish Coutts (U13)	67	Cameron Richardson (U17)	66	Martin Desta (U15)	63
	13:06	13:06	25:22	12:16	37:00	11:38
64 Dundee Hawkhill "C"	Jack Anderson (U13)	69	Connor Bertie (U15)	71	Charlie Swan (U15)	64
	13:12	13:12	26:26	13:14	38:26	12:00
65 Ron Hill Cambus "E"	Jordon Munro (U13)	70	Brendan Carey (U15)	70	Colin McIntyre (U17)	65
	13:16	13:16	26:21	13:05	38:57	12:36
Aberdeen AAC "B"	Finlay Strachan (U13)	29	Harry Kilner (U13)	53		
	11:01	11:01	23:37	12:36		
Garscube H "A"	Calum Esler (U13)	62	Adam Duff (U15)	54		
	12:44	12:44	23:39	10:55		
Giffnock North "E"	Nicholas Boyle (U13)	58	Chris Hyde (U15)	56		
	12:21	12:21	23:44	11:23		
Inverclyde AC "D"	Sammy Hearl (U13)	59	Isaac Dunning (U15)	65		
	12:22	12:22	25:22	13:00		
Falkirk Victoria H "B"	Steven Stone (U13)	71	Thomas Jaques (U13)	67		
	13:26	13:26	25:33	12:07		
Corstorphine AAC "B"	Callum Campbell (U13)	74	Matthew Murray (U15)	69		
	14:03	14:03	25:45	11:42		
Kirkintilloch Oly "D"	Harry Lamond (U13)	73	Brandon Lennox (U13)	72		
	13:49	13:49	28:50	15:01		
Edinburgh AC "C"	Ross Allan (U13)	36				
	11:17	11:17				
V P Glasgow "F"	Simon Fraser (U13)	41				
	11:26	11:26				

National CC Relays 22nd October 2011 - Senior Female Results

	Stage 1		Stage 2		Stage 3	
1 Edinburgh AC "A"	Sarah Hood	3 15:35	Jennifer MacLean	1 31:13	Emily Stewart (J)	1 46:16
2 Fife AC "A"	Megan Crawford	10 16:12	Helen Sharpe	4 32:04	Hester Dix	2 47:19
3 Hunters Bog T "A"	Rosie Smith	1 15:19	Rose Nicholson	2 31:24	Maxine Czarnecka	3 47:34
4 Lothian RC "A"	Chloe Cox	14 16:27	Edel Mooney	3 32:02	Sarah Inglis	4 47:55
5 Kilbarchan AAC "A"	Cara Sloss	23 17:00	Natalie Sharp	13 33:45	Elspeth Curran	5 48:53
6 Hunters Bog T "B"	Tessa Hill	2 15:33	Claire Ward	5 32:10	Megan Mowbray	6 48:58
7 Central AC "A"	Jennifer Emsley	8 16:04	Alison Docherty	7 32:36	Karen Montador	7 49:13
8 Edinburgh AC "B"	Louisa Stewart (J)	5 15:40	Victoria Lomax	9 33:10	Lynsey Sharp	8 49:44
9 Garscube H "A"	Katie White	9 16:08	Kirsty Husband	6 32:27	Laura Devine	9 50:00
10 Dundee Hawkhill "A"	Laura Muir (J)	6 15:44	Iona Brodie (J)	8 33:04	Laura Brown	10 50:14
11 V P Glasgow "A"	Louise Warren	25 17:06	Claire McCracken	15 34:12	Sarah Potter (J)	11 50:19
12 Fife AC "B"	Halina Rees (J)	7 16:04	Alison McGill	11 33:26	Fiona Bracegirdle (J)	12 50:36
13 Falkirk Victoria H "A"	Fiona Matheson	4 15:37	Claire Moffett	10 33:22	Robyn Maxtone (J)	13 51:31
14 Aberdeen AAC "A"	Ellie Buchan (J)	26 17:19	Bezunesh Deggefa	20 34:52	Gemma Cormack (J)	14 51:47
15 Springburn Harriers "A"	Danielle Brown	20 16:41	Fiona Gentles	12 33:34	Barbara Knox	15 52:08
16 Gala Harriers "A"	Gillian Duncan	36 18:05	Rachel Fagan	27 36:12	Dianne Lauder	16 52:10
17 V P Glasgow "B"	Rhian Dawes (J)	27 17:21	Hollie Young (J)	14 34:08	Deborah Hannah (J)	17 52:28
18 Edinburgh AC "C"	Sarah Scott	28 17:26	Joanne Thom	17 34:34	Emma Laverie	18 52:34
19 Edinburgh Uni "A"	Becky Hannah	19 16:39	Rachel Armitage (J)	19 34:37	Stephanie Lawrie (J)	19 52:45
20 Kirkintilloch Oly "A"	Alexandra Lamond (J)	15 16:32	Hannah Terrance (J)	16 34:20	Annmarie McCaffrey	20 53:21
21 Central AC "B"	Lyndsay Morrison	12 16:15	Lyndsey Aitken	28 36:32	Karen Glover (J)	21 53:28
22 Kilbarchan AAC "B"	Elaine Eadie (J)	29 17:30	Hannah Waugh	23 35:24	Elaine Muirhead	22 53:36
23 Fife AC "C"	Jennifer Kibble	30 17:32	Amie McKimmie	18 34:36	Sophie Mullins	23 53:40
24 Edinburgh Uni "B"	Heather Langham	35 18:00	Jenny Dybeck (J)	24 35:30	Sarah Sigsworth	24 54:25
25 Aberdeen AAC "B" (V)	Laura Mahady	52 19:20	Rhona Buchan	37 37:28	Veronique Oldham	25 54:29
26 Helensburgh AAC "B"	Julia Henderson	11 16:12	Sarah Walker	26 36:11	Jennifer Fitzgerald	26 54:41

National CC Relays 22nd October 2011 - Senior Female Results

27 Fife AC "D" (V)	Hilary Ritchie	42	Sarah Legge	29	Janet McWhinnie	27
	18:36	18:36	36:36	18:00	54:47	18:11
28 Law & District "A" (V)	Hilary McGrath	16	Sally Burns	31	Shona Girdwood	28
	16:34	16:34	36:43	20:09	54:54	18:11
29 Bellahouston RR "A"	Ciara Baxter	38	Julia Harris	34	Pauline Wright	29
	18:11	18:11	37:08	18:57	55:45	18:37
30 Corstorphine AAC "A"	Ruth Gibson	37	Jo Kirby	30	Megan Smith	30
	18:08	18:08	36:40	18:32	55:50	19:10
31 Kilmarnock H "A"	Kara Tait	17	Paula Wilson	21	Kate Todd	31
	16:35	16:35	35:12	18:37	55:56	20:44
32 Bellahouston H "A"	Bernadette O'Neil	41	Suzanne McMahon	35	Kristina Greig	32
	18:34	18:34	37:14	18:40	56:00	18:46
33 Hunters Bog T "C"	Kate Jenkins	24	Louise Provan	22	Elizabeth Hugill	33
	17:04	17:04	35:21	18:17	56:05	20:44
34 Shettleston Harriers "A"	Lindsay MacNeill	18	Carole Setchell	25	Susan Breckenridge	34
	16:37	16:37	36:10	19:33	56:10	20:00
35 Calderglen H "A"	Julie Beveridge	34	Frances Maxwell	33	Joanne McEvoy	35
	18:00	18:00	37:05	19:05	56:13	19:08
36 Bellahouston RR "B"	Emma Bryson	44	Katie Padgham	39	Elsie Downham	36
	18:49	18:49	37:36	18:47	56:32	18:56
37 Falkirk Victoria H "B"	Lorna Kennedy	39	Hazel Murray (J)	41	Lucy Mitchell (J)	37
	18:28	18:28	38:09	19:41	56:39	18:30
38 Helensburgh AAC "A" (V)	Michelle Hetherington	33	Janet Fellowes	44	Maria Dye	38
	17:59	17:59	38:35	20:36	57:05	18:30
39 Metro Aberdeen "A"	Ali Mathers	75	Pamela Morris	53	Sarah Styles	39
	20:59	20:59	39:16	18:17	57:19	18:03
40 Edinburgh AC "D"	Louise Helyer	56	Isobel Joiner	38	Hilary Kernaghan	40
	19:26	19:26	37:30	18:04	57:25	19:55
41 Lothian RC "B"	Jocelyn Moar	31	Saran Jones	32	Jill Horsburgh	41
	17:44	17:44	37:03	19:19	57:33	20:30
42 Clydesdale Harriers "A" (V)	Yvonne Green	72	Ann Murray	46	Marina McCallum	42
	20:39	20:39	38:38	17:59	57:35	18:57
43 Hunters Bog T "D"	Kristy Chambers	51	Isobel Knox	36	Sandra Rathjen	43
	19:18	19:18	37:22	18:04	57:40	20:18
44 Giffnock North "B"	Doleen Galbraith	45	Lauren Hollinshead	42	Maureen McVey	44
	18:49	18:49	38:26	19:37	57:54	19:28
45 St Andrews Uni "A"	Rylee Sommers-Flanagan	61	Lauren Squires	47	Elizabeth Farrow	45
	19:41	19:41	38:39	18:58	58:01	19:22
46 V P Glasgow "C"	Jennifer Hannah (J)	43	Amy MacLellan (J)	48	Joanna Sutton	46
	18:44	18:44	38:47	20:03	58:12	19:25
47 Motherwell AC "A"	Clare Barr	58	Jill E Logan	40	Phyllis Hands	47
	19:30	19:30	37:41	18:11	58:20	20:39
48 Garscube H "B" (V)	Alison Winship	32	Kathryn Scott	43	Lesley Chapman	48
	17:58	17:58	38:32	20:34	58:26	19:54
49 Giffnock North "A"	Ruth Joss	13	April Miller (J)	45	Olivia Keenan (J)	49
	16:23	16:23	38:35	22:12	58:35	20:00
50 Corstorphine AAC "B"	Corrie Roberts	60	Susan Johnston	49	Fiona Drake	50
	19:37	19:37	38:53	19:16	58:38	19:45
51 Edinburgh Uni "C"	Emily Pollock (J)	55	Ruth Barker	51	Louise Jones	51
	19:24	19:24	38:57	19:33	58:52	19:55
52 Portobello RC "A"	Mary Hunter	65	Jenni Owens	65	Amanda Henderson	52
	20:03	20:03	41:44	21:41	58:54	17:10
53 Greenock Glenpark "A"	Suzanne Coyle	59	Lynne Rogers	55	Susan Clark	53
	19:32	19:32	39:21	19:49	59:42	20:21

National CC Relays 22nd October 2011 - Senior Female Results

54 Central AC "C" (V)	Jane Waterhouse	47	Elinor Coombs	50	Sue Woods	54
	18:56	18:56	38:54	19:58	59:43	20:49
55 Carnegie H "A" (V)	Kirsty Baird	62	Mary Western	54	Morna Fleming	55
	19:41	19:41	39:17	19:36	59:45	20:28
56 Bellahouston RR "C"	Sarah Gillies	54	Sandra Houldsworth	57	Catherine McKelvie	56
	19:21	19:21	40:06	20:45	1:00:03	19:57
57 Carnegie H "B"	Jacqueline MacIntyre	40	Samantha Newington	52	Melanie Sinclair	57
	18:31	18:31	39:13	20:42	1:00:17	21:04
58 Dundee Road R "A"	Jennifer Massie	68	Morag Taggart	56	Deborah Dickinson	58
	20:26	20:26	39:32	19:06	1:00:53	21:21
59 Gala Harriers "B"	Gina Allen	73	Fiona Dalglish	61	Eileen Nicol	59
	20:45	20:45	40:29	19:44	1:00:58	20:29
60 Bellahouston H "B"	Angela Campbell	71	Jennifer Clark	60	Katy Smith	60
	20:32	20:32	40:25	19:53	1:02:09	21:44
61 Law & District "B"	Hailey McEwan	49	Pamela O'Connor	64	Alison Cameron	61
	19:08	19:08	41:17	22:09	1:02:13	20:56
62 Ferranti AAC "A" (V)	Anne Peat	76	Elizabeth Gilchrist	69	Claire Gilchrist	62
	21:05	21:05	42:45	21:40	1:02:24	19:39
63 St Andrews Uni "B"	Rebecca Levitt	69	Freya Von Bismark	59	Rhiannon Dougall	63
	20:28	20:28	40:21	19:53	1:02:41	22:20
64 Wee County H "A" (V)	Beryl Junnier	50	Caroline Strain	62	Lynn Irvine	64
	19:10	19:10	41:03	21:53	1:03:06	22:03
65 Falkirk Victoria H "C"	Elaine Paterson	63	Rhona Penman	66	Christine Eadie	65
	19:46	19:46	42:17	22:31	1:04:57	22:40
66 Kirkintilloch Oly "B" (V)	Marie McChord	48	Ada Stewart	58	Allison Law	66
	19:00	19:00	40:15	21:15	1:06:02	25:47
67 Clydesdale Harriers "B"	Christine Duncanson	78	Marie Rippon	75	Shirley Greig	67
	21:35	21:35	45:31	23:56	1:06:17	20:46
68 Westerlands CCC "A" (V)	Helen MacPherson	86	Christine Menhennet	71	Gillian Irvine	68
	22:45	22:45	43:55	21:10	1:06:52	22:57
69 Teviotdale Harriers "A"	Pamela Paxton	46	Donna Inglis	68	Sylvia Grieve	69
	18:54	18:54	42:38	23:44	1:07:09	24:31
70 Springburn Harriers "B"	Collette Coyle	79	Catherine Connelly	73	Pamela Michie	70
	21:48	21:48	44:55	23:07	1:07:31	22:36
71 Greenock Glenpark "B" (V)	Fiona Cushnaghan	82	Heather Kangley	72	Elizabeth McAuslan	71
	22:12	22:12	44:31	22:19	1:07:36	23:05
72 Bellahouston RR "D"	Carla Telfer	88	Jane Wild	77	Jane Galt	72
	24:38	24:38	45:51	21:13	1:10:43	24:52
73 Kirkintilloch Oly "C" (V)	Vivien Fraser	83	Shirley MacNab	76	Carolyn Michie	73
	22:14	22:14	45:39	23:25	1:11:05	25:26
Fife AC "E" (V)	Innes Bracegirdle	66	Margaret McLaren	63		
	20:05	20:05	41:08	21:03		
Dundee Hawkhill "B" (V)	Catriona M Reynolds	67	Lyn Hanlon	67		
	20:14	20:14	42:20	22:06		
Greenock Glenpark "C"	Carly Dalglish (J)	74	Yvonne Prager	70		
	20:52	20:52	43:49	22:57		
Wee County H "B"	Karen Thomson	84	Lynn Irvine	74		
	22:20	22:20	45:15	22:55		
Springburn Harriers "C"	Rachel Wilson	80	Lorraine Gray	78		
	22:05	22:05	49:41	27:36		
Bellahouston H "C"	Emily Gilleece	87	Linda MacLean	79		
	24:17	24:17	51:37	27:20		
Inverclyde AC "A"	Emma Rice (J)	21				
	16:46	16:46				

National CC Relays 22nd October 2011 - Senior Female Results

Ayr Seaforth "A"	Louise Hill-Stirling (J)	22
	16:52	16:52
Garscube H "C"	Diane Clark	53
	19:21	19:21
Calderglen H "B"	Karen Sturgeon	57
	19:28	19:28
Corstorphine AAC "C"	Rachel Brockie	64
	19:48	19:48
Kilmarnock H "B"	Elizabeth McDerment	70
	20:30	20:30
Helensburgh AAC "C"	Mary Louise Rooney	77
	21:24	21:24
Edinburgh Uni "D"	Mary Clark	81
	22:08	22:08
Carnegie H "C"	Gillian McCracken	85
	22:29	22:29

Fastest Laps

1	Emily Stewart (J) - Edinburgh AC "A"	15:03
2	Elsbeth Curran - Kilbarchan AAC "A"	15:08
3	Hester Dix - Fife AC "A"	15:15
4	Rosie Smith - Hunters Bog T "A"	15:19
5	Tessa Hill - Hunters Bog T "B"	15:33
6	Edel Mooney - Lothian RC "A"	15:35
7	Sarah Hood - Edinburgh AC "A"	15:35
8	Fiona Matheson - Falkirk Victoria H "A"	15:37
9	Jennifer MacLean - Edinburgh AC "A"	15:38
10	Louisa Stewart (J) - Edinburgh AC "B"	15:40
11	Laura Muir (J) - Dundee Hawkhill "A"	15:44
12	Helen Sharpe - Fife AC "A"	15:52

National CC Relays 22nd October 2011 - Senior Male Results

	Stage 1		Stage 2		Stage 3		Stage 4	
1 Inverclyde AC "A"	Christopher MacKay	5	Andrew Douglas	4	Mark Pollard	2	Craig Ruddy	1
	13:26	13:26	26:52	13:26	40:13	13:21	53:08	12:55
2 Shettleston Harriers "A"	Michael Gillespie	2	Thomas Fay	3	Paul Sorrie	3	Tewoldeberhan Mengisteab	2
	13:03	13:03	26:49	13:46	40:16	13:27	53:26	13:10
3 Central AC "A"	Andrew Butchart (J)	7	Alexander Hendry (J)	2	John Newsom	1	Ross Houston	3
	13:39	13:39	26:42	13:03	40:01	13:19	53:26	13:25
4 Ron Hill Cambus "A"	Stewart Orr (J)	6	Jack Hamilton (J)	5	Stuart Gibson	5	Robert Gilroy	4
	13:28	13:28	27:05	13:37	40:33	13:28	54:28	13:55
5 V P Glasgow "A"	David Vernon (J)	1	Sean Fontana (J)	1	Ethan Sloan-Dennison (J)	4	Derek Gibb	5
	13:03	13:03	26:33	13:30	40:21	13:48	54:41	14:20
6 Central AC "B"	Michael Wright	9	Scott Green (J)	8	Alastair Hay	6	Lewis Millar	6
	13:49	13:49	27:39	13:50	41:35	13:56	55:30	13:55
7 Ron Hill Cambus "B"	Andrew Coulter (J)	11	Iain MacCorquodale	10	David Munro	8	Jamie Reid	7
	14:03	14:03	27:56	13:53	42:06	14:10	56:03	13:57
8 Giffnock North "A"	Luke Traynor (J)	8	Greg Turner (J)	11	Grant Muir (J)	9	David Phee	8
	13:41	13:41	28:02	14:21	42:15	14:13	56:16	14:01
9 Corstorphine AAC "A"	Dermot Cummins	4	Kris Berry	7	Andrew Christy (J)	7	Tom Ferrington	9
	13:24	13:24	27:35	14:11	41:48	14:13	56:20	14:32
10 Aberdeen AAC "A"	Mark Haskett	3	Eoin Durkan	6	Sam Burgess (J)	10	Cameron Strachan (J)	10
	13:13	13:13	27:31	14:18	42:24	14:53	57:12	14:48
11 Central AC "C"	Ross Milne (J)	28	Cameron Milne (J)	17	David Hutchison (J)	13	Alasdair Anthony	11
	14:44	14:44	28:58	14:14	43:36	14:38	57:40	14:04
12 Corstorphine AAC "B"	Calum McKenzie	14	Adam Priestley	13	Bryan Clark	12	Christopher O'Brien	12
	14:15	14:15	28:23	14:08	43:14	14:51	58:00	14:46
13 Shettleston Harriers "B"	Andrew Dearie (J)	20	Lachlan Oates (J)	9	Casey Morgan	11	Marc McColl	13
	14:29	14:29	27:53	13:24	42:50	14:57	58:05	15:15
14 Kilmarnock H "A"	Iain Connell	22	James Wales (J)	21	Roger Naughton	16	Cameron Wilson	14
	14:31	14:31	29:18	14:47	43:52	14:34	58:24	14:32
15 Giffnock North "B"	Jamie MacGregor (J)	27	Jack Walker (J)	19	Max Lott (J)	18	Miles Hollinshead (J)	15
	14:44	14:44	29:15	14:31	44:06	14:51	58:48	14:42
16 Greenock Glenpark "A"	Stephen Trainer	16	Michael Mcloone Snr	24	Andrew McCall	21	David Henderson	16
	14:22	14:22	29:26	15:04	44:24	14:58	58:59	14:35
17 Hunters Bog T "A"	Steven Cairns	12	Ray Ward	16	Craig Mattocks	17	Huw Jones	17
	14:05	14:05	28:56	14:51	43:54	14:58	59:04	15:10
18 Falkirk Victoria H "A"	Alexander Davidson	17	Ben Stevenson (J)	18	Euan Martin (J)	14	Russell McAdam	18
	14:24	14:24	29:03	14:39	43:50	14:47	59:18	15:28
19 Edinburgh Uni "A"	Tom Martyn	18	Iain Whiteside	20	Patryk Gierjatowicz	19	Rory Leslie (J)	19
	14:26	14:26	29:16	14:50	44:08	14:52	59:25	15:17
20 Ron Hill Cambus "C" (V)	Alan Ramage	42	Kenny Macpherson	29	Kerry Liam Wilson	20	Michael O'Hagan	20
	15:15	15:15	30:00	14:45	44:14	14:14	59:29	15:15
21 Edinburgh AC "A"	Malcolm Fraser	34	Stuart Johnston	33	Daniel Clarkson	26	Colin McGill	21
	14:59	14:59	30:09	15:10	44:57	14:48	59:32	14:35
22 Fife AC "A"	Zachary Delaney (J)	26	Andrew Murphy	23	Jacob Howe	29	Stephen Clark	22
	14:41	14:41	29:23	14:42	45:09	15:46	59:59	14:50
23 Bellahouston RR "A"	Kieran Docherty	15	Liam Conway	26	Bruce Carse	30	Mark Johnston	23
	14:21	14:21	29:42	15:21	45:16	15:34	1:00:06	14:50
24 Kilbarchan AAC "A"	Gary Rankin (J)	32	Conor McNulty	12	Craig Haxton (J)	15	Donald Petrie	24
	14:54	14:54	28:09	13:15	43:52	15:43	1:00:08	16:16
25 Inverclyde AC "B"	Jude Boulton	39	Sean Gaffney	34	Thomas Jamieson	31	Andrew Campbell (J)	25
	15:11	15:11	30:10	14:59	45:24	15:14	1:00:11	14:47
26 St Andrews Uni "A"	David Bowers (J)	24	Juraj Sabal	27	Neil Graham	25	Andrew Steele (J)	26
	14:39	14:39	29:46	15:07	44:57	15:11	1:00:24	15:27
27 Carnegie H "B" (V)	Lewis Lawson	44	Ian Stewart	37	Roger Clark	33	Thomas Lawrence	27
	15:19	15:19	30:26	15:07	45:56	15:30	1:00:38	14:42
28 Lasswade AAC "A"	Martin Gore	56	Niall Sheehan	22	Paul Benham	24	Ben Mitchell	28
	15:33	15:33	29:19	13:46	44:52	15:33	1:00:51	15:59
29 Westerlands CCC "A"	John Denovan	41	Chris Upson	41	Owen O'Neill	35	Niall McAlinden	29
	15:13	15:13	31:06	15:53	46:11	15:05	1:01:06	14:55
30 Garscube H "B"	Benjamin Melby	10	Joe McKnight	14	Alexander Chalmers	27	Gary Goldie	30
	13:54	13:54	28:45	14:51	45:05	16:20	1:01:23	16:18
31 Lothian RC "A"	Ross Milne	23	Max McNeill (J)	15	Kenton Jones	28	Steven Laurie	31
	14:33	14:33	28:47	14:14	45:07	16:20	1:01:34	16:27
32 Bellahouston H "A"	Thomas McDonald (J)	30	Brian French	28	Brian Douglas	34	Tom Lauckner	32
	14:51	14:51	29:55	15:04	46:01	16:06	1:01:39	15:38
33 Metro Aberdeen "A"	Neil Jaffrey	67	Forbes Reid	49	Eoghan O'Neill	41	Malcolm Beattie	33
	15:59	15:59	31:27	15:28	46:41	15:14	1:01:42	15:01
34 Bellahouston RR "B" (V)	Russell Whittington	35	Greig Glendinning	35	Andrew Birnie	37	Robbie Hayman	34
	15:00	15:00	30:13	15:13	46:19	16:06	1:01:47	15:28
35 Ochil Hill Runners "A"	John Stevenson	40	David Eiser	39	Ross McLennan	32	Alan Murray	35
	15:12	15:12	30:46	15:34	45:49	15:03	1:02:06	16:17
36 Fife AC "C" (V)	Hugh D. McKay	60	Roger Rees	60	Graham Kirby	49	Christopher Russell	36
	15:47	15:47	31:59	16:12	47:26	15:27	1:02:09	14:43

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37 Corstorphine AAC "D" (V)	Grant Wilkie	33	Michael Anderson	40	Ian Johnston	38	Graeme Fletcher	37
	14:57	14:57	30:49	15:52	46:23	15:34	1:02:11	15:48
38 Carnegie H "A"	Graeme Campbell	29	Andy Hume	32	Andrew Smith (J)	22	Calum McGaw (J)	38
	14:46	14:46	30:06	15:20	44:43	14:37	1:02:22	17:39
39 Garscube H "A" (V)	Alexander Chisholm	70	Stephen Mulrine	47	John Bell	40	John McLaughlin	39
	16:04	16:04	31:25	15:21	46:30	15:05	1:02:37	16:07
40 Ron Hill Cambus "D"	Dean McNaught (J)	47	Gordon Robertson	30	Scott Hunter	36	Stephen (jnr) Paris (J)	40
	15:22	15:22	30:02	14:40	46:13	16:11	1:02:50	16:37
41 Gala Harriers "A"	Graeme Murdoch	19	Euan Jardine	36	David Moffat	57	Fergus Johnston	41
	14:27	14:27	30:17	15:50	48:00	17:43	1:02:52	14:52
42 Calderglen H "A" (V)	Andrew McCaffery	65	Edward Reid	69	Martin Duthie	62	Alan Derrick	42
	15:57	15:57	32:43	16:46	48:27	15:44	1:03:01	14:34
43 Hunters Bog T "B"	Doug Murray	62	David Fulton	57	William Townsend	48	Michael Grant	43
	15:48	15:48	31:52	16:04	47:24	15:32	1:03:11	15:47
44 Bellahouston RR "C"	Craig Ross	36	Brian ODonnell	43	Marcos Sanz Gomez	42	Craig Reid	44
	15:04	15:04	31:19	16:15	46:49	15:30	1:03:15	16:26
45 Greenock Glenpark "B"	Ross McDonald	52	Stephen McLoone	48	Robert Wilson	56	Frank McKnight	45
	15:28	15:28	31:26	15:58	47:56	16:30	1:03:17	15:21
46 Edinburgh Uni "B"	Coll Williamson (J)	64	Daniel Ashworth (J)	45	Scott Wallace	45	Ewan Crawford (J)	46
	15:57	15:57	31:24	15:27	47:12	15:48	1:03:19	16:07
47 East Kilbride AAC "A"	Tom Yuill JNR	99	Niall Walker	87	Jamie Clements	68	Grant Baillie	47
	17:33	17:33	33:56	16:23	49:20	15:24	1:03:23	14:03
48 Edinburgh AC "C"	Scott Logan	57	Keith Dunlop	42	Dermot Bailie	43	Kevin Graham	48
	15:36	15:36	31:11	15:35	46:58	15:47	1:03:27	16:29
49 Shettleston Harriers "C" (V)	Ian Johnston	31	Denis Williams	38	John Oates	44	John J Duffy	49
	14:51	14:51	30:42	15:51	47:09	16:27	1:03:38	16:29
50 V P Glasgow "B" (V)	Jason Boyle	54	Gerard Craig	55	Crawford Little	54	Derek Watson Snr.	50
	15:30	15:30	31:40	16:10	47:48	16:08	1:03:42	15:54
51 Motherwell AC "A"	Luke McIlvenna (J)	59	Andrew Buchanan	58	Benjamin Hands	59	Christopher Macdonald	51
	15:45	15:45	31:52	16:07	48:14	16:22	1:03:47	15:33
52 Central AC "D"	David MacKinlay (J)	88	Andrew Hood (J)	59	Will Hensman	50	Alan Hume	52
	16:57	16:57	31:57	15:00	47:31	15:34	1:03:51	16:20
53 Kirkintilloch Oly "A"	Stuart Kerr	25	Howard Elliott	50	Gary Mitchell	63	Scott Lawrie (J)	53
	14:41	14:41	31:29	16:48	48:31	17:02	1:04:07	15:36
54 Metro Aberdeen "B"	Robert Taylor	74	Clifford Leith	66	Ian Urquhart	60	Iain Grigor	54
	16:11	16:11	32:35	16:24	48:20	15:45	1:04:16	15:56
55 Springburn Harriers "A" (V)	Damian McAuley	46	Jim Cooper	51	Andrew Callan	51	Ross McEachern	55
	15:20	15:20	31:30	16:10	47:34	16:04	1:04:18	16:44
56 Gala Harriers "B" (V)	Mark Bryson	51	Steven Martin	53	David Nightingale	64	Sinclair Hill	56
	15:25	15:25	31:33	16:08	48:35	17:02	1:04:25	15:50
57 Law & District "A"	Craig Wellcoat (J)	13	Daniel Stuart Graham (J)	31	Jim Girdwood	39	Jonathan Velu (J)	57
	14:10	14:10	30:03	15:53	46:29	16:26	1:04:58	18:29
58 V P Glasgow "C"	Alex Potter	76	Tom Ord	80	Alan Ramsay	52	Ralph Connolly	58
	16:14	16:14	33:19	17:05	47:39	14:20	1:04:59	17:20
59 Falkirk Victoria H "B" (V)	Michael McQuaid	50	Anthony Devlin	56	David Hart	46	John Martin	59
	15:25	15:25	31:47	16:22	47:18	15:31	1:05:03	17:45
60 Irvine AC "A" (V)	James Sneddon	94	Alex Allardyce	65	Colin Miller	58	Ian Berryman	60
	17:18	17:18	32:31	15:13	48:01	15:30	1:05:13	17:12
61 Dundee Hawkhill "A" (V)	Matthew Strachan	66	Roger van Gompel	52	Stephen Mason	55	Nigel Reynolds	61
	15:57	15:57	31:31	15:34	47:54	16:23	1:05:29	17:35
62 Bellahouston RR "D"	Grant MacDonald	68	Thomas O'Connell	64	Stuart Mathieson	69	Brendan Moriarty	62
	16:01	16:01	32:29	16:28	49:26	16:57	1:05:56	16:30
63 Bellahouston H "B"	Mark Paterson	89	Paul McNally	68	Michael Freshour	66	Ruairidh Macdonald	63
	17:01	17:01	32:41	15:40	49:08	16:27	1:06:02	16:54
64 Clydesdale Harriers "A"	Michael Diver	72	Iain Robertson	70	Paul Carroll	67	Kevin Farmer	64
	16:08	16:08	32:55	16:47	49:10	16:15	1:06:04	16:54
65 Westerlands CCC "B"	Daniel Reid	83	David Riach	82	Alasdair Duke	73	Peter Grassl	65
	16:49	16:49	33:28	16:39	49:56	16:28	1:06:30	16:34
66 Helensburgh AAC "A"	Iain Walker	63	Paul Thompson	44	Damien Theaker	53	Phil Dye	66
	15:56	15:56	31:21	15:25	47:45	16:24	1:06:32	18:47
67 Aberdeen AAC "B"	David Smith (J)	37	Alasdair Love	77	Fraser McGillivray	82	Frank Boyne	67
	15:04	15:04	33:08	18:04	51:41	18:33	1:06:38	14:57
68 Pitreavie AAC "A"	Jeff Farquhar	53	Neil MacIachlan	61	Kevin Davie	70	Owain Williams	68
	15:28	15:28	32:03	16:35	49:28	17:25	1:06:47	17:19
69 Kilmarnock H "C" (V)	Scott Martin	45	David McLeod	54	Leslie McDerment	61	John McClarty	69
	15:20	15:20	31:38	16:18	48:25	16:47	1:06:51	18:26
70 Central AC "F" (V)	Steve Laing	73	Hugh Buchanan	71	Philip Hendry	75	Hugh Kerr	70
	16:08	16:08	33:01	16:53	50:04	17:03	1:07:07	17:03
71 Greenock Glenpark "C"	Alan O'Rourke	77	Graham Mcgrattan	78	Robert Adams	72	Steven Watson	71
	16:16	16:16	33:13	16:57	49:53	16:40	1:07:19	17:26
72 Garscube H "C"	Campbell Roxburgh	79	Athole Smith	84	Marco Consani	76	Stephen Kilpatrick	72
	16:26	16:26	33:40	17:14	50:17	16:37	1:07:31	17:14
73 Kirkintilloch Oly "B"	Tommy McRavey	78	Robert Rogerson	79	Stephen Allan	71	Derek Martin	73
	16:26	16:26	33:18	16:52	49:41	16:23	1:07:39	17:58

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74 Inverclyde AC "D" (V)	Iain Walker 15:17	43 15:17	Kenneth Morrison 33:39	83 18:22	John Smillie 51:28	81 17:49	Gary McKendrick 1:07:47	74 16:19
75 Portobello RC "A" (V)	William Jarvie 15:48	61 15:48	Andrew Stavert 35:54	101 20:06	Robert Kinnaid 53:25	90 17:31	Peter Buchanan 1:08:59	75 15:34
76 Carnegie H "C" (V)	Ian Robert Johnston 16:51	85 16:51	Steven King 33:08	76 16:17	Robert Milton 49:58	74 16:50	Malcolm Smith 1:09:08	76 19:10
77 Fife AC "D" (V)	Tony Martin 16:12	75 16:12	John Mill 33:03	72 16:51	Gary Barker 51:07	78 18:04	D.Melville Scobie 1:09:21	77 18:14
78 Fife AC "B"	Frank Popham 17:08	90 17:08	Eric Lalande 34:13	89 17:05	Mark S Buchan (J) 51:59	83 17:46	David Sleigh 1:09:34	78 17:35
79 Kilmarnock H "B"	Ross Connelly (J) 16:35	80 16:35	Connell Drummond 33:05	73 16:30	Murray McDonald (J) 51:13	79 18:08	Harald Bartl 1:10:07	79 18:54
80 Giffnock North "C" (V)	Rodger McEleney 18:21	110 18:21	Derek Breen 36:04	102 17:43	George Taylor 52:17	85 16:13	James Galbraith 1:10:15	80 17:58
81 Garscube H "D"	Robbie Drummond 17:46	103 17:46	Scott McPherson 34:44	92 16:58	John Murray 52:15	84 17:31	Robert McLennan 1:10:27	81 18:12
82 Springburn Harriers "B"	Josephn Junior Chambers 18:30	111 18:30	Martin Coleman 34:35	90 16:05	Kevin Owens 51:23	80 16:48	Duncan Reid 1:11:33	82 20:10
83 Calderglen H "B" (V)	David Herbertson 17:51	104 17:51	George Stewart 35:46	99 17:55	Jim Holmes 53:53	94 18:07	Andrew Henderson 1:11:42	83 17:49
84 Giffnock North "D"	David Logan 19:10	116 19:10	Douglas Rathey 35:39	97 16:29	Christopher Russell (J) 53:07	88 17:28	Stephen Watters 1:11:52	84 18:45
85 Motherwell AC "B"	Brian McLinden 17:21	96 17:21	Craig Mackenzie (J) 34:43	91 17:22	Robert McCourt 53:15	89 18:32	Craig Whiteside 1:11:57	85 18:42
86 Bellahouston H "C"	Graeme Gemmell 16:55	87 16:55	Craig Lamont 33:55	86 17:00	Stewart Mulholland 53:36	91 19:41	James McMillan 1:12:05	86 18:29
87 Greenock Glenpark "D"	Stephen McDade 18:14	108 18:14	Kenneth Pryde 36:29	106 18:15	Ross Neilson 55:07	101 18:38	Kevan McCartney 1:12:54	87 17:47
88 Fife AC "F"	Steven Pennycook 18:13	107 18:13	Andrew Milne 36:25	105 18:12	Calum Harvie 54:17	96 17:52	Frank McLaren 1:13:03	88 18:46
89 Calderglen H "C"	Stephen Reilly 16:08	71 16:08	David Wardrope 35:32	96 19:24	Graham Lindsay 54:21	97 18:49	Colin Banks 1:14:27	89 20:06
90 Bellahouston RR "E"	Alex Lawther 18:35	112 18:35	John Newlands 36:11	104 17:36	Andrew Hardman 54:40	99 18:29	Christopher Doak 1:14:34	90 19:54
91 Kilmarnock H "D" (V)	Kenneth Wales 19:12	117 19:12	William Duffy 38:05	114 18:53	David Mitchell 56:47	104 18:42	Brian Darroch 1:15:20	91 18:33
92 Carnegie H "E" (V)	Iain Thomson 19:14	118 19:14	Mark Johnstone 38:17	115 19:03	Stephen Greer 57:06	105 18:49	Colin Reid 1:16:10	92 19:04
93 Falkirk Victoria H "C"	Mark Dunnachie 18:49	115 18:49	David Bunyan 38:49	116 20:00	John Denholm 58:50	110 20:01	Alexander Watson 1:16:38	93 17:48
94 Carnegie H "D"	Robert Fullick 16:42	82 16:42	John Fulham 33:41	85 16:59	Ronnie Hunter-Blair 53:56	95 20:15	Paul Campbell 1:17:51	94 23:55
95 Clydesdale Harriers "B"	Colin Gray 21:14	126 21:14	Ryan Nelson (J) 39:01	118 17:47	Mark Barrow 57:57	106 18:56	Robert Young 1:18:12	95 20:15
96 Fife AC "E"	Brian R Smith 19:14	119 19:14	David Cowan 37:09	111 17:55	Derek Adamson 58:39	108 21:30	David Shepherd 1:18:39	96 20:00
97 Central AC "G" (V)	George McHardy 20:55	125 20:55	John Millar 41:31	122 20:36	Alan Gall 1:00:26	112 18:55	Cameron Campbell 1:19:58	97 19:32
98 Garscube H "E" (V)	Kieran McLaughlin 20:19	122 20:19	Christopher Kilshaw 39:11	120 18:52	James Taylor 1:06:45	115 27:34	Stephen Cullen 1:24:04	98 17:19
99 Lothian RC "B" (V)	Scott Nelson 17:16	92 17:16	Kenny Mearns 36:48	108 19:32	Colin Banham 58:40	109 21:52	David Wardman 1:27:13	99 28:33
Corstorphine AAC "C"	Moray Anderson 14:29	21 14:29	Scott Pilkington 29:33	25 15:04	Callum Smith (J) 44:44	23 15:11		
St Andrews Uni "B"	Patrick O'Hare 15:10	38 15:10	Roger Bryant (J) 31:24	46 16:14	Mark Diamond (J) 47:22	47 15:58		
Lasswade AAC "B"	Paul Elliot 16:01	69 16:01	Ross Finlayson 32:38	67 16:37	Kirk Smith 48:52	65 16:14		
Inverclyde AC "C"	James Mcfadden 15:33	55 15:33	Graeme Hyett 32:17	62 16:44	Damien Mallet 50:49	77 18:32		
Teviotdale Harriers "A"	Alister Biggar 15:40	58 15:40	Alan Inglis 32:24	63 16:44	Bill Knox 52:40	86 20:16		
Corstorphine AAC "F"	Nigel Lamb 16:51	86 16:51	Nicholas Brown 35:22	95 18:31	Ian McPherson 52:55	87 17:33		
Hunters Bog T "C"	George Ashley 16:49	84 16:49	Jon Rathjen 33:24	81 16:35	Ian Campbell 53:38	92 20:14		
Corstorphine AAC "E" (V)	Derek Ireland 17:55	105 17:55	Jan-Bert Van Den Berg 35:49	100 17:54	Iain Cumming 53:50	93 18:01		
Edinburgh AC "D" (V)	Brian Howie 18:11	106 18:11	Garry Robertson 34:02	88 15:51	Alex MacEwen 54:28	98 20:26		
Gala Harriers "C"	Derrick Brydon 17:24	97 17:24	William McCulloch 35:00	94 17:36	Alistair Laurie 54:49	100 19:49		
Central AC "E"	David Lindsay (J) 16:36	81 16:36	Sandy MacLarty (J) 36:09	103 19:33	Colin Sinclair 55:35	102 19:26		
Kirkintilloch Oly "C"	Neil Ramsay 17:39	100 17:39	Christopher Craig 37:06	110 19:27	Thomas McChord 55:55	103 18:49		

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Motherwell AC "C"	William Martin 18:40	113 18:40	Matthew Purser 36:56	109 18:16	Peter Blackmore 57:14	107 20:18
Ferranti AAC "A"	Malcolm Parry 17:10	91 17:10	Grant Sellar 36:45	107 19:35	Edward McDonald 59:47	111 23:02
Calderglen H "D"	Hugh Simpson 20:42	124 20:42	Richard Lawton 39:56	121 19:14	Russell Couper 1:02:11	113 22:15
Garscube H "F"	Raghubir Singh 23:37	127 23:37	Euan Geddes 44:08	124 20:31	David W Dickson 1:06:28	114 22:20
Edinburgh AC "E"	Peter Loudon (J) 15:22	49 15:22	David Steele 33:06	74 17:44		
Irvine AC "B"	Andrew Rennie 17:41	102 17:41	Patrick Cullinane 33:08	75 15:27		
Kilbarchan AAC "B"	Donald Kennedy 17:17	93 17:17	Alan Craig 34:47	93 17:30		
Westerlands CCC "C"	Ciaran McDonald 17:20	95 17:20	John Quinn 35:43	98 18:23		
Helensburgh AAC "B"	Brian Grant 17:40	101 17:40	Alistair Wylie 37:35	112 19:55		
Shettleston Harriers "D"	Gary Turner (J) 15:22	48 15:22	Robert Porteous 37:41	113 22:19		
Clydesdale Harriers "C"	Pete Cartwright 18:17	109 18:17	Watson Jones 38:59	117 20:42		
Ron Hill Cambus "E"	Thomas McPake 18:42	114 18:42	Zac Hunter (J) 39:05	119 20:23		
Giffnock North "E"	James O'Hagan 19:49	120 19:49	George Gilchrist 42:42	123 22:53		
Greenock Glenpark "E"	Robin McAuslan 20:10	121 20:10	Thomas Knight 44:38	125 24:28		
V P Glasgow "D"	Peter Ramsay 17:25	98 17:25				
Bellahouston H "D"	Thomas Keenan 20:26	123 20:26				
Bellahouston H "D"	Thomas Keenan 20:26	123 20:26				

Fastest Laps

1	Craig Ruddy - Inverclyde AC "A"	12:55
2	David Vernon (J) - V P Glasgow "A"	13:03
3	Michael Gillespie - Shettleston Harriers "A"	13:03
4	Alexander Hendry (J) - Central AC "A"	13:03
5	Tewoldeberhan Mengisteab - Shettleston Harriers "A"	13:10
6	Mark Haskett - Aberdeen AAC "A"	13:13
7	Conor McNulty - Kilbarchan AAC "A"	13:15
8	John Newsom - Central AC "A"	13:19
9	Mark Pollard - Inverclyde AC "A"	13:21
10	Dermot Cummins - Corstorphine AAC "A"	13:24
11	Lachlan Oates (J) - Shettleston Harriers "B"	13:24
12	Ross Houston - Central AC "A"	13:25
13	Christopher MacKay - Inverclyde AC "A"	13:26
14	Andrew Douglas - Inverclyde AC "A"	13:26
15	Paul Sorrie - Shettleston Harriers "A"	13:27
16	Stuart Gibson - Ron Hill Cambus "A"	13:28
17	Stewart Orr (J) - Ron Hill Cambus "A"	13:28
18	Sean Fontana (J) - V P Glasgow "A"	13:30
19	Jack Hamilton (J) - Ron Hill Cambus "A"	13:37
20	Andrew Butchart (J) - Central AC "A"	13:39
21	Luke Traynor (J) - Giffnock North "A"	13:41
22	Thomas Fay - Shettleston Harriers "A"	13:46
23	Niall Sheehan - Lasswade AAC "A"	13:46
24	Ethan Sloan-Dennison (J) - V P Glasgow "A"	13:48
25	Michael Wright - Central AC "B"	13:49
26	Scott Green (J) - Central AC "B"	13:50
27	Iain MacCorquodale - Ron Hill Cambus "B"	13:53
28	Benjamin Melby - Garscube H "B"	13:54
29	Robert Gilroy - Ron Hill Cambus "A"	13:55
30	Lewis Millar - Central AC "B"	13:55