

Saturday 20th August Combined and Superteams

All Times Approximate due to Combined Events and Superteams Rest periods

TIME	GROUP	EVENT	HEATS	ATHLETES	END TIME APPROX.	NEXT EVENT
10:00 10:15	U18M/U20M/SM/Masters Men U18W/U20W/SW/Masters Women	100metres Hurdles	2 2		10:10 10:25	11:00 11:00
10:00 10:30	Super Team Pool B Super Team Pool C Super Team Pool A	Long Jump Shot Putt 200metres			11:30 11:30 11:00	LONG BREAK for athletes
11:00 11:00	U18M/U20M/SM/Masters Men U18W/U20W/SW/Masters Women	Long Jump High Jump			11:30 12:00	13:00 13:00
12:00 12:00	Super Team Pool A Super Team Pool B Super Team Pool C	Long Jump Shot Putt 200metres			13:30 13:30 12:30	LONG BREAK
13:00 13:30	U18M/U20M/SM/Masters Men U18W/U20W/SW/Masters Women	High Jump Shot Putt			14:00 14:00	15:15 15:00
14:00 14:00	Super Team Pool C Super Team Pool A Super Team Pool B	Long Jump Shot Putt 200metres			15:30 15:30 14:30	LONG BREAK
15:00 15:15	U18W/U20W/SW/Masters Women U18M/U20M/SM/Masters Men	200metres 400 metres	2 2		15:10 15:25	
16:00	Super Teams	4X100m Relays	5	36 TEAMS	16:50	